



**Heatwave**  
Boulder City-Henderson Swim Team

# 2025 Desert Committee Championships

Sanctioned by: Southern California Swimming and USA  
Swimming Sanction Number #25-019  
Date of Meet: February 15-17, 2025  
Sponsored by: Boulder City Henderson Swim Team & Desert Committee

Entry Deadline: **Wednesday, Feb. 5 by 5:00PM**  
Prelims Warm-up Time: Session 1-7:00a; Session 2-7:40a  
Prelims Start Time: 8:30am  
Finals Warm-up Time: 1 Hour after prelims conclude  
Finals Start Time: 2 Hours after prelims conclude

<b>FACILITY COURSE</b>	Heritage Park Aquatics Center 310 S. Racetrack Rd. Henderson, Nv 89015 Indoor 25-yard competition pool with 12 lanes. The pool has been certified in accordance with 104.2.2(C) on file with USA Swimming. Pool depth: start end 6.5ft-12 ft with 12 ft at turn end.
<b>WARM UP</b>	All lanes will be open for USA Swimming Member Coach supervised warm-up. Prelims warm-up will be split into two 40-minute sessions. Team warm-up assignments will be emailed out the week of the meet. Finals warm-up will be unassigned. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. The pool will close 10 minutes before the start of each session. <b>All swimmers must use 3-point slide-in entry into the pool for warm up, no jumping or diving.</b>
<b>MEET REFEREE</b>	The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Cheryl Pearson ( <a href="mailto:cherylpearson.lv@gmail.com">cherylpearson.lv@gmail.com</a> ).
<b>RULES</b>	Current USA Swimming rules, including the <i>Minor Athlete Abuse Prevention Policy (MAAPP)</i> , will govern this meet. All coaches and officials on deck must complete the CDC or NFHS Concussion course and must complete the CANRA Mandatory Reporting course prior to the start of the meet. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form (see 2025 SCS Swim Guide). After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on <b>February 15, 2025</b> .
<b>Check-in:</b>	USA Swimming rules will govern. The meet will be SCRATCH-ONLY check-in via the coaches. One coach per team will receive a packet with printouts of all the athletes entered, divided up by day. Coaches will use this list to indicate any scratches for that day. Scratches must be turned into Meet Admin by the following deadlines: <ul style="list-style-type: none"> <li>• Saturday events <b>scratch deadline:</b> Friday Feb 14 at 5:00pm PST **Send via email to Meet Admin (<a href="mailto:swimmermom05@gmail.com">swimmermom05@gmail.com</a>)</li> <li>• Sunday events <b>scratch deadline:</b> Saturday Feb 15 at 6:00pm PST</li> <li>• Monday events <b>scratch deadline:</b> Sunday, Feb 16 at 6:00pm PST</li> <li>• Individual swimmers should scratch at the admin table</li> </ul>
<b>FINALS</b>	<b>Senior Events:</b> In order – C-Final, B-Final and A-Final will be offered (Top 24 swimmers). (including 18 & over swimmers) *If less than 24 athletes are entered in an event, only an A & B Final will be offered <b>5-10, 11-12, 13-14, 11-12/13-14:</b> B-Final and A-Final will be offered (Top 16 swimmers) *If less than 16 athletes are entered in an event, only an A Final will be offered  Per SCS, there is no penalty for a missed preliminary event. The National Finals scratch rule will be used. A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. (per SCS Part II, III.B.2/3, Part III.C. ) <b>Timed Final events: SCRATCH ONLY.</b> Final "no show" (original top places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet.  <b>Formatting Notes</b> <ul style="list-style-type: none"> <li>• The 7-10 500 Free is a timed final event, competed in prelims.</li> <li>• The "5-6/7-10" will be competed as a combined age group for both prelims and finals and scored/awarded as a combined age group.</li> <li>• <b>The "11-12/13-14" events (200 Fly, 200 Back, 200 Breast, 400 IM &amp; 1650 Free) will be competed as a combined age group for both prelims and finals, and scored/awarded as a combined age group</b></li> <li>• The preliminary heats of the 11-12, 13-14 &amp; Senior 500 Free will be combined age groups. The 3 fastest seeded girls heats will swim first, then the 3 fastest seeded boys heats. The remaining heats will continue to alternate girls, then boys, fast to slow. Finals will be competed in separate age groups.</li> <li>• <b>The preliminary heats of the 11-12/13-14 &amp; Senior 400 IM will be combined age groups. The 3 fastest seeded girls heats will swim first, then the 3 fastest seeded boys heats. The remaining heats will continue to alternate girls, then boys, fast to slow. Finals will be competed in separate age groups.</b></li> <li>• The 1650 Free will be competed in combined age groups and scored separately (11-12/13-14 and Senior). Athletes will be seeded fastest to slowest, alternating girls than boys. Athletes are responsible for their own timer and counter.</li> </ul>
<b>RELAYS</b>	5-10, 11-12, 13-14, Senior Relays will be swum as Timed Finals at the <b>BEGINNING</b> of the Finals sessions Saturday and Sunday. All relays will be swum fastest to slowest. Breaks following the relays are at the discretion of the Meet Ref. Unattached swimmers MAY NOT participate in relays. Relay cards will be due at the end of the preliminary session each day.
<b>ENTRY RESTRICTIONS</b>	Swimmers may swim a maximum of 7 individual events during the meet, and no more than 3 individual events per day. Swimmers must have achieved the stated minimum standard for each event entered. ALL PRELIMINARY EVENTS WILL BE SWUM FASTEST TO SLOWEST Swimmers in the 500 Free and 1650 Freestyle provide their own lap counters. Each team is asked to provide timers.  <i>If a 5-6 swimmer's time meets the 5-8 Red standard for the 50 of a stroke, the swimmer may enter the 100 of the stroke. If a 5-6 swimmer's time meets the 5-8 Blue standard for the 100 Free or the 100 IM, the swimmer may enter the 200 Free or 200 IM.</i>



