



Southern California Swimming

29000 S. Western Ave., Suite 304, Rancho Palos Verdes, CA 90275

Regular Meeting of the Board of Directors

Wednesday, July 9th, 2025 8:15PM Pacific Time

Zoom Meeting Virtual Teleconference

MEETING MINUTES

Presiding Officer: Stacy Smith, General Chair

Recorder: Forest Riek, Secretary

Meeting Called to Order: 8:18PM Pacific Time

Board Members (Voice/Vote) in Attendance

General Chair	Stacy Smith	Admin Vice Chair	Carol Cracchiolo
Finance Chair	Karen Shipherd	Secretary	Forest Riek
Coach Rep	Matthew Cervantes	Age Group Chair	Chris Barber
Planning Chair	Mohammad Khadambashi	Treasurer	Ron Ross
Open Water Chair	Alex Moothart	Safe Sport	Sheri Stoddard
Officials Co-Chair	Omar de Armas		
DDEI Co-Chair	Virgil Chancy	DDEI Co-Chair	Kristeen Gracia
Coastal Co-Chair	Steve Reardon	Coastal Co-Chair	Alina de Armas
Desert Co-Chair	Thomas Farrell	Eastern Chair	Steven Tatgenhorst
Metro Chair	George Young	Pacific Vice-Chair	Iman Khadambashi
Athlete Representative	Katelyn Fong	Athlete Representative	Leo Du

Board Members (Voice/No Vote) in Attendance

Governance Chair	Lynne Akasaka-Riek	Operational Risk Coordinator	George Young
Immediate Past Chair (Ex Officio)	Terry Stoddard	Executive Director	Steve Roush
Office Manager / Registration Coordinator	Nicole Hendry	Office Staff	Hannah DiMeglio

Board Members (Voice/Vote) Absent

Senior Vice Chair	Ron Aitken	Officials Co-Chair	Leanne Colvin
Desert Co-Chair	Peter Mavro		
Athlete Representative	Hannah Goudz	Athlete Representative	Minna Tan

Board Members (Voice/No Vote) Absent

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Guests – Cami Stein (Board of Review/ARB)

Approve Meeting Agenda – MSC – (Unanimous Consent)

Approve March 26th, 2025 Meeting Minutes – MSC – (Unanimous Consent)



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REPORTS/UPDATES:

Submitted Reports from Officers, Divisions, and Committees are posted.

General Chair – Stacy Smith

- USA Swimming has been reviewing our meet results. During this review, it was discovered that non-registered swimmers were allowed to compete. This is a major issue as it nullifies the USA Swimming insurance at the competition.
- Working on ensuring that non-registered swimmers are scratched from meets.
- Working with ARB to create written policies which will be brought to the Board for review and approval.
- GeoCommittee's need to work with teams ensuring that members are in good standing before submitting entries.
- SCS is preparing for the USA Swimming's Annual Summit (Business Meeting) which is scheduled for September 24-27

Executive Director – Steve Roush

- Presented 2026 Meet Calendar
 - **MSC – (Unanimous Consent)**
 - Meet Bid to be released tomorrow (Thursday July 10th)
- Proposing replacing the Swim Symposium with ASCA World Clinic in Reno, NV. (September 2-5). SCS has secured 30 spots, where SCS will pay \$250.00 and the coach attending will pay \$100.
- The 30 spots will be on a first come first serve basis. GeoCommittees can use their funds to assist with travel and hotel. If there is higher demand, SCS would go up to 40 spots. This is below the cost of last year's Swim Symposium.
 - **MSC – (Unanimous Consent)**
-

Office and Registration – Nicole Hendry

- Membership and Club fees have been programed for the 2026 season. There is a \$2 increase for Premium, no changes to Flex or Outreach. Club renewal is \$325. The fees will be posted on the SCS Website.
- New Club fees will be in the \$700 range, with new additional requirements to form a club. This should reduce/stop the current trend of small splitter clubs forming.
- Membership registration update, current total membership (as of 7/9) is 23,711, with 21,935 Athletes and 1,776 Non-Athlete members.
- There is a growing issue with Coaches not being in good standing. As with swimmers not being in good standing, this will affect USA Swimming insurance. Unfortunately, there was an incident at a championship meet where none of the coaches were in good standing, forcing the swimmers to be signed over to another team.
- Looking to develop a policy to prevent a team from entering a meet if the coaching staff is not in good standing.
- Team should be reviewing non-athlete members and moving anyone who is no longer associated with the team to unattached status. Even if they are no longer associated with your team but show not in good standing, it will affect your team status.



