



Horizon Royal Rumble

Sanctioned by USA Swimming & Southern California Swimming
Sanction # S22-025

- Sponsored by:** Horizon Swimming Coastal Committee
- Meet Dates:** Jan 28-29
Session 1&3: 9:00 AM Warmup, 10:30 AM Start Time
Session 2&4: Warm Up begins immediately following the conclusion of the previous session.
- Pool Address:** Samuelson Aquatic Center at Cal Lutheran University
100 Overton Ct, Thousand Oaks, CA 91360
- Directions:** Take the 101 to the 23 North. Exit at Olsen Rd and turn left. Go 2 miles, past Moorpark Rd and then turn right at Mountclef Blvd. The pool parking lot is on your left.
- Course:** 20 lane x 25 yard pool (50m x 25y). Lanes 1-8 will be used for competition. Lanes 9 and 10 will remain closed during competition. Lanes 11-20 will be available for warm up and cool down throughout the meet. The Samuelson Aquatic Center has been certified in accordance with 104.2.2(C) for USA Swimming. The start end depth is 7ft and turn end depth is 7ft.
- Warm Up Procedure:** All lanes will be open for USA Swimming Member Coach supervised warm up between 9:00 - 10:20 AM sessions 1 & 4. For sessions 3 & 6, a 1 hour and 20 minute warm up period will begin immediately following the 12&Under sessions. For the morning sessions, lanes 1-8 will be opened for one-way diving at 10:10 AM and will be open to all teams. For the afternoon sessions, designated one-way sprint lanes will open no later than 20 minutes before the end of warm up at the direction of the meet referee. The pool will close 10 minutes prior to the beginning of each session. Three point entries must be used when entering the pool. No jumping or diving.
- Meet Referee:** The meet referee will be in charge of the meet. Any questions regarding conduct of the meet should be directed to the referee. USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the 4 Hour Rule. Swimmers must swim in their actual age group, as determined by their age group on the first day of the meet.
- Rules:** Swimmers must be at least 6 years of age on the start date of the meet to enter.
Volunteer timers must be provided by each team in attendance based on the number of entries.
Swimmers competing in the 500 freestyle and 400 IM must provide their own timers and lap counters.
All events will be swum fastest to slowest.
Swimmers may swim a maximum of 4 individual events per day.
All coaches on deck must hold current USA Swimming certifications and be members in good standing.
- Recording Devices & Media Notice:** The use audio-visual equipment devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent of this fact.
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited at, or over, the venue and will not be permitted on any part of the CLU campus.
- Swimwear:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition for 13 & Over

swimmers. Tech suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet for 12 & Under swimmers.

Deck Changing: Changing on the pool deck is strictly prohibited.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: This competition is open to all Coastal teams. Athletes must be registered members of USA Swimming in good standing by the time entries are sent in. Athletes not registered by the entry deadline will still be able to swim, but must register and will be considered "on-deck" registration, subject to penalty, as per the SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted if space is available; please submit a copy of registration with entry. **All athletes 18 years of age and older must complete the free online ATHLETE PROTECTION TRAINING in order to compete.**

Change of Affiliation: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer Form** to the SCS Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

Submitted Times: Times submitted must be the best recorded times, short course or long course from this or the preceding swim season (no workout times). For seeding purposes only, after entries close, meet administration will convert all non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

Awards: Awards will be given out to the winner of each designated Skins Race, both boys and girls. Heat winner awards will be given out for all 12&Under events.

Entries: Electronic entries ONLY! Entries must be received by 5:00 PM on **Tuesday, Jan 18**. Email all entries to Meet Processor **Erica Johnson**: ericajohnson.swim@gmail.com
Psych sheets will be sent to all participating teams on Wed, Jan 19 and teams will be given 24 hours to make any changes they see necessary (scratched deadline). Once the 24 scratch deadline has passed, the meet will be closed. No additional entries will be allowed.

Skins Races: Skins races will take place at the end of sessions 3 and 6. The first race of each skins will be an official, sanctioned race. After the conclusion of the final heat, the sanctioned meet will technically be over. Each of the subsequent rounds after that will *not* be sanctioned and times will *not* count.

