

2018 CA Los Angeles Invite (1) - 7/12/2018 to 7/15/2018

Sanction #: S18-104

Session Report

Session: 1 - THURS PRELIMS

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 20 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Freestyle Relay	23	3 u	04:00 PM	_____
Finals	2 Men 200 Freestyle Relay	15	2 u		_____
Prelims	3 Women 800 Freestyle	44	6 u	04:11 PM	_____
Prelims	4 Men 1500 Freestyle	38	5 u		_____
Finals	5 Women 200 Medley Relay	22	3 u	06:36 PM	_____
Finals	6 Men 200 Medley Relay	16	2 u		_____
Swimmers Counts for Warm-ups: 207		=====	=====		
Entry / Heat Totals:		158	21		
Finish Time				06:48 PM	_____

Session: 2 - FRIDAY PRELIMS

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	7 Women 100 Freestyle	200	25 u	08:30 AM	_____
Prelims	8 Men 100 Freestyle	169	22 u	09:04 AM	_____
Prelims	9 Women 200 Butterfly	81	11 u	09:32 AM	_____
Prelims	10 Men 200 Butterfly	69	9 u	10:02 AM	_____
Prelims	11 Women 200 Backstroke	100	13 u	10:25 AM	_____
Prelims	12 Men 200 Backstroke	64	8 u	11:03 AM	_____
Prelims	13 Women 400 IM	80	10 u	11:24 AM	_____
Prelims	14 Men 400 Freestyle	95	12 u		_____
Swimmers Counts for Warm-ups: 661		=====	=====		
Entry / Heat Totals:		858	110		
Finish Time				01:14 PM	_____

**All Prelims will be seeded fast to slow with the fastest three heats circle seeded
 Event 13 & 14 will alternate Women/Men
 (fastest 5 heats of each should finish by approx.: 12:20)**

2018 CA Los Angeles Invite (1) - 7/12/2018 to 7/15/2018**Sanction #: S18-104****Session Report****Session: 3 - FRIDAY FINALS**

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 115 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Women 800 Freestyle	8	1 u	05:00 PM	_____
Finals	7 Women 100 Freestyle	32	4 u	05:11 PM	_____
Finals	8 Men 100 Freestyle	32	4 u	05:23 PM	_____
Finals	9 Women 200 Butterfly	32	4 u	05:34 PM	_____
Finals	10 Men 200 Butterfly	32	4 u	05:50 PM	_____
Finals	11 Women 200 Backstroke	32	4 u	06:07 PM	_____
Finals	12 Men 200 Backstroke	32	4 u	06:24 PM	_____
Finals	13 Women 400 IM	24	3 u	06:40 PM	_____
Finals	14 Men 400 Freestyle	24	3 u	07:01 PM	_____
Finals	15 Women 400 Freestyle Relay	24	3 u	07:19 PM	_____
Finals	16 Men 400 Freestyle Relay	18	3 u		_____
	Swimmers Counts for Warm-ups: 314	=====	=====		
	Entry / Heat Totals:	290	37		
	Finish Time			07:54 PM	_____

Session: 4 - SAT PRELIMS

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	17 Women 200 IM	152	19 u	08:30 AM	_____
Prelims	18 Men 200 Freestyle .	143	18 u	09:24 AM	_____
Prelims	19 Women 200 Breaststroke	100	13 u	10:06 AM	_____
Prelims	20 Men 200 Breaststroke	104	13 u	10:46 AM	_____
Prelims	21 Women 50 Freestyle	177	23 u	11:23 AM	_____
Prelims	22 Men 50 Freestyle	161	21 u	11:41 AM	_____
Prelims	23 Women 400 Freestyle	116	15 u	11:57 AM	_____
Prelims	24 Men 400 IM	70	9 u		_____
	Swimmers Counts for Warm-ups: 743	=====	=====		
	Entry / Heat Totals:	1,023	131		
	Finish Time			01:57 PM	_____

**All Prelims will be seeded fast to slow with the fastest three heats circle seeded
Event 23 & 24 will alternate Women/Men
(fastest 5 heats of each should finish by approx.: 12:50)**