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ACTIONABLE ITEMS:

Governance Chair – Lynne Riek

- Proposal to confirm two (2) ARB Committee members to backfill open positions. Nicole confirmed that the two (2) proposed committee members are in good standing with USA Swimming.
 - **MSC – (In Favor 20, Opposed 0, Abstained 0)**
- Presented updated job descriptions for board positions in preparation of nominations for the HOD meeting. For DDEI clarified what was meant by senior. For Finance Vice Chair, updated to have equivalent experience with a nonprofit, this was done to broaden the scope to be able to look outside the LSC. No changes to Age Group Chair, Vice Chair, and Safe Sport Chair. For the Officials Chair, clarified what a senior official and N2 certifications
 - **MSC – (In Favor 20, Opposed 0, Abstained 0)**
- We will be hosting an orientation for all the athlete reps on the board. Currently scheduled for July 20th.

Age Group Vice Chair – Chris Barber

- Age Group is looking to separate the meet applications for Pacific Coast All Star Meet and the Swim Festival. For the Pacific Coast All Star Meet, the application deadline will be November 1st, with time considerations through November 12th. This will allow Age Group to make the team selection by the 15th or 16th of November. For the Swim Festival, the application deadline will be December 1st, with time considerations throughout December 15th (or the end of WAG meets). Team selection would be completed by 20th or 21st of December. The purpose of this is to give coaches, athletes and families about a month and half of preparation.
- Update on the changes to the JAG meet format. Age Group is evaluating the meet results. For the most part, things went well. There is some clean-up work that needs to be done on the meet forms. Just some numbers on the number of swimmers: La Mirada had over a thousand swimmers, Riverside and Irvine both had over eight hundred swimmers. This appears to have been the largest attendance in the last four years. There were some complaints from families and teams that removing the middle session made it more expensive, especially for young swimmers/families. The expense for teams was not being able to have one coach covering the middle session and additional hotel costs.

OLD BUSINESS:

None.

NEW BUSINESS:

- With the Olympics coming to LA in 2028, pool time will be impacted by Olympic teams looking to rent for training. Several facilities have already been contacted. They would be looking to train in LA months prior to the actual Olympic events. The LSC needs to be on top of this as teams in some areas could be locked out facilities. This will also have an impact on our meet calendar.
- Terry Stoddard – Immediate Past Chair, brought to the board's attention that at the upcoming USA Swimming House of Delegate meeting that there will be a proposed Bylaw to ensure coach representation for all LSC committees. Also at the upcoming HOD meeting, there will be three (3) tracks for coaches. The Coach Advisory Council has reached out to every coach representative.



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A quick update on the CEO search, still moving forward with the hope to have someone in place in the 3rd quarter.

- Sheri Stoddard – Safe Sport Chair, apologized that her report was submitted late, the secretary will forward it out after the meeting. The LSC website has updated links for Safe Sport information and materials. If an individual or team has a Safe Sport question, they can contact Sheri. She has unfortunately been contacted about USA Swimming registration issues these need to be directed to Nicole in the office.

Meeting Adjourned: 9:19PM Pacific Time

UPCOMING MEETINGS:



Regular Meeting of the Board of Directors

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BOARD REPORT

NAME OF BOARD POSITION OR COMMITTEE:

Executive Director

SUBMITTED BY (NAME):

Steve Roush

ACTIONABLE ITEM(S):

- 2026 SCS Meet Calendar (See below)
- 2025 ASCA World Clinic Support

COMMITTEE REPORT:

- SCS Top 10 Awards Banquet was held on May 4th with over 350 attendees. Those in attendance were very appreciative of SCS bringing back this annual event. Based on current costs associated with hosting events in hotel properties, SCS will need to budget for a significant subsidy for those attending in order to keep the costs getting too steep for families to attend. We will factor in the subsidy into the 2025-26 SCS budget.
- The 2026 SCS Meet Calendar has been submitted for approval by the Planning Chair, Senior Chair and Age Group Chair. The bid process announcement will go out this week with the deadline of July 25 and a tentative bid meeting date of July 28th.
- Rather than host a coaching symposium in early September again this year, I am proposing that we subsidize up to 30 coaches to attend the ASCA World Clinic in Reno on September 2-5. My proposal is for ASCA to arrange for 30 special rates for coaches where SCS pays \$250 and the coach pays \$100 for a special negotiated rate. The 30 spots will be first come first served. The Geo Committees can then use their funds to assist with travel and hotel costs by issuing stipends to those who attend the World Clinic.
- SCS is designing a new meet sanction application process that we hope to implement by September 1 that will streamline the application process and allow for prompt review of sanction applications to ensure all necessary information is available prior to authorizing the sanction.

