

SWIM TEAM OF PLACENTIA BC CHAMPIONSHIP SHORT COURSE AGE GROUP MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S24 - 084
Sponsored by: Swim Team of Placentia
Orange Committee

ENTRIES RECEIVED BY:

DATE OF MEET: March 23 & 24, 2024
5:00 PM: **March 13, 2024 (Wednesday)**
WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

PM Session will begin no sooner than 11:00 AM or 45 minutes after the conclusion of the AM Session

- POOL:** VALENCIA HIGH SCHOOL, 500 Bradford, Placentia, CA 92870. 57 Freeway North, exit Chapman Avenue in Fullerton.
- COURSE:** VALENCIA HIGH SCHOOL pool is an outdoor 25 Yard pool with eight (8) swimming lanes and ample warm-up space. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurement at Start and Turn End: 6.5' – 13.5'.
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.
- MEET REFEREE:** Andrew Jones shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to awljones@yahoo.com.
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2024 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH.** Swimmers in the first four events of each session must check in **THIRTY MINUTES** prior to the start of their respective session. Swimmers must swim in their actual Age Group as determined by their age on **March 23rd, 2024.** All Coaches and Officials on deck must complete the CDC or NFHS Concussion course, CAT and CANRA. Meet Check-in may or may not be available depending on the site's guidelines. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) will govern this meet.
- SPECIAL NOTICE:** **SWIMMERS MAY SWIM A MAXIMUM OF FOUR (4) INDIVIDUAL EVENTS PER DAY.** STOP will limit entries to meet the "4 Hour" rule for each session. Each team is asked to provide timers. Relays will be swum, time permitting. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.**
- RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas are open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.
- SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits for 12 and Unders are not permitted at this meet.
- DECK CHANGES:** Deck Changes are prohibited.
- RACING START CERTIFICATION:** Any swimmer entered in the meet unaccompanied by a USA Swimming Coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2024 USA Swimming REGISTERED. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. In order to compete, all athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING prior to the start of the meet.
- CHANGE OF AFFILIATION:** Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible for completing the Club Transfer process online in SWIMS 3.0.
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, meet admin will convert non-conforming times for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES:** If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2024 Swim Guide for exceptions). After entries close, non-conforming times will be converted by meet admin for seeding purposes only.
- AWARDS:** MEDLAS 1-3; RIBBONS 4-8 will be awarded to 5/6, 7/8, 9/10, 11-12, 13&Up for 'C' and 'B' Divisions
TROPHIES will be awarded to Top 3 High Point Earners in each age group
TEAM TROPHIES will be awarded to Top 3 Teams in each team division.
- ENTRY FEE:** **\$7.00 for each INDIVIDUAL EVENT, plus \$20.00 SURCHARGE per swimmer must accompany each individual entry card.** \$20.00 per Deck Entered Relay. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Coaches entering any qualified Outreach athletes in this meet, must provide their team outreach registration roster from SWIMS/USA Swimming to the Meet Admin, when sending their team entry report and file, listing the outreach athletes' name. The Outreach athlete entry fee is a \$15.00 flat fee.
- DISABILITY:** Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.
- ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, March 13, 2024. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.
PLEASE MAIL IN A BUSINESS SIZE ENVELOPE. DO NOT FOLD "White" ENTRY CARD---PLEASE.**

MAKE CHECKS PAYABLE TO:	SWIM TEAM OF PLACENTIA
EMAIL:	MADISONMCHO@GMAIL.COM
And MAIL TO:	MADISON CHO
(Include Swimmer's name and SCS Number)	23622 SHADY LANE PLACE
	VALENCIA, CA 91354

For further meet Information email Devon Ames at swimcoachdevon@yahoo.com Receipt of entry will not be verified by phone.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Date of Meet: March 23 & 24, 2024

ENTRIES RECEIVED BY 5:00 PM: March 13, 2024 (Wednesday)

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.
SWIMMERS MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ENTRIES MAY BE LIMITED TO MEET THE 4 HOUR RULE FOR EACH SESSION.
 Times submitted must be Best Recorded Times short course or long course.