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Session Report

Session: 5 - SAT FINALS

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 115 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	4 Men 1500 Freestyle	8	1 u	05:00 PM	_____
Finals	17 Women 200 IM	32	4 u	05:18 PM	_____
Finals	18 Men 200 Freestyle .	32	4 u	05:35 PM	_____
Finals	19 Women 200 Breaststroke	32	4 u	05:50 PM	_____
Finals	20 Men 200 Breaststroke	32	4 u	06:09 PM	_____
Finals	21 Women 50 Freestyle	40	5 u	06:26 PM	_____
Finals	22 Men 50 Freestyle	40	5 u	06:37 PM	_____
Finals	23 Women 400 Freestyle	24	3 u	06:49 PM	_____
Finals	24 Men 400 IM	24	3 u	07:07 PM	_____
Finals	25 Women 800 Freestyle Relay	18	3 u	07:27 PM	_____
Finals	26 Men 800 Freestyle Relay	12	2 u		_____
Swimmers Counts for Warm-ups: 289		=====	=====		
Entry / Heat Totals:		294	38		
Finish Time				08:20 PM	_____

Session: 6 - SUN PRELIMS

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	27 Women 100 Butterfly	151	19 u	08:30 AM	_____
Prelims	28 Men 100 Butterfly	156	20 u	09:01 AM	_____
Prelims	30 Women 100 Backstroke	121	16 u	09:31 AM	_____
Prelims	31 Men 100 Backstroke	99	13 u	09:59 AM	_____
Prelims	33 Women 100 Breaststroke	106	14 u	10:20 AM	_____
Prelims	34 Men 100 Breaststroke	127	16 u	10:55 AM	_____
Prelims	35 Women 200 Freestyle	154	20 u	11:21 AM	_____
Prelims	36 Men 200 IM	161	21 u	12:14 AM	_____
Swimmers Counts for Warm-ups: 731		=====	=====		
Entry / Heat Totals:		1,075	139		
Finish Time				01:13 PM	_____

Optional Morning 400 Medley Relays
MUST DECLARE BY 10:00 AM

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Session Report

Session: 7 - Distance

Day of Meet: 4 NOT BEFORE 01:00 PM Heat Interval: 20 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	29 Women 1500 Freestyle	22	3 u	01:00 PM
Finals-S	32 Men 800 Freestyle	33	5 u	
	Swimmers Counts for Warm-ups: 71	====	====	
	Entry / Heat Totals:	55	8	
	Finish Time			02:40 PM

Session: 8 - SUN FINALS

NALS

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 115 Seconds / Back +5 Seconds

Round	Event	Entries	Heats	Starts at
Finals	27 Women 100 Butterfly	32	4 u	05:00 PM
Finals	28 Men 100 Butterfly	32	4 u	05:12 PM
Finals-1	29 Women 1500 Freestyle	8	1 u	05:24 PM
Finals	30 Women 100 Backstroke	32	4 u	05:43 PM
Finals	31 Men 100 Backstroke	32	4 u	05:56 PM
Finals-1	32 Men 800 Freestyle	8	1 u	06:07 PM
Finals	33 Women 100 Breaststroke	32	4 u	06:18 PM
Finals	34 Men 100 Breaststroke	32	4 u	06:31 PM
Finals	35 Women 200 Freestyle	32	4 u	06:43 PM
Finals	36 Men 200 IM	32	4 u	06:58 PM
Finals	37 Women 400 Medley Relay	24	3 u	07:15 PM
Finals	38 Men 400 Medley Relay	21	3 u	07:34 PM
	Swimmers Counts for Warm-ups: 366	====	====	
	Entry / Heat Totals:	317	40	
	Finish Time			07:52 PM

SPLIT WARM-UP

FRIDAY: Session 1 ALL TEAMS STAYING AT USC HOUSING PLUS NOVA and ARMADA 6:20-7:20

SUNDAY Session 2 ALL OTHER TEAMS 7:20-8:20

SATURDAY: Session 1 TEAMS NOT STAYING AT USC HOUSING PLUS MVN and ARMADA 6:20-7:20

Session 2 TEAMS STAYING AT USC HOUSING PLUS NOVA

DIVING WELL WILL BE AVAILABLE ALL DAY

Limited Time Trials (not to exceed 45 minutes) will be offered Friday and Saturday.
 Sunday after Finals for athletes within .5/50 of qualifying time for Sectionals, Nationals, Juniors, Futures