

2021 Western Zone Open Water Championships

Powered by Lake Las Vegas
Henderson, NV | September 18, 2021



5K Race (13-0)

Men's Race Time – 7:00am

Women's Race Time – 9:30am

2.5K Race (11-16)

Boy's Race Time – 12:00pm

Girl's Race Time – 12:05pm

1.25K Race (9-12)

Boy's Race Time – 2:00pm

Girl's Race Time – 2:05pm

RACE START TIMES ARE SUBJECT TO CHANGE. FINAL TIMES WILL BE ANNOUNCED PRIOR TO THE MEET

Lake Las Vegas, Henderson, NV | Hosted by the Sandpipers of Nevada

2021 WZ Open Water Championships

Sanctioned by: Southern California & USA Swimming

Hosted by: Sandpipers of Nevada

Presented by: Lake Las Vegas & the Western Zone

Date of Meet: Saturday, September 18, 2021

Entry deadline: Wednesday, September 8, 2021

Sanction Number: OW21-167

VENUE Lake Las Vegas, 20 Costa Di Lago, Henderson, NV 89011

Directions from Las Vegas or Los Angeles: Take I-215 E. Continue on NV-564 E/W Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy. Turn right onto Strada Di Villaggio. Turn left onto Costa Di Lago.

Directions from Arizona: Take US-93 N/W towards Las Vegas. Keep left on I-11. Take exit 17B to merge onto NV-582 N/S Boulder Hwy. Merge onto NV-582 N/S Boulder Hwy. Turn right onto S Racetrack Rd. Turn left onto E Athens Ave. Turn right onto E Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy. Follow posted signs to the race course

WARM-UP Designated areas in the Lake will be available for warm up prior to races.

MEET REFEREE The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Paul Szuskiewicz (pszsz@hotmail.com).

RULES Current USA Swimming rules, including the *Minor Athlete Abuse Prevention Policy (MAAPP)*, will govern this meet. All coaches on deck must complete the CDC or NFHS Concussion course. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form (see 2021 SCS Swim Guide). Please see Part Seven of the USA Swimming Rules & Regulations for complete list of Open Water Rules. Swimmers must swim in their actual Age Group as determined by their age on **December 31, 2021** (FINA Age Rules).

DISABILITY SWIMMERS Please contact the Meet Referee regarding any special need. The swimmer/coach shall provide any assistant(s) and/or equipment required. See current SCS Swim Guide.

RECORDING DEVICES & MEDIA NOTICE The use of audio-visual recording devices, including cell phones are not permitted in locker rooms, areas or restrooms. Recording devices are not permitted behind the starting blocks during the sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES Operation of a drone or any flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas, open ceiling locker rooms, lake, race course, and other race related features) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY The Western Zone Open Water Championships are open to all participating athletes and clubs from LSCs designated in the Western Zone. Athletes must be currently registered as year-round members with USA Swimming, and meet the specific event qualifying criteria. All athletes 18 years or older must complete ATHLETE PROTECTION TRAINING (within 30 days of turning 18).

SWIMWEAR No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. A maximum of two (2) caps may be used. Swimwear must conform to USA Swimming Rule 701.5. Only swimsuits complying with FINA Open Water swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

AWARDS 1st – 8th place finishers, male and female, will be awarded medals for each event.

Final results will be posted on the course and uploaded to the [Event Page on the Sandpipers of Nevada's webpage](#).

ENTRY PROCEDURE Race entry file will be available for download from the Sandpipers Event Page. **Entries will be due no later than Wednesday, September 8, 2021.** Email entry files to Michael Kinross (coachmichael28@gmail.com).

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ENTRY FEES

5K Race: \$30

2.5K Race: \$25.00

1.25K Race: \$20.00

There will be an additional \$20.00 athlete surcharge for all participants.

Entry fees will be due at the race check-in or can be mailed in advance to the address below. Checks made payable to *Sandpipers of Nevada*.

Mail to: Bodyline Swim Shop
ATTN: Michael Kinross
4460 S. Durango Drive
STE A
Las Vegas, NV 89147

TECHNICAL MEETINGS

All swimmers and coaches must attend the technical meeting prior to race day. Each coach and swimmer are responsible for all information distributed at this meeting. Technical meeting(s) will be conducted virtually, via Zoom. Meeting information will be published the week of the meet.

