

# Buenaventura Swim Club Long Course Opener

April 30 – May 1, 2016

<b>SANCTIONED BY:</b>	Southern California Swimming, USA Swimming. Sponsored by Buenaventura Swim Club and Coastal Committee.
<b>SANCTION #:</b>	S16-129
<b>STARTING TIME:</b>	A.M. Session: 9 a.m. (Check-in/Warm-up at 7:30 a.m.) P.M. Session: Will start no earlier than 45 minutes after the close of the morning session. Check-in/warm-up 45 min prior to start. * If combined into one session each day possible 8:30 am warm-up/10:00 am start
<b>ENTRY DEADLINE:</b>	Entries must be received no later than <b>5:00PM, Wed, April 20, 2016</b> . If the meet fills prior to the deadline, entries will be rejected (last received, first rejected). Entries will be limited to comply with 4-hour rule.
<b>LOCATION:</b>	Ventura Community Park Aquatics Center, 901 S. Kimball Rd., Ventura. From 126 freeway, exit on S. Kimball Rd and go south.
<b>COURSE:</b>	Pool is an outdoor 50mx25y pool with up to 8 competition swimming lanes. The competition course has been certified in accordance with 104.2.2 (c) on file with USA Swimming. Pool depth at start: 7 feet, at turn end: 14 feet.
<b>WARM-UP:</b>	Swimmers warming up or down before, during and after the meet must be under the direct supervision of a current 2016 USA Swimming coach. Warm up rules will be announced and enforced. No diving into the pool except for the sprint lanes as directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool. At least one lane will be provided for warm-up/down during the meet.
<b>CHECK-IN:</b>	Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers may not check in or scratch. <b>Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of the meet.</b> Swimmers who check in and fail to swim an event will be disqualified from their next individual event. Swimmers must swim in their actual age group as determined by age on the first day of the meet.
<b>RULES:</b>	USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events will be sum fast to slow.
<b>RECORDING DEVICES &amp; MEDIA NOTICE:</b>	The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. <b>Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.</b> This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
<b>RACING START CERTIFICATION</b>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>SWIMWEAR:</b>	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

<b>DECK CHANGES:</b>	Deck Changes are Prohibited.
<b>CHANGE OF AFFILIATION:</b>	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer form and appropriate fee to the SCS Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.
<b>ELIGIBILITY:</b>	Open to athletes who are 2016 USA Swimming members registered in the Coastal committee, or from outside of the LSC. <b>Registration application must be received by Wednesday, April 20, 2016 at 5 pm</b> by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available, please submit a copy of registration with entry. Swimmers must be at least 5 years old on April 30, 2016 to enter this meet.
<b>SUBMITTED &amp; QUALIFYING TIMES</b>	Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (NO WORK OUT TIMES). After entries close, meet administration will convert non-conforming times for seeding purposes only. "No Time" will be accepted for the White division. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. <b>Swimmers may compete in only one age group: swimmers aged 7-8 may swim either as 5-8 or 7-10, not any combination. Swimmers may swim a maximum of 4 events per day. NOTE: 11-12 BOYS ARE IN THE AFTERNOON SESSION &amp; 11-12 GIRLS ARE IN THE MORNING SESSION.</b>
<b>ELECTRONIC ENTRY POLICY</b>	E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic) Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
<b>ENTRY PROCEDURE</b>	Submit one SCS consolidated entry card per swimmer to enter this meet. Card must be filled out completed including entire USA Swimming registration number. <b>You should enclose a self-addressed stamped envelope or postcard to confirm receipt of your entry.</b>
<b>FEE</b>	\$4.00 per INDIVIDUAL EVENT, plus a \$10.00 surcharge PER SWIMMER. A check for the total amount must accompany each entry to the address below (not the swim office). Returned checks will incur a service fee per SCS policy; no refunds
<b>AWARDS</b>	Blue/Red/White Divisions: Awards 1-8 places for 5-8,7-10,11-12. No awards for relays
<b>SCORING</b>	No Scoring
<b>CHECKS PAYABLE TO:</b>	<b>SOUTHERN CALIFORNIA SWIMMING</b>
<b>MAIL ENTRIES TO:</b>	BUEN April Meet c/o Erica Johnson 321 Cuyler Harbor Drive Camarillo, CA 93012
<b>FOR INFOR:</b>	Erica Johnson: <a href="mailto:EricaJohnson.swim@gmail.com">EricaJohnson.swim@gmail.com</a> *NOTE: NEW EMAIL

