

Las Vegas Open Water Champions Cup

Powered by Lake Las Vegas | October 8-10, 2021



10K Elite Race

Friday, October 8
Men's Race – 9:00am
Women's Race – 1:00pm

5K Senior Race

Saturday, October 9
Men's Race – 9:00am
Women's Race – 11:30am

2.5K Junior Race

Saturday, October 9
Boy's Race – 2:00pm
Girl's Race – 2:10pm

7.5K Senior Race

Sunday, October 10
Men's Race – 8:00am
Women's Race – 8:10am

5K Junior Race

Sunday, October 10
Boy's Race – 11:30am
Girl's Race – 11:40am

5K Elite Race

Sunday, October 10
Men's Race – 2:00pm
Women's Race – 2:10pm

Race start times are approximate and subject to change. Race check-in times, briefings, start times and exact schedule of events will be determined after the entry deadline.

Lake Las Vegas, Henderson, NV | Hosted by the Sandpipers of Nevada

LV Open Water Champions Cup 2021

Sanctioned by: Southern California & USA Swimming

Hosted by: Sandpipers of Nevada

Presented by: Lake Las Vegas & USA Swimming

Date of Meet: Friday-Sunday, October 8-10, 2021

Entry deadline: Wednesday, Sept 29, 2021 at 11:59pm PST

Sanction Number: OW21-170

VENUE Lake Las Vegas, 20 Costa Di Lago, Henderson, NV 89011

Directions from Las Vegas or Los Angeles: Take I-215 E. Continue on NV-564 E/W Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy.

Directions from Arizona: Take US-93 N/W towards Las Vegas. Keep left on I-11. Take exit 17B to merge onto NV-582 N/S Boulder Hwy. Merge onto NV-582 N/S Boulder Hwy. Turn right onto S Racetrack Rd. Turn left onto E Athens Ave. Turn right onto E Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy.

WARM-UP Designated areas in the Lake will be available for warm up prior to races.

MEET REFEREE The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Sandy Drake (sandydrakemaui@gmail.com).

RULES Current USA Swimming rules, including the *Minor Athlete Abuse Prevention Policy (MAAPP)*, will govern this meet. All coaches on deck must complete the CDC or NFHS Concussion course. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form (see 2021 SCS Swim Guide). Please see Part Seven of the USA Swimming Rules & Regulations for complete list of Open Water Rules. Swimmers must swim in their actual Age Group as determined by their age on **December 31, 2021** (FINA Age Rules).

DISABILITY SWIMMERS Please contact the Meet Referee regarding any special need. The swimmer/coach shall provide any assistant(s) and/or equipment required. See current SCS Swim Guide.

RECORDING DEVICES & MEDIA NOTICE The use of audio-visual recording devices, including cell phones are not permitted in locker rooms, areas or restrooms. Recording devices are not permitted behind the starting blocks during the sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to the meet host and news outlets publishing the recorded media.

DRONES Operation of a drone or any flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas, open ceiling locker rooms, lake, race course, and other race related features) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY The Las Vegas Open Water Champions Cup is open to all USA Swimming registered athletes and clubs. Athlete must be currently registered as year-round members with USA Swimming, and meet the specific event qualifying criteria. All athletes 18 years or older must complete ATHLETE PROTECTION TRAINING (within 30 days of turning 18).

FOREIGN ATHLETES This event is open to foreign swimmers (i.e., those swimmers who are not eligible to represent the U.S. in international competition). **These athletes must pay a \$35 foreign-swimmer surcharge.** For more information, please contact Bryce Elser (belser@usaswimming.org).

SWIMWEAR No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. A maximum of two (2) caps may be used. Swimwear must conform to USA Swimming Rule 701.5. Only swimsuits complying with FINA Open Water swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

ENTRY PROCEDURE Register for the Las Vegas OW Champions Cup online at usaswimming.org/ome beginning **Monday, August 16, 2021 at 12:00pm PST through Wednesday, September 29, 2021 at 11:59pm PST.** There will be no race-day registration. For help with OME, contact Macie McNichols 719-866-3506 or mmcnichols@usaswimming.org.

****ONLINE MEET ENTRY NOTE:** There is a separate OME "Meet" for each race. Please verify that you are entering the intended Age Division AND Race Level prior to submitting your entry!

