



SCS SENIOR DEVELOPMENT TIME STANDARDS

Proposed SCS Senior Development Time Standards				
Event	Men's Sr Dev LC (Jrs +12%)	Men's Sr Dev SC (Jrs +12%)	Women's Sr Dev LC (Jrs +12%)	Women's Sr Dev SC (Jrs +12%)
50 Free	26.99	23.59	29.89	26.39
100 Free	58.49	51.29	1:04.79	56.69
200 Free	2:08.49	1:52.39	2:19.69	2:02.99
500 Free	4:32.89	5:05.49	4:53.69	5:27.19
1000 Free	9:25.99	10:33.39	10:05.19	11:09.99
1650 Free	18:04.29	17:40.69	19:18.49	18:46.99
100 Back	1:06.09	57.19	1:12.39	1:03.39
200 Back	2:22.69	2:03.99	2:35.39	2:15.89
100 Brst	1:14.29	1:04.69	1:22.39	1:12.09
200 Brst	2:40.99	2:20.99	2:57.79	2:36.59
100 Fly	1:03.49	56.19	1:10.19	1:02.79
200 Fly	2:20.59	2:04.99	2:33.89	2:18.09
200 IM	2:24.19	2:05.99	2:38.39	2:18.69
400 IM	5:06.79	4:29.09	5:33.89	4:55.39

- Proposed time standards are effective Sept 1, 2015 through August 31, 2017.
- The proposed time standards will apply to all SCS Senior and Senior Development meets including the proposed Fall Race Series and the SCS Senior Team Challenge in March.
- They will not apply to:
 - Irvine Grand Challenge
 - Mission Viejo Swim Meet of Champions
 - L A Invitational
- Time standards will be reviewed and revised annually if previous entry data indicates a need to do so.