

USA Swimming 2024-2028 Parallel Time Standards

10/29/24

P1 - non-ambulatory (wheelchair user): limited use of all four extremities.

10&under Girls		SCY				P1				SCY				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:55.39	01:44.39	01:37.29	01:33.69	01:29.69	01:25.79	50FR	01:21.29	01:24.89	01:28.39	01:31.99	01:36.89	01:46.99			
04:21.59	03:53.69	03:25.99	03:16.79	03:07.29	02:58.09	100FR	02:58.39	03:07.49	03:16.29	03:25.09	03:41.79	04:07.39			
09:32.69	08:29.99	07:46.99	07:25.09	07:03.29	06:41.49	200FR	05:20.79	05:36.09	05:51.29	06:06.49	06:52.39	07:38.09			
02:15.19	02:00.49	01:50.49	01:45.29	01:40.09	01:34.79	50BK	01:14.19	01:18.29	01:22.49	01:26.59	01:38.79	01:51.19			
04:30.59	04:00.39	03:34.59	03:24.49	03:14.29	03:04.09	100BK	02:40.09	02:48.19	02:56.49	03:04.59	03:28.99	03:53.59			
02:19.19	02:04.19	01:49.19	01:44.29	01:39.19	01:34.09	50BR	01:23.09	01:27.49	01:31.79	01:36.09	01:48.89	02:01.89			
06:53.29	06:07.29	05:21.59	05:06.09	04:50.99	04:35.59	100BR	03:33.39	03:43.89	03:54.49	04:05.29	04:18.19	04:47.99			
02:36.09	02:17.69	01:59.29	01:53.19	01:47.09	01:40.99	50FL	01:49.79	01:56.19	02:02.29	02:08.39	02:16.29	02:33.49			
04:18.19	03:50.69	03:23.29	03:14.09	03:04.89	02:55.79	75IM	03:01.59	03:10.19	03:18.79	03:27.39	03:53.39	04:19.39			
05:51.69	05:14.29	04:36.79	04:24.39	04:11.89	03:59.39	100IM	04:02.59	04:14.09	04:25.49	04:36.99	05:11.79	05:46.49			
08:45.59	07:50.39	07:15.09	06:55.79	06:36.69	06:17.29	150IM	06:00.99	06:18.99	06:36.89	06:55.09	07:26.59	08:18.09			
11:55.79	10:40.69	09:41.79	09:15.99	08:50.39	07:47.19	200IM	07:39.29	08:02.09	08:24.89	08:47.99	09:56.49	11:05.29			

11-12 Girls		SCY				P1				SCY				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:38.59	01:31.89	01:28.79	01:25.19	01:21.79	01:18.19	50FR	01:12.79	01:16.29	01:19.89	01:23.09	01:25.39	01:31.89			
03:35.29	03:19.99	03:04.39	02:56.89	02:49.19	02:41.39	100FR	02:37.49	02:45.19	02:52.49	03:00.09	03:09.99	03:24.59			
07:43.19	07:09.89	06:54.09	06:36.89	06:19.59	06:02.39	200FR	04:42.89	04:56.39	05:09.89	05:23.19	05:50.29	06:17.09			
01:49.89	01:41.99	01:39.89	01:35.69	01:31.79	01:27.59	50BK	01:04.99	01:08.39	01:11.89	01:15.29	01:21.99	01:28.69			
03:45.79	03:28.09	03:24.99	03:15.49	03:05.89	02:56.09	100BK	02:17.99	02:25.69	02:33.09	02:40.79	02:55.59	03:10.69			
01:52.19	01:44.29	01:36.09	01:32.29	01:28.19	01:24.19	50BR	01:11.89	01:15.99	01:19.89	01:23.79	01:31.59	01:39.29			
05:31.59	05:06.79	04:42.39	04:30.09	04:17.99	04:05.69	100BR	03:09.79	03:19.89	03:29.69	03:39.49	03:45.59	04:04.39			
02:04.19	01:55.39	01:50.79	01:46.19	01:41.69	01:37.09	50FL	01:40.79	01:46.49	01:52.19	01:57.79	01:52.89	02:02.49			
03:30.89	03:15.79	03:00.99	02:53.29	02:45.89	02:38.19	75IM	02:38.99	02:46.49	02:54.39	03:02.19	03:17.49	03:33.09			
04:47.29	04:26.69	04:06.49	03:55.99	03:45.89	03:35.49	100IM	03:32.39	03:42.49	03:52.89	04:03.29	04:23.79	04:44.69			
07:15.19	06:43.99	06:30.69	06:14.39	05:58.19	05:41.89	150IM	05:25.09	05:41.59	05:58.29	06:14.79	06:47.99	07:21.19			
09:52.69	09:10.19	08:42.49	08:20.59	07:58.99	07:37.19	200IM	06:41.99	07:02.39	07:23.09	07:43.49	08:24.59	09:05.69			

