

# West Coast Open Water Championships 2020

Powered by Lake Las Vegas | October 17-18, 2020



## WEST COAST OPEN WATER

## CHAMPIONSHIP

Powered by Lake Las Vegas  
Henderson, NV

### 10K Elite Race

Saturday, October 17, 2020

Men's Race Time - 10:00am

Women's Race Time - 10:10am

### 5K Senior Race

Saturday, October 17, 2020

Men's Race Time 1:00pm^

Women's Race Time 1:10pm^

### 2.5K Junior Race

Saturday, October 17, 2020

Boy's Race Time 3:00pm^

Girl's Race Time 3:10pm^

### 7.5K Senior Race

Sunday, October 18, 2020

Men's Race Time - 10:00am

Women's Race Time - 10:10am

### 5K Junior Race

Sunday, October 18, 2020

Boy's Race Time 12:30pm^

Girl's Race Time 12:40pm^

### 5K Elite Race

Sunday, October 18, 2020

Men's Race Time 2:00pm^

Women's Race Time 2:10pm^

*^Race start times are approximate and subject to change. The next event will begin 30 minutes after previous race. The women's race will begin approx. 10 minutes after the start of the men's race. Race check-in times, briefings, start times and exact schedule of events will be determined after the entry deadline.*

**Lake Las Vegas, Henderson, NV | Hosted by the Sandpipers of Nevada**

# West Coast Open Water Championships 2020

Sanctioned by: Southern California & USA Swimming  
Hosted by: Sandpipers of Nevada  
Presented by: Lake Las Vegas

Date of Meet: Saturday-Sunday, October 17-18, 2020  
Entry deadline: Thursday, October 8, 2020 at 11:59pm PST  
Sanction Number: OW20-136

**VENUE** Lake Las Vegas, 20 Costa Di Lago, Henderson, NV 89011

Directions from Las Vegas or Los Angeles: Take I-215 E. Continue on NV-564 E/W Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy.

Directions from Arizona: Take US-93 N/W towards Las Vegas. Keep left on I-11. Take exit 17B to merge onto NV-582 N/S Boulder Hwy. Merge onto NV-582 N/S Boulder Hwy. Turn right onto S Racetrack Rd. Turn left onto E Athens Ave. Turn right onto E Lake Mead Pkwy. Turn left onto Lake Las Vegas Pkwy.

**WARM-UP** Designated areas in the Lake will be available for warm up prior to races.

**MEET REFEREE** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Mike Murphy ([swimoff1@gmail.com](mailto:swimoff1@gmail.com)).

**RULES** Current USA Swimming rules, including the *Minor Athlete Abuse Prevention Policy (MAAPP)*, will govern this meet. All coaches on deck must complete the CDC or NFHS Concussion course. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form (see 2020 SCS Swim Guide). Please see Part Seven of the USA Swimming Rules & Regulations for complete list of Open Water Rules. Swimmers must swim in their actual Age Group as determined by their age on **October 17, 2020**.

**DISABILITY SWIMMERS** Please contact the Meet Referee regarding any special need. The swimmer/coach shall provide any assistant(s) and/or equipment required. See current SCS Swim Guide.

**RECORDING DEVICES & MEDIA NOTICE** The use of audio-visual recording devices, including cell phones are not permitted in locker rooms, areas or restrooms. Recording devices are not permitted behind the starting blocks during the sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to the meet host and news outlets publishing the recorded media.

**DRONES** Operation of a drone or any flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas, open ceiling locker rooms, lake, race course, and other race related features) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY** The West Coast Open Water Championships is open to all USA Swimming registered athletes and clubs. Athlete must be currently registered as year-round members with USA Swimming, and meet the specific event qualifying criteria. All athletes 18 years or older must complete ATHLETE PROTECTION TRAINING (within 30 days of turning 18).

