

Open Water Racing Swim Clinic

July 3rd Santa Barbara, Ca

With 2008 USA Open Water Olympian Mark Warkentin



What: A free clinic on open water racing. Primary focus will be on pack swimming and strategy for elite competitions, as well as race course analysis for ocean competitions.

When: Thursday July 3rd. Pool session begins at 4pm beach session begins at 5:15pm

Where: Pool session will be held at the Los Banos del Mar pool in the Santa Barbara Harbor. Beach session will take place at East Beach in front of the Cabrillo Bathhouse.

Who: Conducted by 2008 Open Water USA Olympian and World Championship Silver Medalist Mark Warkentin and sponsored by the Santa Barbara Swim Club.

REEF and RUN Race Series: Immediately following the clinic there will be a race at East Beach. There is a 500 meter race option for youth as well as a 1k and 1 mile race Open division. Registration is allowed up to the start of the race.

More info on Reef and Run can be found at reefandrunk.org

Info on the Semana Nautica ocean races on July 5th and July 6th as well as the age group swim meet at Los Banos on July 4th to July 6th can be found at sbswim.org