



Age Group Committee Report

6.14.19

Prepared by Sean Kakumu, Age Group Chair

1.0 Zones Coach nomination

1.1 The Committee voted to nominate James Reynolds as the 2019 Western Zones Head Coach.

1.2 Submitted name to Executive Board for approval.

2.0 Western Zones Information

2.1 Zones information posted on SCS Website.

2.2 Would like to move event to a team travel trip in 2020.

3.0 JAG Time Standards

3.1 The Committee agreed that the JAG time standard should be altered to differentiate between the Summer JO Standard

3.2 We agreed that the standard should be dropped by 0.5% to allow an expected 300-500 more swimmers into the meet and smartly dividing them up amount three sites.

3.3 Will bring to floor on 6.19.19 if Sergio can calculate a good estimation of how many more swimmers we will bring in.

4.0 JO Format

3.1. The Committee agreed that the Summer JO Format should be changed to lessen the travel costs to families by one day, maintain the integrity of the swimming, and keep relay only swimmers to foster retention in the sport.

3.2 We are going to bring to the floor and would like to adopt the 2019 Mission Viejo four day Summer JO meet format. (Please see attached meet form)

Action Items

A. Lower JAG times 0.5% upon evidence of numbers being presented

B. Adopt the four day Summer JO format.



2018 SOUTHERN CALIFORNIA SWIMMING SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

Hosted by Mission Viejo Nadadores

Marguerite Recreation Center

August 2-5, 2018

SANCTION #S18-207

ELECTRONIC E-MAIL ENTRY PROCEDURE: Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. Relays must be pre-entered on electronic entry. Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. **Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events or time updates) will be processed when received by the processor by the entry deadline. Please see Updates and Late Qualifications below on meet form for NEW events achieved after deadline. Deletions will NOT be refunded. **Entry on an SCS Individual Entry Form will be accepted. Card must be completely filled out including USA Swimming registration number.**

OPEN TO: Southern California Swimming members affiliated or training with the following teams:

Desert: BLUE

Metro: BSC, BPAC, CAA, CALI, LBSH, MAX, MDNA, OAS, PRMT, RFSH, RAPD, SWRD, ULTR, VKNG

Orange: AAA, AAM, AZOT, BACK, BGST, CASS, CMAC, FAST, GSC, LTSC, MVN, NBS, NOVA, PAGG, RIPT, RAYS, SACA, SEAL, SCAC, SCAT, SET, SOKA, SPLA, STOP, TD, WASC

Pacific: BRUN/UCLA, CULV, CITI, REBS, TROJ/USC

ELIGIBILITY: OPEN ONLY TO 2018 SOUTHERN CALIFORNIA SWIMMING, USA Swimming REGISTERED SWIMMERS, who have met the SCS Summer JO time standard in each event entered. Registration application must be received by the meet entry deadline by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (but not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

DIRECTIONS: **Marguerite Recreation Center - 27474 Casta del Sol, Mission Viejo, CA 92692** • From the 5 Fwy, take the LA PAZ exit, go east on La Paz, left on Marguerite, right on Casta del Sol. Turn right at first driveway. Swim parking is behind the tennis courts on the right, with the exit at the upper level. PLEASE do not parking in the tennis lot.

COURSE: The Marguerite Recreation Center competition pool is an outdoor 8 lane, 50 meter pool with adjacent eight lane, 25 yard warm up pool. Competition course has been certified in accordance with 104.22.2(C) on file with USA Swimming. Pool depth at south end is 2 meters, at north end is 3.5 meters..

WARM UP: The competition pool will be available for assigned warm up at 7:00 am each day of the competition. A separate 25 yd.x 4 lane warm up pool will be available throughout the competition. SCS warm up policy will be enforced. All swimmers must use Three point, slide in entries into the pool for warm up, no jumping or diving.

RULES: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first four events on each day prelims or timed finals sessions will close one-half hour prior to the start of the meet. Swimmers must compete in their own age group. Age on July 25, 2018, determines age for the meet. All prelims and timed finals events will be swum fast to slow. _

All coaches and officials on deck must complete the CDC or NFHS Concussion online course.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted for 5-10 swimmers.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

DECK CHANGES: Deck changes are prohibited

RECORDING DEVICES &

MEDIA NOTICE: The use of audio visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MEET REFEREE: **The Meet Referee is in charge of the conduct of the meet. Meet Referee is Scot Ranslem, email: scotranslem@discover.com**

MEET START TIMES: Preliminaries and Relay sessions will begin at 9:00 a.m. Finals sessions will begin no sooner than 2 hours after the completion of the final heat of the preliminary session. **THE FIRST FOUR EVENTS** each day will close for check-in 30 minutes before the posted start time of the meet that day.

