

CLASS AQUATICS LAST CHANCE JO QUALIFIER

Date of Meet	July 18-19, 2009
Starting Times	Morning Session - 9:00 AM Afternoon Session - Will not start before 12:00 PM
Sanctioned by	Southern California Swimming Sanction #09-170
Location	Samuelson Aquatics Center at California Lutheran University
	Directions from Ventura Freeway (101): Take Lynn Road Exit, turn north, drive 2.9 miles, Lynn Road turns into Olsen Road, drive .9 mile, Turn left onto Mountclef Boulevard. Directions from Ronald Reagan Freeway (118): Take Highway 23 South, Exit on Olsen Road, turn right, drive 2.5 miles, Take Olsen Road to Mountclef Boulevard, turn right.
Course	50 meter x 25 yard pool with 7-8 Competition lanes and warm-up/warm-down area available. The competition course has been certified in accordance with 104.2.2(C).
Meet Referee	Any questions regarding the conduct of the meet should be directed to that person.
Warm-up	Swimmers must be under the supervision of an USA Swimming member coach for warm-up. Practice starts or diving from either the starting blocks or the pool edges are not allowed during warm-up. At the discretion of the Meet Referee, lanes 2 & 7 may be designated as sprint lanes (practice starts under coaches supervision with one-way swimming from the blocks) and lanes 1 & 8 may be designated for push-pace work (times TBA). Marshals will enforce the warm-up procedure and pool.
Rules	USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2009 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH . Swimmers must check in thirty (30) minutes prior to the start of the appropriate age group session. Swimmers must swim in their actual Age Group as determined by their age on 6/13/09. Swimsuits worn in all Age Group competition (as defined by USA Swimming) shall not extend past the top of the shoulder (the acromial process [a triangular projection of the scapula]), and shall not extend further down each leg than the top of the kneecap (patella). Swimsuits worn in all Age Group competition shall not be constructed of any polyurethane or neoprene material, except post manufacturing logos and decorations. All events at committee level meets shall be considered Age Group competition under SCS rules and Procedures, Part Four, I, E.
Eligibility	Open to athletes who are 2009 USA Swimming registered. Registration application must be received by the meet host or SCS office prior to the first day of the meet. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM . There are substantial penalties to the swimmer and the Club (see 2009 SCS Swim Guide, Part One, III, 8) if registration is completed at meet. NO ON DECK ENTRIES .
Change of Affiliation	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Meet Secretary in writing and paying the appropriate fee.
Submitted Times	Times submitted must be BEST RECORDED LONG COURSE METER TIMES from this or preceding swim season (no work out times). Swimmers must have achieved time standards listed for an event. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. As a reminder: No updated times will be accepted after the meet entry deadline. SWIMMERS ARE LIMITED TO 4 EVENTS PER DAY . Swimmers entering OPEN events must be at least 11 years old and have achieved the minimum time listed.
Entry Fee	Use one white SCS consolidated entry card per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration #. \$2.75 per INDIVIDUAL EVENT plus a \$5.50 surcharge per SWIMMER . MAKE CHECKS PAYABLE TO SOUTHERN CALIFORNIA SWIMMING (SCS) . A check for the total amount must accompany each entry to the address below. You may enclose a stamped self-addressed envelope or postcard to confirm receipt of entry. NO REFUNDS. ALL RETURN CHECKS WILL INCUR A SERVICE FEE.
Electronic Entry Procedure	E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic) Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY . New swimmers accepted SPACE AVAILABLE . DO NOT RESEND AN ENTRY FILE : A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
Entries Close	Entries must be postmarked by July 6, 2009. Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on the due date of entry form WILL BE REJECTED . Space permitting, entries will be accepted if hand delivered to the address below up to 8:00PM on June 8, 2009. NOTICE : Entries stamped by a post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine, arrives at the destination of Friday, it will be rejected). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received. No certified, registered or special delivery mail will be accepted. Please use a business size envelope. Do not fold "white" entry card.
Awards	Awards will be given out in 2 divisions per event. The divisions will be based on the number of swimmers entered in each event with the fastest 50% of the entries competing in the GOLD division and the remaining entries in the BLUE division. Top 6 finishers in each division will receive an award. If there are fewer than 6 swimmers in an event, there will only be one division. Open events will not be awarded. 15-up events will be awarded by request only.
Mail Entries	CLASS c/o Alina de Armas, PO Box 63, Simi Valley, CA 93062-0063
Hand-delivery	2724 Lorraine Pl, Simi Valley e-mailed team entries: dearmas1@gmail.com
Information	Alina de Armas - (805) 522 - 4134 or Steve Reardon (818) 389 - 8812