13-14 Girls		SCY				P1				SCY				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:34.19	01:27.59	01:24.59	01:20.89	01:17.59	01:13.99	50FR	01:07.39	01:10.69	01:13.99	01:17.09	01:19.69	01:26.09			
03:15.29	03:01.29	02:55.49	02:47.99	02:40.79	02:33.59	100FR	02:25.59	02:32.79	02:39.69	02:46.49	02:55.69	03:09.39			
07:17.59	06:46.59	06:31.49	06:15.19	05:58.79	05:42.79	200FR	04:18.49	04:30.79	04:43.09	04:55.39	05:19.89	05:44.49			
01:43.49	01:36.29	01:33.59	01:29.69	01:25.79	01:21.89	50BK	00:58.29	01:00.99	01:03.79	01:06.59	01:12.09	01:17.59			
03:32.09	03:16.99	03:10.09	03:02.29	02:54.49	02:46.39	100BK	02:04.09	02:09.89	02:15.89	02:21.49	02:33.59	02:45.39			
01:47.39	01:39.69	01:32.09	01:28.19	01:24.39	01:20.59	50BR	01:12.59	01:16.09	01:19.59	01:23.09	01:29.89	01:36.99			
05:04.79	04:42.79	04:21.19	04:10.49	03:59.49	03:48.49	100BR	02:57.39	03:05.89	03:14.39	03:22.69	03:25.99	03:41.69			
02:00.49	01:52.09	01:47.59	01:43.09	01:38.89	01:34.29	50FL	01:36.69	01:41.29	01:45.59	01:50.29	01:41.69	01:49.59			
03:30.89	03:15.79	03:00.99	02:53.29	02:45.89	02:38.19	75IM	02:01.09	02:06.89	02:12.69	02:18.39	02:29.99	02:41.49			
04:47.29	04:26.69	04:06.49	03:55.99	03:45.89	03:35.49	100IM	02:41.79	02:49.49	02:57.19	03:04.89	03:20.29	03:35.69			
06:46.59	06:17.49	06:04.89	05:49.79	05:34.69	05:19.29	150IM	04:56.99	05:10.99	05:25.29	05:39.39	06:07.69	06:35.99			
08:47.39	08:09.59	07:54.39	07:34.79	07:15.09	06:55.09	200IM	06:00.69	06:17.69	06:34.99	06:52.09	07:26.49	08:00.89			

15-16 Girls		SCY				P1				SCY				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:32.19	01:25.49	01:22.79	01:19.09	01:15.79	01:12.49	50FR	01:03.79	01:06.79	01:09.79	01:12.79	01:15.69	01:21.49			
03:18.89	03:03.89	02:57.39	02:50.19	02:42.69	02:35.49	100FR	02:20.19	02:27.19	02:33.79	02:40.39	02:49.29	03:02.19			
07:22.89	06:51.39	06:25.99	06:09.89	05:53.89	05:37.89	200FR	04:06.59	04:18.49	04:30.29	04:41.89	05:05.29	05:28.79			
01:40.29	01:33.19	01:29.89	01:26.09	01:22.29	01:18.69	50BK	00:54.59	00:57.19	00:59.79	01:02.39	01:07.49	01:12.69			
03:25.99	03:11.39	03:04.79	02:57.09	02:49.29	02:41.79	100BK	01:57.59	02:03.19	02:08.69	02:14.29	02:25.39	02:36.59			
01:40.69	01:33.49	01:26.39	01:22.79	01:19.19	01:15.59	50BR	01:01.69	01:04.59	01:07.59	01:10.49	01:14.09	01:19.79			
04:55.19	04:34.19	04:13.19	04:02.59	03:51.89	03:41.59	100BR	02:52.09	03:00.19	03:08.49	03:16.59	03:19.89	03:35.29			
01:53.49	01:45.39	01:41.39	01:37.09	01:32.89	01:28.69	50FL	01:29.69	01:33.99	01:38.29	01:42.59	01:33.19	01:40.39			
03:04.39	02:51.19	02:37.99	02:31.49	02:24.89	02:18.29	75IM	01:55.59	02:01.19	02:06.69	02:12.19	02:23.19	02:34.19			
04:11.09	03:53.19	03:35.19	03:26.29	03:17.39	03:08.29	100IM	02:34.39	02:41.79	02:49.19	02:56.59	03:11.29	03:25.89			
06:33.29	06:05.09	05:52.99	05:38.39	05:23.79	05:08.89	150IM	04:46.29	04:59.99	05:13.59	05:27.29	05:54.59	06:21.59			
08:55.69	08:17.29	07:38.99	07:19.99	07:00.89	06:41.59	200IM	05:44.49	06:00.99	06:17.39	06:33.79	07:06.69	07:39.29			