PRE-RACE BRIEFINGS

In addition to the technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race. At this meeting, race officials will distribute last minute information on weather and water conditions, emergency procedures, etc. Briefings will be held 15 minutes prior to the scheduled race start. **Positive check-in is required.**

WEATHER CONTINGENCY

The safety of swimmers is our primary concern. Therefore, this event may be delayed or canceled due to poor conditions. The Independent Safety Monitor and the Meet Director will make this decision. The following rescheduling priorities will be used:

Priority 1 – Later during the race day

Priority 2 – On the following day *Races will not be postponed later than Sunday, September 19

RACE DAY SCHEDULES

RACE START TIMES ARE SUBJECT TO CHANGE. Race check-in times, briefings, start times and exact schedule of events will be determined after the entry deadline.

Race day check-in: 6:00am for the Men's 5K races. Check-in for later races will open 1 hour prior to the scheduled start of the race. Athletes are encouraged to arrive 1 hour before their approximate race start time.

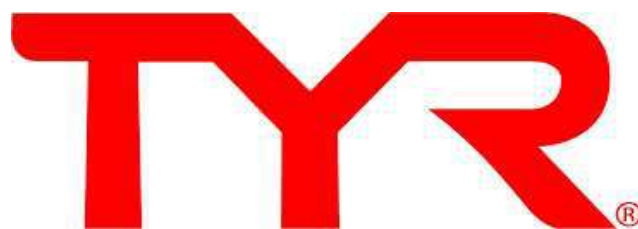
MANDATORY Pre-Race Briefing: Briefings will take place in designated meeting area 15 minutes prior to race start (men's & women's race meetings will be done together if possible)

PARKING INFO

Directions and signage to the race site will be posted in the Lake Las Village. Designated parking area behind race & spectator areas will be labeled. There is no charge to park.

HOTEL INFO

ALL PARTICIPANTS ARE STRONGLY ENCOURAGED TO STAY AT THE DESIGNATED HOTEL BLOCKS. Visit the event page on the [Sandpiper website](#) for more information.



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QUALIFYING STANDARDS & AGE DIVISIONS

The Las Vegas OW Invite will have the following age groups for each race:
 --5K Races: 13 and Older as of December 31, 2021
 --2.5K Races: 11-16 as of December 31, 2021
 --1.25K Races: 9-12 as of December 31, 2021

WESTERN ZONE OPEN WATER QUALIFYING STANDARDS							
		1.25K		2.5K		5K	
		Girls	Boys	Girls	Boys	Women	Men
9-10	200 LCM	3:45.79	3:33.49	--	--	--	--
	200 SCY	3:18.99	3:06.69	--	--	--	--
11-12	200 LCM	3:02.29	2:57.49	2:54.29	2:44.09	--	--
	200 SCY	2:40.39	2:34.59	2:32.09	2:22.99	--	--
	400 LCM	6:23.89	6:15.49	6:06.79	5:49.09	--	--
	500 SCY	7:08.79	6:57.29	6:47.79	6:26.59	--	--
13-O	400 LCM	--	--	6:06.79	5:49.09	5:07.29	4:46.09
	500 SCY	--	--	6:47.79	6:26.59	5:43.39	5:17.69
	800 LCM	--	--	12:35.99	12:05.89	10:35.39	10:00.09
	1000 SCY	--	--	14:01.99	13:21.19	11:50.79	11:02.59
	1500 LCM	--	--	24:06.39	23:06.49	20:20.49	18:59.09
	1650 SCY	--	--	23:23.49	22:18.89	19:47.29	18:30.39

*SCS-Desert Committee Teams may enter athletes slower than the qualifying times, space permitting.

COURSE INFO

The planned course map is provided. It is subject to change. There will not be feed stations for these races. An in water "rope start" will be used to begin the races. Athletes will swim the course clockwise and keep designated turn buoys on their right per the course map.