Girls Saturday, March 23, 2024 9:00 am Boys

No.	Maximum	Age	Event	Maximum	No.
1	2:57.18	7-10	200 Yard Freestyle	2:47.98	2
3	1:28.39	5-8	100 Yard Freestyle	1:24.99	4
5	1:44.98	7-10	100 Yard Breaststroke	1:41.68	6
7	52:29	5-8	50 Yard Breaststroke	50.99	8
9	41.88	7-10	50 Yard Backstroke	42.28	10
11	22.19	5-8	25 Yard Backstroke	21.59	12
13	1:31.68	7-10	100 Yard Individual Medley	1:28.88	14
15	46.29	5-8	50 Yard Butterfly	46.99	16
17	41.78	7-10	50 Yard Butterfly	40.48	18
19	18.09	5-8	25 Yard Freestyle	16.59	20
21	1:19.98	7-10	100 Yard Freestyle	1:18.78	22
23	Deck Entered	5-8	100 Yard Medley Relay	By Coach	24
25	Deck Entered	7-10	200 Medley Relay	By Coach	26

Girls Sunday, March 24, 2024 9:00am Boys

No.	Maximum	Age	Event	Maximum	No.
55	3:15.58	7-10	200 Yard Individual Medley	3:13.18	56
57	1:41.19	5-8	100 Yard Individual Medley	1:38.49	58
59	1:39.08	7-10	100 Yard Butterfly	1:37.08	60
61	21.29	5-8	25 Yard Butterfly	21.29	62
63	1:30.68	7-10	100 Yard Backstroke	1:29.28	64
65	48.09	5-8	50 Yard Backstroke	46.79	66
67	47.48	7-10	50 Yard Breaststroke	46.58	68
69	23.99	5-8	25 Yard Breaststroke	23.29	70
71	35.18	7-10	50 Yard Freestyle	34.48	72
73	40.49	5-8	50 Yard Freestyle	39.39	74
75	Deck Entered	7-10	200 Yard Free Relay	By Coach	76
77	Deck Entered	5-8	100 Yard Free Relay	By Coach	78
79	7:34.88	7-10	500 Yard Freestyle	7:26.98	80

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27	2:28.98	11 & Up	200 Yard Freestyle	2:34.59	28
29	39.98	11/12	50 Yard Breaststroke	34.98	30
31	1:21.68	13 & Up	50 Yard Breaststroke	1:15.48	32
33	1:17.58	11/12	100 Yard Butterfly	1:16.08	34
35	1:10.88	13 & Up	100 Yard Butterfly	1:06.08	36
37	31.28	11/12	50 Yard Freestyle	30.28	38
39	30.18	13 & Up	50 Yard Freestyle	27.78	40
41	3:06.58	11 & Up	200 Yard Breaststroke	3:14.09	42
43	1:18.08	11/12	100 Yard Backstroke	1:15.68	44
45	1:11.18	13 & Up	100 Yard Backstroke	1:06.38	46
47	1:18.08	11/12	100 Yard Individual Medley	1:14.98	48
49	Deck Entered	11 & 12	200 Yard Freestyle Relay	By Coach	50
51	Deck Entered	13 & Up	200 Yard Free Relay	By Coach	52
53	5:56.78	11 & Up	400 Yard Individual Medley	5:46.38	54

81	2:47.28	11 & Up	200 Yard Individual Medley	2:43.98	82
83	1:08.28	11/12	100 Yard Freestyle	1:05.88	84
85	1:05.48	13 & Up	100 Yard Freestyle	1:00.88	86
87	35.38	11/12	50 Yard Backstroke	34.98	88
89	1:11.18	13 & Up	50 Yard Backstroke	1:06.38	90
91	2:47.18	11 & Up	200 Yard Butterfly	2:40.78	92
93	1:27.18	11/12	100 Yard Breaststroke	1:24.48	94
95	1:21.68	13 & Up	100 Yard Breaststroke	1:15.48	96
97	33.88	11/12	50 Yard Butterfly	34.18	98
99	1:10.88	13 & Up	50 Yard Butterfly	1:06.08	100
101	2:56.59	11 & Up	200 Yard Backstroke	2:51.99	102
103	Deck Entered	11-12	200 Yard Medley Relay	By Coach	104
105	Deck Entered	13 & Up	200 Yard Medley Relay	By Coach	106
107	6:38.18	11 & Up	500 Yard Freestyle	6:27.48	108

Swimmers entering the 400 IM and 500 Free must meet 'B' Minimum Time

Swimmers entering the 400 IM, 500 Free, and Relays are asked to provide timers and lap counters.

Relays will be swum time permitting. Relay swimmers may not participate in strokes in which they have an 'BB' time or better

13 & Up Swimmers entering the 50's of Fly, Back, or Breast must enter the event with their 100 stroke time.