UPCOMING SCS CALENDAR

November 1, 2025	AC Coast All-Star Applications Due
October 31 – November 2	Rising Tide Senior Meet @ ????
November 7- 9, 2025	Legends of Coaching Senior Meet @ RMDA
December 1, 2025	SCS All-Star Festival Applications Due
December 12-14, 2025	Winter Age Group Champs (RAA, SCAT, GWSC)
January 3-4, 2026	Pacific Coast All-Star @ San Francisco
January 16-19, 2026	Road to SOFI Senior Meet
January 24-25, 2026	SCS All-Star Festival @ ???
March 7-8, 2026	Senior Coaches Clinic (in-person) @ ???
March 12-15, 2026	SCS Spring Age Group Championships @ RMDA
April 3-5, 2026	Open Water Nationals & Juniors
April 10-12, 2026	Senior LCM P/F @ Committee Levels
May 22-25, 2026	NOVA Speedo Grand Challenge @ NOVA
June 11-14, 2026	***SCS June Age Group Champs @ TBD
June 18-21, 2026	Fran Crippen Swim Meet of Champions @ MVN
July 10-12, 2026	LA Invite @ USC
July 16-19, 2026	***SCS Elite Age Group Championships @ TBD
July 23-26, 2026	***SCS Summer Age Group Championships @ TBD
December 11-13, 2026	***SCE Winter Age Group Champs @ TBD



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BOARD REPORT

NAME OF BOARD POSITION OR COMMITTEE:

Governance Committee

SUBMITTED BY (NAME):

Lynne Akasaka-Riek, Governance Committee Chair

ACTIONABLE ITEM(S):

Confirmation of the ARB Committee members.

Approval of the Odd-Year Job Descriptions.

COMMITTEE REPORT:

Performance Self-Appraisal Process to start this week.

Still working on sourcing candidates for the next election.

Job Descriptions for the SCS Jobs open for election for the November 2025:

Admin Vice-Chair

Description

The SCS Admin Vice-Chair is the head of the Administrative Division.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current member of SCS, in good standing
- Should have experience as a board member
- Should have working knowledge of Robert's Rules of Order
- Should have experience as a manager
- Must have served in a leadership position of one the geo committees and/or LSC committee for the least three (3) of the preceding five (5) years
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe during practices and competitions
- Knowledgeable and respectful of Southern California Swimming's mission, vision, charter, and bylaws
- Serves as a committee participant at the discretion of the General Chair

Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the Administrative Vice-Chair shall:

- Serve as a member of the SCS Executive Committee
- Attend and participate in all LSC board meetings. Ensure membership needs are addressed and aligned with the LSC's mission, vision, bylaws, policies, and programs.
- Serve as Acting General Chair in the event of the General Chair's incapacity or vacancy
- Conduct meetings in the absence of the General Chair
- Have signatory authority for SCS
- Monitor swim meet sanctions approvals conducted by the SCS office staff.

Finance Vice-Chair

Description

The SCS Finance Vice-Chair is the Chair of the Finance Committee. To develop, establish where so authorized, or recommend to the Board of Directors, and supervise the execution of policy regarding the investment of SCS's working capital, funded reserves and endowment funds, within the guidelines, if any, established by the Board of Directors or the House of Delegates.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current member of SCS in good standing
- Ability to explain to the committee the financial health of the LSC, creating quarterly updates.
- Ability to audit/monitor the treasurer's report.
- Must be a member in good standing in the LSC for the preceding five (5) years or equivalent experience working with non-profits or s
- Must have served in a leadership position of one of the Geo Committee and/or LSC committee for at least three (3) of the preceding five (5) years
- Must know the LSC's mission, vision, charter, bylaws, and policies
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe during practices and competitions.
- Knowledgeable and respectful of Southern California Swimming's Charter and By-Laws.
- Serves as a committee participant at the discretion of the General Chair.

