

November 14, 2018

D&I Committee Report

Our LSC D&I Camp was held the weekend of October 20th and 21st, 2018 in Commerce, CA at the Brenda Villa Aquatics Center. We had 49 athletes from home teams spread throughout Southern California, the furthest being from Sandpipers, in Nevada. Cullen Jones was once again our National team athlete along with Juan Caraveo from USA National D&I staff. George Young, from San Gabriel Sea Gulls volunteered to be this year's Camp Head Coach. We also had 5 out of our 6 Athlete Reps, all previous D&I Campers either at our camp from last year, the Black Heritage Meet or Western Zone D&I Camp held in San Diego. We also had 11 coaches from SCS assist the SCS D&I Geographic committee of four, coach the camp.

Camp spanned across two days, with a full day on Saturday and a half-day on Sunday, which was partnered with two Sigma Gamma Rho chapters, one from Santa Monica and one from Pomona. Sigma Gamma Rho opened an event brite to the public and received 30 sign-ups. However, only 15 showed on Sunday.

Camp Saturday was incredibly successful! Camp started at 8a and ended at 5p, had two water sessions, two talks by Cullen and activities from coaches/athlete reps. All ice-breaker activities were run exclusively by our Athlete reps and they did an incredible job in bringing together 49 athletes from being total strangers to teammates. Juan Caraveo also ran a parent meeting at 3:30p about *Gold Medal Parenting*, about 35 parents showed up.

Sunday camp was a bit more on the "lessons to be learned" about how to do it differently next year. But, the partnership with the different Sigma Gamma Rho chapters should definitely be maintained.