

2016 Coastal Committee Short Course Age Group Championships February 26 – 28, 2016

Sanctioned By: USA-Swimming & Southern California Swimming

Sponsored By: Buena Ventura Swim Club, Coastal Committee

Sanction Number: #S16-062

Received By Deadline: 5PM February 17, 2016

Eligibility: Open to 2016 USA Swimming registered swimmers registered with Coastal Committee teams. Registration application must be received by **Wednesday, Feb 17 at 5pm** by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

Facility: Ventura Community Park Aquatics Center in Ventura is an outdoor 25-yard by 50 meter pool with up to 18 competition lanes that may be divided into 2 courses depending on entries. A separate 25-yard shallow depth pool may be available for warm-up/warm-down during competition. The competition course has been certified in accordance with 104.2.2(C). Pool depth at start end: 7' to 14' feet, at turn end: 7'-14'.

Directions: Ventura Community Park Aquatics Center, 901 S Kimball Rd, Ventura, CA. From the 126 freeway, exit on S. Kimball Rd and go south.

Meet Start Times: The timed finals session on Friday will start at 5:00PM. Preliminary sessions on Saturday and Sunday will begin at 9:00 AM. Finals sessions starting time will be determined by the meet referee, and will begin no sooner than 2 hours after the completion of the prelims events each day.

Warm-up Procedures: The warm-up on Friday will start at 3:30PM. Controlled warm-ups will begin on **Sat-Sun at 7:30AM** in the competition pool. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warm ups. Teams will be assigned warm times and lanes for safety.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first 4 events (prelims) or 4 events (timed finals) will close one-half hour prior to the start of the session. Swimmers must compete in their own age group. Swimmers age on Feb 26, 2016 determines age for the meet. Prelims and Timed Finals events will be run fast to slow. If entries warrant, two courses may be used for prelims and/or timed finals.

Entry Limit: A swimmer may enter all events for which the RED time standard has been met and can be verified, with the exception of the 1650 free, 500 free and 400IM that require a BLUE minimum. **Limit: a swimmer can swim no more than EIGHT (8) individual events during the meet, a limit of TWO events Friday, THREE (3) individual events on Saturday and Sunday. Swimmers 19 and over may enter and compete in the preliminaries, but may not advance to finals.**

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changes: Deck changes are prohibited.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Distance Events: The 1650 freestyle event (all age groups combined) are "timed finals" with standard seeding procedures:

- The 1650 will be swum fastest to slowest.
- If entries warrant, 1650 event may be split and run in 2 courses
- Entries will be seeded by time, but entered into the meet by age group time standards and awarded by each age group.
- Swimmers in the Boys 1650 must check in by 8:30AM Saturday to swim; in the Girls 1650 by 8:30AM Sunday to swim.
- Swimmers in the 1650 freestyle are requested to supply a timer for three heats.
- Swimmers are also responsible for providing their own lap counters
- The 500 Free and 400IM will be swum alternating Girls and Boys, fastest to slowest.

Submitted/Qualifying Times: This is a proof-of-time meet. **Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.** Submit ACTUAL times achieved for each event. If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". When entering electronically, "L" or "Y" must be specified and a proof of time report included. If using an individual entry form, time must be clearly marked with either "L" or "Y". Times must have been achieved on or after Sept. 1, 2014 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to SCS Swim Guide. **Discrepancies in submitted times (faster or slower) may lead to disciplinary action, and entries removed from the meet, with no refunds. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.**

Entry Procedure: Team Electronic Entry is highly preferred. EMAIL ENTRIES TO mykidsswimmom@att.net

- Electronic entry will be accepted ONLY when received with:
 1. Entry file (.zip or .sd3)
 2. Proof of time report showing meet and dates for each entry (.pdf or Word)
 3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review.
- Individual entry: Submit a completed individual entry form with payment.

Fees: Individual surcharge (including relay-only swimmers): \$14.00. Event fee: \$5.50 per event. Relays: \$16.00 per relay. Returned checks will incur a service fee per SCS policy

Scoring/Awards:

- Individual: 1-20 (USA Swimming Rules 102.25.3); Relay: double individual points.
- 19 & over swimmers are not eligible for scoring.
- Distinctive custom medals will be awarded for 1-10 places in individual events and 1-3 places in relay events.
- Team Award: A plaque will be awarded based on the top combined team scores.