**SWIMWEAR** No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. A maximum of two (2) caps may be used. Swimwear must conform to USA Swimming Rule 701.5. Only swimsuits complying with FINA Open Water swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**ENTRY PROCEDURE** Register for the Open Water National Championships on-line at [usaswimming.org/ome](https://usaswimming.org/ome) beginning **Friday, September 18, 2020 at 9:00am PST through Thursday, October 8, 2020 at 11:59pm PST**. There will be no race-day registration. For help with the entries contact Macie McNichols 719-866-3506 or [mmcnich-ols@usaswimming.org](mailto:mmcnich-ols@usaswimming.org). **Races will be limited to first 50 entries received.**

**ONLINE MEET ENTRY NOTE:** There is a separate OME "Meet" for race. Please verify that you are entering the intended Age Division AND Race Level prior to submitting your entry!

# West Coast Open Water Championships 2020

**ENTRY FEES** 10K Races: \$60.00 7.5K Races: \$50.00 5K Races: \$40.00 2.5K Races: \$30.00

Entry fees will be due at race check-in or can be mailed in advance to the address below. Checks made payable to *Sandpipers of Nevada*. Payment via OME is not available for this event.

Mail to: Attn: Michael Kinross  
Bodyline Swim Shop  
4460 S. Durango Drive  
STE A  
Las Vegas, NV 89147

**AWARDS** Awards will not be given for this event. Final results will be posted on the course and uploaded to the [Event Page](#) on the Sandpipers of Nevada's webpage. Results will also be pushed to Meet Mobile.

**TECHNICAL MEETINGS** All swimmers and coaches should arrive in time for the technical meeting for their event(s). Each is responsible for all information distributed at these meetings. The Technical meeting(s) will be conducted virtually, via Zoom. Zoom Meeting info will be published the week of the event.

- Technical Meeting for Saturday's events, Friday, October 16 at TBD
- Technical Meeting for Sunday's events will be held if necessary

**PRE-RACE BRIEFINGS** In addition to each technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race. At this meeting, race officials will distribute last minute information on weather and water conditions, emergency procedures, etc. Briefings will be held 15 minutes prior to the scheduled race start. **Positive check-in is required.**

**PRACTICE AVAILABILITY** Available pool space and/or time on the race course is TBA.

**WEATHER CONTINGENCY** The safety of swimmers is our primary concern. Therefore, this event may be delayed or canceled due to poor conditions. The Independent Safety Monitor and the Meet Director will make this decision. The following rescheduling priorities will be used:

- Priority 1 – Later during the race day
- Priority 2 – On the following day(s) \*Races will not be postponed later than Sunday, October 18
- Priority 3 – Race relocation to Lake Mead

**RACE DAY SCHEDULES** **RACE START TIMES ARE SUBJECT TO CHANGE.** Race check-in times, briefings, start times and exact schedule of events will be determined after the entry deadline.

**Race day check-in:** 9:00am for the first races of the day. Check-in for the 2<sup>nd</sup> & 3<sup>rd</sup> races will open up 1 hour prior to the scheduled start time. Athletes cannot arrive prior to their check-in time due to social distancing restrictions.

**MANDATORY Pre-Race Briefing:** Briefings will take place in designated meeting area 15 minutes prior to race start (men's & women's race meetings will be done together if possible)



# West Coast Open Water Championships 2020

## QUALIFYING STANDARDS & AGE DIVISION BREAKDOWN

The West Coast Championships will use the following Age Divisions for the races:

- Elite Races: Open to all qualifying and eligible athletes.
- Senior Races: Open to all qualifying and eligible athletes age 13 or older as of October 17, 2020.
- Junior Races: Open to all qualifying and eligible athletes age 11-16 as of October 17, 2020.

WEST COAST OW CHAMPIONSHIPS QUALIFYING STANDARDS				
		Elite	Senior	Junior
		10K & 5K	7.5K & 5K	5K & 2.5K
Men	800 LCM	8:40.69	9:20.09	9:30.29
	1500 LCM	16:38.99	17:42.79	18:09.39
	1000 SCY	9:34.29	9:59.49	10:29.49
	1650 SCY	16:05.49	16:43.89	17:31.99
Women	800 LCM	9:13.79	9:36.09	9:53.99
	1500 LCM	17:40.19	18:22.99	18:56.49
	1000 SCY	10:20.49	10:39.89	11:01.59
	1650 SCY	17:14.39	17:46.59	18:22.79

\*SCS-Desert Committee Teams may enter athletes slower than the qualifying times, space permitting.