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Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the Finance Vice-Chair shall:

- Serve as Chair of the Finance Committee
- Serve a member of the SCS Executive Committee
- Attend and participate in all LSC board meetings
- Ensure membership needs are addressed aligned with the LSC's mission, vision, bylaws, policies, and programs.
- Serve as the Chief Financial Officer for SCS
- Prepares and recommends the annual budget to the LSC
- Oversees the annual audit process and reports back to the board

- Develops and presents annual budget to Finance Committee and board for review
- Have signatory authority for SCS
- Oversees the annual audit

Age Group Vice-Chair

Description

The SCS Age Group Vice-Chair serves a 2-year term and is elected in the odd-year for by the House of Delegates. The Age Group Vice-Chair is the Chair of the Age Group Committee.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current member of SCS, in good standing
- Should have served on the Geo Committee or the LSC Committee
- May be a Coach or other member in good standing in the LSC for the preceding five (5) years
- Must have served in a leadership position of one of the geo committees and/or LSC committee for at least three (3) of the preceding five (5) years
- Must know the LSC's mission, vision, bylaws, and policies
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe and safety during practices and competitions.
- Knowledgeable and respectful of Southern California Swimming's Charter, Mission, Vision, and By-Laws.
- Serves as a committee participant at the discretion of the General Chair.

Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the Age-Group Vice-Chair shall:

- Serve as Chair of the Age-Group Committee
- Serve as a member of the SCS Executive Committee
- Attend and participate in all LSC board meetings
- Ensure the LSC's mission, vision, and bylaws/policies, programs, and needs are addressed through various programs
- Ensure and maintain equitable opportunities for all swimmers, from novice to elite
- With the Coaches Reps to develop the selection process for "Age-Group Coach of the Year"
- Provide recommendations to the HOD/BOD to help improve age-group swimming in SCS

Safe-Sport Committee Chair

Description

The SCS Safe-Sport Committee Chair is the Chair of the Safe Sport Committee. The Safe-Sport Committee Chair oversees and implements programs and policies to ensure a safe environment for members, especially athlete members.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current member of SCS, in good standing
- Must know current Safe Sport policies and programs
- Must have previous experience with Safe Sport and be involved at the Geo Committee level
- Must be committed to providing an environment free of abuse and bullying in CA
- Must be a Coach or other member in good standing in the LSC for the preceding five (5) years
- Must have served in a leadership position of one of the Geo Committee and/or LSC committee for at least three (3) of the preceding five (5) years
- Must know the LSC's Mission, Vision, Bylaws, and Policies
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe and safety during practices and competitions.
- Knowledgeable and respectful of Southern California Swimming's Charter and By-Laws.
- Serves as a committee participant at the discretion of the General Chair.

Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the Safe-Sport Committee Chair shall:

- Serve as Chair of the Safe-Sport Committee
- Provide regular communications and updates to all coaches, officials, swimmers, and members of the Safe Sport Policies
- Attend and participate in all LSC board meetings
- Conduct regular training with the Geo Committee Safe Sport Chairs

- Ensure the LSC's mission, vision, and bylaws/policies, programs, and needs are addressed through various programs
- Implement MAAPP and anti-bullying policies
- Plan, implement, and coordinate USA Swimming's commitment to safeguard the physical, mental, and emotional well-being of all of its members

Disability, Diversity, Equity & Inclusion Committee Chair

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Description

The SCS DEI Committee Chair is the Chair of the DEI Committee and is a voice for and addresses issues related to under-represented communities of USA Swimming. The DEI Committee Chair plans and executes the annual CA DEI Camp.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current member of SCS, in good standing
- Should have experience planning, attending, and working at SCS, Zone, and or National Disability or DEI Camps
- Should have serving-served as Geo DEI Committee Chair for at least 2 years
- Must have an understanding of the issues facing under-represented and under-served socio-economic communities of USA Swimming
- Must be committed to providing opportunities for under-represented athletes and under-served socio-economic communities of USA Swimming
- Must be knowledgeable of outreach and membership levels
- Must be a Coach or other member in good standing in the LSC for the preceding five (5) years
- Must have served in a leadership position of one of the Geo Committees and/or LSC committee for at least three (3) of the preceding five (5) years
- Must know the LSC's Mission, Vision, Bylaws, and Policies
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe and safety during practices and competitions.
- Knowledgeable and respectful of Southern California Swimming's Charter and By-Laws.
- Serves as a committee participant at the discretion of the General Chair.

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Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the DEI Committee Chair shall:

- Serve as Chair of the DEI Committee
- Proactively communicate and recruit outreach participants
- Have an active presence on Social Media about SCS DEI

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- Maintain a presence at swim meets with DDEI information
- Meet regularly with Geo Committee DDEI Chairs and Athlete representatives
- Attend and participate in all LSC board meetings
- Ensure the LSC's mission, vision, and bylaws/policies, programs, and needs are addressed through various programs
- Plan and execute [the](#) annual [SCSCA](#) [DDEI](#) camp
- Participate in Zone DEI meetings
- Assist SCS in creating a culture of inclusion, equity, and opportunity for people of diverse ethnic and socio-economic backgrounds

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Officials Committee Chair

Description

The SCS Officials Committee Chair serves a 2-year term and is elected in the odd-year for by the House of Delegates. The Officials Committee Chair is the Chair of the Officials Committee. The Officials Committee Chair is the liaison between SCS officials and the Board of Directors.