Athletes will finish the race in the water by touching a finishing pad. Finishes will be judged by race officials. Video replay at the finish will be available. Electronic chip timing will not be available.

Anticipated conditions:

- Water temperature will range between 70-84°F
- Air temperature will range between 75-95°F
- Current: None (closed water way)
- Marine life: Fish

Athletes are limited to finishing their race within 30 minutes of the first finisher.

JR. NATIONAL QUALIFYING CRITERIA

The 2021 WZ OW Championship will serve as a qualifying event for the 2022 USA Swimming Open Water Junior National Championships. In addition to the criteria below, pool qualification time standards can be found here: www.usaswimming.org/Home/times/timestandards.

7.5K Qualification: Top 6 age eligible athletes from the 2021 USA Swimming 5k Open Water Zone Championship. The athlete is considered an age eligible athlete for qualification if they are 16 or 17 as of 12/31/2022.

5K Qualification: Top 6 age eligible athletes from the 2021 USA Swimming 5k Open Water Zone Championship. The athlete is considered an age eligible athlete for qualification if they are 15 and under as of 12/31/2022.

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RACE SAFETY AND EMERGENCY INFORMATION

Independent Safety Monitor: Kim Rivera (swimmeratc@yahoo.com).

Supervision

Races will be supervised by certified lifeguards, provided by the Sandpipers of Nevada. 3 motorized water safety crafts will be on the course during races, following the athletes. In addition to the motorized crafts, 6-8 lifeguards in kayaks will be spread-out along the course approximately every 150m.

Accounting for Swimmers

Competitors will be pre-assigned race numbers. All swimmers will be checked in and marked at race time. Number of swimmers in a race will be announced to all officials and safety personnel prior to the start of the race.

Communication

Meet officials will have direct radio communication with each other and the Safety Monitor, who will be located on shore. If the lifeguards on the course do not have radio communication, non-verbal communication will be used to indicate a swimmer in distress or an emergency. The non-verbal communication will be lifting and waving the kayak paddle in the air while issuing a series of short whistle blasts.

Evacuation

In the case of an emergency, athletes will exit the course along the south/southeast sides of the wash. An emergency will be indicated by the lifeguards issuing 3-long whistle blasts. Athletes will be able to walk back to the race briefing area after exiting the water where a head count will be conducted. If an athlete is unable to evacuate on their own, kayakers will stabilize the athlete until a motorized water craft can assist the athlete to shore. The start/finish area will be the primary evacuation point.

EMTs & Hospital

A BLS Ambulance will be on site for the event. In the event of that medical professionals are required, the Independent Safety Monitor will call 911. The person will be transported to:

Henderson Hospital
1050 W Galleria Drive
Henderson, NV 89011
(702) 963-7000

Medical Equipment

AEDs and first aid are available near the start/finish area. Lifeguards will have basic first aid on hand.

Thermal Safety

Tents for shade will be setup in the athlete hospitality areas. Bottles of water post-race will be provided, but athletes are strongly encouraged to bring their own hydration.

The event will be in compliance with USA Swimming Rules. See Section 7 of the USA Swimming Rulebook for more information or topics not addressed in this meet form.

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COVID-19 ASSUMPTION OF RISK AND SOCIAL DISTANCING PROCEDURES

Local Protocols & Requirements

- All local, city, county, and state mandates at the time of the races will be strictly followed. This includes mandates on masks and gathering sizes for outdoor events. If necessary, we will adjust the race schedule to adhere to these mandates.

Race Protocols

- Athlete areas to be marked off for bag storage
- Race meetings will be held in designated area with appropriate room to social distance
- Designated changing areas will be provided, but we encourage athletes to arrive to the Lake wearing their racing suits and to change out of their suit upon returning to their hotel.

Event Specific Protocols

- Meetings, check-in times, and other in-person gatherings will be staggered to avoid overcrowding.
- Athletes will be numbered using markers. The event personnel doing the marking will wear a masks and face shield. Markers, hands and other exposed items will be sanitized between athletes. Athletes must wear a mask for the numbering process.
- Spectators, coaches and other personnel must stay in designated areas along the shore to watch the race. Spectators must maintain social distancing. **Spectators are asked to only be on site for their athlete(s) races.**

Event Conduct Statement

In applying for this sanctioned event, the Host, Sandpipers of Nevada, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Southern California Swimming, Lake Las Vegas & their partners, the State of Nevada and the City of Henderson.