USA Swimming 2024-2028 Parallel Time Standards

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17-18 Girls						SCY				P1				SCY				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B							
01:30.99	01:24.39	01:21.49	01:18.19	01:14.89	01:11.19	50FR	01:02.29	01:05.29	01:07.99	01:10.99	01:13.69	01:19.49							
03:16.19	03:02.09	02:55.89	02:48.39	02:41.19	02:33.99	100FR	02:16.59	02:22.89	02:29.59	02:35.89	02:44.59	02:57.19							
07:17.59	06:46.39	06:21.39	06:05.39	05:49.69	05:33.69	200FR	04:02.29	04:13.89	04:25.19	04:36.79	04:59.79	05:22.99							
01:38.39	01:31.29	01:28.09	01:24.39	01:20.79	01:16.99	50BK	00:52.89	00:55.49	00:57.99	01:00.49	01:05.69	01:10.49							
03:22.49	03:07.79	03:01.39	02:53.89	02:46.39	02:38.59	100BK	01:53.39	01:58.99	02:04.29	02:09.69	02:21.49	02:31.19							
01:39.69	01:32.59	01:25.49	01:21.89	01:18.39	01:14.79	50BR	00:59.89	01:02.69	01:05.59	01:08.39	01:11.99	01:17.49							
04:51.39	04:30.79	04:09.79	03:59.49	03:49.19	03:38.49	100BR	02:47.09	02:55.09	03:03.19	03:10.89	03:14.29	03:29.09							
01:51.89	01:43.89	01:39.89	01:35.69	01:31.49	01:27.39	50FL	01:27.39	01:31.59	01:35.69	01:39.89	01:30.79	01:37.69							
03:01.79	02:48.79	02:35.79	02:29.39	02:22.79	02:16.39	75IM	01:53.39	01:58.89	02:04.19	02:09.59	02:20.39	02:31.19							
04:07.59	03:49.89	03:32.19	03:23.39	03:14.49	03:05.69	100IM	02:31.49	02:38.79	02:45.89	02:53.19	03:07.59	03:21.99							
06:27.19	05:59.49	05:47.59	05:33.19	05:18.59	05:04.19	150IM	04:39.69	04:53.09	05:06.29	05:19.69	05:46.19	06:12.79							
08:47.29	08:09.59	07:31.89	07:13.19	06:54.19	06:35.49	200IM	05:36.59	05:52.69	06:08.59	06:24.69	06:56.69	07:28.59							

