## **Age Group Committee**

Southern California Swimming October 16, 2024, 8:15-9:00 pm

## **Agenda**

- Review and Approve the Pac Coast Coaching Staff for 2025
  - Head Coach Andi Kawamoto-Klatt
    - David Jimenez ROSE
    - Chris Mendoza-Smithour MVN
    - Mary Mitchell CITI
    - Tanner Remai AZOT
    - Katelyn Faulk SAND
- Review the Plans for Pac Coast All Star Trip including supervision ideas
- Review the Plans for the SCS Age Group Coaching Clinic during the SCS All Star Festival and PROMOTE free to all SCS Coaches!
  - o Alonzo Freeman SAND: Dryland Development for Age Groupers
  - Dana Skelton USA Swimming: 10&U and 11-12 Network and What you have learned in putting these resources in place (2 sessions?)
  - Patrick Henry: Coaches' Opportunities and treating coaching like a professional
  - Russell Mark: Developing Stroke technique from Age Group to the top athletes (2 sessions)
    - Freestyle/Back long axis stroke drills
    - Breast/Fly short axis stroke drills
  - JC Guzman NOVA: Mental Health
- Discuss and make a Recommendation to BoD (2 Questions)
  - Should SCS open WAG sites to out of LSC teams, limit 150 swimmers?
    - Projections are between 675-685 swimmers at each site
  - Should SCS accept Block Party times to qualify for Age Group Championship Meets and WAG/JAG?
    - Positives:
      - Provides opportunities for teams with limited swim meet options
      - Innovation and changing the idea of swim meets
      - Addresses some of the costs of meets
    - Negatives:
      - No LSC oversight
      - Limited officiating