



Southern California Swimming  
**Metro Committee**  
**January 15th, 2019**  
**Rowland Heights, CA**

Present: Jon Moore Chair/LKWD, Mike McMinn Official Chair, Mike Jafari MAX, Mike Cody Secretary/ Treasurer/TRID, Sergio Cervantes Age Group Rep CERR, Don Garman Coach Rep RMDA, Kevin Larsen COMM, Eddie Kim MSAC, Michael Schicora BAC Program Senior Chair,, Frank Beltran LACT, Ceallach Gibbons, Safe Sport Chair MAX, Colin Geer MSAC, Joan Choi, Dan Heraly LBSH, Tom Mirabella, Mark Johnson CERR

Not Present:, Joy Lim Vice Chair, Sheri Stoddard, Sr Chair PASA, Federico Rickett Program Junior Chair, Oliver Pena Diversity Chair, Joan Choi, Athlete Rep

Call to Order: 8:05 PM

Agenda	Item	Discussion	Action
Mike Cody Secretary	Approval of October 9th, 2018 Minutes		M/S/C
Jon Moore Chair	Present/Report attached	Report submitted in writing (see attached)  Discussion on Summer Long Course Metro Champs <ul style="list-style-type: none"> <li>• Many teams feel that there should be time standards on a Championship meet.</li> <li>• A championships needs time standards for motivational reasons.</li> <li>• Last year's championship was just a glorified BRW Meet. Too long, too many swimmers.</li> <li>• Long Course Metro Champs in 2020 will be timed finals, age group split 3 full days.</li> <li>• Better communication is needed in committee.</li> <li>• Planning committee is not a decision making body. Only makes recommendations to be presented to the Committee.</li> </ul> Discussion on Standard Operating Procedures <ul style="list-style-type: none"> <li>• Proposed Standard Operating Procedures presented</li> <li>• Quick updates were made</li> <li>• Metro meeting voting requirements discussed and proposed</li> <li>• explanation and rationale given</li> <li>• will be sent out to all Teams prior to March Meeting</li> <li>• will be presented at March meeting for vote.</li> </ul>	
Joy Lim Vice Chair	Not Present/ No Report		
Mike Cody Secretary/ Treasurer	Present/Report attached	Report submitted in writing (See attached)	



Don Garman Coaches Rep	Present	Pacific and Metro Senior Q meet being combined and held at La Mirada. Both meets were at 150 swimmers	
Sheri Stoddard Senior Rep	Present /Report attached	Report submitted in writing (See attached)	
Sergio Cervantes Age Group Rep	Present/Report attached	Report submitted in writing (See attached)	
Mike McMinn Officials Rep	Present/Report attached	Report submitted in writing (See attached) Scott Ranslem and Omar de Armas will chair the Officials committee for SCS. One is dryside and one is wetside	
Oliver Pena Diversity Chair	Present	Report submitted in writing (See attached)	
Michael Schicora Program Senior	Present	Upcoming meet forms due. RW Festival Entries are due. Get them in early Will set up a planning meeting.	
Federico Rickerts Program Junior	Not Present/ No Report		
Mark Johnson Open Water Rep	Present/Report attached	Report submitted in writing (See attached)	
Joan Choi Athlete Rep	Not Present		
Ceallach Gibbons Safe Sport Rep	Present	Ceallach was introduced Would love ideas from other coaches. Wants to know what expectations are and plans to have an athlete meeting.	
Colin Geer Open Water Athlete Rep	Present		
Old Business			
New Business Announcements		Kevin Larsen proposed two sets of awards for RW Festival. Generic or Custom with Custom being the more expensive option. Stock medals \$2400 and semi-custom \$3500. \$600 for Best Time Ribbons.  Motion to accept the generic medals.  Metro Standard Operating Procedures presented Motion: to dissolve current (outdated) standard operating procedures and accept proposed as new working copy. All teams will receive a copy of proposed SOP to be voted on at March Meeting	M/S/C   M/S/C



		Motion: Mike Schicora and Don Garmon will develop custom Metro Committee Championships Long Course Time Standards somewhere between Red Times and White Times	M/S/C
Adjournment	9:40 PM	Meeting Adjourned - Next Meeting March 12th At Downey High School 8:00 PM POOL	M/S/C

## Metro Committee Report January 15th, 2019

### **Jon Moore - Metro Chair**

I am pleased to announce the presentation of the proposed/updated Standard Operating Procedures for review by Metro Committee teams. We have spent some time evaluating our current SOP and implementing changes based on the current SCS Bylaws. At the March meeting I would like to discuss, approve by vote, and implement the new SOP for the committee moving forward in 2019. My wish is to dissolve the current SOP and use the updated SOP. The changes are not drastic, more so, they are eliminating some redundancy and staying in line with what USA swimming is recommending. Please be prepared to discuss any changes/ideas at Tuesday's meeting.