DISTANCE EVENTS: The 800 / 1500-meter freestyle events (all age groups combined) are "timed finals" with standard seeding procedures. Events will be swum fastest to slowest alternating girls & boys heats. If entries warrant, the 800 Free and/or 1500 Free events will be swum two swimmers per lane. **Swimmers in the 1500 must check in by 5 p.m. on Friday to be seeded in the event on Sunday.** Coaches may check swimmers in for the 1500. Swimmers in the 800 and 1500 Freestyle should be prepared to supply a timer for three heats. Swimmers are also responsible for providing their own lap counters. The fastest heat of 1500 will be swum in the evening finals.

EVENT LIMIT: A swimmer may **enter NO more than NINE events** that meet qualifying time standards. Swimmers may swim a MAXIMUM of THREE (3) individual events per day, but may swim NO MORE than SIX individual events for the meet.

COMBINED EVENTS: The 13/14 and 15 & UP events will be combined for PRELIMS and TIMED FINALS (excluding relays). FINALS will be swum, scored, and awarded by age group.

FINALS: A consolation and championship final (16 swimmers) will be offered for all events. Relays, 800 & 1500 freestyle are timed finals. **The national finals' scratch rule will be used.**

A swimmer must scratch or place intent on an event within 30 minutes of announcement of preliminary results. A finals "no-show" (original top 16 places only) will be removed from the remainder of the meet. A swimmer missing his/her last finals event of the meet will be fined \$50 due to SCS before his/her next SCS competition.

19&up swimmers will be considered for finals, space available.

SUBMITTED TIMES: Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". For Seeding purposes ONLY: after entries close, non-conforming times will be converted by meet administration.

If using an entry card, time on front of card must be clearly marked with either "L" or "Y". If entering electronically, "L" or "Y" must be indicated on proof of time sheet. (See 2018 SCS Swim Guide or www.socalswim.org for SHORT COURSE YARD time standards.) Time standards must have been achieved on or after Sept.1, 2016, and must be verifiable. Meets outside SCS or non USA Swimming meets are provable only with official results subject to SCS approval. (Refer to 2018 SCS Swim Guide.)

As a reminder: No updated times will be accepted after the meet entry deadline.

PROOF OF TIME: This is a proof of time meet. **All entry times will be verified through the USA Swimming SWIMS times database.** An unverified entry time must be proven prior to the beginning of the competition or the swimmer or relay will be scratched from that event. Only swimmers and/or relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in the USA Swimming Rules & Regulations (207.8.3)

DISABLED SWIMMER ENTRY: A swimmer with a disability may enter a 200-meter event (except the 200 IM), if her/his 100-meter entry time qualifies for the 200-meter event; likewise, a 400-meter event if her/his 200-meter time qualifies for the 400-meter event. A swimmer so entered shall be seeded in the slowest heat and swim the lesser distance.

ENTRIES DUE: Entries must be **RECEIVED** no later than **5 p.m. Wednesday, July 25, 2018. Relays must be pre-entered by coaches with provable times. NO LATE ENTRIES** will be accepted. All entries not meeting the deadline **WILL BE REJECTED**. To avoid any concern regarding receipt of entry card enclose a self-addressed stamped envelope or postcard. **No certified, registered, special delivery or mail requiring a signature will be accepted.** If signature is not waived, entry **WILL BE REJECTED**. Receipt of entry will NOT be confirmed by phone -or- by email. Note: keep a copy of entry form for your records.

CHANGE OF AFFILIATION: Before the meet a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the SCS office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach or reattach at the meet.

ENTRY

PROCEDURE:

Team Electronic Entry is highly preferred.

Electronic entry will be accepted **ONLY** when received with:

1. Entry file (.zip or .sd3)
2. Proof of Time report showing meet and dates for each entry (.pdf or Word)
3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked with 48 hours of the email entry. Failure to comply will be referred to the SCS Board of Review. If monies are not received by the start of the meet, the swimmers will not be allowed to compete.

Individual entry: Submit a completed Individual Entry Form (www.socalswim.org under "Forms" with payment.