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ENTRY FEES 10K Races: \$70.00 7.5K Races: \$60.00 5K Races: \$50.00 2.5K Races: \$40.00

Entry fees may be paid via OME or can be mailed in advance to the address below. Checks made payable to *Sandpipers of Nevada*.

Mail to: Bodyline Swim Shop
ATTN: Michael Kinross
4460 S. Durango Drive
STE A
Las Vegas, NV 89147

AWARDS 1st – 8th place finishers, male and female, will be awarded medals for each event.

Final results will be posted on the course and uploaded to the [Event Page on the Sandpipers of Nevada's webpage](#).

PRIZE MONEY Prize money will be available to be awarded to athletes who compete in BOTH the Elite 10K & 5K races. Prizes will be awarded as follows to the top 4 male & female with the fastest combined 10K & 5K times:
1st - \$3,000; 2nd - \$1,500; 3rd - \$1,000; 4th - \$500
**Subject to NCAA eligibility and athlete's compliance office

TECHNICAL MEETINGS All swimmers and coaches must attend the technical meeting prior to race day. Each coach and swimmer are responsible for all information distributed at this meeting. Technical meeting(s) will be conducted virtually, via Zoom. Meeting information will be published the week of the event.

PRE-RACE BRIEFINGS In addition to each technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race. At this meeting, race officials will distribute last minute information on weather and water conditions, emergency procedures, etc. Briefings will be held 15 minutes prior to the scheduled race start. **Positive check-in is required.**

PRACTICE AVAILABILITY The race course will be available for participants to warm up in Thursday, October 7 in the late afternoon. The specific time will be announced the week of the race.

A list of local pools will be provided to contact for lap swim reservations.

WEATHER CONTINGENCY The safety of swimmers is our primary concern. Therefore, this event may be delayed or canceled due to poor conditions. The Independent Safety Monitor and the Meet Director will make this decision. The following rescheduling priorities will be used:
Priority 1 – Later during the race day
Priority 2 – On the following day(s) *Races will not be postponed later than Sunday, October 10

PARKING INFO Directions and signage to the race site will be posted in the Lake Las Village. Designated parking area behind race & spectator areas will be labeled. There is no charge to park.

HOTEL INFO **ALL PARTICIPANTS ARE STRONGLY ENCOURAGED TO STAY AT THE DESIGNATED HOTEL BLOCKS.** Visit the event page on the [Sandpiper website](#) for more information.

RACE DAY SCHEDULES ***RACE START TIMES ARE SUBJECT TO CHANGE.*** Race check-in times, briefings, start times and exact schedule of events will be determined after the entry deadline.

Race day check-in: Check-in will begin 1 hour prior to the start of each race. Athletes cannot arrive prior to their check-in time due to social distancing restrictions. Official check-in time and estimates will be announced the week of the race.

MANDATORY Pre-Race Briefing: Briefings will take place in designated meeting area 15 minutes prior to race start (men's & women's race meetings will be done together if possible)

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QUALIFYING STANDARDS & AGE DIVISION BREAKDOWN

The following Age Divisions will be used for this competition:

- Elite Races (Futures times): Open to all qualifying and eligible athletes
- Senior Races (CA/NV ~Sectional times): Open to all qualifying and eligible athletes age 13 or older
- Junior Races (15-16 BB times): Open to all qualifying and eligible athletes age 11-16

**Athletes ages as of December 31, 2021 (FINA Age rule)

LV OPEN WATER CHAMPIONS CUP QUALIFYING STANDARDS				
		Elite	Senior	Junior
		10K & 5K	7.5K & 5K	5K & 2.5K
Men	400 LCM	--	--	5:09.89
	800 LCM	8:40.69	9:04.69	10:50.09
	1500 LCM	16:38.99	17:13.49	20:33.99
	500 SCY	--	--	5:44.09
	1000 SCY	9:34.29	9:59.49	11:57.79
	1650 SCY	16:05.49	16:43.89	20:02.89
Women	400 LCM	--	--	5:32.89
	800 LCM	9:13.79	9:36.09	11:28.39
	1500 LCM	17:40.19	18:22.99	22:02.19
	500 SCY	--	--	6:11.99
	1000 SCY	10:20.49	10:39.89	12:49.99
	1650 SCY	17:14.39	17:46.59	21:26.19

*SCS-Desert Committee Teams may enter athletes slower than the qualifying times, space permitting.

