

**2016
Southern California Swimming
June Age Group
Invitational**

June 16-19, 2016

Open to:

Desert: BCH, DSS; Eastern: CHS, FAC, HCOR, HVDA, IEAQ, LLF, MBA, MVAQ, PASS, PDSC, STAR, TMEC, TPST; Metro: All Teams - except SPS, SMT; Orange: BGST, BREA, EAST, FAST, GWSC, MVN, ORCA, RIPT, SACA, SCAC, SEAL, YOC; Pacific: DRGN, ECCA, HOLY, JCA, LACT, LMST, MBD, PAC, PLAC, RAPD, ROSE, SGAC, TCS, TORR, WYO



**La Mirada Splash Aquatic Center
La Mirada, California**

Hosted by:

**Southern California Swimming
and La Mirada Armada**

2016 SOUTHERN CALIFORNIA SWIMMING

June Age Group Invitational

Thursday, Friday, Saturday, Sunday – June 18-21, 2015

Sanctioned By: USA-Swimming & Southern California Swimming
Sponsored By: La Mirada Armada

Sanction Number: S16-136
Entries Due: 5:00PM, Wed, June 8, 2016

Entries Due: Entries must be **received** by 5PM PDT on Wednesday, June 8, 2016. Entry may be received electronically, USPS, delivery service or hand delivered.

Eligibility: Open to 2016 USA Swimming registered swimmers registered in Desert: BCH, DSS; Eastern: CHS, FAC, HCOR, HVDA, IEAQ, LLF, MBA, MVAQ, PASS, PDSC, STAR, TMEC, TPST; Metro: All Teams - except SPS, SMT; Orange: BGST, BREA, EAST, FAST, GWSC, MVN, ORCA, RIPT, SACA, SCAC, SEAL, YOC; Pacific: DRGN, ECCA, HOLY, JCA, LACT, LMST, MBD, PAC, PLAC, RAPD, ROSE, SGAC, TCS, TORR, WYO, who have met and can prove the posted "June Invite" time standards. Swimmers who are unattached and not practicing with an SCS club are assigned to the Ventura JAG meet. Out of District swimmers will be limited to 200 swimmers at each site on a first come, first serve basis (Ventura, La Mirada and Irvine); the list of swimmers, requested site and \$10 non-refundable deposit/swimmer should be submitted to the SCS office. Registration application must be received by the meet entry deadline by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

Facility: Splash Aquatic Center in La Mirada is an outdoor 50 meter x 25 yard pool. Warm-up/warm-down lanes in a separate 25 yard pool will be open during the meet. The competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming. **Pool depth at start: 7 feet, at turn end: 14 feet.**

Directions: Splash Aquatic Center, 13806 La Mirada Blvd., La Mirada, CA. From the Santa Ana Freeway (5) heading SOUTH: exit at Valley View travel EAST. Turn RIGHT at Rosecrans. Turn LEFT at La Mirada Blvd. Turn RIGHT at Civic Center. Heading NORTH: exit at Beach Blvd. Proceed NORTH. Turn LEFT at La Mirada Blvd. Turn RIGHT at Civic Center.

Meet Start Times: Preliminary sessions will begin at **8:30 A.M.** Finals sessions will begin no sooner than 1 hour after the completion of the final heat of the 12 & under timed finals events each day. 12 & under timed finals will begin 45 minutes after the last preliminary heat of the day (Sun after the 1500).

Warm-up times: Controlled warm-ups will begin each day at 7:00 a.m. in the competition pool. The competition pool will be closed at 8:15 a.m. with supervised warm-up/warm-down available in the adjoining pool. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warm ups.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first 2 events (prelims) or 4 events (timed finals) will close one-half hour prior to the start of the session. Swimmers must compete in their own age group. Age on June 16, 2016, determines age for the meet. Prelims and timed finals sessions will be swum fast to slow. A swimmer may enter all events for which the time standard has been met and can be verified. **Limit:** a swimmer can swim no more than 6 individual events during the meet, nor more than 3 individual events per day.

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changes: Deck changes are prohibited.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may **UNATTACH** (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Distance Events: The 800 / 1500 meter freestyle events (all age groups combined) will be swum:

- Fastest to slowest alternating girls & boys heats.
 - Fastest heat of girls' 800 and 1500 following event 102 and 138 on Thursday and Sunday, respectively.
 - Fastest heat of boys' 800 and 1500 following event 105 and 141 on Thursday and Sunday, respectively.
 - All other heats of 800 and 1500 at end of prelims on Thursday and Sunday, respectively.
 - If entries warrant, the 800 and/or 1500 events will be swum two swimmers per lane
 - 1500 check in to swim by seeded time closes 5pm Saturday; check in to swim closes 9:30AM Sunday.
 - 800 and 1500 swimmers may declare AM or PM at check-in. Fastest 8 checking in for PM will swim in finals.
- Swimmers in the 800 and 1500 freestyle should be prepared to supply their own timers and lap counters.