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- RECORDING DEVICE & MEDIA NOTICE** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks throughout the meet.** This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- DRONES** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- SWIMWEAR** Swimwear must conform to USA Swimming Rule 102.8 Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are NOT permitted for 12 & under swimmers as dictated by USA Swimming rule. Please see Tech Suit Policy on the SCS website [www.socalswim.org](http://www.socalswim.org).
- DECK CHANGES** **DECK CHANGES ARE PROHIBITED.**
- RACING START CERTIFICATION** Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY** Backstroke start wedges will be available for use at the discretion of the athletes.
- Open to athletes who hold 2025 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. Out-of-LSC entries will be accepted, space available; please submit a copy of registration with entry. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (APT) prior to the start of the meet in order to compete.
- Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.
- DISABILITY**
- Change of Affiliation** Club Transfers (unattached or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible to complete the Club Transfer process online in SWIMS 3.0.
- SUBMITTED TIMES** Times submitted must be **best recorded times** short course or long course. **Workout times will not be accepted.** Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES** Swimmers must have achieved the minimum time standard listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2025 Swim Guide for exceptions). The qualifying period for this meet is August 5, 2023 through February 5, 2025.
- SCORING/AWARDS** Ribbons for 1-16<sup>th</sup> place. No awards for Senior Events and relays. Ribbons may be requested at the Admin Table before conclusion of the meet. Team trophies will be awarded for the top 3 combined scoring clubs.
- Events will be scored as follows:  
-Individual Events – 1<sup>st</sup>-8<sup>th</sup> place: 20-17-16-15-14-13-12-11  
9<sup>th</sup>-16<sup>th</sup> place: 9-7-6-5-4-3-2-1  
-Relay Events are double the points of individual events
- ENTRY FEE** **\$7.00 per individual** event along with a **\$20.00** surcharge **per swimmer AND** a **\$10.00** Facility surcharge **per swimmer must accompany each individual entry.** Relays are **\$20.00 per relay.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached PDF file, **including electronic signature** of coach, and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**
- E-mailed team entry (entry .zip file) will be accepted ONLY when received together with an attached including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic entry, etc.). Full payment (SINGLE TEAM CHECK) for an e-mailed zip file entry must be postmarked within 48 hours of the e-mailed zip file entry. Failure to comply will be referred to the Board of Review. Team entry updates (added events) will be processed when received by the meet processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (including e-mail) ONLY. Prior to the entry deadline, new swimmers are accepted SPACE PERMITTING. DO NOT RE-SEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

If entering individually, emailed or texted entries are not accepted. Please enter using the SCS Individual Meet Entry Form. Entries are accepted, SPACE PERMITTING, when the entry is received TOGETHER with a check, money order or cash, by the meet processor.