Elected: Odd Years to a 2-year term by the House of Delegates at the annual HOD Meeting

Term Limit: 2 consecutive terms

Qualifications

- Must be a current Senior Official member of SCS **[N2 certification]**, in good standing
- Must know current Swimming Rules and Regulations
- Must have experience officiating at LSC Championship-level meets
- Must be a member in good standing in the LSC for the preceding five (5) years
- Must have served in a leadership position of one of the Geo Committees and/or LSC committee for at least three (3) of the preceding five (5) years and the Geo Committee's Officials Chair for at least three (3) years
- Must know the LSC's Mission, Vision, Bylaws, and Policies
- Competence to adapt to changing situations in the sport, resolving issues promptly.
- Aptitude to balance the needs of all stakeholders, athletes, coaches, officials, parents, and community members, and generate a spirit of collaboration and commitment.
- Ability to inspire others by demonstrating integrity and passion for the sport with a commitment to keeping children water safe and safety during practices and competitions.
- Knowledgeable and respectful of Southern California Swimming's Charter and By-Laws.
- Serves as a committee participant at the discretion of the General Chair.

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Responsibilities

In addition to the duties and responsibilities listed in Article 5.6 and 6.2.3 of the LSC bylaws, the Officials Committee Chair shall:

- Serve as Chair of the SCS Officials Committee
- Attend and participate in all LSC board meetings
- Provide regular communications to all SCS officials and coaches
- Ensure all officials have equitable opportunities to officiate on a consistent and fair basis
- Conduct periodic reviews with officials
- Know the LSC's mission, bylaws/ policies, programs, and needs
- Regularly officiate at meets in SCS

Age Group Committee Meeting Agenda
Wednesday, July 9, 2025

- Proposed 2026 January All Star Meets Separate meet applications
 1. Pac Coast All Star Meet in Oregon
 - Deadline for swimmer applications: November 1st
 - Time consideration through November 12th
 - Team Selected by weekend of November 15-16th
 2. SCS All Star Festival Meet in Las Vegas
 - Deadline for swimmer applications: December 1st
 - Time consideration through December 15th
 - Team Selected by weekend of December 20-21st
- Evaluating the Changes to the JAG meets
 1. Prelims/Finals for all age groups
 - One prelim session
 - Changing the sequence of events
 - Extend 12 and Under to swimming all days of the meet
 2. WAG and JAG Meet/Event Changes
 - Time Standards must be slower or equal to Summer Champs time standards
 - Distance Events
 - Limit to one distance event (1000 Free/800 Free) offered
 - Time Final 400/500 Free for 11-12 swimmers
 - Relays
 - Only offer 200 Free Relay and 200 Medley Relay
 3. For all SCS Age Group Meets
 - Make one distance event and you automatically qualify for the other
 - Make the 800/1000 get the 1500/1650 or make the 1500/1650 and get the 800/1000



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BOARD COMMITTEE REPORT

NAME OF BOARD COMMITTEE: Finance Committee

NAME OF COMMITTEE CHAIR: Karen Shipherd

ACTIONABLE ITEM(S): None

COMMITTEE REPORT:

The portfolio continues to perform well. Assets are well-balanced and in line with the LSC investment objectives. As of 7/8/2025, the portfolio is valued at \$4,858,351.



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BOARD REPORT

NAME OF BOARD POSITION OR COMMITTEE: DDEI

SUBMITTED BY (NAME): Kristeen Gracia, Co-Chair

ACTIONABLE ITEM(S):

COMMITTEE REPORT:

- SCS DDEI 2025 Camp/Clinic – October 25-26 at Pomona-Pitzer College
- Goal is to have applications released to SCS platforms in August
- [2025 USA Swimming National Diversity Select Camp](#) - Congratulations to Allen Gyang (Desert) and Kali Rankin Zelada (Metro)!



Forest <secretary.socalswim@gmail.com>

Board Meeting Notice

Alex Moothart <amoothart@rosebowlaquatics.org>

Tue, Jul 1, 2025 at 2:35 PM

To: Forest <secretary.socalswim@gmail.com>

Hi!

