

2026 "Rising Tide" 16 & Under Short Course Prelims/Finals Meet

William Woollett Jr. Aquatics Center – Irvine California

October 30, 2026 – November 1, 2026

Sanctioned By: USA Swimming and SCS
Sanction Number: S26 - 210
Sponsored By: Novaquatics Swimming Team

Date of Meet: October 30, 31 & November 1, 2026
ENTRIES DUE BY 5:00PM: **October 21, 2026 (Wednesday)**
WARMUP Pool Open: Fri/Sat/Sun 7:00AM
Prelims Start Time: Fri/Sat/Sun 8:30AM
Finals: Fri, 4:00 pm, Sat, 1:00pm, Sun, 4:00pm

POOL: WILLIAM WOOLLETT JR. AQUATICS CENTER POOL, 4601 WALNUT, IRVINE, CA 92604.

COURSE: WILLIAM WOOLLETT JR. AQUATICS CENTER POOL is an outdoor Ten Lane 50 meter by 25 yard competition pool with a separate 50 meter by 25 yard warm-up pool. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurements at Start and Turn End Lanes 1 – 8 = 7'.

ADMISSION: Spectator seating in designated area. The competition will be broadcast live on Novaquatics/youtube.com
<https://www.youtube.com/@IrvineNOVAquatics>

PARKING: FRIDAY PRELIMS: No Parking in the front lot on Walnut: (school is in session). Drop off/pick up will be available in the roundabout in front of the swim complex. Parking is available in lots to the East off Yale in Heritage Park; Friday, Saturday and Sunday. SATURDAY and SUNDAY; Parking available behind the pool in the Irvine High School parking Lot off Escalar and to the east off Yale in Heritage Park. NO PARKING ON WALNUT AVENUE.

FACILITY ACCESS: Participant entry and credential pick up through the Garage to the left of the main pool entrance. **\$50 fee for replacement credential**
There will be NO ATHLETE ENTRY through the Lobby.

WARMUP: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during or after the swim meet must be under the direct supervision of a USA Swimming member coach. 3 Point, Slip and Slide entry will be enforced. NO DIVING or JUMPING into the pool during these times except into the designated sprint lane(s).

ELIGIBILITY and AFFILIATION: Open to athletes who are 2026 or 2027 USA Swimming registered. Registration application must be received by the meet processor, administrative referee or SCS Office by Wednesday, **October 21, 2026**. There are substantial penalties for swimmer and club (2026 Swim Guide, part One, III, B) if USA Swimming registration is completed at meet. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (not Attach or Re-attach) by notifying the Admin Referee in writing and paying the appropriate fee. **Swimmers entering this meet must be 16 years or younger as of OCTOBER 30, 2026.**

COACHES and OFFICIALS: To receive a meet deck pass all Coaches and Officials must be current 2026 or 2027 USA Swimming members, and must have completed the CDC or NFHS Concussion course, CAT and CANRA. Meet deck pass should be visible at all times.

QUALIFYING TIMES: SUBMIT SHORT COURSE YARD OR LONG COURSE METER TIMES. If qualifying by long course meter times, enter your long course meter time. DO NOT SUBMIT NT (no time), ET (estimated time) or work out time trials. Swimmers may enter as many events as qualified, but may only compete in three (3) individual events per day. If a swimmer qualifies for one event, they can swim 3 (there is no BONUS time standard). If a swimmer qualifies for 2 events, they can swim 3. All swimmers must enter appropriate qualifying time. Non-conforming qualifying times (scm, lcm) will be seeded after short course yard times.

PROOF OF TIME: This is a Proof of Time Meet. All entered times will be verified through the SWIMS database. See SCS Swim Guide for Proof of Time procedures and penalties

ELECTRONIC ENTRY PROCEDURE: E-mail entry (entry .zip file) will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10:00PM electronic). Full payment (single team check or certified funds) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRY FEES: **\$13.50 per individual event, plus \$33.00 surcharge (\$25.00 Athlete Surcharge and \$8.00 Facility Surcharge) per swimmer must accompany electronic or individual entry. Coaches entering any qualified Outreach athletes in this meet, must provide their team outreach registration roster from SWIMS/USA Swimming to the Meet Administrative Official When sending their team entry report and file, listing the outreach athletes' name. Outreach athlete entry fee is a \$15.00 flat fee.**

DISABILITY: Coaches entering swimmers with disabilities that require any reasonable accommodation or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

MAKE CHECKS PAYABLE TO:
EMAIL ENTRIES:
MAIL and HAND DELIVER ENTRIES TO:

IRVINE NOVAQUATICS
Alyssa.Tong@novaquatics.com
Alyssa Tong
84 Jade Flower
Irvine, CA 92620

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RULES AND PROCEDURES

MEET REFEREE: Janet Knoeppel shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to janetwk1014@gmail.com

RULES: USA Swimming Rules will govern this meet. Current SCS Meet procedures for Trials and Finals Meets will be enforced (See 2026 SCS Swim Guide). Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 3.0) will govern this meet. **This meet will be pre seeded.**

