

3-POINT SLIDE IN ENTRY POLICY

To put on the meet form and at competitions that we use a three-point slide in entry for warm up, during the official warm up time and during the competition in the warm up area designated. The coaches, the Meet Referee and the Announcer will continue to remind everyone throughout the meet.

Arizona's 3-point entry YouTube video link: [AZ Swimming 3 Point Entry Final - YouTube](#)