Entry Fees: Surcharge per swimmer: **\$10.00**
Individual entry fee per event: **\$4.00**
There will be NO REFUNDS and every team will be required to pay for the swimmers they have entered in the meet as of the 24 hour scratch deadline. Any returned checks will incur a service fee. Every team's check must be hand delivered to Meet Processor, **Erica Johnson** before the end of the meet on Sunday.

Make checks payable to: **HORIZON SWIMMING**

Meet Personnel:	Meet Director	Andy Copley	acopley.hrzn@gmail.com
	Meet Referee	Scot Ranslem	scotranslem@discover.com
	Admin Referee	Erica Johnson	ericajohnson.swim@gmail.com
	Meet Processor	Erica Johnson	ericajohnson.swim@gmail.com

COVID-19: It is understood and agreed that Horizon Swimming, Southern California Swimming and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. In granting this sanction it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that Southern California Swimming LSC and Horizon

Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. Meet check-in may or may not be available depending on the site's guidelines.

We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS HORIZON SWIMMING, USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

MAAPP 2.0

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0"), will govern this meet.

HORIZON ROYAL RUMBLE

Schedule of Events

SESSION 1: Saturday, January 29

#	EVENT	AGE GROUPS
1	Mixed 100 IM	10&Under, 11-12
2	Mixed 25 Butterfly	10&Under
3	Mixed 50 Backstroke	10&Under, 11-12
4	Mixed 100 Breaststroke	10&Under, 11-12
5	Mixed 25 Backstroke	10&Under
6	Mixed 50 Backstroke	10&Under, 11-12
7	Mixed 100 Freestyle	10&Under, 11-12
8	Mixed 500 Freestyle	11-12, 13&Over

SESSION 2: Saturday, January 29

#	EVENT	AGE GROUPS
9	Mixed 200 Backstroke	13-14, 15&Over
10	Mixed 100 Freestyle	13-14, 15&Over
11	Mixed 200 Butterfly	13-14, 15&Over
12	Mixed 100 Breaststroke	13-14, 15&Over
13	Mixed 200 IM	13-14, 15&Over
14	Girls 50 Butterfly	13&Over
15	Boys 50 Butterfly	13&Over
16	Girls 50 Backstroke	13&Over
17	Boys 50 Backstroke	13&Over

All mixed events will be separated out by gender for results.

As per USA Swimming rules now in effect in SCS, swimmers may compete in two separate age categories.

The 50's at the end of sessions 3 and 6 will be the sanctioned round of the of the Skins Races. Swimmers in events 14-17 and events 30-33 will qualify to swim in the subsequent, non-sanctioned rounds.

SESSION 3: Sunday, January 30

#	EVENT	AGE GROUPS
18	Mixed 200 Freestyle	11-12
19	Mixed 100 Backstroke	10&Under, 11-12
20	Mixed 25 Breaststroke	10&Under
21	Mixed 50 Breaststroke	10&Under, 11-12
22	Mixed 100 Butterfly	10&Under, 11-12
23	Mixed 25 Freestyle	10&Under
24	Mixed 50 Freestyle	10&Under, 11-12
25	Mixed 400 IM	11-12, 13&Over

SESSION 4: Sunday, January 30

#	EVENT	AGE GROUPS
26	Mixed 200 Breaststroke	13-14, 15&Over
27	Mixed 100 Butterfly	13-14, 15&Over
28	Mixed 200 Freestyle	13-14, 15&Over
29	Mixed 100 Backstroke	13-14, 15&Over
30	Girls 50 Breaststroke	13&Over
31	Boys 50 Breaststroke	13&Over
32	Girls 50 Freestyle	13&Over
33	Boys 50 Freestyle	13&Over

MEET WARM UP

Sessions 1 & 3:

For both 12&Under sessions, teams will be assigned lanes and time slots based on number of swimmers entered in the session. 10 minutes prior to the end of warm ups, lanes 1-8 will become one way sprint lanes.

Sessions 2 & 4:

Both 13&Over sessions will be Open Warm Up. One way sprint lanes will be designated by the meet referee and opened no later than 20 minutes prior to the end of the warm up session.