

STAR Aquatics September Splendor

Sanctioned by: Southern California Swimming
Sponsored By: STAR & Eastern Committee
Date of Meet: September 20-22, 2013
Friday Night session hosted by STAR for all swimmers
Warm-up: 3:45 pm on Friday and 7:30 am on Saturday and Sunday

Sanction No. 13-217
Received by deadline: 5:00 pm, September 11, 2013
Start of Meet: 5:00 pm Fri, 9:00 am Sat & Sun

POOL: Hemet High School. 41577-41609 Stetson Ave. Hemet 92544

DIRECTIONS: **From Temecula areas:** Take the 215 freeway North. Get off on Newport road, go East (right). Newport Rd. turns into Dominigoni Parkway. Turn left (North) on State Street. Turn right (East) on Stetson Avenue.* The school is on the right. Take the first driveway on the right for parking or overflow is left by the football stadium. **From San Bernardino areas:** Take the 10 frwy East toward Beaumont. Get off on Beaumont Avenue, make a right (south on HWY79). Highway 79 Turns into Sanderson Ave. Stay on Sanderson Ave, turn left on Stetson Ave. ***Same as above.** **From Corona areas:** Take the 91 Frwy East, then the 60 Frwy East, to the 215 South and then Ramona Expressway East. Turn right (South) Sanderson Ave (Hwy 79). Turn left (South) on to Stetson Ave. ***Same as above**

COURSE: Outdoor 25 yard pool with 8 competition lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 7', turn end 7'.

WARM-UP Procedures: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s).

MEET REFEREE: The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form (see 2013 SCS Swim Guide). **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on September 20, 2013 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500, 1000 & 1650 are requested to furnish their own timers & lap counters. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. **Entry into the meet is acknowledgement and consent to this fact.**

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and strongly discouraged.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to the following Eastern Committee athletes who hold 2013 or 2014 USA Swimming Registration: STAR,PDSC,YST,RST,RAA,PSP,CHA,HVDA,TMEC,HILL,MVAQ,EHR. NO ON-DECK ENTRIES. Registration application must be received by September 11, 2013 (Wednesday 5 PM) by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee.

A swimmer may not attach at the meet.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th-6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$3 for each individual event along with a \$6 surcharge **per swimmer must accompany each individual entry card.** Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted **ONLY** when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted **SPACE AVAILABLE**. **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, September 11, 2013. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.) No certified, registered, or special delivery mail will be accepted.**

Make Checks payable to: Southern California Swimming MAIL ENTRIES TO:
Email for team electronic entries only: fredies6@hotmail.com
Questions: SCS Office (800) 824-6206

Julie Fredericks
P.O Box 624
Yucaipa, CA 92399

STAR Aquatics September Splendor

September 20-22, 2013

FRIDAY ONLY

All swimmers at Hemet High School, 41577-41609 Stetson Ave., Hemet 92544

GIRLS	min/max	age		distance	stroke	min/max	BOYS
1	3:08.80/	OPEN		200 yd	Breaststroke	3:09.00/	2
3	3:23.50/	7-8, 9-10	BR	200 yd	IM	3:24.50/	4
5	5:48.20/	OPEN		400 yd	IM	5:48.90/	6
7	2:56.80/	7-8, 9-10	BR	500 yd	Freestyle	2:56.50/	8
9	12:58.60/	OPEN		1000 yd	Freestyle	13:09.80/	10

This meet is subject to the 4 hour rule.

Relays swum time permitting.

SATURDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
11		11-12	BRW	200 yd	IM		
12		9-10	BRW	100 yd	IM		13
14	2:01.40	5-6, 7-8	BR	100 yd	IM	1:58.20	15
16		11-12	BRW	50 yd	Breaststroke		
17		9-10	BRW	50 yd	Breaststroke		18
19	1:02.80/	5-6, 7-8	BR	50 yd	Breaststroke	1:01.20/	20
21		7-8	BRW	25 yd	Breaststroke		22
		5-6		25 yd	Breaststroke		
23		11-12	BRW	200 yd	Freestyle Relay		
24		9-10	BRW	200 yd	Freestyle Relay		25
26		5-8	BRW	100 yd	Freestyle Relay		27
28		11-12	BRW	50 yd	Fly		
29	1:46.10/	5-6, 7-8	BR	100 yd	Freestyle	1:42.00/	30
31		9-10	BRW	100 yd	Freestyle		32
33		11-12	BRW	100 yd	Freestyle		
34		7-8	BRW	25 yd	Freestyle		35
		5-6		25 yd	Freestyle		
36		11-12	BRW	50 yd	Backstroke		
37		9-10	BRW	50 yd	Backstroke		38
39	57.80/	5-6, 7-8	BR	50 yd	Backstroke	56.30/	40
41		7-8	BRW	25 yd	Backstroke		42
		5-6		25 yd	Backstroke		