**COURSE INFO** The planned course map is provided. It is subject to change. Feed stations will be available for the 10K and 7.5K races. Tentative locations are featured on the maps. Feed sticks and feeders will not be provided. An in water "rope start" will be used to begin the races. Athletes will swim the course in the direction indicated on the maps.

Athletes will finish the race in the water by touching a finishing pad. Finishes will be judged by race officials. Video replay at the finish will be available. Electronic chip timing will not be available.

Anticipated conditions:

- Water temperature will range between 65-75°F
- Air temperature will range between 65-80°F
- Current: None (closed water way)
- Marine life: Fish

Athletes are limited to finishing their race within 30 minutes of the first finisher.

**PARKING INFO** Participants may park in the Hilton Hotel parking garage. Entrance is located off Strada Di Villaggio road. The structure is adjacent to the Hilton Lake Las Vegas Event Center. There is no charge to park.

**HOTEL INFO** A special hotel block for this race is available at:

[Hilton Lake Las Vegas Resort & Spa](#)

1610 Lake Las Vegas Parkway

Henderson, NV 89011

(702) 567 4792

Go to the event page on the [Sandpiper website](#) for more information.

It is understood and agreed that Sandpipers of Nevada, USA Swimming, Lake Las Vegas Master Association, Lake Las Vegas Rowing Club, Lake Las Vegas Recovery Acquisition LLC, Lake Las Vegas Marina LLC & their partners shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Questions: Contact the Meet Director, Michael Kinross ([coachmichael28@gmail.com](mailto:coachmichael28@gmail.com))

# West Coast Open Water Championships 2020

## RACE SAFETY AND EMERGENCY INFORMATION

**Independent Safety Monitor:** Kim Rivera ([swimmeratc@yahoo.com](mailto:swimmeratc@yahoo.com)).

### Supervision

Races will be supervised by certified lifeguards, provided by the Sandpipers of Nevada. 3 motorized water safety crafts will be on the course during races, following the athletes. In addition to the motorized crafts, 6-8 lifeguards in kayaks will be spread-out along the course approximately every 150m.

### Accounting for Swimmers

Competitors will be pre-assigned race numbers. All swimmers will be checked in and marked at race time. Number of swimmers in a race will be announced to all officials and safety personnel prior to the start of the race.

### Communication

Meet officials will have direct radio communication with each other and the Safety Monitor, who will be located on shore. If the lifeguards on the course do not have radio communication, non-verbal communication will be used to indicate a swimmer in distress or an emergency. The non-verbal communication will be lifting and waving the kayak paddle in the air while issuing a series of short whistle blasts.

### Evacuation

In the case of an emergency, athletes will exit the course along the south/southeast sides of the wash. An emergency will be indicated by the lifeguards issuing 3-long whistle blasts. Athletes will be able to walk back to the race briefing area after exiting the water where a head count will be conducted. If an athlete is unable to evacuate on their own, kayakers will stabilize the athlete until a motorized water craft can assist the athlete to shore. The start/finish area will be the primary evacuation point.

### EMTs & Hospital

A BLS Ambulance will be on site for the event. In the event of that medical professionals are required, the Independent Safety Monitor will call 911. The person will be transported to:

**Henderson Hospital**  
1050 W Galleria Drive  
Henderson, NV 89011  
(702) 963-7000

### Medical Equipment

AEDs and first aid are available near the start/finish area. Lifeguards will have basic first aid on hand.

### Thermal Safety

Tents for shade will be setup in the athlete hospitality areas. Bottles of water post-race will be provided, but athletes are strongly encouraged to bring their own hydration.