Our committee is ever growing and evolving. In response, I think we need to address these changes. I am proposing a meeting with our program chairs before the March meeting to discuss the possibility of implementing changes for the 2020 schedule. Some meets are extremely impacted, and it may be in our best interest to have 2 committee meets at different sites on these weekends. Also, with the implementation of time standards for the Metro Committee Spring and Summer Championship meets, I feel like we have addressed the needs of all swimmers (blue/red/white) in the Short Course season, but we still need to consider the newer white level swimmers during the summer season. We all want to strike the iron while it's hot, aka, serving the needs of our new swimmers when they are actually buying into the sport. However, we are lacking in opportunities for them to swim in exciting, swimmer friendly meets. These swimmers, being new to the sport, should attend meets with friendly timelines in a short course pool, rather than going to long, all weekend long course meets that will make them and their families come away with a sour taste regarding our sport and competition.

Finally, I would like to congratulate the metro committee on it's new meet implementations for the 2019 season. I am really excited for our team, and for all committee swimmers. The progression from the red/white festival to the Metro Champs, then the SCS championships will be a great experience for our age group swimmers. Thank you all for the support, and I hope you attend both the red/white festival, and the Metro Committee Championships. My hope is that this format will raise the level of competition within our committee and give our swimmers more incentive to compete at the top level within our LSC.



In addition, I spoke to David Arluck of “Fitter Faster Swim Clinics” and the possibility of this clinic being available for the Metro Committee. I hope this idea can be entertained by our committee for 2019.

Looking forward to another great year.

**Joy Lim, Vice Chair** No Report

**Mike Cody Secretary**

Current Metro Committee Balance 5926.16 as December 31st

**Don Garman Coaches Rep -** No Report

**Sheri Stoddard Senior Chair -**

1. In 2017 the SCS Senior Coaches brainstormed and developed a new “January & February Senior Challenge Competition” with a great deal of input by our chair John Moore and many of the Metro committee coaches to be a Two–year program starting in 2019. This January during the MLK weekend will be a Metro Committee Senior Qualifier and February will be the first of this two year trial of the SCS Senior Challenge.
2. Our SCS Senior Calendar has a Senior Meet every month from now until August.

Here are a few details of the January / February Geographic Committee and SCS Sr Challenge:

. **2019 Geographic Committee Qualifiers**

**Note: These meets will take place in a Short Course Yards course and in a format determined by each Geographic Committee on MLK weekend**

Friday, 1/18, Saturday 1/19 & Sunday, 1/20

- There will be **No Relays**. Individual events only.
- All GC’s Q Meets will have a **December Winter Jr National Hard-cut Cap** and a minimum time standard determined by the GC’s.



## **2019 SCS February Sr. Challenge**

**Note: This meet will take place in a Long Course Meters course and in a Prelims and Finals format.**

Friday, 2/15, Saturday, 2/16 & Sunday, 2/17

### **There are three ways to qualify for the 2019 SCS February Sr. Challenge**

1. On an **“event by event basis”** any swimmer with a USA Swimming December / Winter Junior National Hard-cut, or faster (Nationals, US Open, etc.) may enter the 2019 SCS February Sr. Challenge.
2. The Top 6 swimmers on an **“event by event basis”** determined by each Geographic Committee will qualify for entry into the 2019 SCS February Sr. Challenge”.
  - a. Qualifying ***from*** the Geographic Committee Q Meets is determined on an **“event by event basis”**.
  - b. Each Committee will be responsible to send six names forward on an **“event by event basis”** after a **“Positive Check-in”** has been used indicating a “commitment to compete” in the February SCS Sr. Challenge.
3. An additional Twelve (12) “At-large Athletes” will be chosen on an **“event by event basis”**.
  - a. Each Committee will send forward after a **“Positive Check-in Process”** which will indicate the athletes “commitment to compete” in the February SCS Sr. Challenge **“the next twelve fastest times”** on an **“event by event basis”**. These times must have been achieved in the GC’s Q Meets or achieved from January 1<sup>st</sup> to January 20<sup>th</sup>, 2019 **and accepted by the GC’s qualifying process.** Note: Only times achieved at the GC’s Q Meets and or swims that were achieved in the month of January, 2019; that the GC’s accept by the deadline of Saturday, January 20<sup>th</sup> **can be considered for the At-Large Times list.** Only these times achieved from January 1<sup>st</sup> to January 20<sup>th</sup> **can be fairly accepted** to be collated with the other times achieved in the same qualifying period to be considered as an “At-Large Entry” into the February SCS Sr. Challenge.
  - b. All times being submitted for qualification from the GC’s Q Meets will be submitted by the six GC’s Q Meet Admin.
  - c. From a combined list of all six GC’s Q Meets the top twelve (12) fastest times will be identified and then these 12-times will be accepted as additional entries into the 2019 SCS February Sr. Challenge.
  - d. Additionally, there will be an additional six (6) swims chosen as alternates in the same manner as above.