Assumption of Risk

All athletes, coaches, parents, volunteers, and officials will sign the Sandpipers of Nevada *Waiver of Liability Relating to Coronavirus/COVID-19*. The waiver is included in this Meet Form.

USA Swimming Acknowledgement of Risk

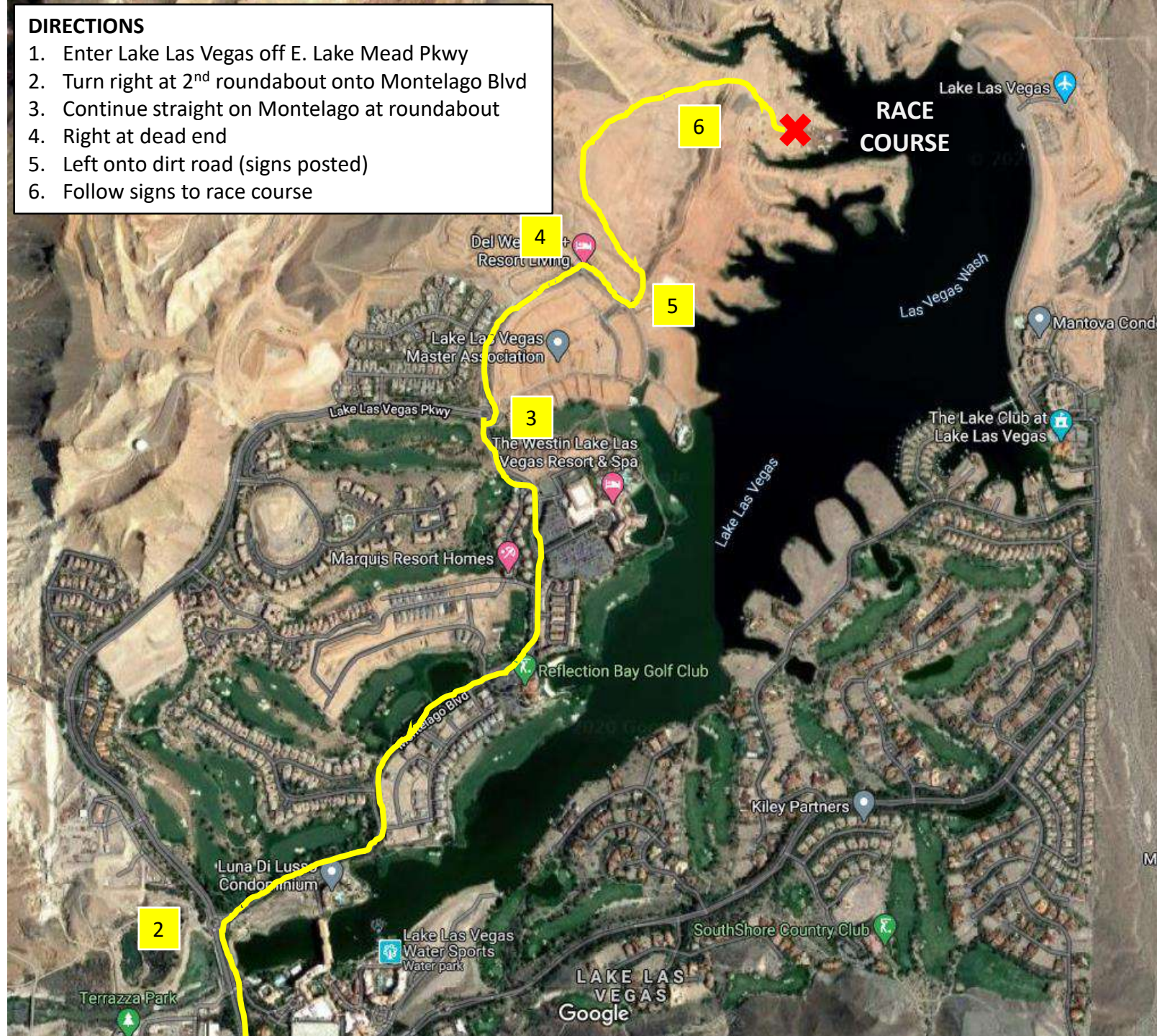
An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHERN CALIFORNIA SWIMMING, LAKE LAS VEGAS, LAKE LAS VEGAS ROWING CLUB, LAKE LAS VEGAS RECOVERY AQUISITION LLC, & THEIR PARTNERS AND THEIR PARTNERS, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

