

Rio Mesa Swim Club JO Qualifier

DATE OF MEET:	Jan 16-18, 2010
SANCTIONED BY:	Southern California Swimming, USA Swimming
STARTING TIME:	8:30 a.m. (Check-in/Warm-up at 7:00 a.m.)
SANCTION NUMBER:	10-013
ENTRY DEADLINE: HAND DELIVER TO:	Postmarked by Monday, Jan 4, 2010. Entries will be limited to meet the 4-hour rule. 2724 Loraine Pl., Simi Valley, CA 93065 by 8pm Tuesday, Jan 5 th , will be accepted
LOCATION:	Rio Mesa High School Pool, 545 Central Ave., Oxnard, CA 101 fwy to Central Ave. Turn north onto Central. Proceed to Rio Mesa High School.
COURSE:	Short Course--Pool is an outdoor 25-yard pool with up to 10 competition lanes and 4 warm-up lanes. The competition pool is 12ft. deep in Lane 1 and 7ft. deep in Lane 10 The Competition course has been certified in accordance with 104.2.2 Glass containers are not allowed in pool area.
WARM-UP:	Swimmers warming up or down before, during and after the meet must be under the direct supervision of a current 2010 USA Swimming coach. Warm up rules will be announced and enforced. No diving into the pool except for the sprint lanes as directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.
CHECK-IN:	Swimmers must check-in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH . Swimmers in the first 4 events of each session must check-in at least 30 minutes prior to the start of the meet. Swimmers who check-in and fail to swim an event will be scratched from their next individual event. Swimmers must swim in their actual age group as determined by age on the first day of the meet.
RULES:	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy. All events at committee level meets shall be considered Age Group competition under SCS Rules & Procedures, part Four, I, E. 8 & under swimmers may swim as an 8 & under OR as a 10 & under, not any combination.
ELIGIBILITY:	Open to athletes who are 2010 USA Swimming registered in the Coastal committee and swimmers from outside of SCS on a space-available basis. Clubs must be 2010 registered to be represented at this meet. Registration application must be received by Monday prior to first day of the meet by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age Group meets, swimmers 18 & younger must prove birth date prior to competition. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and Club (see SCS Swim Guide, Part One, III, 8) if registration is completed at the meet.
CHANGE OF AFFILIATION:	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.
SUBMITTED TIMES:	Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (NO WORKOUT TIMES). All non conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. Do not submit (NT) (no time) or ET (estimated time) except for White division entries. If a swimmer does not have a recorded time but is otherwise qualified, swimmer may enter at minimum (see Swim Guide for exceptions). Please make sure your entry times are correct. We reserve the right to refuse to make adjustments the day of the meet.
ENTRY PROCEDURE:	Submit one SCS consolidated entry card per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. SWIMMERS ARE LIMITED TO 4 EVENTS PER DAY.
ELECTRONIC ENTRIES:	#1 – E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (SPM postmark would queue before a 10PM electronic). #2 - Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. #3 - Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY . New swimmers accepted SPACE AVAILABLE . #4 - DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
FEES:	\$3.25 per INDIVIDUAL EVENT plus a \$7.50 surcharge PER SWIMMER. \$5.00 per Relay (swum time permitting). A check for the total amount must accompany each entry to the address below (NOT THE SWIM OFFICE). You should enclose a self-addressed stamped envelope or postcard to confirm receipt of your entry. NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY.
AWARDS:	Ribbons 1st thru 8th places for the following age groups: 6/under, 8/Under, 10/under, 11-12, 13-14, 15/Up.
CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
MAIL ENTRIES TO:	Alina de Armas PO Box 63 Simi Valley, CA 93062
EMAIL & Entry questions:	dearmas1@gmail.com (805) 522-4134
FOR FURTHER INFO:	Bill Oliver 805 642-6674 Receipt of entry will not be verified by phone or email. Recommend Postal Service Proof of Mailing. Do NOT use certified, registered or special delivery mail services.

