For NGB (National Governing Body) Athlete Reps, ie: USA Swimming:

Section 8.8.3 Representation on Other Committees.

Athlete representatives will also equal at least 20 percent of those NGB committees that are not Designated Committees, except that qualification as an "athlete representative" will be determined as follows:

a) at least one-half of the individuals serving as athlete representatives will have competed in the NGB's events or disciplines that are on the sport's program in the Olympic or Pan American Games;

b) up to one-half of the individuals serving as athlete representatives may have competed in (i) an event or discipline not on the program of the Olympic or Pan American Games, provided that such event or discipline is recognized by the IF of the NGB or is regularly included in the international competition program of the IF, or (ii) the Paralympic Games, or an IPC-recognized World Championship in events on the Paralympic Games program; and

c) at the time of selection, all NGB athlete representatives under this Section 8.8.3 will have demonstrated their qualifications as athletes by having:

1. within the 10 years preceding selection, represented the United States in the Olympic or Pan American Games, or an Operation Gold event, or a World Championship recognized by the NGB's IF for which a competitive selection process was administered by the NGB, or, in a team sport, an international championship recognized by the IF of the NGB; or the Paralympic Games, or an IPC recognized World Championship in events on the Paralympic Games program; or

2. within the 24 months before selection, demonstrated that they are actively engaged in amateur athletic competition; or

3. for the purposes of the standards outlined in this Section 8.8.3.b.(ii) only, within the 10 years preceding selection, represented the United States in the Paralympic Games, or an IPC-recognized World Championship in events on the Paralympic Games program.

Athlete representatives may not be drawn from events that categorize entrants in agerestricted classifications commonly known as "Masters," "Seniors," "Veterans" or other similarly designated age-restricted competition. This provision is not meant to exclude from eligibility athletes who compete in an event for which the IOC or IF has established an age restriction but whom otherwise meet the standard set forth in Sections 8.8.2 or 8.8.3 of these Bylaws.

Section 8.8.4 Permissibility of Higher Standards.

An NGB may set standards for its athlete representatives that are higher than those in Sections 8.8.2 and 8.8.3 of these Bylaws provided that such standards are not in conflict with the Act or these Bylaws.