Note: Each event will have a minimum of **the total of “48-qualifiers and 6-alternates on an event by event basis”**.



On Monday, January 28 Alina will send to each participating club a “2019 SCS Sr. Challenge Entry List and an entry file.

It will be the same as any other meet entry file. While referring to the “2019 SCS Sr. Challenge Entry List, you will positively enter “on an event by event basis” up to 3-events per day for each swimmer.

- **Each swimmer’s entry time must be the time that was achieved at the January Meet.**
- **For a swimmer to enter an event they must be on the “2019 SCS Sr. Challenge Entry List.**

### **Sergio Cervantes - Age Group Chair**

Metro Committee Report for January 2019

Metro 2018 Swim Camp Budget

Expenses for the Camp

Payment for Kaitlin Sandeno \$2,500.00

Pool and Room Rental \$ 370.00

T-Shirts for Participants \$ 788.40

(Including Coaches)

Coaches Gift Cards \$ 250.00

Snacks and Drinks for Participants \$ 300.00

Total Expenses \$4,208.40

Income from Participants \$2,575.00

Expense to Metro Section after Income \$1,633.40

I would really like to thank the following Coaches For volunteering and doing a great Job at the Camp.

Jose Aguirre from MSAC, Lenin Velasco from OASIS, Matthew Cervantes and Don Garman from ARMADA, David Jakl and Sharif Aloani from MPMR, Roger Luna from LAC Titans, Tony Martinez from PARAMOUNT

In Age Group News:

I would like to Congratulate the Metro Swimmers who Participated at the Pacific All Star Meet.

The Southern California All Stars won the meet. I would like to state that the Cerritos Red and White Swimmers are very excited about the Festival meet, where they will have a chance to participate with swimmers of their level. It should be a great experience for all the teams.



**Mike McMinn Officials rep-** No Report

**Oliver Pena Diversity and Inclusion Rep**

SCS D&I Camp was held the weekend of October 20 and 21, 2018 in Commerce, CA at the Brenda Villa Aquatics Center. We had 49 athletes from teams spread throughout Southern California, the furthest being from Sandpipers, in Nevada. Cullen Jones was once again our National team athlete, Juan Caraveo from USA National D&I staff. George Young, from San Gabriel Seagulls volunteered to be this years Camp Head Coach. We also had 5 out of our 6 Athlete Reps, all previous D&I Campers either at our camp from last year, the Black Heritage Meet or Western Zone D&I Camp held in San Diego. We also had 11 coaches from SCS assist the SCS D&I Geographic committee of four, coach the camp. Camp spanned across two days, with a full day on Saturday and a half-day on Sunday, which was partnered with two Sigma Gamma Rho chapters, one from Santa Monica and one from Pomona. Sigma Gamma Rho opened an event brite to the public and received 30 sign-ups. However, only 15 showed on Sunday.

Camp Saturday was incredibly successful! Camp started at 8am and ended at 5pm, had two water sessions, two talks by Cullen and activities from coaches/athlete reps. All ice-breaker activities were run exclusively by our Athlete reps and they did an incredible job in bringing together 49 athletes from being total strangers to teammates. Juan Caraveo also ran a parent meeting at 3:30pm about Gold Medal Parenting, about 35 parents showed up.

Sunday camp was a bit more on the “lessons to be learned” about how to do it differently next year. But, the partnership with the different Sigma Gamma Rho chapters should definitely be maintained.

**Mike Shicora Program Chair Sr** - No Report

**Federico Rickett Program Chair Jr** - No Report

**Mark Johnson Metro Open Water Rep**

Happy New Year!



Here is the Open Water 2019 Schedule so far:

May 3 to 5 U.S. Open Water Championships Miami Florida

June 8 Huntington Beach Pier Swim

June 22 Seal Beach Open Water Championships

Open Water Junior Olympics TBA Castaic Lake ? Long Beach Marine Stadium ? June 17 ? July 29 ?

August 11 Naples Island Swim

August 17 Don Burns Memorial Swim Corona Del Mar

September 2 Oceanside Labor Day Pier Swim

**Ceallach Gibbons - Safe Sport Rep** - No Report

**Joan Choi - Athlete Rep** - No Report

**Colin Geer- Open Water Athlete Rep** - No Report