

Buenventura Swim Club Long Course BRW @ VAC

April 28-29, 2018

SANCTIONED BY: Southern California Swimming, USA Swimming
SPONSORED BY: Buenaventura Swim Club Team and Coastal Committee.
DATE: April 28-29, 2018
WARM-UP: 7:30 AM

SANTION No: S18-102
RECEIVED BY DEADLINE: 5:00 pm, April 18, 2018
START OF THE MEET: 9:00 am



POOL: Ventura Community Park Aquatics Center, 901 S. Kimball Rd.

DIRECTIONS: From 126 freeway, exit on S. Kimball Rd and go south. The aquatic center will be on the right hand side.

Course: Pool is an outdoor 50mx25y pool with up to 8 competition swimming lanes. The competition course has been certified in accordance with 104.2.2 (c) on file with USA Swimming. Pool depth at start: 7 feet, at turn end: 14 feet.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30-8:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. **ALL SWIMMERS MUST USE 3-POINT SLIDE IN ENTRY INTO THE POOL DURING WARM-UP, NO JUMPING OR DIVING.** The pool will close 15 minutes before the start of each session. The meet host reserves the right to assign warm-up lanes, times, and add warm-up sessions if needed.

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Contact Information: Leanne Colvin (litc5@hotmail.com).

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH.** Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on April 28, 2018 to enter this meet. Timers are request to be provided by each team. Swimmers competing in the 400 IM, 400 free, 800 Free, and 1500 free are requested to furnish their own timers for three heats and lap counters. Events will be swum fastest to slowest. **If the timeline allows sessions may be combined. Events may be renumbered if the sessions are combined. Swimmers may swim a maximum of 5 events each day.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy posted on the [SCS Website](#).

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Coastal Committee who hold 2018 USA Swimming registration. **Registration applications must be received by Wednesday, April 18, 2018 at 5 pm** by meet processor, administrative referee or SCS Office. Late applications will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available, please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer form to the SCS Office. At the meet, a swimmer may only UNATTCH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close meet administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: Awards 1-8 places for 5-6, 7-8, 9-10, 11-12

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry .zip file) will be accepted ONLY when received with an attached.PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY April 18, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to: Southern California Swimming
Email for team electronic entries only: ericajohnson.swim@gmail.com
Questions: SCS Office (310)684-1151

Mail Entries to: BUEN April LC Opener
c/o Erica Johnson
321 Cuyler Harbor Drive
Camarillo, CA 93012

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

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SATURDAY, April 29, 9:00 am, warm-up 7:30 am								
WOMEN		TIME STANDARDS		EVENT	TIME STANDARDS		MENS	
EVENT #	AGE	METERS	YARDS		METERS	YARDS	AGE	EVENT #
1	11-12	BRW	BRW	200 I.M.				
2	7-10	3:49.30	3:23.50	200 I.M.	3:50.40	3:24.50	7-10	3
4	11-12	BRW	BRW	100 FREESTYLE				
5	7-10	BRW	BRW	100 FREESTYLE	BRW	BRW	7-10	6
7	5-8	BRW	BRW	100 FREESTYLE	BRW	BRW	5-8	8
9	11-12	BRW	BRW	50 BUTTERFLY				
10	7-10	BRW	BRW	50 BUTTERFLY	BRW	BRW	7-10	11
12	5-8	BRW	BRW	50 BUTTERFLY	BRW	BRW	7-10	13
14	11-12	BRW	BRW	100 BREASTSTROKE				
15	7-10	BRW	BRW	100 BREASTSTROKE	BRW	BRW	7-10	16
17	11-12	BRW	BRW	50 BACKSTROKE				
18	7-10	BRW	BRW	50 BACKSTROKE	BRW	BRW	7-10	19
20	5-8	BRW	BRW	50 BACKSTROKE	BRW	BRW	5-8	21
22	11-12	DECK ENTERED		200 FREE RELAY	DECK ENTERED		11-12	23
24	5-10			200 FREE RELAY			5-10	25
26	11-12			400 MEDLEY RELAY			11-12	27
Break as determined by referee								
28	9-10	*3:02.70*	*2:42.00*	400 FREESTYLE	*3:02.40*	*2:41.80*	9-10	29
30	11 & OV	6:29.90	5:52.80	400 FREESTYLE	6:29.80	5:46.60	11 & OV	31