COURSE INFO

The planned course map is provided. It is subject to change. Feed stations will be available for the 10K and 7.5K races. Tentative locations are featured on the maps. Feed sticks and feeders will not be provided. An in water "rope start" will be used to begin the races. Athletes will swim the course in the direction indicated on the maps.

Athletes will finish the race in the water by touching a finishing pad. Finishes will be judged by race officials. Video replay at the finish will be available. Electronic chip timing will used for these races.

Anticipated conditions:

- Water temperature will range between 65-75°F
- Air temperature will range between 65-80°F
- Current: None (closed water way)
- Marine life: Fish

Athletes are limited to finishing their race within 30 minutes of the first finisher.

NATIONAL TEAM SELECTION

The 2021-2022 USA Open Water National team will be selected from this event. The roster will be active from November 1, 2021 to May 1, 2022. The team will be selected from the following criteria:

Performance Criteria

- Athletes selected to compete in the 10K Event at the 2021 Olympic Games will be selected to the 2021-2022 Open Water National Team.
- The top five (5) finishing men and the top five (5) finishing women from the 10K event at the 2021 Las Vegas Open Water Champions Cup (held in Las Vegas, Nevada on October 8, 2021) will be selected to the 2021-2022 Open Water National Team.

General Criteria

- Athletes must be registered USA Swimming members in good standing at the time of the qualifying competition and at the time of selection.
- Athletes must be eligible to represent the United States in international competition.
- Athletes must satisfactorily pass a USA Swimming criminal background screen within five days of being named to the 2021-2022 Open Water National Team.

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RACE SAFETY AND EMERGENCY INFORMATION

Independent Safety Monitor: Kim Rivera (swimmeratc@yahoo.com).

Supervision

Races will be supervised by certified lifeguards, provided by the Sandpipers of Nevada. 3 motorized water safety crafts will be on the course during races, following the athletes. In addition to the motorized crafts, 6-8 lifeguards in kayaks will be spread-out along the course approximately every 150m.

Accounting for Swimmers

Competitors will be pre-assigned race numbers. All swimmers will be checked in and marked at race time. Number of swimmers in a race will be announced to all officials and safety personnel prior to the start of the race.

Communication

Meet officials will have direct radio communication with each other and the Safety Monitor, who will be located on shore. If the lifeguards on the course do not have radio communication, non-verbal communication will be used to indicate a swimmer in distress or an emergency. The non-verbal communication will be lifting and waving the kayak paddle in the air while issuing a series of short whistle blasts.

Evacuation

In the case of an emergency, athletes will exit the course along the south/southeast sides of the wash. An emergency will be indicated by the lifeguards issuing 3-long whistle blasts. Athletes will be able to walk back to the race briefing area after exiting the water where a head count will be conducted. If an athlete is unable to evacuate on their own, kayakers will stabilize the athlete until a motorized water craft can assist the athlete to shore. The start/finish area will be the primary evacuation point.

EMTs & Hospital

A BLS Ambulance will be on site for the event. In the event of that medical professionals are required, the Independent Safety Monitor will call 911. The person will be transported to:

Henderson Hospital
1050 W Galleria Drive
Henderson, NV 89011
(702) 963-7000

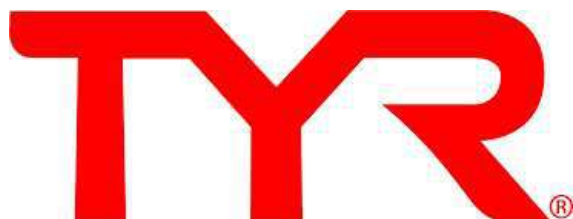
Medical Equipment

AEDs and first aid are available near the start/finish area. Lifeguards will have basic first aid on hand.

Thermal Safety

Tents for shade will be setup in the athlete hospitality areas. Bottles of water post-race will be provided, but athletes are strongly encouraged to bring their own hydration.

The event will be in compliance with USA Swimming Rules. See Section 7 of the USA Swimming Rulebook for more information or topics not addressed in this meet form.