Submitted/Qualifying Times: This is a proof-of-time meet. **Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.** Submit ACTUAL times achieved for each event. If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". When entering electronically, "L" or "Y" must be specified and a proof of time report included. If using an individual entry form, time must be clearly marked with either "L" or "Y". Times must have been achieved on or after Sept. 1, 2014 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to SCS Swim Guide. Discrepancies in submitted times may lead to disciplinary action.

Entry Procedure: Team Electronic Entry is highly preferred.

- Electronic entry will be accepted ONLY when received with:
 1. Entry file (.zip or .sd3)
 2. Proof of time report showing meet and dates for each entry (.pdf or Word)
 3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review.
- Individual entry: Submit a completed individual entry form with payment.

Updates and Late Qualification:

- Entry updates (added events) will be processed when received by the processor by the entry deadline. Deletions will NOT be refunded.
- Entry of new events achieved between June 8 and June 12 can be made only by the administrative official/referee at the qualified meet. Entries must be e-mailed to the JAG meet processor by midnight, June 12. No updated times or previously qualified events will be accepted. An event already entered with a qualifying yards time cannot be updated to a meters time.

Fees: Individual surcharge (including relay-only swimmers): \$14.00. Event fee: \$5.50 per event. Relays: \$20.00 per relay. Returned checks will incur a service fee per SCS policy

Scoring/Awards:

- Individual scoring: 1-16 (USA Swimming Rules); relay scoring: double individual points.
- Distinctive custom medals will be awarded for 1-8 places in individual events and 1-3 places in relay events.
- Certificates are available on request for places 9-16.
- Team awards to the top 6 teams in Men, Women and Combined Team scoring.
- Awards for the 7-10 and 11/12 age groups will be given for the Timed Finals events only.
- 19&over are not eligible for scoring or awards.

Relays: Relays for 7-10 and 11-12 age groups are conducted at the conclusion of the timed final session. Relays for 13-14, 15-18, 11&up will be combined and seeded by national championship format (fastest two heats of each gender followed by remaining heats fastest to slowest alternating by gender) and conducted at the conclusion of the finals' session. The 11/UP relays are **non-scoring** relays. A club may enter one relay in an event without proof of time provided it enters only that one relay. A club entering more than one relay in an event must provide proof of time (meeting June Inv time standard) for each relay entered. Coaches must pre-enter relays (\$20.00 per relay) and relay only swimmers (\$14.00 swimmer surcharge). Swimmers cannot swim in an open and an age group relay of the same distance/stroke.

Finals: A consolation and championship final (16 swimmers) will be offered for 11-12/13-14 events, 13-14 events, and 15-18 events. 11-12/13-14 events are combined finals; there are no 11-12 finals at the meet. Relays, 800 & 1500 freestyle are timed finals. **The national finals' scratch rule will be used.** A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet. 19 and Up swimmers will be considered for finals, space available.

Entries must be received by Wednesday, June 8, 2016

Make checks payable to: Southern California Swimming

Mail entries to: RMDA "June Age Group Invite"
c/o Alina de Armas
P.O. Box 63
Simi Valley, CA 93062
dearmas1@gmail.com

Hand delivered to: 2724Lorraine Pl, Simi Valley, CA 93065

FOR INFORMATION: Call Southern California Swimming at (805) 682-0135 or Don Garman (949) 254-4484.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Thursday - June 16, 2016 - Preliminary Session, Start Time 8:30 AM					
Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
101	2:24.10	200 FREESTYLE	13-14	2:20.00	102
	2:19.80		15/UP	2:07.90	
103	10:57.70	800 FREESTYLE	11-12/13-14		
	10:31.70		15/UP		
104	2:49.00	200 BACKSTROKE	11-12/13-14	2:45.10	105
	2:46.30		15/UP	2:30.90	
		800 FREESTYLE	11-12/13-14	10:31.20	106
			15/UP	9:57.40	
107	2:44.90	200 IM	13-14	2:40.10	108
	2:40.80		15/UP	2:27.90	
109	10:16.40	800 FREE RELAY	13-14	9:54.00	111
	10:18.80		15-18	9:27.20	
110	10:18.80		11/UP	9:54.00	112

Friday - June 17, 2016 - Preliminary Session, Start Time 8:30 AM					
113	3:10.10	200 BREASTSTROKE	11-12/13-14	3:04.60	114
	3:06.30		15/UP	2:54.10	
115	1:14.60	100 BUTTERFLY	13-14	1:12.80	116
	1:13.00		15/UP	1:04.80	
117	4:59.50	400 FREESTYLE***	13-14	4:53.60	118
	4:52.70		15/UP	4:31.90	
119	5:31.80	400 MED RELAY	13-14	5:16.50	121
	5:35.10		15-18	5:05.30	
120	5:35.10		11/UP	5:16.50	122