Relays: Relays are DECK ENTERED. Relays are timed finals events and will be swum in the finals session with the following exception: 5-10 relays will be swum at the end of the prelims sessions. A club may enter no more than two (2) relays in an event. Coaches must turn in 5-10 relay entries by 10:30am, and turn in relay entries for finals by the end of prelims each day.

Finals: A consolation and championship final (20 swimmers) will be offered for the following 13-14 and 15&up events: 50 free, 100 free, 200 free, 100 back, 100 breast, 100 fly, 200 IM. A single championship final (10 swimmers) will be offered to all 11-12 events and 13/14 and 15&Up 200 Breast, 200 Back, 200 Fly. All 5-8 and 7-10 events will be timed final and all events on Friday will be swum as Timed Finals. **The national finals' scratch rule will be used.** A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet. 19 and Up swimmers will be considered for finals, space available.

Entries must be received by 5PM Wednesday, February 17, 2016

Make checks payable to: Southern California Swimming

Mail entries to:

**Coastal Champs –
Connie Gonzales**

mykidsswimmom@att.net

Hand delivered to:

2908 Gilbert Ave., Corona, Ca 92881-3613

FOR INFORMATION:

Stacy Smith – stacysmith48@aol.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

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February 26 – 28, 2016

FRIDAY, FEB. 26 - TIMED FINALS, Warm up 3:30pm, Start at 5:00PM							
GIRLS	SC MIN	LC MIN	AGE	EVENTS	SC MIN	LC MIN	BOYS
1	3:01.30	3:25.00	11-12	200 IM	3:01.70	3:25.30	2
3	3:23.50	3:49.30	7-10*	200 IM	3:24.50	3:50.40	4
5	5:48.20	6:31.20	11-12	400 IM	5:48.90	6:20.40	6
	5:36.60	6:20.40	13-14	400 IM	5:18.20	6:00.20	
	5:22.00	6:04.50	15&Up	400 IM	5:01.20	5:41.70	
7	6:24.60	5:47.30	11-12	500 Freestyle	6:29.80	5:46.60	8
9	6:48.39	6:05.89	7-10	500 Freestyle	6:42.29	5:59.59	10
11	5:59.60	5:26.10	13-14	500 Freestyle	5:48.60	5:15.60	12
	5:57.40	5:23.40	15&Up	500 Freestyle	5:34.80	5:03.70	

SATURDAY, FEB. 27 - PRELIMS, Start at 9:00AM							
GIRLS	SC MIN	LC MIN	AGE	EVENTS	SC MIN	LC MIN	BOYS
13	3:01.40	3:26.50	11-12	200 Backstroke	3:07.30	3:29.40	14
	2:56.70	3:12.70	15&Up	200 Backstroke	2:37.30	3:00.70	
	2:54.50	3:19.70	13-14	200 Backstroke	2:45.10	3:09.20	
15	1:25.20	1:37.60	11-12	100 Backstroke	1:28.00	1:39.00	16
17	1:36.80	1:50.30	7-10*	100 Backstroke	1:37.00	1:50.50	18
19	1:09.60	1:19.00	15&Up	100 Freestyle	1:02.60	1:11.40	20
	1:09.10	1:18.50	13-14	100 Freestyle	1:05.00	1:14.06	
21	33.50	38.00	11-12	50 Freestyle	33.60	37.60	22
23	37.00	41.90	7-10	50 Freestyle	37.20	41.50	24
25	48.60	54.70	5-8	50 Freestyle	47.30	53.30	26
27	2:52.10	3:14.90	15&Up	200 IM	2:34.70	2:55.70	28
	2:50.90	3:13.40	13-14	200 IM	2:42.60	3:04.30	
29	1:24.70	NA	11-12	100 IM	1:24.70	NA	30
31	1:34.40	NA	7-10	100 IM	1:34.80	NA	32
33	2:01.40	NA	5-8	100 IM	1:58.20	NA	34
35	1:32.90	1:44.80	15&Up	100 Breaststroke	1:22.70	1:33.40	36
	1:31.00	1:42.50	13-14	100 Breaststroke	1:26.30	1:37.30	
37	44.50	50.20	11-12	50 Breaststroke	44.80	49.80	38
39	49.80	56.00	7-10	50 Breaststroke	49.80	56.00	40
41	1:02.80	1:10.30	5-8	50 Breaststroke	1:01.20	1:08.50	42
43	2:58.10	3:22.60	11-12	200 Butterfly	3:02.60	3:24.20	44
	2:50.90	3:13.00	15&Up	200 Butterfly	2:34.40	2:54.80	
	2:55.10	3:17.40	13-14	200 Butterfly	2:47.30	3:08.90	
45	1:23.00	1:35.30	11-12	100 Butterfly	1:25.30	1:36.10	46
47	1:37.40	1:49.70	7-10*	100 Butterfly	1:37.60	1:49.80	48
49			5-10	200 Medley Relay			50
			11-12	Boys 1650 Freestyle	21:51.50**	22:10.90	51
			13-14		20:42.80**	20:57.40	
			15&Up		19:44.40**	20:17.90	
52			15-18	200 Medley Relay			53
54			13-14	200 Medley Relay			55
56			11-12	200 Medley Relay			57