Here's what we have:

July 5th: Santa Barbara Semana Nautica 2 Mile Ocean Swim
July 6th: Santa Barbara Semana Nautica 1 Mile Surf Teams Relay Race
July 6th: Santa Barbara Semana Nautica 3 Mile Ocean Swim
July 13th: Santa Barbara Semana Nautica 6 Mile Ocean Swim
July 13th: Newport 2 Mile Pier-To-Pier Swim (18&over)
July 20th: San Clemente Ocean Festival - 1 Mile
August 3rd: Dwight Crum Pier-To-Pier
August 10th: Don Burns 1 Mile Ocean Swim (18&over)
August 17th: Naples Island Open Water
September 7th: La Jolla Cove Ocean Swim
September 21st: Mission Mile

Thank you!

Alex

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BOARD REPORT

NAME OF BOARD POSITION OR COMMITTEE:

SCS Op Risk

SUBMITTED BY (NAME):

George Young

ACTIONABLE ITEM(S):

NONE

COMMITTEE REPORT:

I hope everyone is having a safer and wonderful 2025 Summer Swim Season. The other day, I was asked an important question. After reviewing the SCS ROO reports submitted over the past six months, I am highlighting safety considerations for hypoxic breathing. The following is from the USA Swimming Po Risk Committee Risk Management & Safety Manual, Chapter 7--7d.

This is just a friendly reminder and solid guidelines to keep in mind. Also, remember that any time an individual becomes unconscious, the EAP and calling 911 should be done.

Section 7d: Special Safety Considerations – Hypoxic Training Hypoxic Training can be potentially dangerous training technique. There have been hypoxic events which have resulted in an athlete's death. USA Swimming provides Hypoxic Training Recommendations at usaswimming.org/riskmanagement and go to the safety/operational risk section. Appendix B and C contain USA Swimming's Hypoxic Training Recommendations and a Joint Statement from the American Red Cross, USA Swimming and the YMCA of the USA on Hypoxic Blackout.

If hypoxic training is utilized by coaches in the development of advanced competitive swimmers, it must be conducted only when following appropriate principles under the direct supervision of an experienced coach. These principles are:

1. Coaches should stress to athletes that they should never ignore the urge to breathe.
2. Hypoxic training should involve progressive overload, in line with the athlete's physical and skill development, e.g., beginning with efforts over 5m, 10m, then 15m, etc.

3. Coaches should ensure adequate rest between hypoxic efforts to ensure full recovery.
4. Athletes should not hyperventilate (e.g., take multiple, deep breaths) prior to any underwater or other hypoxic efforts.
5. Hypoxic training should not involve competitive effort of maximum duration or distance covered.



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BOARD REPORT

NAME OF BOARD POSITION OR COMMITTEE:

Metro Committee

SUBMITTED BY (NAME):

George Young

ACTIONABLE ITEM(S):

None

COMMITTEE REPORT:

1. 2026 Swim meet schedule has passed.
2. Metro Age Group Chair Vince Carmosino has put together a Metro "Virtual All Star" event to take place in the Metro Committee.
3. Metro Committee Athlete's Rep have been busy getting Athlete's SWAG donated from Arena and the Swim Guy.
4. Metro Committee Athletes are also looking into doing water safety awareness presentation to community groups and local USA Swimming clubs. This effort is being lead up by Minna Tan & Katelyn Fong.

A/R Aging Summary Report

Southern California Swimming, Inc.

As of July 9, 2025

Customer	CURRENT	1 - 30	31 - 60	61 - 90	91 AND OVER	Total
Alpha Aquatics-ALPH	41.20					41.20
Anaheim Aquatics Association-AAA	30.90					30.90
Bay Club Aquatics-BAY	10.30					10.30
Biola Eagle Swim Team-BEST	20.60					20.60
Blast Sharks-BLST	10.30					10.30
Boulder City Henderson Swim Team-BCH	20.60					20.60
BREA	1,262.29					1,262.29
Brea Glenbrook Swim Team-BGST	30.90					30.90
Canyons Aquatic Club			110.30	120.60	151.50	382.40
Circle City Aquatics-CCAQ	30.90					30.90
CLASS Aquatics-CLSS	3,208.45					3,208.45
Daland Swim Team-DALD					100.00	100.00
FAST Swim Team-FAST	4,463.61	0.60				4,464.21
Fusion Aquatics-FSON	20.60					20.60
Gaucho Aquatics-UCSB				110.30		110.30
Hemet Valley Dolphin Aquatics-HVDA	2.41					2.41
Hydro	30.90					30.90
Long Beach Shore Aquatics-LBSH	10.30		110.30	110.30	110.30	341.20
Los Angeles Swim Club-LASC					120.60	120.60
Malibu Waves Swim Team-PEPP	10.30					10.30
PASEO Aquatics Swim Team-PATH			120.60			120.60
SOCAL Aquatics Association-SCAL	51.50					51.50
Speed Aquatics-SACA				110.30		110.30
Viking Aquatics-VKNG			120.60			120.60
Vision Swim-VISN					110.30	110.30
WaveRunners Aquatics-WVRN					110.30	110.30
West Valley Sea Dragon-WVSD			110.30			110.30
Yucaipa Swim Team-YST					110.30	110.30
TOTAL	9,256.06	0.60	572.10	451.50	813.30	\$11,093.56