UPDATES AND LATE

QUALIFICATION:

Swimmers achieving a new event for the first time from the due date of the MVN JO Championships entry to the Sunday prior to the meet (August 2nd-5th), may enter the meet by submission of an additional team entry using the entry file under the title of "Last Ditch Entries 2018 SCS/MVN JO Championship". The instructions and the meet event file will be on the SCS website on Thursday morning (July 26th). These entries must be submitted no later than 11 p.m. PST on Monday, August 1st, 2018. These entries cannot be used to improve the seed time of a prior entry. A team representative must enter any swimmers new qualifying times, or any swimmers not previously entered using the New Qualifying Swims entry file and submitting the the Administrative Referee, Judi Divan at divanj@cox.net on or before Monday, August 1, 2018.

AWARDS:

Individual: 1st-8th places, custom medals.
9th-16th place, certificates are available **ONLY** by request
Relays: 1st-3rd place teams, custom medals.
Team: 1st-6th awards for girls/boys/combined team.

SCORING:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

RELAYS:

A \$21.00 fee must accompany all relay entries. Relays must be pre-entered with provable times Entry deadline for relays is **5 p.m. Wednesday, July 25, 2018**. RELAY ONLY swimmers must pay the \$14.00 surcharge per swimmer. Changes/Addrs for Relay Only swimmers DUE NO later than 6pm, Wednesday, August 1. Refunds for relay entry fees according to SCS rules only. The fastest two heats of relays in each event will swim at the end of the evening finals each day; all other relays will swim at the end of prelims.

A club entering a **single relay** in an event must meet the published Summer JO soft cut as a team time or based on the aggregate of the team's fastest 4 swimmers in that age group over the qualifying period (past 18 months).

A club entering **multiple relays** in an event must meet the published Summer JO hard cut for each of the relays entered. Teams must use the aggregate of each listed swimmer's individual best times. Swimmers used to prove relays must be in the age group of the relay on the first day of the meet. Team times are not allowed when entering multiple relays in an event.

NOTE: When entering the 13-Up 200 Medley Relays, teams must enter a provable 400 Medley time.

ENTRY FEES:

\$6.50 per individual event. **\$14.00** surcharge per swimmer.
\$21.00 per relay event. **\$14.00** surcharge each for relay only swimmers.

NO REFUNDS - RETURNED CHECK will incur a service fee per SCS policy

MAKE CHECKS PAYABLE TO – SOUTHERN CALIFORNIA SWIMMING

Mail entries to:

**MVN JOs
c/o Judi Divan
33561 Calle Miramar
San Juan Capistrano, CA 92675-4922**

EMAIL TEAM ELECTRONIC ENTRY FILES TO: divanj@cox.net

Hand delivered to:

SAME AS ABOVE

FOR INFORMATION: Call Todd Conrad at 949-380-2552 or email: generalmanager@mvnswim.org

TIME TRIALS: Sanction #S18-208

Will be swum provided all three JO meets can offer Time Trials between the am/pm sessions of selected days, time permitting. 3 events per day limit applies (JO events + Time Trials = 3 events per day or less). Deck Entered. Entry fee is \$15.00 per event, no refunds after seeding. Open only to 2016 SCS swimmers who are entered in at least 1 individual event or relay in the JO's. The Administrative Referee will determine the order of events.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Hampton Inn
28682 Marguerite Pkwy
Mission Viejo, CA 92692**

\$144 for double bed room
\$164 for suite

Booking link: http://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNAMVHX-NJO-20180802/index.jhtml?WT.mc_id=POG



2018 SOUTHERN CALIFORNIA SWIMMING SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

August 2-5, 2018

ORDER OF EVENTS

THURSDAY, AUG. 2. 9 AM START. Warm up – 7:00 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
1	1:22.00	11-12	100 M Back	1:22.80	2
3	2:46.70	13-14	200 M Back	2:41.90	4
	2:42.80	15 & UP	200 M Back	2:32.20	
5	1:20.50	11-12	100 M Fly	1:21.40	6
7	2:55.40	13-14	200 M Fly	2:48.30	8
	2:47.20	15 & UP	200 M Fly	2:32.00	
9	1:10.00	11-12	100 M Free	1:09.80	10
11	1:06.20	13-14	100 M Free	1:03.30	12
	1:04.30	15 & UP	100 M Free	58.20	
13	20:25.30	13-14	1500 M Free*	19:48.40	14
	20:09.10	15 & UP	1500 M Free*	18:56.10	
15	9:52.10	13-14	800 M Fr Relay	9:28.20	16
17	9:30.80	15 & UP	800 M Fr Relay	8:48.90	18