10&under Girls		SCM				P1				SCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
02:07.59	01:55.39	01:47.59	01:43.39	01:39.09	01:34.89	50FR	01:29.89	01:33.69	01:37.59	01:41.39	01:46.99	01:58.19			
04:48.99	04:18.49	03:47.59	03:37.29	03:27.19	03:16.79	100FR	03:17.19	03:26.89	03:36.89	03:46.59	04:05.09	04:33.19			
10:32.59	09:23.39	08:35.89	08:11.69	07:47.59	07:23.39	200FR	05:54.39	06:11.29	06:28.29	06:44.89	07:35.69	08:26.19			
02:29.39	02:12.99	02:01.89	01:56.39	01:50.49	01:44.99	50BK	01:21.99	01:26.59	01:31.19	01:35.59	01:49.19	02:02.99			
04:58.99	04:25.69	03:57.09	03:45.79	03:34.59	03:23.39	100BK	02:56.99	03:05.79	03:14.79	03:23.89	03:50.99	04:17.89			
02:33.79	02:17.19	02:00.59	01:54.99	01:49.69	01:44.09	50BR	01:31.79	01:36.59	01:41.39	01:46.19	02:00.59	02:14.69			
07:36.59	06:46.09	05:55.29	05:38.39	05:21.59	05:04.79	100BR	03:55.59	04:07.49	04:19.09	04:30.99	04:45.49	05:18.29			
02:52.49	02:32.19	02:11.89	02:05.09	01:58.39	01:51.59	50FL	02:01.19	02:08.39	02:15.09	02:21.89	02:30.49	02:49.69			
04:45.19	04:14.99	03:44.49	03:34.39	03:24.29	03:14.09	75IM	03:20.59	03:30.29	03:39.59	03:49.19	04:17.89	04:46.49			
06:28.39	05:47.29	05:05.79	04:51.99	04:38.19	04:24.39	100IM	04:27.99	04:40.79	04:53.29	05:06.19	05:44.39	06:22.69			
09:40.69	08:39.69	08:00.69	07:39.39	07:18.29	06:56.99	150IM	06:38.79	06:58.89	07:18.79	07:38.59	08:13.49	09:10.49			
12:33.29	11:14.09	09:55.19	09:28.79	09:02.69	08:36.29	200IM	08:27.29	08:52.89	09:18.19	09:43.39	10:59.19	12:15.29			

11-12 Girls		SCM				P1				SCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:48.99	01:41.49	01:38.19	01:34.29	01:30.29	01:26.39	50FR	01:20.39	01:24.29	01:28.09	01:31.99	01:34.39	01:41.69			
03:57.69	03:40.69	03:23.69	03:15.39	03:06.99	02:58.39	100FR	03:55.29	03:02.49	03:10.69	03:18.99	03:29.79	03:46.09			
08:31.69	07:55.19	07:37.79	07:18.79	06:59.49	06:40.39	200FR	05:12.59	05:27.59	05:42.29	05:57.29	06:27.09	06:56.79			
02:01.29	01:52.79	01:50.49	01:45.99	01:41.09	01:36.59	50BK	01:11.89	01:15.59	01:19.49	01:23.19	01:30.49	01:38.09			
04:09.59	03:49.99	03:46.39	03:35.99	03:25.29	03:14.59	100BK	02:32.59	02:40.99	02:49.09	02:57.49	03:14.09	03:30.59			
02:03.89	01:55.29	01:46.29	01:41.79	01:37.39	01:33.09	50BR	01:19.69	01:23.79	01:28.09	01:32.49	01:41.19	01:49.79			
06:06.29	05:39.09	05:11.99	04:58.59	04:45.19	04:31.39	100BR	03:29.99	03:40.89	03:51.79	04:02.69	04:09.39	04:29.89			
02:17.29	02:07.19	02:02.29	01:57.39	01:52.19	01:47.29	50FL	01:51.79	01:57.79	02:03.89	02:10.29	02:04.49	02:15.39			
03:53.19	03:36.59	03:19.79	03:11.59	03:03.19	02:54.79	75IM	02:55.69	03:03.99	03:12.59	03:21.09	03:38.29	03:55.49			
05:17.59	04:54.99	04:32.09	04:20.99	04:09.49	03:58.09	100IM	03:54.59	04:05.69	04:17.19	04:28.69	04:51.59	05:14.59			
08:00.89	07:26.49	07:11.89	06:53.79	06:35.69	06:17.79	150IM	05:59.29	06:17.49	06:35.89	06:54.09	07:30.79	08:07.49			
10:54.89	10:08.19	09:37.49	09:13.29	08:49.09	08:25.19	200IM	07:24.29	07:46.89	08:09.69	08:32.19	09:17.59	10:02.89			