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COVID-19 ASSUMPTION OF RISK AND SOCIAL DISTANCING PROCEDURES

Local Protocols & Requirements

- All local, city, county, and state mandates at the time of the races will be strictly followed. This includes mandates on masks and gathering sizes for outdoor events. If necessary, we will adjust the race schedule to adhere to these mandates.

Race Protocols

- Athlete areas to be marked off for bag storage
- Race meetings will be held in designated area with appropriate room to social distance
- Designated changing areas will be provided, but we encourage athletes to arrive to the Lake wearing their racing suits and to change out of their suit upon returning to their hotel.

Event Specific Protocols

- Meetings, check-in times, and other in-person gatherings will be staggered to avoid overcrowding.
- Athletes will be numbered using markers. The event personnel doing the marking will wear a masks and face shield. Markers, hands and other exposed items will be sanitized between athletes. Athletes must wear a mask for the numbering process.
- Spectators, coaches and other personnel must stay in designated areas along the shore to watch the race. Spectators must maintain social distancing. **Spectators are asked to only be on site for their athlete(s) races.**

Event Conduct Statement

In applying for this sanctioned event, the Host, Sandpipers of Nevada, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Southern California Swimming, Lake Las Vegas & their partners, the State of Nevada and the City of Henderson.

Assumption of Risk

All athletes, coaches, parents, volunteers, and officials will sign the Sandpipers of Nevada *Waiver of Liability Relating to Coronavirus/COVID-19*. The waiver is included in this Meet Form.

USA Swimming Acknowledgement of Risk

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHERN CALIFORNIA SWIMMING, LAKE LAS VEGAS, LAKE LAS VEGAS ROWING CLUB, LAKE LAS VEGAS RECOVERY ACQUISITION LLC, & THEIR PARTNERS AND THEIR PARTNERS, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

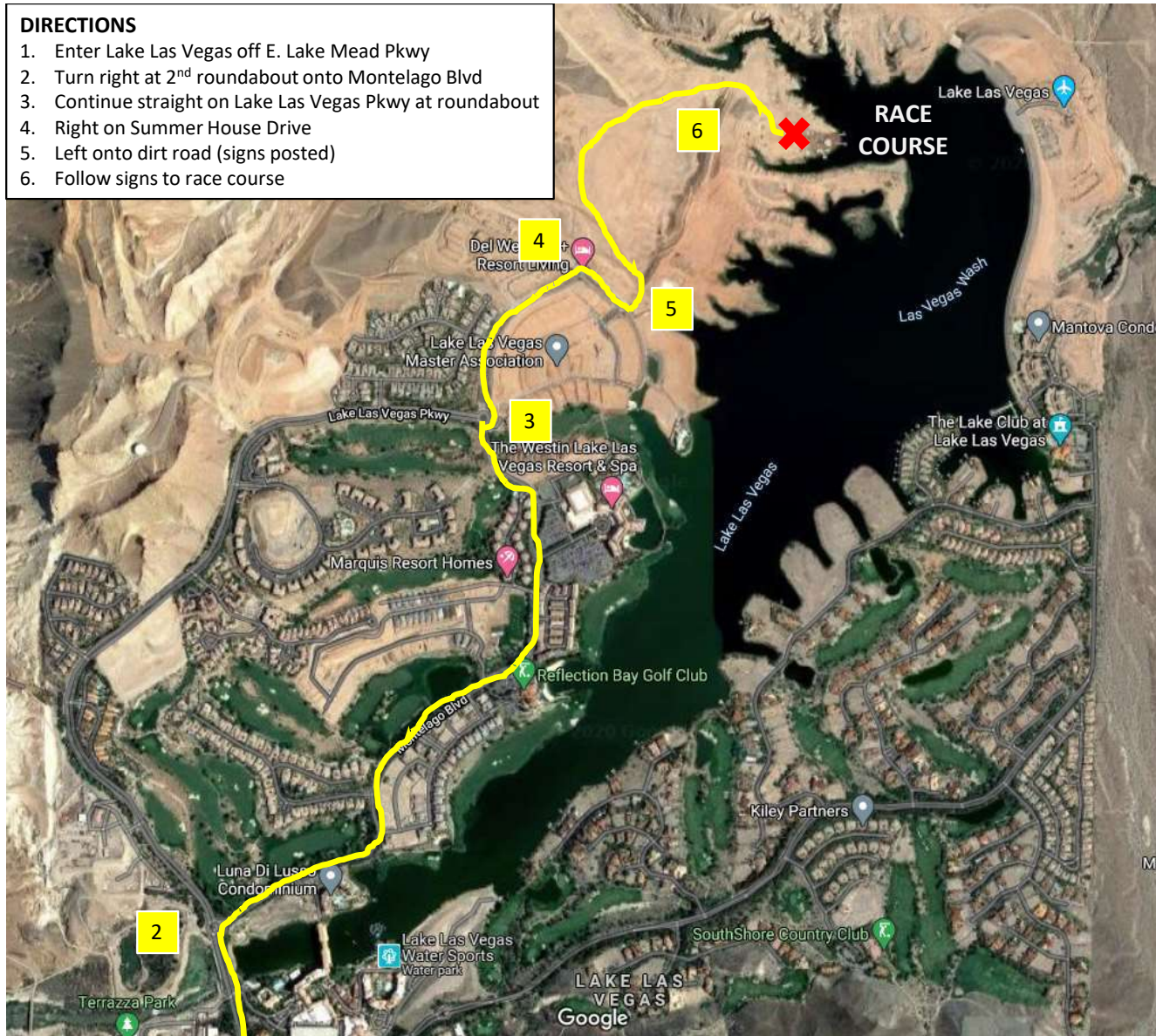
It is understood and agreed that Sandpipers of Nevada, USA Swimming, Lake Las Vegas Master Association, Lake Las Vegas Rowing Club, Lake Las Vegas Recovery Acquisition LLC, Lake Las Vegas Marina LLC & their partners shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