# Buenaventura Swim Club Long Course Opener

April 30 – May 1, 2016

SATURDAY, April 30, 9:00 am, warm-up 7:30 am								
WOMEN		TIME STANDARDS			TIME STANDARDS			MENS
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #
1	11-12	BRW	BRW	100 FREESTYLE				
2	7-10	BRW	BRW	100 FREESTYLE	BRW	BRW	7-10	3
4	5-8	BRW	BRW	100 FREESTYLE	BRW	BRW	5-8	5
6	11-12	BRW	BRW	50 BUTTERFLY				
7	7-10	BRW	BRW	50 BUTTERFLY	BRW	BRW	7-10	8
9	5-8	BRW	BRW	50 BUTTERFLY	BRW	BRW	7-10	10
11	11-12	BRW	BRW	100 BREASTSTROKE				
12	7-10	BRW	BRW	100 BREASTSTROKE	BRW	BRW	7-10	13
14	11-12	BRW	BRW	50 BACKSTROKE				
15	7-10	BRW	BRW	50 BACKSTROKE	BRW	BRW	7-10	16
17	5-8	BRW	BRW	50 BACKSTROKE	BRW	BRW	5-8	18
19	11-12	3:25.00	3:01.30	200 IM				
20	7-10	3:49.30	3:23.50	200 IM	3:24.50	3:50.40	7-10	21
22	11-12	DECK ENTERED		200 FREE RELAY	DECK ENTERED		11-12	23
24	5-10			200 FREE RELAY			5-10	25
26	11-12			400 MEDLEY RELAY			11-12	27
Break as determined by referee								
28	9-10	*3:02.70*	*2:56.80*	400 FREESTYLE	*3:02.40*	*2:56.50*	9-10	29
30	OPEN	6:24.60	5:47.30	400 FREESTYLE	6:29.80	5:46.60	OPEN	31

SATURDAY, April 30								
No earlier than 45 minutes after the close of the morning session								
WOMEN		TIME STANDARDS			TIME STANDARDS			MEN
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #
				100 FREESTYLE	BRW	BRW	11-12	32
33	13-14	BRW	BRW	100 FREESTYLE	BRW	BRW	13-14	34
35	15 & OV	BRW	BRW	100 FREESTYLE	BRW	BRW	15 & OV	36
				50 BUTTERFLY	BRW	BRW	11-12	37
38	13-14	3:17.40	2:55.10	200 BUTTERFLY	3:08.90	2:47.30	13-14	39
38	15 & OV	3:13.30	2:43.10	200 BUTTERFLY	2:54.80	2:34.40	15 & OV	39
38	OPEN	3:05.70	2:43.20	200 BUTTERFLY	3:07.20	2:47.40	OPEN	39
				100 BREASTSTROKE	BRW	BRW	11-12	40
41	13-14	BRW	BRW	100 BREASTSTROKE	BRW	BRW	13-14	42
43	15 & OV	BRW	BRW	100 BREASTSTROKE	BRW	BRW	15 & OV	44
				50 BACKSTROKE	BRW	BRW	11-12	45
46	13-14	3:19.60	2:54.50	200 BACKSTROKE	3:09.20	2:45.10	13-14	47
46	15 & OV	3:12.70	2:56.70	200 BACKSTROKE	3:00.70	2:37.30	15 & OV	47
46	OPEN	3:09.20	2:46.20	200 BACKSTROKE	3:11.80	2:51.40	OPEN	47
				200 IM	3:25.30	3:01.70	11-12	48
49	13-14	BRW	BRW	200 IM	BRW	BRW	13-14	50
51	15 & OV	BRW	BRW	200 IM	BRW	BRW	15 & OV	52
53	13-14	DECK ENTERED		200 FREE RELAY	DECK ENTERED		13-14	54
55	15 & OV			200 FREE RELAY			15 & OV	56
57	13-14			400 MEDLEY RELAY			13-14	58
59	15 & OV			400 MEDLEY RELAY			15 & OV	60
Break as determined by referee								
61	OPEN	22:11.60	21:32.10	1500 FREESTYLE	22:10.90	21:51.50	OPEN	62

- Relays will be swum time permitting
- 400 IM, 400, 800, and 1500 freestyle will be swum fastest to slowest, alternating girls and boys
- Swimmers in the 400 free, 400 IM, 800 free, and 1500 free are requested to provide a timer for a minimum of 3 heats
- Swimmers in the 800 & 1500 Free are requested to supply their own lap counters
- \*\* 9-10 400 FREE – ENTER 200 FREE LONG COURSE TIME: MUST HAVE ACHIEVED A BLUE TIME STANDARD \*\*