13-14 Girls		SCM				P1				SCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:44.39	01:36.79	01:33.39	01:29.39	01:25.79	01:21.79	50FR	01:14.59	01:17.99	01:21.59	01:25.19	01:28.39	01:34.99			
03:35.89	03:20.49	03:13.89	03:05.89	02:57.79	02:49.69	100FR	02:41.19	02:48.59	02:56.39	03:03.89	03:14.29	03:29.19			
08:03.69	07:29.29	07:12.49	06:54.69	06:36.59	06:18.39	200FR	04:45.49	04:59.09	05:12.79	05:26.39	05:53.49	06:20.79			
01:54.29	01:46.29	01:43.29	01:38.99	01:34.79	01:30.29	50BK	01:04.29	01:07.29	01:10.49	01:13.49	01:19.69	01:25.69			
03:54.49	03:37.59	03:30.19	03:21.29	03:12.59	03:03.99	100BK	02:17.09	02:23.59	02:30.09	02:36.59	02:49.59	03:02.79			
01:58.59	01:50.19	01:41.79	01:37.39	01:33.09	01:28.99	50BR	01:20.39	01:24.09	01:27.89	01:31.69	01:39.49	01:46.99			
05:36.69	05:12.69	04:48.59	04:36.59	04:24.59	04:12.49	100BR	03:16.19	03:25.29	03:34.69	03:44.09	03:47.39	04:05.09			
02:13.29	02:03.79	01:58.79	01:53.89	01:48.99	01:44.09	50FL	01:46.79	01:51.79	01:56.89	02:01.89	01:52.29	02:00.79			
03:30.19	03:15.19	03:00.19	02:52.69	02:45.19	02:37.69	75IM	02:13.79	02:20.19	02:26.59	02:32.99	02:45.69	02:58.39			
04:46.29	04:25.89	04:05.39	03:55.19	03:44.99	03:34.79	100IM	02:58.79	03:07.19	03:15.79	03:48.79	04:07.89	04:26.89			
07:29.19	06:56.99	06:43.39	06:26.49	06:09.59	05:52.99	150IM	05:28.09	05:43.59	05:59.39	06:14.89	06:46.29	07:17.29			
09:42.59	09:00.89	08:44.39	08:22.49	08:00.59	07:38.99	200IM	06:38.39	06:57.29	07:16.39	07:35.29	08:13.29	08:51.09			

USA Swimming 2024-2028 Parallel Time Standards

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15-16 Girls		SCM				P1				SCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:41.79	01:34.49	01:31.19	01:27.59	01:23.69	01:19.99	50FR	01:10.39	01:13.99	01:17.39	01:20.69	01:23.49	01:29.79			
03:38.99	03:23.19	03:16.09	03:07.99	02:59.89	02:51.69	100FR	02:34.99	02:42.49	02:49.79	02:57.29	03:08.09	03:21.29			
08:09.59	07:34.49	07:06.79	06:48.89	06:31.09	06:13.29	200FR	04:32.69	04:45.49	04:58.59	05:11.59	05:37.49	06:03.39			
01:50.89	01:42.99	01:39.29	01:35.09	01:30.99	01:26.89	50BK	01:00.29	01:03.09	01:05.99	01:08.89	01:14.59	01:20.29			
03:47.79	03:31.59	03:24.19	03:15.49	03:07.19	02:58.79	100BK	02:09.89	02:15.89	02:22.19	02:28.49	02:40.79	02:52.99			
01:51.29	01:43.39	01:35.39	01:31.39	01:27.39	01:23.49	50BR	01:08.09	01:11.39	01:14.59	01:17.89	01:21.89	01:28.19			
05:26.39	05:03.09	04:39.69	04:27.99	04:16.29	04:04.59	100BR	03:09.99	03:19.29	03:28.19	03:37.19	03:40.89	03:57.89			
02:05.39	01:56.39	01:51.99	01:47.29	01:42.69	01:37.99	50FL	01:39.19	01:43.89	01:48.59	01:53.39	01:42.99	01:50.89			
03:27.99	03:13.49	02:58.89	02:51.59	02:44.39	02:37.09	75IM	02:07.79	02:13.89	02:19.89	02:26.09	02:38.19	02:50.39			
04:43.29	04:23.49	04:03.69	03:53.69	03:43.79	03:33.89	100IM	02:50.69	02:58.79	03:06.89	03:38.49	03:56.69	04:14.89			
07:14.49	06:43.49	06:30.19	06:13.89	05:57.69	05:41.39	150IM	05:16.39	05:31.59	05:46.49	06:01.69	06:31.79	07:01.79			
09:51.79	09:09.49	08:27.29	08:05.99	07:45.09	07:23.79	200IM	06:20.69	06:38.99	06:56.99	07:15.19	07:51.39	08:27.59			