DIRECTIONS

1. Enter Lake Las Vegas off E. Lake Mead Pkwy
2. Turn right at 2nd roundabout onto Montelago Blvd
3. Continue straight on Montelago at roundabout
4. Right at dead end
5. Left onto dirt road (signs posted)
6. Follow signs to race course





Spectator Area #2

(drive from
parking lot)

PARKING

Athlete,
Coaches,
Race
Personnel
ONLY

RACE
COURSE

Spectator Area #1
(walk from parking lot)

SITE MAP

- Bathrooms for athletes & spectators located next to fence on the east side of the parking lot
- The area inside the fence is for athletes, coaches and race personnel ONLY
- Athlete check-in and bag drop area located inside the building inside the fence
- **Masks must be worn by everyone at all times!**
Exception: athletes during their race or warm up

START

Warm up area
(closed during races)

RACE COURSE

- *Subject to change*
- Races competed in the clockwise direction
- 5K Races – 4 loops
- 2.5K Race – 2 loops
- 1.25K Race – 1 loop

Measure distance

Click on the map to add to your path

Total area: 74,200.78 m² (798,690.51 ft²)

Total distance: 1.25 km (4,104.68 ft)

WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19

Whereas Southern Nevada Sandpipers Swimming Booster Club, Inc. and RMA Swim Team Services, LLC ("Sandpipers") has established itself as a premier youth sports program in the Las Vegas area and one of the top club swim teams in the United States. The Sandpipers, along with being recognized amongst the few Gold Medal Swim Clubs in the country, offers a comprehensive program that satisfies the needs of novice swimmers to Olympic hopeful athletes.

Whereas the Sandpipers are of such value to Parents, Guardians and Swimmers that they desire to join, or to resume swimming, competing, training and traveling with the Sandpipers even given the risks posed from COVID-19 as set forth herein.

Whereas in order to accomplish the goals of Sandpipers, Parents, Guardians, and Swimmers, it requires a major commitment of numerous volunteers, including but not limited to, parents, guardians, family members, friends, third parties, and any other volunteers from the swimming community ("Volunteers"). The Volunteers recognize the great benefits created by the Sandpipers and they are willing to assume the risks posed from COVID-19 as set forth herein.

Whereas in order to accomplish the goals of the Sandpipers, the Coaches, paid and unpaid, are required to spend numerous hours with the Swimmers, Parents, Guardians, and Volunteers which itself represents a risk to the Coaches themselves. The Coaches recognize the great benefits of Sandpipers and are willing to assume the risks posed from COVID-19 as set forth herein.

Whereas the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death.

Whereas the Sandpipers cannot prevent its Swimmers, Parents or Guardians of Swimmers, Coaches, or Volunteers from becoming exposed to, contracting, or spreading COVID-19 while training, swimming, coaching, traveling or volunteering with the Sandpipers or on the premises where Sandpipers swim, train and compete. It is not possible to prevent against the presence of the disease. Therefore, if you choose to resume swimming, training, coaching, traveling or volunteering with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete, you may be exposing yourself and your children to, and/or increasing your risk of contracting or spreading COVID-19.

This includes, but is not limited to, claims of negligence, or for any damages whatsoever, whether known or unknown, foreseen or unforeseen.

CHOICE OF LAW

Parents or Guardians, Swimmers, Volunteers and Coaches understand and agree that the law of the State of Nevada will apply to this contract and that the Nevada District Court for Clark County shall be the venue for any such claim.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent to the terms and conditions of this Release.

Date: _____

Signature: _____

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one

Date: _____

Signature: _____

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one