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SATURDAY Jan 16 AM SESSION-8:30 am start, 7:00 am warmup						SUNDAY Jan 17 AM SESSION- 8:30 am start, 7:00 am warmup						MONDAY Jan 18AM SESSION- 8:30 am start, 7:00 am warmup					
GIRLS	AGE	TIME STANDARD	EVENT	TIME STANDARD	BOYS	GIRLS	AGE	TIME STANDARD	EVENT	TIME STANDARD	BOYS	GIRLS	AGE	TIME STANDARD	EVENT	TIME STANDARD	BOYS
1	11 & 12	6:24.60	500 FREE	6:29.80	2	39	11 & 12	BRW	200 FREE	BRW	40	77	11 & 12	BRW	200 IM	BRW	78
3	10 & Un	BRW	100 BREAST	BRW	4	41	10 & Un	BRW	200 FREE	BRW	42	79	10 & Un	BRW	200 IM	BRW	80
5	11 & 12	BRW	100 BREAST	BRW	6	43	8 & Un	BRW	100 FREE	BRW	44	81	8 & Un	BRW	50 FLY	BRW	82
7	8 & Un	BRW	50 BREAST	BRW	8	45	11 & 12	BRW	50 BACK	BRW	46	83	11 & 12	BRW	100 BACK	BRW	84
9	10 & Un	BRW	50 FREE	BRW	10	47	10 & Un	BRW	50 BACK	BRW	48	85	10 & Un	BRW	100 BACK	BRW	86
11	11 & 12	BRW	50 FREE	BRW	12	49	8 & Un	BRW	25 BACK	BRW	50	87	8 & Un	BRW	50 BACK	BRW	88
13	8 & Un	BRW	25 FREE	BRW	14	51	11 & 12	BRW	100 IM	BRW	52	89	11 & 12	BRW	50 BREAST	BRW	90
15	10 & Un	BRW	100 FLY	BRW	16	53	10 & Un	BRW	100 IM	BRW	54	91	10 & Un	BRW	50 BREAST	BRW	92
17	11 & 12	BRW	100 FLY	BRW	18	55	11 & 12	BRW	50 FLY	BRW	56	93	8 & Un	BRW	25 BREAST	BRW	94
19	8 & Un	BRW	100 IM	BRW	20	57	10 & Un	BRW	50 FLY	BRW	58	95	11 & 12	BRW	100 FREE	BRW	96
21	11 & 12		200 FR		22	59	8 & Un	BRW	25 FLY	BRW	60	97	10 & Un	BRW	100 FREE	BRW	98
23	10 & Un		200 FR		24	61	11 & 12		200 MR		62	99	8 & Un	BRW	50 FREE	BRW	100
25	8 & Un		100 FR		26	63	10 & Un		200 MR		64	101	11 & 12		400 FR		102
						65	8 & Un		100 MR		66	103	10 & Un		400 FR		104
												105	8 & Un		200 FR		106
SATURDAY Jan 16 PM SESSION no sooner than 12:00 pm start						SUNDAY Jan 17 PM SESSION no sooner than 12:00 pm start						MONDAY Jan 18 PM SESSION no sooner than 12:00 pm start					
27	OPEN	5:48.20	400 IM	5:48.90	28	67	OPEN	6:24.60	500 FREE	6:29.80	68	107	13 & UP	BRW	200 FREE	BRW	108
29	OPEN	2:46.20	200 BACK	2:51.40	30	69	13 & UP	BRW	100 BACK	BRW	70	109	OPEN	3:08.80	200 BREAST	3:09.00	110
31	13 & UP	BRW	100 BREAST	BRW	32	71	OPEN	2:43.20	200 FLY	2:47.40	72	111	13 & UP	BRW	50 FREE	BRW	112
33	13 & UP	BRW	100 FREE	BRW	34	73	13 & UP	BRW	200 IM	BRW	74	113	13 & UP	BRW	100 FLY	BRW	114
35	OPEN		200 FR		36	75	OPEN		400 MR		76	115	OPEN		400 FR		116
37	OPEN	12:58.60	1000 FREE	13:09.80	38							117	OPEN	21:32.10	1650 FREE	21:51.50	118

ENTRIES WILL BE LIMITED TO MEET THE 4-HOUR RULE

SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PER DAY

RELAYS ARE DECK ENTERED AND WILL BE SWUM TIME PERMITTING

1000 FREE, & 1650 FREE SWIMMERS MUST PROVIDE THEIR OWN TIMERS

500 FREE, 1000 FREE, & 1650 FREE SWIMMERS MUST PROVIDE THEIR OWN LAP COUNTERS

1000 FREE & 1650 FREE WILL BE SWUM FASTEST TO SLOWEST, ALTERNATING GIRLS AND BOYS