



## **Agenda**

### **Metro Committee Meeting- April 9, 2024/ 8 PM—Zoom Meeting**

#### **Agenda**

I. Call to order: 8:01pm, Agenda approved by unanimous consent

Attendance: George Young, John Zoll, Lauren Skinner, Nadia Lui, Vince Carmosino, Mark Barr, Mike Cody, Joy Lim, Patti Garcia, Alicia Orendain, Kevin Larsen, Oliver Pena, Alex Song, Minna Tan, Scott Watanabe

II. Approve minutes- February Committee Minutes Approved- 8:25pm

III. Actional Item

- Outreach SCS proposal- discussion on effect of outreach fee on host teams

IV. Chairperson Report—George Young

V. Vic-Chairperson—John Zoll

VI. Sec & Treasurer —Lauren Skinner- balance a/o March 2024- \$10,009.88

VII. Athlete Rep—Nadia Lui

VIII. Age Group Rep—Vince Carmosino- report attached

IX. SR Rep—Jon Moore

X. Coaches Rep—Mark Barr

XI. Program SR—Mike Cody- report attached

XII. Program JR—Joy Lim

XIII. Official Rep—Patti Garcia

XIV. DDEI Rep—Alicia Orendain

XV. Safe Sport—Kevin Larsen- 3 and 6 month SSRP plans attached

XVI. Old Business

A. Metro Summer Champs- thank you Lakewood!

XVII. New Business- n/a

XVIII. Announcements/Adjournment

\*\*\* Next Meeting—June 11, 2024, via ZOOM

**For meeting info or a link to the meeting Email George Young (chair) at [gyinstitute@hotmail](mailto:gyinstitute@hotmail)**



## **Metro Age Group Monthly Report From: Vince Carmosino – Cerritos Aquatic Club Date: April 2024**

### **Old Business:**

#### **1. Feedback Received from Coaches:**

- Coaches provided feedback on activities, ideas, and future projects, highlighting the need for more information, organization, and management in So Cal Age Group Swimming.
- Discussion on information regarding the All-Star event and Elite Championships.
- Reach out to John Moore and Mike Cody with an Athletic Rep Slick for all teams to distribute and discuss becoming a member.

### **So, Cal Age Group Monthly Call Summary:**

#### **1. Team Travel Incident Discussion:**

- Review of recent team travel event, including benefits and challenges.
- Suggestions for improved education, training, and supervision during trips.

#### **2. Revising Code of Conduct and Team Bonding:**

- Discussion on the need for a revised code of conduct, involving parents and emphasizing consequences for inappropriate behavior.
- Emphasis on the importance of bonding activities for swimmers.

#### **3. Coaches Meetings:**

- Discussion on challenges and benefits of coach meetings, with a focus on promoting participation and reframing the meetings as learning opportunities.

#### **4. Swimming Meet Challenges in Southern California:**

- Challenges in organizing swimming meets discussed, including scheduling conflicts and balancing needs of coaches, officials, and swimmers.

#### **5. Swimming Team Selection Challenges:**

- Process and challenges of selecting and organizing swimming teams for competitions discussed, emphasizing improved communication and outreach.

#### **6. Swimming Meet Scheduling Challenges:**

- Challenges with scheduling swimming meets discussed, including conflicts with other events and the need for better communication and planning.

#### **7. Coaches' Clinic Promotion and Scheduling:**



- Discussion about promoting coaches' clinics and scheduling them to be more accessible to Southern California coaches.
8. Elite Championship Weekend Impact:
- Discussion on potential impact of Elite Championship weekend on upcoming meets, with plans to circulate new items for consideration at the next meeting.
9. Meeting Concerns:
- Concerns were raised about record keeping, over-scratching of events, bonus events, and check-in procedures.

**Next Steps:**

1. Consider having a coach meeting prior to the actual meet.
2. Consider moving festival meet to same weekend as All-Stars or Festival to increase participation and reduce overlap with other meets.
3. Consider implementing rules preventing swimmers from withdrawing after committing to a meet and entering another meet on same weekend.
4. Consider hosting a coach clinic in Southern California in September to improve attendance and organization.
5. Consider feedback on check-in procedures and continue debate in future meetings.

**New Business:**

1. Get ideas around the All-Star Selection if teams will participate.
2. Distribute to Coaches the Athletic Representative one page slick out to other teams.
3. Identify other areas that can benefit Metro LSC Age Group Swimming.





**Name of Committee** : Metro Planning Committee

**Name of Committee Chairperson**: Joy Lim & Mike Cody

**Date of Report**: April 9, 2024

**Actionable Item (s)**:

**Committee Report**:

- Working on a checklist that will help teams submit sanctions more efficiently.
- Teams need to proof meet forms before submitting to Program Chairs.
- Suggested Format for 2025 Metro Champs: Increase to 5 sessions
- Report was submitted by the host to the Program Committee for Metro Committee Champs for review.

### METRO CHAMPS

2022 - 475 Athletes Host: Lakewood

2023 - 924 Athletes Host Trident

2024- 956 Athletes Host: Dare/Arcadia

### 2024 METRO MEET CALENDAR

May 4-5	DOWNEY Long Course Meet
June 1-2	DOWNEY Long Course Meet
July 7	SWIM FESTIVAL @ TRIDENT
July 13-14	METRO CHAMPS LAKEWOOD
September 14-15	COMMERCE
October 12-13	CERRITOS
November 9-10	DOWNEY
December 7-8	TRIDENT