NOTE: The 1500 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming as the last two individual events of the Finals session. The 1500 M Freestyle will be placed and scored by Age Group. Swimmers in the 1500 M Freestyle should provide one (1) timer for three (3) heats, as well as providing their own lap counters. **1500 FREE will be closed to swim one hour prior to the event swimming.**

FRIDAY, AUG. 3, 9 AM START. Warm up – 7:00 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
19	1:38.30	5-10	100 M Fly	1:38.70	20
21	2:24.30	13-14	200 M Free	2:18.20	22
	2:19.20	15 & UP	200 M Free	2:08.10	
23	2:54.90	5-10	200 M Free	2:55.20	24
25	2:32.30	11-12	200 M Free	2:31.10	26
27	1:33.90	5-10	100 M Back	1:34.90	28
29	5:49.50	13-14	400 M IM	5:34.50	30
	5:43.20	15 & UP	400 M IM	5:18.70	
31	49.10	5-10	50 M Breast	50.20	32
33	42.70	11-12	50 M Breast	43.30	34
35	1:27.80	13-14	100 M Breast	1:23.60	36
	1:25.20	15 & UP	100 M Breast	1:17.20	
37	2:28.80	5-10	200 M Fr Relay	2:30.10	38
39	2:12.60	11-12	200 M Fr Relay	2:12.10	40
41	2:06.60	13-14	200 M Fr Relay	1:59.70	42
43	2:03.50	15 & UP	200 M Fr Relay	1:51.40	44
45	2:54.70	5-10	200 M Med Relay	2:57.10	46
47	2:33.00	11-12	200 M Med Relay	2:34.30	48
49	5:15.20	13-14	200 M Med Relay**	5:02.20	50
51	5:05.20	15 & UP	200 M Med Relay**	4:38.50	52

SATURDAY, AUG. 4. 9 AM START. Warm up – 7:00 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
53	1:20.10	5-10	100 M Free	1:20.50	54
55	5:20.90	11-12	400 M Free	5:25.30	56
57	5:02.90	13-14	400 M Free	4:54.00	58
	4:55.00	15 & UP	400 M Free	4:31.10	
59	41.20	5-10	50 M Fly	41.50	60
61	35.40	11-12	50 M Fly	35.50	62
63	1:14.60	13-14	100 M Fly	1:11.20	64
	1:11.70	15 & UP	100 M Fly	1:04.20	
65	3:17.10	5-10	200 M IM	3:17.30	66
67	2:52.00	11-12	200 M IM	2:52.60	68
69	2:43.70	13-14	200 M IM	2:36.80	70
	2:38.90	15 & UP	200 M IM	2:25.30	
71	5:35.10	11-12	400 M Med Relay	5:38.60	72
73	5:15.20	13-14	400 M Med Relay	5:02.20	74
75	5:05.20	15 & UP	400 M Med Relay	4:38.50	76

SUNDAY, AUG., 5, 9 AM START. Warm up – 7:00 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
77	1:46.50	5-10	100 M Breast	1:48.60	78
79	1:32.40	11-12	100 M Breast	1:33.40	80
81	3:08.80	13-14	200 M Breast	3:01.00	82
	3:06.60	15 & UP	200 M Breast	2:50.60	
83	43.40	5-10	50 M Back	43.70	84
85	38.10	11-12	50 M Back	38.40	86
87	1:17.20	13-14	100 M Back	1:14.50	88
	1:14.90	15 & UP	100 M Back	1:08.50	
89	36.20	5-10	50 M Free	36.00	90
91	32.10	11-12	50 M Free	32.00	92
93	30.50	13-14	50 M Free	29.00	94
	29.60	15 & UP	50 M Free	26.60	
95	10:36.80	13-14	800 M Free*	10:12.20	96
	10:20.60	15 & UP	800 M Free*	9:42.60	
97	4:48.20	11-12	400 M Fr Relay	4:49.70	98
99	4:34.50	13-14	400 M Fr Relay	4:21.20	100
101	4:24.60	15 & UP	400 M Fr Relay	4:01.20	102

* NOTE: The 800 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys. The fastest Heat of Girls and Boys swimming the 800 M Freestyle will be during the Finals session after events #82 and #88, respectively. Swimmers in the 800 M Freestyle should provide one (1) timer for three (3) heats, as well as providing their own lap counters. **800 FREE will close for check in at 5:00pm Saturday. Coaches may check swimmers in for the 800.**

** NOTE: Enter 13-14 and 15-Up 200 Medley Relay using 400 Medley Relay proven time.