

SCS Age Group Committee
Southern California Swimming
October 16, 2024, 8:15-9:00 pm
Report

- **ACTION ITEM:** The Age Group Committee would like to present the Pac Coast Coaching Staff for 2025 for BoD approval:
 - Head Coach Andi Kawamoto-Klatt
 - David Jimenez ROSE
 - Chris Mendoza-Smithour MVN
 - Mary Mitchell CITI
 - Tanner Remail AZOT
 - Katelyn Faulk SAND

- **ACTION ITEM:** The Age Group Committee would recommend that SCS open WAG sites to out of LSC teams, limit 150 swimmers?
 - Projections are between 675-685 swimmers at each site

- The Age Group Committee reviewed the plans for Pac Coast All Star Trip including supervision ideas
 - 6 coaches for 32 swimmers
 - Team Travel
 - Practice at NOVA on Friday, January 3rd.
 - Fly to Oregon from John Wayne Airport
 - Return from Oregon to John Wayne Airport where parents will pick up their swimmers.
 - No Times earned at Sectionals will be considered for the All Star Teams
 - This is due to the late December dates of Sectionals and the early January dates of the Pac Coast All Star Meet.

- The Age Group Committee reviewed the plans for the SCS Age Group Coaching Clinic during the SCS All Star Festival. **We would like to PROMOTE this free clinic to all SCS Coaches!**
 - **Alonzo Freeman SAND:** Dryland Development for Age Groupers
 - **Dana Skelton USA Swimming:** 10&U and 11-12 Network and What you have learned in putting these resources in place (2 sessions)
 - **Patrick Henry:** Coaches' Opportunities and treating coaching like a professional
 - **Russell Mark:** Developing Stroke technique from Age Group to the top athletes (2 sessions)
 - Freestyle/Back long axis stroke drills
 - Breast/Fly short axis stroke drills
 - **JC Guzman NOVA:** Mental Health

- **The Age Group Committee had an open discussion about Block Party meets:**
 - Mike Ashmore presented how Santa Maria uses these meets
 - Julie Bachman, the Block Party Coordinator explained the intent of the program and answered many questions about it.
 - Encouraged the use of Block Party meets during the Beta Testing process, especially as Novice Meets
 - Intention is not to replace existing meets but to supplement the existing meets especially for swimmers new to the sport.

- **The following topics were discussed and moved as topics for the **NEXT** Age Group Committee Meeting:**
 - Should 50s of stroke be added to the Age Group Championship meets?
 - This has been an ongoing discussion
 - USA Swimming has recognized 50s of stroke
 - Target would be to add 50s to Spring Age Group Champs for 13-14 swimmers
 - Should WAG and JAG be prelims/finals for 12 and under swimmers?
 - This question needed research to be done by meet admin to see if we could complete a full prelims/finals meet in 3 days for WAG and what this would do to a JAG timeline.
 - There is wide support from age group coaches to have the 12 and unders swim prelims/finals at these meets depending upon the impact to the timeline

- **Those in attendance at the Age Group Committee meeting:**
 - Chris Barber, Thomas Farrell, Iman Khadembashi, Bryan Haile, Brian Pajer, Mike Ashmore, Steve Roush, Tarrik Daou, Keith Moore, Alina de Armas, Tim Murphy, Adrian Dinis, Lenin Velasco, Chris Mendoza-Smithour, Vince Carmesino, Alex Ness, James Gallagher, and Kevin Virnig