17-18 Girls		SCM				P1				SCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:40.59	01:33.39	01:29.99	01:26.39	01:22.49	01:18.79	50FR	01:08.59	01:11.89	01:15.19	01:18.59	01:21.49	01:27.49			
03:36.69	03:21.39	03:14.29	03:06.19	02:57.99	02:49.89	100FR	02:30.79	02:37.99	02:45.19	02:52.49	03:01.89	03:15.99			
08:03.69	07:29.19	07:01.29	06:43.79	06:26.29	06:08.69	200FR	04:27.59	04:40.49	04:53.29	05:05.79	05:31.49	05:56.79			
01:48.69	01:40.89	01:37.29	01:33.19	01:29.19	01:25.09	50BK	00:58.49	01:01.19	01:03.99	01:06.79	01:12.39	01:17.99			
03:43.69	03:27.69	03:20.39	03:12.09	03:03.69	02:55.29	100BK	02:05.49	02:11.29	02:17.29	02:23.39	02:35.19	02:47.19			
01:50.19	01:42.29	01:34.49	01:30.49	01:26.59	01:22.69	50BR	01:06.19	01:09.39	01:12.49	01:15.59	01:19.49	01:25.59			
05:21.89	04:59.29	04:36.29	04:24.59	04:13.19	04:01.59	100BR	03:04.69	03:13.59	03:22.19	03:30.89	03:34.39	03:50.99			
02:03.59	01:54.79	01:50.39	01:45.79	01:41.19	01:36.59	50FL	01:36.59	01:41.19	01:45.79	01:50.39	01:40.29	01:47.99			
03:25.09	03:10.79	02:56.39	02:49.29	02:42.09	02:34.99	75IM	02:05.39	02:11.29	02:17.29	02:23.19	02:35.19	02:47.09			
04:39.39	04:19.79	04:00.29	03:50.59	03:40.79	03:31.09	100IM	02:47.39	02:55.39	03:03.39	03:34.29	03:52.09	04:09.99			
07:07.59	06:37.09	06:23.99	06:08.19	05:51.99	05:36.19	150IM	05:09.09	05:23.69	05:38.39	05:53.09	06:22.69	06:51.99			
09:42.39	09:00.79	08:19.29	07:58.59	07:37.69	07:17.09	200IM	06:11.89	06:29.59	06:47.19	07:04.89	07:40.49	08:15.79			

10&under Girls		LCM				P1				LCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:59.39	01:47.79	01:36.49	01:32.49	01:28.79	01:24.89	50FR	01:24.39	01:28.09	01:31.79	01:35.29	01:44.19	01:54.89			
04:32.69	04:03.59	03:34.59	03:24.89	03:15.19	03:05.49	100FR	03:01.89	03:10.79	03:19.89	03:28.99	03:51.49	04:18.09			
09:32.29	08:29.59	07:49.29	07:27.39	07:05.29	06:43.39	200FR	06:06.79	06:24.19	06:41.59	06:59.19	07:51.39	08:43.89			
02:21.19	02:05.69	01:50.29	01:45.19	01:39.89	01:34.89	50BK	01:25.19	01:29.79	01:34.69	01:39.29	01:53.49	02:07.59			
05:04.89	04:31.09	03:57.19	03:45.89	03:34.69	03:23.39	100BK	03:05.59	03:15.09	03:24.59	03:34.09	04:02.39	04:30.69			
02:38.59	02:21.49	02:04.49	01:58.59	01:52.99	01:47.39	50BR	01:34.79	01:39.59	01:44.59	01:49.39	02:04.19	02:18.99			
07:58.99	07:05.69	06:12.49	05:54.89	05:37.09	05:19.49	100BR	03:30.39	03:40.99	03:51.49	04:02.09	04:33.49	05:04.89			
02:55.79	02:35.09	02:19.99	02:12.89	02:05.49	01:58.49	50FL	01:54.59	02:00.79	02:07.39	02:13.99	02:33.19	02:52.69			
09:36.29	08:35.89	07:35.49	07:15.19	06:55.09	06:35.09	150IM	06:32.39	06:51.89	07:11.49	07:30.89	08:29.69	09:28.49			
13:04.89	11:42.59	10:20.39	09:52.69	09:25.39	08:58.09	200IM	08:44.09	09:10.29	09:36.39	10:02.29	11:20.79	12:39.29			