SUNDAY, April 30 9:00 am, warm up 7:30 am								
WOMEN		TIME STANDARDS		EVENT	TIME STANDARDS		MEN	
EVENT #	AGE	METERS	YARDS		METERS	YARDS	AGE	EVENT #
63	11-12	BRW	BRW	200 FREESTYLE				
64	7-10	3:19.30	2:56.80	200 FREESTYLE	3:19.00	2:56.50	7-10	65
66	11-12	BRW	BRW	50 BREASTSTROKE				
67	7-10	BRW	BRW	50 BREASTSTROKE	BRW	BRW	7-10	68
69	5-8	BRW	BRW	50 BREASTSTROKE	BRW	BRW	5-8	70
71	11-12	BRW	BRW	100 BACKSTROKE				
72	7-10	BRW	BRW	100 BACKSTROKE	BRW	BRW	7-10	73
74	11-12	BRW	BRW	50 FREESTYLE				
75	7-10	BRW	BRW	50 FREESTYLE	BRW	BRW	7-10	76
77	5-8	BRW	BRW	50 FREESTYLE	BRW	BRW	5-8	78
79	11-12	BRW	BRW	100 BUTTERFLY				
80	7-10	BRW	BRW	100 BUTTERFLY	BRW	BRW	7-10	81
82	11-12	DECK ENTERED		200 MEDLEY RELAY	DECK ENTERED		11-12	83
84	5-10			200 MEDLEY RELAY			5-10	85
86	11-12			400 FREE RELAY			11-12	87
Break as determined by referee								
88	11 & OV	*6:55.10*	*6:07.30*	400 IM	*6:33.00*	*5:47.30*	11 & OV	89

SATURDAY, April 29								
No earlier than 45 minutes after the close of the morning session								
WOMEN		TIME STANDARDS		EVENT	TIME STANDARDS		MEN	
EVENT #	AGE	METERS	YARDS		METERS	YARDS	AGE	EVENT #
32	15 & OV	BRW	BRW	200 I.M.	BRW	BRW	15 & OV	33
34	13-14	BRW	BRW	200 I.M.	BRW	BRW	13-14	35
				200 I.M.	BRW	BRW	11-12	36
37	15 & OV	BRW	BRW	100 FREESTYLE	BRW	BRW	15 & OV	38
39	13-14	BRW	BRW	100 FREESTYLE	BRW	BRW	13-14	40
				100 FREESTYLE	BRW	BRW	11-12	41
42	15 & OV	3:13.00	2:50.90	200 BUTTERFLY	2:54.80	2:34.40	15 & OV	43
42	13-14	3:13.30	2:43.10	200 BUTTERFLY	3:08.90	2:47.30	13-14	43
42	11-12	3:17.40	2:55.10	200 BUTTERFLY	3:24.20	3:02.60	11-12	43
				50 BUTTERFLY	BRW	BRW	11-12	44
45	15 & OV	BRW	BRW	100 BREASTSTROKE	BRW	BRW	15 & OV	46
47	13-14	BRW	BRW	100 BREASTSTROKE	BRW	BRW	13-14	48
				100 BREASTSTROKE	BRW	BRW	11-12	49
50	15 & OV	3:12.70	2:48.10	200 BACKSTROKE	3:25.30	2:37.30	11-12	51
50	13-14	3:12.70	2:56.70	200 BACKSTROKE	3:09.20	2:45.10	13-14	51
50	11-12	3:19.60	2:54.50	200 BACKSTROKE	3:29.40	3:07.30	15 & OV	51
				50 BACKSTROKE	BRW	BRW	OPEN	52
53	15 & OV	DECK ENTERED		200 FREE RELAY	DECK ENTERED		15 & OV	54
55	13-14			200 FREE RELAY			13-14	56
57	15 & OV			400 MEDLEY RELAY			15 & OV	58
59	13-14			400 MEDLEY RELAY			13-14	60
Break as determined by referee								
61	11 & OV	22:11.60	21:32.10	1500 FREESTYLE	22:10.90	21:51.50	11 & OV	62

