### SCS Athlete Rep. Report 11/13

Last Monday (11/4), the athlete reps held a conference call where we created a draft of a formal document that includes a basic statement as to what the role of an athlete rep entails and the vision, mission statement, and core values that we would like to uphold alongside those of the LSC. Along with this, the Athlete Committee has agreed to hold regular conference calls every first Monday of every month which we would like to open up to any of the members of SCS who are interested in joining in. The prime goal of this call was to answer any questions that we received in regards to what exactly an athlete rep is and what the basic expectations of them as well as simply getting together and establishing the Athlete Committee within ourselves. (Attached to this document is the agenda of the conference call and a copy of the personal statement created by the Athlete Committee.)

#### Announcement:

We are looking to expand the leadership of the Athlete Committee and Logan and I are in search of a new LSC Jr. rep. So, if there is a swimmer whom you believe would be an excellent candidate for the position, please contact Logan and me by Dec. 1, and share the athlete's email, name, and which Geo. Committee they are a part of. From there, we will share with them an application and before nominating a candidate at the next HoD meeting.

The basic requirements for this position is that the athlete must be either a freshman (ideal) or sophomore in high school and has been a registered USA Swimming athlete and on a registered USA Swimming team for the past 2 years; preferably someone who has AT LEAST been a club rep though it is not a requirement.

### SCS Athlete Rep. Conference Call Agenda and Notes (11/4/19)

Start time: 8:00 pm

End time: 9:15 pm

Athletes Present:

- Joan Choi (Metro)
- Jordan Quick (Pacific)
- Valeria Sanchez-Cordero (Desert)
- Alan Hoang (Orange)
- Jordan Real (Pacific)
- Joslyn Rothlein (Eastern)

## Agenda:

- 1. Set up monthly conference call times for Athlete Committee
  - a. First Saturday or Monday of every month?
- 2. Discuss requirements for Athlete Reps. within SCS (use the application for basics)
  - a. Creation of Athlete Committee Vision, Mission Statement, and Core Values?
    - i. Leading the nation that leads the world.
    - ii. Proud of our tradition, SCS provides support for our members in their pursuit of excellence.
    - iii. Athlete-centric, Collaborative, Cohesive.
- 3. Discuss potential LSC Jr. Athlete Rep. candidates and creation of Athlete Committee
  - a. Figure out a nomination, application, and voting process
  - b. Deadline?

# Call Notes:

- 1. First Monday of every month- 8:30 pm
- 2. Requirements:
  - a. Age 14+ years.
  - b. On a USA Swimming registered club team for 2+ years.
  - c. Registered swimmer of USA Swimming.
  - d. Attends all or most HOD meetings committee meetings
  - e. Must participate in any and all athlete functions, calls, and meetings.
    - i. Also be active in the Geo. Committee meetings and calls
  - f. Reference/letter of rec.
  - g. \*Athlete must have x-amount of experience as an athlete rep.
- Someone for other athletes to come to
- Being an active member of the discussion
- Expanding Athlete Committees
  - Athlete participation in general
- Improving communication between committees

December 1- send Logan and Joan any athlete candidates for the Jr. Athlete rep. Position

 Include name, number, email, and committee

Announcements:

- Nov. 13- SCS meeting
  - $\circ$   $\,$  All Geo. reps must attend- other athletes are allowed to attend
    - If unable to, please let either me or Logan know.

Business for Next Call:

- Social media- Instagram account
  - Getting the Social Media Policy ratified



# Southern California Swimming Athlete Representative Statements



An Athlete Rep. should be someone who others can

come to with any ideas, problems, or questions they may have. They should be active participants during LSC, Committee, Athlete meetings and discussions by attending and properly using their voice to communicate with others. Along with this, they should work together with other athlete reps. to help expand the sport of swimming and become leaders that encourage others to follow in the pursuit of excellence.

Vision:

Empowering a community of leaders that builds excellence through commitment.

Mission Statement:

The Athlete Committee strives to provide a voice to athletes to achieve an exceptionally diverse environment.

Core Values: Passionate, Empowered, Diverse

Basic Requirements:

- Age 14+ years.
- On a USA Swimming registered club team for 2+ years.
- Registered swimmer of USA Swimming.
- Attends all or most HOD and Geo. committee meetings
- Must participate in any and all athlete functions, calls, and meetings.
  - Conference calls every first Monday.