11-12 Girls		LCM				P1				LCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:41.49	01:34.59	01:27.49	01:24.09	01:20.39	01:16.99	50FR	01:13.59	01:16.99	01:20.39	01:23.99	01:31.09	01:37.89			
03:44.19	03:28.29	03:12.29	03:04.19	02:55.99	02:48.19	100FR	02:45.29	02:53.09	03:01.09	03:08.89	03:18.59	03:33.99			
08:27.89	07:51.69	07:35.29	07:16.19	06:57.39	06:38.29	200FR	05:24.89	05:40.39	05:55.89	06:11.29	06:42.29	07:13.19			
01:53.29	01:45.19	01:40.99	01:36.79	01:32.59	01:28.39	50BK	01:15.09	01:18.99	01:22.89	01:26.79	01:34.69	01:42.49			
04:12.29	03:52.49	03:32.59	03:22.59	03:12.79	03:02.79	100BK	02:43.29	02:52.29	03:01.19	03:09.99	03:27.79	03:45.49			
02:06.99	01:57.79	01:48.89	01:44.29	01:39.69	01:35.39	50BR	01:22.39	01:26.99	01:31.29	01:35.89	01:44.79	01:53.69			
06:19.29	05:51.19	05:22.99	05:09.19	04:55.19	04:41.09	100BR	03:12.19	03:22.09	03:32.09	03:42.09	03:55.39	04:14.79			
02:20.69	02:10.59	02:05.49	02:00.19	01:55.29	01:50.09	50FL	01:41.59	01:47.29	01:52.69	01:58.39	02:09.79	02:20.89			
07:54.59	07:20.79	06:46.99	06:29.89	06:12.99	05:56.09	150IM	05:43.09	06:00.69	06:18.19	06:35.79	07:10.59	07:45.69			
10:46.49	10:00.39	09:14.39	08:50.99	08:27.99	08:04.99	200IM	07:38.29	08:01.79	08:25.19	08:48.59	09:35.19	10:22.09			

USA Swimming 2024-2028 Parallel Time Standards

10/29/24

13-14 Girls		LCM				P1				LCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:38.09	01:31.19	01:24.09	01:20.69	01:17.19	01:13.49	50FR	01:07.29	01:10.39	01:13.79	01:16.99	01:23.19	01:29.79			
03:32.69	03:17.49	03:02.29	02:54.69	02:47.09	02:39.49	100FR	02:29.89	02:36.79	02:43.99	02:51.19	03:05.49	03:19.59			
07:18.59	06:47.29	06:34.69	06:18.09	06:01.89	05:45.29	200FR	04:57.39	05:11.59	05:25.69	05:39.89	06:08.19	06:36.49			
01:47.79	01:39.89	01:32.29	01:28.49	01:24.79	01:20.69	50BK	01:08.39	01:11.59	01:14.89	01:18.09	01:24.49	01:30.99			
03:44.89	03:28.89	03:12.79	03:04.79	02:56.79	02:48.79	100BK	02:25.69	02:32.59	02:39.39	02:46.29	03:00.19	03:14.09			
02:01.89	01:53.19	01:44.59	01:40.19	01:35.89	01:31.59	50BR	01:15.39	01:18.99	01:22.69	01:26.09	01:33.39	01:40.49			
05:51.79	05:26.39	05:01.29	04:48.99	04:36.29	04:23.89	100BR	02:54.19	03:02.59	03:10.79	03:19.29	03:29.89	03:45.99			
02:14.59	02:04.89	02:00.19	01:54.99	01:50.09	01:45.19	50FL	01:36.09	01:40.59	01:45.09	01:49.49	01:58.79	02:08.09			
07:24.39	06:52.69	06:20.89	06:05.09	05:49.09	05:33.29	150IM	05:12.59	05:27.39	05:42.19	05:56.99	06:26.89	06:56.69			
10:05.29	09:21.99	08:38.79	08:17.29	07:55.49	07:33.99	200IM	06:57.59	07:17.29	07:37.09	07:56.89	08:36.79	09:16.59			