SUNDAY, April 30								
No earlier than 45 minutes after the close of the morning session								
WOMEN		TIME STANDARDS		EVENT	TIME STANDARDS		MEN	
EVENT #	AGE	METERS	YARDS		METERS	YARDS	AGE	EVENT #
90	15 & OV	BRW	BRW	200 FREESTYLE	BRW	BRW	15 & OV	91
92	13-14	BRW	BRW	200 FREESTYLE	BRW	BRW	13-14	93
				200 FREESTYLE	BRW	BRW	11-12	94
95	15 & OV	BRW	BRW	100 BUTTERFLY	BRW	BRW	15 & OV	96
97	13-14	BRW	BRW	100 BUTTERFLY	BRW	BRW	13-14	98
				100 BUTTERFLY	BRW	BRW	11-12	99
100	15 & OV	3:41.90	3:17.30	200 BREASTSTROKE	3:20.40	2:57.80	15 & OV	101
100	13-14	3:40.90	3:17.30	200 BREASTSTROKE	3:33.00	3:06.40	13-14	101
100	11-12	3:43.00	3:18.20	200 BREASTSTROKE	3:50.40	3:26.20	11-12	101
				50 BREASTSTROKE	BRW	BRW	11-12	102
103	15 & OV	BRW	BRW	100 BACKSTROKE	BRW	BRW	15 & OV	104
105	13-14	BRW	BRW	100 BACKSTROKE	BRW	BRW	13-14	106
				100 BACKSTROKE	BRW	BRW	11-12	107
108	15 & OV	BRW	BRW	50 FREESTYLE	BRW	BRW	15 & OV	109
110	13-14	BRW	BRW	50 FREESTYLE	BRW	BRW	13-14	111
				50 FREESTYLE	BRW	BRW	11-12	112
113	15 & OV	DECK ENTERED		200 MEDLEY RELAY	DECK ENTERED		15 & OV	114
115	13-14			200 MEDLEY RELAY			13-14	116
117	15 & OV			400 FREE RELAY			15 & OV	118
119	13-14			400 FREE RELAY			13-14	120
Break as determined by referee								
121	OPEN	11:44.20	12:58.60	800 FREESTYLE	11:43.70	13:09.80	OPEN	122

- Relays will be swum time permitting
- 400 IM, 400, 800, and 1500 freestyle will be swum fastest to slowest, alternating girls and boys
- Swimmers in the 400 free, 400 IM, 800 free, and 1500 free are requested to provide a timer for a minimum of 3 heats
- Swimmers in the 800 & 1500 Free are requested to supply their own lap counters
- ** 9-10 400 FREE – ENTER 200 FREE LONG COURSE TIME: MUST HAVE ACHIEVED A BLUE TIME STANDARD **
- Women/Men heats will alternate for all distance events (400 Freestyle, 400 I.M., 1500 Freestyle, 800 Freestyle)

Swimmers may compete in only one age group: swimmers aged 7-8 may swim either as 5-8 or 7-10, not any combination.

If length of combined sessions is projected to be 4 hours or less, sessions will be combined as follows:

SATURDAY – 32-35, 1,36,37-40,6,41,5-8,42,43,9,44,10-13,45-48,14,49,15,16,51,52,17,53,18-21,30,31,61,62

SUNDAY – 91-93,63,94,64-65,95-98,79,99,80-81,100,101,66,102,67-70,103-106,71,107,72-73,108-111,74,112,75-78,88,89,121,122