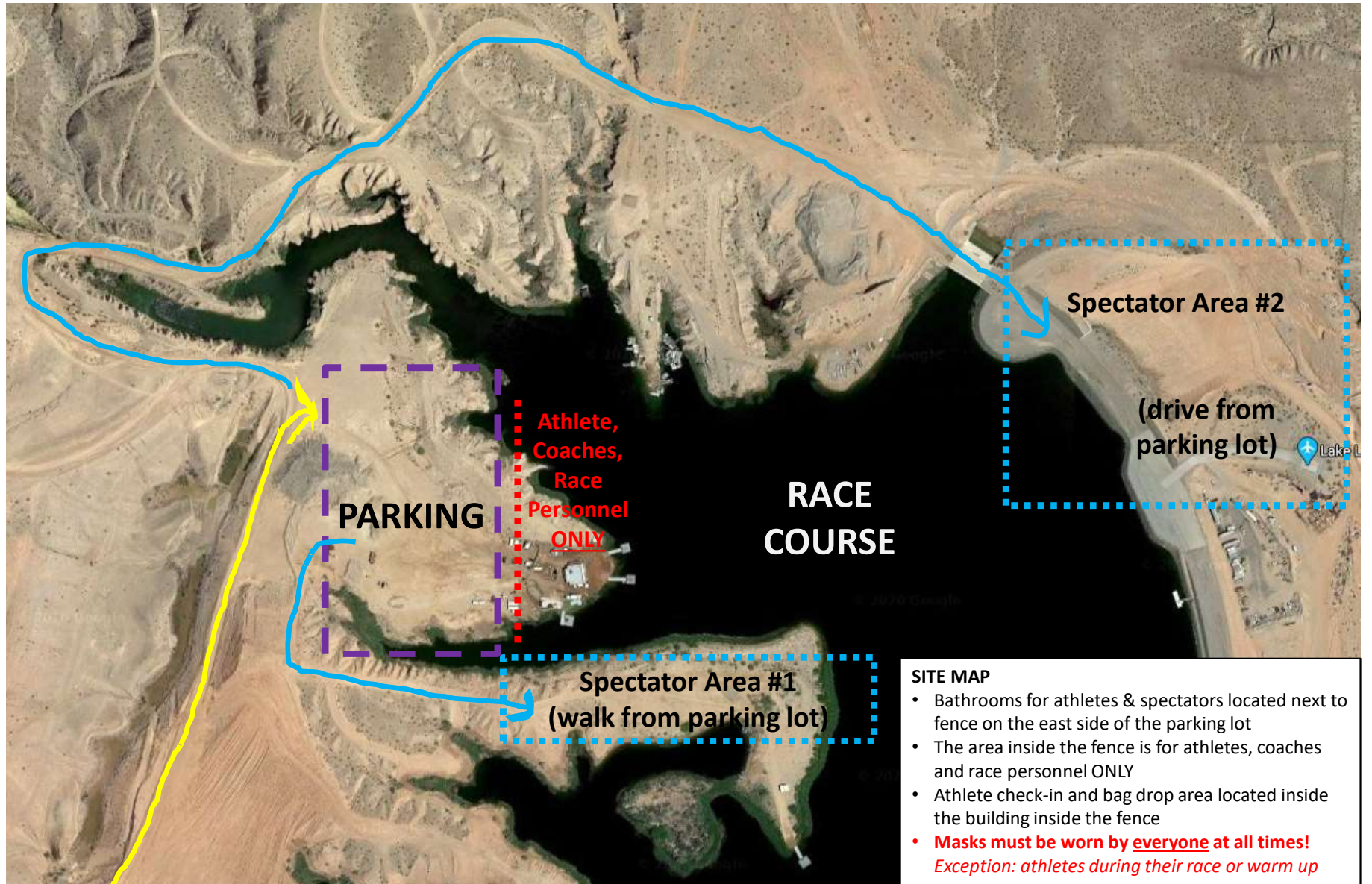
I agree that the GSS is not the operator or producer of this event and is not liable or in any way responsible for any accidents or incidents resulting from this event and agree not to take any type of legal action against the GSS.