Swimmers may be limited to entering 8 individual events, and a maximum of 2 events Friday, 3 events on Saturday and Sunday.

Swimmers aged 7-8 may swim either as 5-8 or 7-10, not any combination.

*Requirements for 5-6 swimmers to enter 100 Back, 100 Breast, 100 Fly, 200 Free, 200 IM

(a) If swimmer's time meets the 5-8 Red standard for 50 of stroke, may enter 100 of stroke

(b) If swimmer's time meets the 5-8 Blue standard for 100 free or 100 IM, may enter 200 free or 200 IM

(c) If swimmer has equaled or bettered the 5-8 Red standard in three events, may enter 100 back, breast and if a swimmer has equaled or bettered the 5-8 Blue standard in three events may enter 200 free or 200 IM

SUNDAY, FEB. 28 - PRELIMS, Start at 9:00AM							
GIRLS	SC MIN	LC MIN	AGE	EVENTS	SC MIN	LC MIN	BOYS
58	2:28.80	2:48.70	15&Up	200 Freestyle	2:18.20	2:34.70	59
	2:28.40	2:48.70	13-14	200 Freestyle	2:22.80	2:42.00	
60	1:12.70	1:22.40	11-12	100 Freestyle	1:12.20	1:22.00	61
62	1:21.50	1:32.00	7-10	100 Freestyle	1:21.00	1:31.60	63
64	1:46.10	1:59.20	5-8	100 Freestyle	1:42.00	1:54.60	65
66	1:17.50	1:27.70	15&Up	100 Butterfly	1:11.00	1:20.60	67
	1:17.40	1:27.60	13-14	100 Butterfly	1:13.80	1:23.60	
68	37.40	41.90	11-12	50 Butterfly	37.70	42.70	69
70	41.80	47.20	7-10	50 Butterfly	41.60	47.00	71
72	55.60	1:02.40	5-8	50 Butterfly	56.40	1:03.20	73
74	3:25.90	3:50.20	11-12	200 Breaststroke	3:26.20	3:50.40	75
	3:17.30	3:41.90	15&Up	200 Breaststroke	2:57.80	3:20.40	
	3:18.20	3:43.00	13-14	200 Breaststroke	3:06.40	3:33.00	
76	1:37.00	1:49.10	11-12	100 Breaststroke	1:37.10	1:49.20	77
78	1:49.10	2:02.40	7-10*	100 Breaststroke	1:49.70	2:02.40	79
80	1:26.50	1:33.60	15&Up	100 Backstroke	1:15.70	1:27.10	81
	1:21.00	1:32.90	13-14	100 Backstroke	1:18.00	1:31.60	
82	39.60	45.40	11-12	50 Backstroke	40.00	45.80	83
84	44.30	50.60	7-10	50 Backstroke	44.20	50.50	85
86	57.80	1:05.30	5-8	50 Backstroke	56.30	1:03.80	87
88	32.40	37.00	15&Up	50 Freestyle	28.90	33.00	89
	31.90	36.40	13-14	50 Freestyle	30.00	32.50	
90	2:37.20	38.00	11-12	200 Freestyle	2:37.80	2:58.40	91
92	2:56.80	3:19.30	7-10*	200 Freestyle	2:56.50	3:19.00	93
94			5-10	200 Freestyle Relay			95
96	21:32.10**	22:11.60**	11-12	Girls 1650 Freestyle			
	21:02.90**	21:17.20**	13-14				
	20:26.80**	21:00.30**	15&Up				
97			15-18	200 Freestyle Relay			98
99			13-14	200 Freestyle Relay			100
101			11-12	200 Freestyle Relay			102

Relays are DECK ENTERED. Teams are limited to two relays per event. Relays will be swam at the end of finals, except 5-10 at end of prelims.

**Swimmers with a BLUE 800 meter or 1000 yard free time may enter the 1650 Free with the minimum BLUE yard time for their age group.