Friday - June 17, 2016 - Timed Finals Session					
1	2:55.60	200 FREESTYLE	7-10	2:57.40	2
3	1:23.10	100 BACKSTROKE	11-12	1:24.50	4
5	1:35.40	100 BACKSTROKE	7-10	1:36.90	6
7	1:34.00	100 BREASTSTROKE	11-12	1:35.60	8
9	1:46.90	100 BREASTSTROKE	7-10	1:50.20	10
11	36.50	50 BUTTERFLY	11-12	36.90	12
13	42.00	50 BUTTERFLY	7-10	42.00	14
15	5:22.60	400 FREESTYLE	11-12	5:30.90	16
17	5:52.90	400 MED RELAY	11-12	5:54.60	18

Short course (yards) time standards are available on <http://www.socalswim.org/> and in the 2016 SCS Swim Guide as the "June Invite" standard.

* Events 129-132: enter with qualifying 400 medley relay times
 **Events 145-148 (400 free relay) will be offered at the end of prelims as well as in finals; results will be combined for scoring
 *** 400 IM and 400 free in prelims will alternate girls and boys, fastest to slowest

NOTE: For selection to this summer's SCS North American Challenge Cup (NACC) team, 11/12 year olds qualifying events will include the 200 Back, 200 Breast, 200 Fly (NOT the 50 Back, 50 Breast, 50 Fly).

Saturday - June 18, 2016 - Preliminary Session, Start Time 8:30 AM					
Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
123	1:06.00	100 FREESTYLE	13-14	1:03.40	124
	1:03.90		15/UP	58.20	
125	1:17.80	100 BACKSTROKE	13-14	1:15.50	126
	1:15.50		15/UP	1:09.70	
127	5:52.70	400 IM***	11-12/13-14	5:42.80	128
	5:44.60		15/UP	5:20.60	
129	5:31.80	200 MED RELAY*	13-14	5:16.50	131
	5:35.10		15-18	5:05.30	
130	5:35.10		11/UP	5:16.50	132
133	2:13.20	200 FREE RELAY	13-14	2:00.80	135
	2:15.60		15-18	2:00.80	
134	2:15.60		11/UP	2:00.80	136

Saturday - June 18, 2016 - Timed Finals Session					
19	3:20.30	200 IM	7-10	3:21.00	20
21	2:53.60	200 IM	11-12	2:54.90	22
23	44.20	50 BACKSTROKE	7-10	44.40	24
25	38.90	50 BACKSTROKE	11-12	39.70	26
27	1:21.10	100 FREESTYLE	7-10	1:20.30	28
29	1:10.70	100 FREESTYLE	11-12	1:10.50	30
31	2:33.60	200 FREE RELAY	7-10	2:32.40	32
33	2:19.60	200 FREE RELAY	11-12	2:17.60	34
35	2:59.40	200 MED RELAY	7-10	2:58.90	36
37	2:40.90	200 MED RELAY	11-12	2:41.20	38

Sunday - June 19, 2016 - Preliminary Session, Start Time 8:30 AM					
Evt No.	GIRLS	EVENT	AGE	BOYS	Evt No.
137	2:52.60	200 BUTTERFLY	11-12/13-14	2:47.20	138
	2:49.00		15/UP	2:31.80	
139	20:19.20	1500 FREESTYLE	11-12/13-14		
	20:03.00		15/UP		
140	30.70	50 FREESTYLE	13-14	29.20	141
	29.80		15/UP	27.00	
		1500 FREESTYLE	11-12/13-14	20:00.30	142
			15/UP	19:19.90	
143	1:27.50	100 BREASTSTROKE	13-14	1:25.10	144
	1:25.70		15/UP	1:17.90	
145	4:47.60	400 FREE RELAY**	13-14	4:31.60	147
	4:49.60		15-18	4:21.60	
146	4:49.60		11/UP	4:31.60	148

Sunday - June 19, 2016 - Timed Finals Session					
39	2:33.20	200 FREESTYLE	11-12	2:34.60	40
41	49.80	50 BREASTSTROKE	7-10	50.30	42
43	43.80	50 BREASTSTROKE	11-12	44.20	44
45	1:38.50	100 BUTTERFLY	7-10	1:39.10	46
47	1:22.70	100 BUTTERFLY	11-12	1:24.10	48
49	36.60	50 FREESTYLE	7-10	36.80	50
51	32.70	50 FREESTYLE	11-12	32.80	52
53	5:02.40	400 FREE RELAY	11-12	5:00.40	54