Accrual Basis Wednesday, July 09, 2025 07:48 PM GMTZ



Safe Sport Report – Board of Directors Meeting – July 9, 2025



Note: At present, the committees that presently have a Safe Sport Chair are as follows:

COASTAL COMMITTEE - Erica Johnson

Email:

ericajohnsonswim@gmail.com (has agreed to help with committee)

DESERT COMMITTEE – TBD

EASTERN COMMITTEE - Courtney Eads

Email:

courtney@sandimasaquatics.org

METRO COMMITTEE - Kevin Larsen

Email:

kevin@ci.commerce.ca.us

ORANGE COMMITTEE - Sebastian Cordoba Valencia

Email:

sebastian.cordoba@patriotaquatics.org

PACIFIC COMMITTEE – TBD

I propose that any committee that does not have a Safe Sport Chair should appoint a current board member to act as interim Safe Sport Chair until the position is actively filled.

The following proposed Monthly meetings will be on Zoom with majority consent from the Safe Sport Committee Chairs majority approval:

July	07/22/2025	8:00 PM	Zoom
September	09/23/2025	8:00 PM	Zoom
October	10/28/2025	8:00 PM	Zoom
November	11/25/2025	8:00 PM	Zoom
January	01/27/2025	8:00 PM	Zoom
February	02/24/2025	8:00 PM	Zoom
March	03/24/2025	8:00 PM	Zoom
April	04/28/2025	8:00 PM	Zoom
May	05/26/2025	8:00 PM	Zoom
June	06/23/2025	8:00 PM	Zoom
July	07/28/2025	8:00 PM	Zoom

Please note that the following actions have been posted, noted or addressed under the Safe Sport umbrella (major items/actions with direct notification posted in the SCS Safe Sport or News Sections of the SCS website. (reference or link noted)

Oct. 2024:

Prepare Your Facility Reprint and hang new signage around your facility!

- Print the below examples and more on the USA Swimming Safe Sport Club Toolkit page. Link:
 - <https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fclick.mail.usaswimming.org%2F%3Fqs%3D19e66d3f4b89894066737179db3c7420f58a6223133b58f5a352c8d6417ecfdd67d7a6a7459112c9cbc2a0266d6fc2b1f9af7ce47127e48b&data=05%7C02%7Csastoddard%40pasadena.edu%7C9d7c597bf06a40c5538708dcf38ca4ae%7C9ce50fa6f36e48c19b9e35fd148ac43a%7C0%7C0%7C638653032685609034%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6Ikl1haWwiLCJXVCi6Mn0%3D%7C0%7C%7C%7C&sdata=Hs%2BEbISlgJxfqxjFV1XoppNHMdC8QBBr5CiX5wZyMgw%3D&reserved=0>

Nov. 2024:

- **Safe Sport LSC Chair Workshop Webinar**
 - Saturday, October 26th | [RECORDING](#)
 - Passcode: 9=@2^Cfd
- **MAAPP Updates 2025 Training Webinar - Presented by USA Swimming Safe Sport Staff**
 - Tue., October 15th | [RECORDING](#)
 - Webinar Slides – link - [https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwebsitesdevsa.blob.core.windows.net%252fsitefinity%252fdocs%252fdefault-source%252fsafe-sportdocuments%252fmaapp%252fmaapp%20highlighted-changes.pdf%253fsfvrns%253df3a10732%202%26c%3DE%2C1%2CrZz7eQFZ3gmEn](https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwebsitesdevsa.blob.core.windows.net%252fsitefinity%252fdocs%252fdefault-source%252fsafe-sportdocuments%252fmaapp%252f2025%20maapp-powerpoint%20training-slides.pdf%253fsfvrns%253d84a10732%201%26c%3DE%2C1%2Cr5SW%20uTGNs5ktKxvwTNZbTYnqf48Oae0QihH3zsTVMccmF97TWcSH1djtOzLY-YaZJn6pAO425XxLxGWAgUPD%20ccU96cybIKFdSc26gfvvEZkbXqZ8jFtA%2C%2C%26typo%3D1&data=05%7C02%7Csastoddard%40pasadena.edu%7C2dd9a634b6804cdb10b408dd04c3a089%7C9ce50fa6f36e48c19b9e35fd148ac43a%7C0%7C0%7C638671960973143366%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMilslkFOljojTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=T6tUV6yi7i2FmnmzpggwMbZIWbiK%2BqP%2FLnbIPn8%2Bp5w%3D&reserved=0)
- **Highlighted Changes in new 2025 MAAPP**
 - Link - <https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwebsitesdevsa.blob.core.windows.net%252fsitefinity%252fdocs%252fdefault-source%252fsafe-sportdocuments%252fmaapp%252fmaapp%20highlighted-changes.pdf%253fsfvrns%253df3a10732%202%26c%3DE%2C1%2CrZz7eQFZ3gmEn>