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**ENTRIES CLOSE** ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN **5:00 PM, WEDNESDAY, February 5, 2025**. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry at the designated address, enclose a self-addressed, stamped envelope or postcard. Receipt of entries will NOT be verified by phone, email or text message.

**MAKE CHECKS PAYABLE TO:** Boulder Swim City/Henderson Swim Team  
**E-MAIL ENTRIES TO:** MEET ADMIN: Kathy Guerrero  
[swimmernom05@gmail.com](mailto:swimmernom05@gmail.com)

**MAIL TO :** BCH  
PO Box 60321  
Boulder City, NV 89006

<b><u>Questions?</u></b>	<b>Meet Director</b>	<b>Mike Polk</b>	<a href="mailto:mikep@bchswim.com">mikep@bchswim.com</a>	<b>702-810-6204</b>
	<b>Meet Processor</b>	<b>Kathy Guerrero</b>	<a href="mailto:swimmernom05@gmail.com">swimmernom05@gmail.com</a>	
	<b>Meet Referee</b>	<b>Cheryl Pearson</b>	<a href="mailto:cherylpearson.lv@gmail.com">cherylpearson.lv@gmail.com</a>	<b>702-326-4216</b>

### Disclaimers

#### Assumption of Risk

We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.

#### USA Swimming Acknowledgment of Risk

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

#### **USA SWIMMING MEET 360:**

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership. During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted. Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming. A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).

**It is understood and agreed that USA Swimming and Boulder City Henderson Swim team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 (MAAPP 2.0) govern this meet.

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<b>Saturday, February 15 – Preliminary Session – Start Time 8:30 AM</b>						
<b>GIRLS</b>			<b>Event</b>	<b>BOYS</b>		
<b>No.</b>	<b>Minimum</b>	<b>Age</b>		<b>Age</b>	<b>Minimum</b>	<b>No.</b>
9	1:49.10	7-10	100 Breast	7-10	1:49.70	10
11	1:37.00	11-12	100 Breast	11-12	1:37.10	12
13		13-14	100 Breast	13-14		14
15		Senior	100 Breast	Senior		16
17		5-6/7-10	50 Back	5-6/7-10		18
19		11-12	50 Back	11-12		20
21	2:54.50	11-12/13-14	200 Back	11-12/13-14	2:45.10	22
23	2:48.10	Senior	200 Back	Senior	2:37.30	24
25	1:21.50	5-6/7-10	100 Free	5-6/7-10	1:21.00	26
27	1:12.70	11-12	100 Free	11-12	1:12.20	28
29	1:09.10	13-14	100 Free	13-14	1:05.00	30
31	1:08.50	Senior	100 Free	Senior	1:02.60	32
33		5-6/7-10	100 IM	5-6/7-10		34
35		11-12	100 IM	11-12		36
<b>Timed Finals Relays will be at the <i>BEGINNING</i> of Finals</b>						
1		5-10	200 Free Relay	5-10		2
3		11-12	200 Free Relay	11-12		4
5		13-14	200 Free Relay	13-14		6
7		Senior	200 Free Relay	Senior		8
<b>Timed Finals 1650 Freestyle will be competed at the <i>END</i> of Finals</b>						
37	22:57.70	11-12/13-14	1650 Free	11-12/13-14	22:35.80	38
	22:18.40	Senior		Senior	21:32.00	
The 1650 Free will be competed in combined age groups and scored separately. Athletes will be seeded fastest to slowest, alternating girls then boys. Athletes are responsible for their own timer and counter.						