Questions: Contact the Meet Director, Michael Kinross (coachmichael28@gmail.com)

DIRECTIONS

1. Enter Lake Las Vegas off E. Lake Mead Pkwy
2. Turn right at 2nd roundabout onto Montelago Blvd
3. Continue straight on Lake Las Vegas Pkwy at roundabout
4. Right on Summer House Drive
5. Left onto dirt road (signs posted)
6. Follow signs to race course









WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19

Whereas Southern Nevada Sandpipers Swimming Booster Club, Inc. and RMA Swim Team Services, LLC (“Sandpipers”) has established itself as a premier youth sports program in the Las Vegas area and one of the top club swim teams in the United States. The Sandpipers, along with being recognized amongst the few Gold Medal Swim Clubs in the country, offers a comprehensive program that satisfies the needs of novice swimmers to Olympic hopeful athletes.

Whereas the Sandpipers are of such value to Parents, Guardians and Swimmers that they desire to join, or to resume swimming, competing, training and traveling with the Sandpipers even given the risks posed from COVID-19 as set forth herein.

Whereas in order to accomplish the goals of Sandpipers, Parents, Guardians, and Swimmers, it requires a major commitment of numerous volunteers, including but not limited to, parents, guardians, family members, friends, third parties, and any other volunteers from the swimming community (“Volunteers”). The Volunteers recognize the great benefits created by the Sandpipers and they are willing to assume the risks posed from COVID-19 as set forth herein.

Whereas in order to accomplish the goals of the Sandpipers, the Coaches, paid and unpaid, are required to spend numerous hours with the Swimmers, Parents, Guardians, and Volunteers which itself represents a risk to the Coaches themselves. The Coaches recognize the great benefits of Sandpipers and are willing to assume the risks posed from COVID-19 as set forth herein.

Whereas the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death.

Whereas the Sandpipers cannot prevent its Swimmers, Parents or Guardians of Swimmers, Coaches, or Volunteers from becoming exposed to, contracting, or spreading COVID-19 while training, swimming, coaching, traveling or volunteering with the Sandpipers or on the premises where Sandpipers swim, train and compete. It is not possible to prevent against the presence of the disease. Therefore, if you choose to resume swimming, training, coaching, traveling or volunteering with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete, you may be exposing yourself and your children to, and/or increasing your risk of contracting or spreading COVID-19.

This includes, but is not limited to, claims of negligence, or for any damages whatsoever, whether known or unknown, foreseen or unforeseen.

CHOICE OF LAW

Parents or Guardians, Swimmers, Volunteers and Coaches understand and agree that the law of the State of Nevada will apply to this contract and that the Nevada District Court for Clark County shall be the venue for any such claim.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent to the terms and conditions of this Release.

Date: _____

Signature: _____

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one

Date: _____

Signature: _____

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one