15-16 Girls		LCM				P1			LCM			15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B	
01:35.19	01:28.29	01:21.49	01:17.99	01:14.59	01:11.39	50FR	01:04.69	01:07.79	01:10.69	01:13.79	01:20.09	01:26.09	
03:25.39	03:10.69	02:55.99	02:48.69	02:41.39	02:33.99	100FR	02:24.39	02:31.29	02:38.29	02:44.99	02:58.99	03:12.69	
07:20.09	06:48.69	06:35.39	06:18.79	06:02.39	05:45.79	200FR	04:44.09	04:57.59	05:11.19	05:24.69	05:51.49	06:18.59	
01:42.79	01:35.39	01:32.49	01:28.59	01:24.79	01:20.99	50BK	01:03.89	01:06.89	01:09.89	01:12.99	01:19.09	01:25.19	
03:37.89	03:22.39	03:12.39	03:04.39	02:56.39	02:48.39	100BK	02:17.99	02:24.69	02:31.19	02:37.69	02:50.99	03:04.19	
01:55.29	01:47.09	01:38.79	01:34.69	01:30.59	01:26.49	50BR	01:09.69	01:12.99	01:16.29	01:19.59	01:26.19	01:32.89	
05:38.79	05:14.69	04:50.29	04:38.29	04:26.29	04:14.29	100BR	02:43.19	02:50.99	02:58.79	03:06.59	03:16.39	03:31.49	
02:03.19	01:54.49	01:50.29	01:45.69	01:41.09	01:36.49	50FL	01:30.89	01:35.09	01:39.49	01:43.79	01:52.49	02:01.09	
07:10.89	06:39.99	06:09.39	05:53.79	05:38.49	05:23.19	150IM	05:00.99	05:15.29	05:29.69	05:44.09	06:12.79	06:41.49	
09:46.89	09:04.89	08:23.09	08:01.89	07:41.09	07:20.19	200IM	06:41.99	07:01.19	07:20.39	07:39.59	08:17.89	08:56.29	

17-18 Girls		LCM				P1				LCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
01:34.59	01:27.79	01:20.89	01:17.79	01:14.29	01:10.89	50FR	01:04.69	01:07.79	01:10.69	01:13.79	01:20.09	01:26.09			
03:23.59	03:09.09	02:54.49	02:47.39	02:40.09	02:32.69	100FR	02:24.39	02:31.29	02:38.29	02:44.99	02:58.99	03:12.69			
06:55.49	06:25.69	05:55.99	05:41.09	05:26.29	05:11.69	200FR	04:44.09	04:57.59	05:11.19	05:24.69	05:51.49	06:18.59			
01:41.89	01:34.59	01:27.39	01:23.69	01:20.09	01:16.49	50BK	01:03.89	01:06.89	01:09.89	01:12.99	01:19.09	01:25.19			
03:35.39	03:20.09	03:04.79	02:56.99	02:49.29	02:41.69	100BK	02:17.99	02:24.69	02:31.19	02:37.69	02:50.99	03:04.19			
01:53.99	01:45.79	01:37.69	01:33.59	01:29.59	01:25.49	50BR	01:09.69	01:12.99	01:16.29	01:19.59	01:26.19	01:32.89			
05:34.99	05:10.99	04:47.19	04:35.19	04:23.19	04:11.19	100BR	02:43.19	02:50.99	02:58.79	03:06.59	03:16.39	03:31.49			
01:45.79	01:38.29	01:30.69	01:26.89	01:23.09	01:19.39	50FL	01:30.89	01:35.09	01:39.49	01:43.79	01:52.49	02:01.09			
07:06.59	06:36.19	06:05.79	05:50.49	05:35.39	05:19.99	150IM	05:00.99	05:15.29	05:29.69	05:44.09	06:12.79	06:41.49			
09:41.09	08:59.59	08:18.19	07:57.29	07:36.79	07:15.89	200IM	06:41.99	07:01.19	07:20.39	07:39.59	08:17.89	08:56.29			