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[ZRf0xvrZ5aUCGZLq4fhqiZynnt hMTaLZ7h7Evk2vhxQWMSLTAdgYDzmmkaQFA7IQQBM4Ncfm7PL2LJqQyrHQVfBWQbk2mAA l1yW4%2C%26typo%3D1&data=05%7C02%7Csastoddard%40pasadena.edu%7C2dd9a634b6804cdb10b408dd04c3a089%7C9ce50fa6f36e48c19b9e35fd148ac43a%7C0%7C0%7C638671960973175742%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiilwLjAuMDAwMCIslIAiOiJXaW4zMilslkFOljoitWFBpbCIsldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=EYyMdHqwcpUZPhAxvehKKeqO138NdiA%2BROQV8z0J05w%3D&reserved=0](#)

Jan 2025:

Southern California Swimming is proud to share the following accomplishment of one of our SCS Teams!:

Congratulations Life Time Nevada Swim Club! Keep up the hard work! Thank you for making SSRP a priority in your club.

March 2025:

Congratulations to SoCal Aquatics on completing the SSRP Program! This requires investment from coaches, parents, and athletes to complete the program! Thanks for making your team a safer place for our athletes to compete! Congratulations again!

May 2025: MAY HIGHLIGHTS:

- **24 CLUBS COMPLETED SAFE SPORT CLUB RECOGNITION IN MAY FROM 20 DIFFERENT LSC's!**
- **17 of these were renewals.**
- **10 clubs had their Safe Sport Recognition expire in May.**
- **348 parents and athletes attended a zoom training!***

***(Reminder: zoom training numbers are entered in the application only and will not show on SWIMS reports. Clubs can ask for a roster of attendance by emailing ssrp@usaswimming.org)**

- **2025 Safe Sport Impact Award Form**

- Know someone or a group of people who deserve to be recognized?
Nominations for the USA Swimming Safe Sport Impact Award are now open through July 31.
- The purpose of this award is to recognize significant achievements by an individual or group who has contributed to the fulfillment of the Safe Sport mission to safeguard all members of USA Swimming from sexual, psychological, emotional, and physical abuse.
- Please distribute this to your committee's teams to support nomination for Safe Sport Champions in your LSC.
- TIPS FOR USING MODEL POLICIES
- USA Swimming provides a variety of model forms and policies—some are required, while others are provided as examples. When using these model policies, it is important to fully customize them for your club. Be sure to remove any references to “model” or “suggested” in the final version. Many teams also choose to add their club logo to further personalize the documents.
- UPCOMING ZOOM TRAININGS 2025
- Continue to spread the word about these trainings and the other options available to meet this education requirement. View the upcoming training dates through September 2025: Training Opportunities Resource. All participants will need to register to attend training. Please send this information to all your clubs.
- SPEAKER REQUESTS
- If your team can't make it to our monthly Zoom trainings, don't hesitate to submit a request for a Safe Sport training from our staff! We're also happy to help connect you with local experts for additional abuse prevention resources.
- A link to the Speaker request form is in the SCS Safe Sport information as well as at USA Swimming SafeSport.

TIPS FOR USING MODEL POLICIES

USA Swimming provides a variety of model forms and policies—some are required, while others are provided as examples. When using these model policies, it is important to fully customize them for your club. Be sure to remove any references to “model” or “suggested” in the final version. Many teams also choose to add their club logo to further personalize the documents.

Respectfully Submitted,

Sheri Stoddard

SCS Safe Sport Chair

Please note that I receive almost weekly requests from future USA/SCS possible non athlete members who say they have been referred to me for mentoring to become members (help with requirements, classes, etc.). It would be helpful for all who inquire to direct them to Nicole at the SCS office.