SCRATCH RULES: This event will follow scratch rules as defined in section 207.11.6. Scratches for the preliminary session for Friday, October 30, 2026 may be emailed to Alyssa Tong the day before, October 29, 2026 by 5:00pm at Alyssa.Tong@novaquatics.com Scratch deadline for subsequent sessions will close 30 minutes after the conclusion of the evening finals session prior to the next day's preliminary session. The penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched in accordance with sub-paragraphs 207.11.6A and B will be one of the following: Being barred from all further events of that day as prescribed in section 207.11.6 or payment of a fine of \$200.00 to the host.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted for 12 & Under swimmers at this meet.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

PRELIMINARY HEATS: All Preliminary heats will be swum fastest to slowest, the fastest three heats will be championship seeded. **All events on Friday, Saturday and Sunday are contested as Trials and Finals events. With the following exception: on Saturday, October 31, 2026 the 1650 Yard Freestyle will be contested as a TIMED FINAL EVENT.**

FINALS FORMAT: The top thirty qualifiers from the preliminary heats for each event will advance to the Finals session. There will be "C" and "B" consolation finals for the 11 - 30 qualifying swimmers. The top 10 qualifiers will compete in the Championship Final Heat. Friday Finals Session will begin at 4:00pm, Saturday Finals Session will begin at 1:00pm and Sunday Finals Session will begin at 4:00pm. Please see the event listing for thSaturday, October 31, 2026 1:00pm Final Session event order.

USA Swimming Meet 360: Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership.

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be grated.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

2026 "Rising Tide" 16 & Under Short Course Prelims/Finals Meet

Friday, October 30, 2026

Prelims: 8:30 AM - FINALS: 4:00 PM

WOMEN					MEN					
Event No.	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event No.
1	2:08.40	1:52.30	2:25.70	2:07.80	200 Yard Freestyle	2:01.60	1:41.60	2:18.20	1:57.80	2
3	1:08.80	57.10	1:17.60	1:06.80	100 Yard Backstroke	1:06.00	51.50	1:14.40	1:00.60	4
5	2:50.00	2:22.70	3:12.60	2:43.40	200 Yard Breaststroke	2:40.50	2:08.00	3:02.10	2:29.10	6
7	1:07.20	56.60	1:16.00	1:04.70	100 Yard Butterfly	1:01.80	50.60	1:10.00	58.00	8
9	2:25.90	2:06.40	2:45.10	2:26.20	200 Yard Individual Medley	2:16.60	1:53.90	2:34.80	2:12.80	10
11	27.00	23.90	30.80	29.50	50 Yard Freestyle	25.00	21.30	28.60	24.60	12

Saturday -October 31, 2026

Prelims: 8:30 AM - FINALS: 1:00 PM

WOMEN					MEN					
Event No.	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event No.
13	5:46.40	5:02.60	5:09.10	4:28.80	500 Yard Freestyle	5:36.20	4:37.10	5:00.00	4:10.00	14
15	30.69	25.70	34.29	29.50	50 Yard Butterfly	28.39	22.90	31.89	26.30	16
17	31.09	26.30	36.49	30.90	50 Yard Backstroke	28.89	23.70	33.89	27.90	18
19	36.09	29.80	40.99	34.80	50 Yard Breaststroke	33.09	26.30	37.69	30.90	20
21	20:37.80	17:14.40	21:02.50	17:40.20	1650 Yard Freestyle TIMED FINAL EVENT	20:00.40	16:05.50	20:24.40	16:39.00	22

Saturday -October 31, 2026

FINALS: 1:00 PM

WOMEN					MEN					
Event No.	Finals Event Order									Event No.
15	50 Yard Butterfly									16
13	Women's 500 Yard Freestyle									...
17	50 Yard Backstroke									18
...	Men's 500 Yard Freestyle									14
19	50 Yard Breaststroke									20

Sunday, November 1, 2026

Prelims: 8:30 AM - FINALS: 4:00 PM

WOMEN					MEN					
Event No.	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event	SCY Min Time	SCY Max Time	LCM Min Time	LCM Max Time	Event No.
23	5:18.80	4:30.70	6:00.20	5:07.30	400 Yard Individual Medley	5:04.80	4:07.00	5:44.70	4:42.40	24
25	2:30.60	2:04.20	2:49.50	2:24.00	200 Yard Backstroke	2:25.40	1:52.80	2:43.80	2:11.90	26
27	1:18.00	1:05.50	1:28.50	1:16.00	100 Yard Breaststroke	1:12.20	58.00	1:22.10	1:08.20	28
29	2:40.40	2:05.40	3:00.80	2:21.90	200 Yard Butterfly	2:33.70	1:53.70	2:53.40	2:10.20	30
31	58.70	51.90	1:06.70	59.30	100 Yard Freestyle	54.90	46.40	1:02.50	53.60	32

All swimmers must enter appropriate qualifying time. Non-conforming qualifying times (scm, lcm) will be seeded after short course yard times.