SUNDAY, May 1 9:00 am, warm up 7:30 am								
WOMEN		TIME STANDARDS			TIME STANDARDS			MEN
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #
63	11-12	2:57.70	2:37.20	200 FREESTYLE				
64	7-10	3:19.30	2:56.80	200 FREESTYLE	3:19.00	2:56.50	7-10	65
66	11-12	BRW	BRW	50 BREASTSTROKE				
67	7-10	BRW	BRW	50 BREASTSTROKE	BRW	BRW	7-10	68
69	5-8	BRW	BRW	50 BREASTSTROKE	BRW	BRW	5-8	70
71	11-12	BRW	BRW	100 BACKSTROKE				
72	7-10	BRW	BRW	100 BACKSTROKE	BRW	BRW	7-10	73
74	11-12	BRW	BRW	50 FREESTYLE				
75	7-10	BRW	BRW	50 FREESTYLE	BRW	BRW	7-10	76
77	5-8	BRW	BRW	50 FREESTYLE	BRW	BRW	5-8	78
79	11-12	BRW	BRW	100 BUTTERFLY				
80	7-10	BRW	BRW	100 BUTTERFLY	BRW	BRW	7-10	81
82	11-12	DECK ENTERED		200 MEDLEY RELAY	DECK ENTERED		11-12	83
84	5-10			200 MEDLEY RELAY			5-10	85
86	11-12			400 FREE RELAY			11-12	87
Break as determined by referee								
88	OPEN	*6:55.10*	*6:07.30*	400 IM	*6:33.00*	*5:47.30*	OPEN	89

SUNDAY, May 1								
No earlier than 45 minutes after the close of the morning session								
WOMEN		TIME STANDARDS			TIME STANDARDS			MEN
EVENT #	AGE	METERS	YARDS	EVENT	METERS	YARDS	AGE	EVENT #
				200 FREESTYLE	2:58.40	2:37.80	11-12	90
91	13-14	2:48.10	2:28.40	200 FREESTYLE	2:42.00	2:22.80	13-14	92
93	15 & OV	2:48.70	2:28.80	200 FREESTYLE	2:34.70	2:18.20	15 & OV	94
				100 BUTTERFLY	BRW	BRW	11-12	95
96	13-14	BRW	BRW	100 BUTTERFLY	BRW	BRW	13-14	97
98	15 & OV	BRW	BRW	100 BUTTERFLY	BRW	BRW	15 & OV	99
				50 BREASTSTROKE	BRW	BRW	11-12	100
101	13-14	3:43.00	3:18.20	200 BREASTSTROKE	3:33.00	3:06.40	13-14	102
101	15 & OV	3:40.90	3:17.30	200 BREASTSTROKE	3:20.40	2:57.80	15 & OV	102
101	OPEN	3:31.00	3:08.80	200 BREASTSTROKE	3:31.20	3:09.00	OPEN	102
				100 BACKSTROKE	BRW	BRW	11-12	103
104	13-14	BRW	BRW	100 BACKSTROKE	BRW	BRW	13-14	105
106	15 & OV	BRW	BRW	100 BACKSTROKE	BRW	BRW	15 & OV	107
				50 FREESTYLE	BRW	BRW	11-12	108
109	13-14	BRW	BRW	50 FREESTYLE	BRW	BRW	13-14	110
111	15 & OV	BRW	BRW	50 FREESTYLE	BRW	BRW	15 & OV	112
113	13-14	DECK ENTERED		200 MEDLEY RELAY	DECK ENTERED		13-14	114
115	15 & OV			200 MEDLEY RELAY			15 & OV	116
117	13-14			400 FREE RELAY			13-14	118
119	15 & OV			400 FREE RELAY			15 & OV	120
Break as determined by referee								
121	OPEN	12:58.60	11:44.20	800 FREESTYLE	13:09.80	11:43.70	OPEN	122

Swimmers may compete in only one age group: swimmers aged 7-8 may swim either as 5-8 or 7-10, not any combination.

If length of combined sessions is projected to be 4 hours or less, sessions will be combined as follows:

SATURDAY – 1-5,32-36,6-10,37-39,11-13,40-44,14-18,45-47,19-21,48-52,28-31,61-62

SUNDAY – 63-65,90-94,66-70,100-102,71-73,103-107,74-78,108-112,79-81,95-99,88-89,121-122