<b>Sunday, February 16 – Preliminary Session – Start Time 8:30 AM</b>						
<b>Girls</b>			<b>Event</b>	<b>BOYS</b>		
<b>No.</b>	<b>Minimum</b>	<b>Age</b>		<b>Age</b>	<b>Minimum</b>	<b>No.</b>
47	2:28.80	Senior	200 Free	Senior	2:16.20	48
49	2:28.40	13-14	200 Free	13-14	2:22.80	50
51	2:37.20	11-12	200 Free	11-12	2:37.80	52
53	2:56.80	7-10	200 free	7-10	2:56.50	54
55		Senior	100 Fly	Senior		56
57		13-14	100 Fly	13-14		58
59	1:23.00	11-12	100 Fly	11-12	1:25.30	60
61	1:37.40	7-10	100 Fly	7-10	1:37.60	62
63	3:17.30	Senior	200 Breast	Senior	2:57.80	64
65	3:18.20	11-12/13-14	200 Breast	11-12/13-14	3:06.40	66
67		11-12	50 Breast	11-12		68
69		5-6/7-10	50 Breast	5-6/7-10		70
71		Senior	100 Back	Senior		72
73		13-14	100 Back	13-14		74
75	1:25.20	11-12	100 Back	11-12	1:28.00	76
77	1:36.80	7-10	100 Back	7-10	1:37.00	78

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79	6:07.30	11-12/13-14	400 IM	11-12/13-14	5:47.30	80
	5:51.50	Senior		Senior	5:28.80	

**Timed Finals Relays will be at the BEGINNING of Finals**

39	Senior	200 Medley Relay	Senior	40
41	13-14	200 Medley Relay	13-14	42
43	11-12	200 Medley Relay	11-12	44
45	5-10	200 Medley Relay	5-10	46

The preliminary heats of 400 IM will be combined age groups. The 3 fastest seeded girls heats will swim first, then the 3 fastest seeded boys heats. The remaining heats will continue to alternate girls, then boys, fast to slow.  
 Finals will be competed in separate age groups - 11-12/13-14 (B-A Final) & Senior (C-B-A Final)

**Monday, February 17 – Preliminary Session – Start Time 8:30 AM**

GIRLS			Event	BOYS		
No.	Minimum	Age		Age	Minimum	No.
81	3:23.50	7-10	200 IM	7-10	3:24.50	82
83	3:01.30	11-12	200 IM	11-12	3:01.70	84
85		13-14	200 IM	13-14		86
87		Senior	200 IM	Senior		88
89		5-6/7-10	50 Free	5-6/7-10		90
91		11-12	50 Free	11-12		92
93		13-14	50 Free	13-14		94
95		Senior	50 Free	Senior		96
97		5-6/7-10	50 Fly	5-6/7-10		98
99		11-12	50 Fly	11-12		100
101	2:55.10	11-12/13-14	200 Fly	11-12/13-14	2:47.30	102
103	2:50.90	Senior	200 Fly	Senior	2:34.40	104
105	7:30.00	7-10	500 FREE (TIMED FINAL)	7-10	7:30.00	106
107	6:59.50	11-12	500 FREE	11-12	7:05.30	108
	6:32.30	13-14		13-14	6:20.30	
	6:29.90	Senior		Senior	6:05.30	

Events 109 & 110, 7-10 500 Freestyle will be competed as timed finals in the preliminary session.

The preliminary heats of 500 Free will be combined age groups. The 3 fastest seeded girls heats will swim first, then the 3 fastest seeded boys heats. The remaining heats will continue to alternate girls, then boys, fast to slow.

Finals will be competed in separate age groups - 11-12 (B-A Final), 13-14 (B-A Final) & Senior (C-B-A Final)

If a 5-6 swimmer's time meets the 5-8 Red Standard for the 50 of the stroke, the swimmer may enter the 100 of the stroke. If the 5-6 swimmer's time meets the 5-8 Blue Standard for the 100Free or the 100IM, the swimmer may enter the 200Free or 200IM

FINALS WILL START 2 HOURS AFTER THE CONCLUSION OF THE PRELIMINARY SESSION