**The event will be in compliance with USA Swimming Rules. See Section 7 of the USA Swimming Rulebook for more information or topics not addressed in this meet form.**

# West Coast Open Water Championships 2020

## COVID-19 ASSUMPTION OF RISK AND SOCIAL DISTANCING PROCEDURES

### Local Protocols & Requirements

- No more than 50 people in a designated area
- Face coverings to be worn in all public places
- Maintain 6ft of separation

### Race Protocols

- All athletes will have temperature checked as part of race check-in
  - Temperature reading of 100.4 F or higher will result in being sent home
  - Allowed 10-minute cool down period in lobby before a re-checking temperature
- Masks to be worn by athletes up until roll call for the race. Immediately following the race, athletes must wear face covering
- Masks to be worn by coaches, officials, lifeguards, and race personnel at all times
- Athlete areas to be marked off for bag storage
- Race meetings will be held in designated area with appropriate room to social distance
- Designated changing areas will be provided, but we encourage athletes to arrive to the Lake wearing their racing suits and to change out of their suit upon returning to their hotel.

### Event Specific Protocols

- Races will be staggered so no race has more than 50 athletes competing at one time
  - In the event of more than 50 entries into a race, multiple heats will be used. Breakdown of heats will depend on the race.
- Meetings, check-in times, and other in-person gatherings will be staggered to avoid overcrowding.
- Athletes will be numbered using markers. The event personnel doing the marking will wear a masks and face shield. Markers, hands and other exposed items will be sanitized between athletes. Athletes must wear a mask for the numbering process.
- **Athletes are limited to one spectator for their race.**
- Spectators, coaches and other personnel must stay in designated areas along the shore to watch the race. Spectators must maintain social distancing. **Spectators are asked to only be on site for their athlete(s) races.**

### Event Conduct Statement

In applying for this sanctioned event, the Host, Sandpipers of Nevada, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Southern California Swimming, Lake Las Vegas & their partners, the State of Nevada and the City of Henderson.

### Assumption of Risk

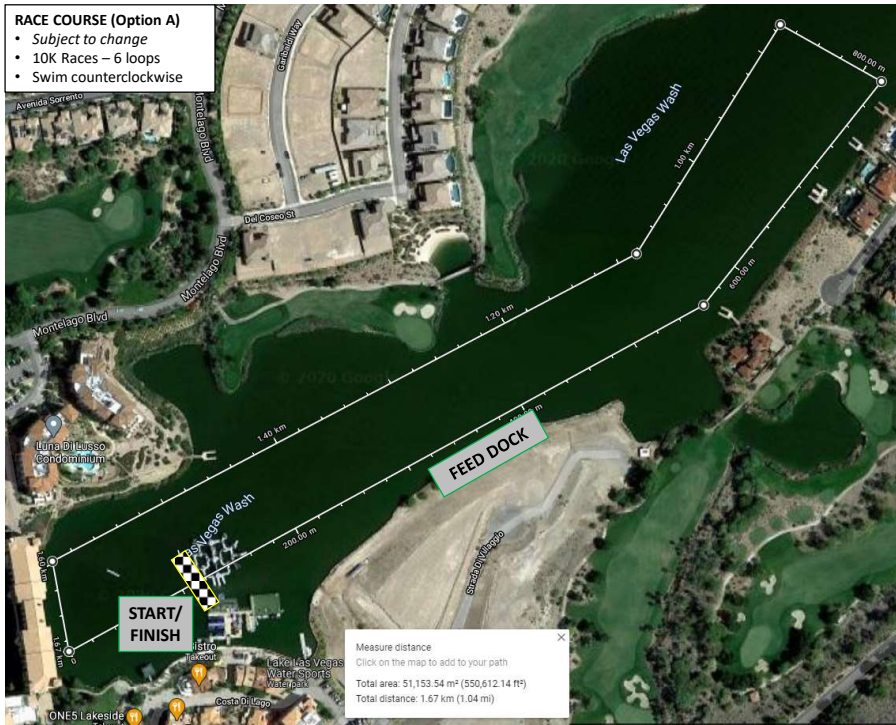
All athletes, coaches, parents, volunteers, and officials will sign the Sandpipers of Nevada *Waiver of Liability Relating to Coronavirus/COVID-19*. The waiver is included in this Meet Form