*****Break determined by Meet Referee*****

43	6:24.60/	OPEN		500 yd	Freestyle	6:29.80/	44
*****45 Minute break or no earlier than 1:00 pm start*****							
45	2:43.20/	OPEN		200 yd	Butterfly	2:47.40	46
47		13-14	BRW	100 yd	Breaststroke		48
		11-12	BRW	50 yd	Breaststroke		49
50		15-up	BRW	100 yd	Breaststroke		51
		11-12	BRW	50 yd	Butterfly		52
53		13-14	BRW	200 yd	Freestyle Relay		54
		11-12	BRW	200 yd	Freestyle Relay		55
56		15-up	BRW	200 yd	Freestyle Relay		57
5 minute break							
		11-12	BRW	50 yd	Backstroke		58
59		13-14	BRW	200 yd	IM		60
61		15-up	BRW	200 yd	IM		62
		11-12	BRW	200 yd	IM		63
64		13-14	BRW	100 yd	Freestyle		65
		11-12	BRW	100 yd	Freestyle		66
67		15-up	BRW	100 yd	Freestyle		68

Note Requirements for 5-6 year olds:

5-6 Swimmers meeting the listed time standard or the following conditions may enter 7-8 events:

A swimmer may swim "up" (not down) one distance. If a swimmer's time:

- a) meets the 5-8 Red standard for 50 of stroke, may enter 100 of stroke
- b) meets the 5-8 Blue standard for 100 Fr or 100 IM, may enter 200 FR or 200 IM
- c) equalled or bettered 5-8 Red standard in three events, may enter 100 Bk, BR, or FL
- d) equalled or bettered 5-8 Blue standard in three events may enter 200 FR or 200 IM

SUNDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
69		11-12	BRW	100 yd	Backstroke		
70		9-10	BRW	100 yd	Backstroke		71
72	1:36.80/	7-8	BR	100 yd	Backstroke	1:37.00/	73
74		11-12	BRW	100 yd	IM		
75		9-10	BRW	50 yd	Butterfly		76
77	55.60/	5-6, 7-8	BR	50 yd	Butterfly	56.40/	78
79		7-8	BRW	25 yd	Butterfly		80
		5-6		25 yd	Butterfly		
81		11-12	BRW	50 yd	Freestyle		
82		9-10	BRW	50 yd	Freestyle		83
84	48.60/	5-6, 7-8	BR	50 yd	Freestyle	47.30/	85
86		11-12	BRW	200 yd	Medley Relay		
87		9-10	BRW	200 yd	Medley Relay		88
89		5-8	BRW	100 yd	Medley Relay		90
91		11-12	BRW	200 yd	Freestyle		
92		9-10	BRW	200 yd	Freestyle		93
94	2:56.80/	7-8	BR	200 yd	Freestyle	2:56.50/	95
96		11-12	BRW	100 yd	Butterfly		
97		9-10	BRW	100 yd	Butterfly		98
99	1:37.40/	7-8	BR	100 yd	Butterfly	1:37.60/	100
101		11-12	BRW	100 yd	Breaststroke		
102		9-10	BRW	100 yd	Breaststroke		103
104	1:49.10/	7-8	BR	100 yd	Breaststroke	1:49.70	105

*****Break determined by Meet Referee*****

106	2:46.20/	OPEN		200 yd	Backstroke	2:51.40/	107
*****45 Minute break or no earlier than 1:00 pm start*****							
		11-12	BRW	100 yd	Breaststroke		108
109		13-14	BRW	200 yd	Freestyle		110
		11-12	BRW	200 yd	Freestyle		111
112		15-up	BRW	200 yd	Freestyle		113
		11-12	BRW	100 yd	IM		114
115		13-14	BRW	100 yd	Backstroke		116
		11-12	BRW	100 yd	Backstroke		117
118		15-up	BRW	100 yd	Backstroke		119
		11-12	BRW	200 yd	Medley Relay		120
121		13-14	BRW	200 yd	Medley Relay		122
123		15-up	BRW	200 yd	Medley Relay		124
5 minute break							
		11-12	BRW	50 yd	Freestyle		125
126		13-14	BRW	50 yd	Freestyle		127
128		15-up	BRW	50 yd	Freestyle		129
		11-12	BRW	100 yd	Butterfly		130
131		13-14	BRW	100 yd	Butterfly		132
133		15-up	BRW	100 yd	Butterfly		134
135	21:32.10/	OPEN		1650 yd	Freestyle	21:51.50/	136

**11-12 swimmers entering the 400 IM enter 200 IM times.

** 7-10 Use 200 Free Time to enter 500 Free

***400 IM and 500, 1000, and 1650 frees will be swum:

alternating girls and boys heats and swimmers are
to provide own timers and/or lap counters

Must be at least 11 for open events with 11-12 blue minimum time.