

Minutes CA-NV Section of Western Zone
Thursday, September 12, 2013

Attending: Terry Stoddard, chair; John Bitter (PC), Don Heidary (PC), Dowain Wright (CC), Charles Pike (CC), Deb Baldwin (SI), Sean Redmond (SI), Denna Culpepper (SN), Ray Weser (SN), Dick Pierson (CA), Jeff Julian (CA), Mary Jo Swalley, Mark Schubert.

- **January and July 2014**
 - A. **M/S/C** : Time Standards: Will be based on 2013 Summer Junior standards PLUS 5% across the board. Qual period 9/1/2012-1/5/2014. Bonus times will be plus 7% across the board.
 - B. **M/S/C**: Meet formats for 2014 (4 ½ days for January and July) will not change.
 - C. Would like to survey the Section re: who is attending in January and how many athletes bringing.
- **Japan Exchange** with Itoman Swim Club. Proposed meet would be Feb 15-16, 2014, as part of the Wakayama Championship at a new 50 meter x 25 meter pool in suburb of Osaka. Meet would be short course meters, all events including 50's of stroke, 800 women and 1500 men. Athletes would be 18&under, 18 women, 18 men, plus 4 coaches, 2 managers. Travel would be February 11 returning February 17. Proposed 2015 meet possibly Federal Way, February 14-15, 2015.
 - A. **M/S/C**: Support 2014-2015 exchange with Japan Itoman.
 - B. For 2014 each LSC would support its qualified athletes at ½ airfare. Pacific and Southern California would support staff airfare.
 - C. Itoman would provide 5 nights housing plus meals, local ground transportation and some sightseeing. In 2015, CA-NV would be responsible for hosting Itoman.
 - D. **M/S/C**: To increase entry fee for CA-NV Sectional meets in January 2014, July 2014 and January 2015 by \$1 per individual event and \$4 per relay to generate funds for 2015 hosting.
 - E. Sub-committee to set selection procedure: John Bitter, Jeff Julian, Billy Doughty (or Ray Weser) and Mary Jo Swalley as facilitator. To meet by conference call prior to Section conference call.
- **2015 Dates**: January 15-19 at East Los Angeles College (Sectional legislation did not limit winter/spring meet to 4 days; CA-NV currently has only one indoor pool available). July 16-19 (four day limit) plus Open H2O on July 20. Host to be bid on spring conference call.
- Section Conference Call: Tuesday, October 8 at 8:00 PM.

Mary Jo Swalley
CA-NV Coordinator

Sectional Time Stds Evaluation

Women SCY	2013 SECTIONAL		
	2014 SECTIONAL	BONUS	
	July 2013 LCM Jrs	July 2013 LCM Jrs	
	July 2013 LCM Jrs	ALL+5%	ALL+7%
50 SCY Free	23.09	24.29	24.79
100 SCY Free	50.29	52.89	53.89
200 SCY Free	1:48.59	1:54.09	1:56.19
500 SCY Free	4:51.09	5:05.69	5:11.49
1000 SCY Free	10:02.79	10:32.99	10:44.99
1650 SCY Free	16:42.49	17:32.69	17:52.69
100 SCY Back	55.09	57.89	58.99
200 SCY Back	1:58.89	2:04.89	2:07.29
100 SCY Breast	1:03.49	1:06.69	1:07.99
200 SCY Breast	2:16.69	2:23.59	2:26.29
100 SCY Fly	54.59	57.39	58.49
200 SCY Fly	2:00.19	2:06.19	2:08.69
200 SCY Ind Medley	2:01.79	2:07.89	2:10.39
400 SCY Ind Medley	4:16.79	4:29.69	4:34.79
400 SCY Free Relay		3:38.89	
800 SCY Free Relay		7:53.69	
400 SCY Medley Relay		4:03.79	

Men SCY	2013 SECTIONAL		
	2014 SECTIONAL	BONUS	
	July 2013 LCM Jrs	July 2013 LCM Jrs	
	July 2013 LCM Jrs	ALL+5%	ALL+7%
50 SCY Free	20.69	21.79	22.09
100 SCY Free	44.99	47.29	48.19
200 SCY Free	1:39.49	1:44.49	1:46.49
500 SCY Free	4:30.19	4:43.69	4:49.19
1000 SCY Free	9:15.19	9:42.99	9:54.09
1650 SCY Free	15:44.29	16:31.59	16:50.39
100 SCY Back	50.29	52.89	53.89
200 SCY Back	1:49.19	1:54.69	1:56.89
100 SCY Breast	56.39	59.59	1:00.39
200 SCY Breast	2:02.39	2:08.59	2:10.99
100 SCY Fly	49.59	52.09	53.09
200 SCY Fly	1:49.09	1:54.59	1:56.79
200 SCY Ind Medley	1:50.09	1:55.59	1:57.79
400 SCY Ind Medley	3:54.79	4:06.59	4:11.29
400 SCY Free Relay		3:17.69	
800 SCY Free Relay		7:11.29	
400 SCY Medley Relay		3:38.49	

Women LCM	2013 SECTIONAL		
	2014 SECTIONAL	BONUS	
	July 2013 LCM Jrs	July 2013 LCM Jrs	
	July 2013 LCM Jrs	ALL+5%	ALL+7%
50 LCM Free	26.89	28.29	28.79
100 LCM Free	58.19	1:01.09	1:02.29
200 LCM Free	2:05.49	2:11.79	2:14.29
400 LCM Free	4:23.79	4:36.99	4:42.29
800 LCM Free	9:03.49	9:30.69	9:41.59
1500 LCM Free	17:20.49	18:12.59	18:33.39
100 LCM Back	1:04.99	1:08.29	1:09.59
200 LCM Back	2:19.49	2:26.49	2:29.29
100 LCM Breast	1:13.89	1:17.59	1:19.09
200 LCM Breast	2:39.49	2:47.49	2:50.69
100 LCM Fly	1:02.99	1:06.19	1:07.39
200 LCM Fly	2:18.19	2:25.09	2:27.89
200 LCM Ind Medley	2:22.19	2:29.29	2:32.19
400 LCM Ind Medley	4:59.69	5:14.69	5:20.69
400 LCM Free Relay	3:56.49	4:08.39	
800 LCM Free Relay	8:32.79	8:58.49	
400 LCM Medley Relay	4:23.69	4:36.89	

Men LCM	2013 SECTIONAL		
	2014 SECTIONAL	BONUS	
	July 2013 LCM Jrs	July 2013 LCM Jrs	
	July 2013 LCM Jrs	ALL+5%	ALL+7%
50 LCM Free	24.29	25.59	25.99
100 LCM Free	52.59	55.29	56.29
200 LCM Free	1:55.49	2:01.29	2:03.59
400 LCM Free	4:05.19	4:17.49	4:22.39
800 LCM Free	8:27.89	8:53.29	9:03.49
1500 LCM Free	16:14.29	17:03.09	17:22.49
100 LCM Back	59.39	1:02.39	1:03.59
200 LCM Back	2:08.19	2:14.59	2:17.19
100 LCM Breast	1:06.69	1:10.09	1:11.39
200 LCM Breast	2:24.49	2:31.79	2:34.69
100 LCM Fly	57.09	59.99	1:01.09
200 LCM Fly	2:06.29	2:12.69	2:15.19
200 LCM Ind Medley	2:09.49	2:15.99	2:18.59
400 LCM Ind Medley	4:35.49	4:49.29	4:54.79
400 SCY Free Relay	3:34.89	3:45.69	
800 SCY Free Relay	7:47.69	8:11.09	
400 SCY Medley Relay	3:56.99	4:08.89	