CLASS AQUATICS LAST CHANCE JO QUALIFIER

SATURDAY, JULY 18, 2009

Morning Session - 9:00 AM Warm-up - 7:30 AM

GIRLS				BOYS
1	11-12	200 Ind. Medley		2
3	10-UN	200 Ind. Medley		4
5	11-12	100 Freestyle		6
7	10-UN	100 Freestyle		8
9	8-UN	100 Freestyle		10
11	11-12	50 Backstroke		12
13	10-UN	50 Backstroke		14
15	8-UN	50 Backstroke		16
17	11-12	50 Butterfly		18
19	10-UN	50 Butterfly		20
21	8-UN	50 Butterfly		22
23	11-12	100 Breaststroke		24
25	10-UN	100 Breaststroke		26
		Break as determined by Referee		
27	13-14	400 Freestyle**		28
27	15-UP	400 Freestyle**		28
27	5:47.30	OPEN 400 Freestyle**	5:46.60	28

8-UN Swimmers may enter either 8-UN or 10-UN events, but not both in ANY combination.

Afternoon Session - Will not start before 12:00 PM

Warm-up - 45 minutes prior to start of session

29	13-14	200 Ind. Medley		30
29	15-UP	200 Ind. Medley		30
31	13-14	100 Backstroke		32
31	15-UP	100 Backstroke		32
33	13-14	100 Breaststroke		34
33	15-UP	100 Breaststroke		34
35	13-14	200 Butterfly		36
35	15-UP	200 Butterfly		36
35	3:05.70	OPEN 200 Butterfly	3:07.20	36
37	13-14	100 Freestyle		38
37	15-UP	100 Freestyle		38
		Break as determined by Referee		
39	13-14	800 Freestyle**		40
39	15-UP	800 Freestyle**		40
39	11:44.20	OPEN 800 Freestyle**	11:43.70	40

SUNDAY, JULY 19, 2009

Morning Session - 9:00 AM Warm-up - 7:30 AM

GIRLS				BOYS
41	11-12	200 Freestyle		42
43	10-UN	200 Freestyle		44
45	11-12	100 Backstroke		46
47	10-UN	100 Backstroke		48
49	11-12	50 Breaststroke		50
51	10-UN	50 Breaststroke		52
53	8-UN	50 Breaststroke		54
55	11-12	50 Freestyle		56
57	10-UN	50 Freestyle		58
59	8-UN	50 Freestyle		60
61	11-12	100 Butterfly		62
63	10-UN	100 Butterfly		64
		Break as determined by Referee		
65	13-14	400 Ind. Medley**		66
65	15-UP	400 Ind. Medley**		66
65	6:31.20	OPEN 400 Ind. Medley**	6:32.30	66

Afternoon Session - Will not start before 12:00 PM

Warm-up - 45 minutes prior to start of session

67	13-14	200 Freestyle		68
67	15-UP	200 Freestyle		68
69	13-14	100 Butterfly		70
69	15-UP	100 Butterfly		70
71	13-14	200 Backstroke		72
71	15-UP	200 Backstroke		72
71	3:09.20	OPEN 200 Backstroke	3:11.80	72
73	13-14	50 Freestyle		74
73	15-UP	50 Freestyle		74
75	13-14	200 Breaststroke		76
75	15-UP	200 Breaststroke		76
75	3:31.00	OPEN 200 Breaststroke	3:31.20	76
		Break as determined by Referee		
77	22:11.60	OPEN 1500 Freestyle**	22:10.90	78

ENTRIES WILL BE LIMITED TO MEET THE 4-HOUR RULE

**THE 400 Ind. Medley, 400, 800 & 1500 Freestyle WILL BE SWUM FASTEST TO SLOWEST ALTERNATING GIRLS AND BOYS Swimmers in the 400 IM & 400 Free must provide a timer for at least 3 heats. Swimmers in the 800 & 1500 Free must provide their own lap counter. Swimmers entering OPEN events must be at least 11 years old and have achieved the minimum time listed. 13-14 and 15-UP events will be swum combined, but awarded separately. OPEN events will not be awarded