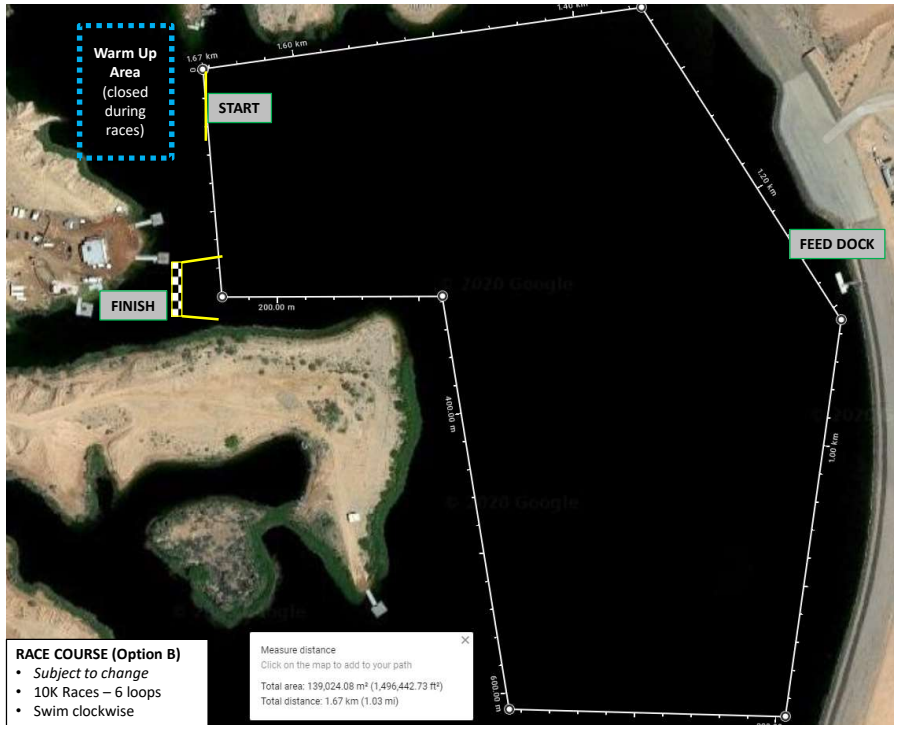
### USA Swimming Acknowledgement of Risk

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHERN CALIFORNIA SWIMMING, LAKE LAS VEGAS MASTER ASSOCIATION, LAKE LAS VEGAS ROWING CLUB, LAKE LAS VEGAS RECOVERY ACQUISITION LLC, LAKE LAS VEGAS MARINA LLC, & THEIR PARTNERS, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.







# HILTON LAKE LAS VEGAS RESORT AND SPA

## THE FACTS



Discover Hilton Lake Las Vegas Resort & Spa, the newest Four Diamond resort in exciting Las Vegas. The Mediterranean-inspired architecture of the adjacent village and its picturesque marina entice both leisure and business travelers with shops, dining, championship golf courses and 10 miles of serene lakeshore just steps away.

### AT A GLANCE

- Four Diamond Resort & Spa
- Lakeside desert and scenic mountain views
- 349 guest rooms, including Executive and Presidential suites
- Resort pool featuring private cabanas
- Over 90,000ft<sup>2</sup> of flexible indoor and outdoor meeting and event space
- 30,000ft<sup>2</sup> Mediterranean-inspired full-service Ravella Spa and Salon



**Hilton**

LAKE LAS VEGAS RESORT & SPA



## OUR ROOMS

### KING ROOMS

Our King rooms are designed with modern comforts in mind. Spacious 486ft<sup>2</sup> guest rooms feature king-sized Hilton Serenity beds and a 42" flat-screen TV. Relax with a complimentary online newspaper, fresh brewed coffee and take in the views of either Lake Las Vegas or our beautiful Florentine Gardens. Pamper yourself in our well-appointed marble bathrooms. Or, complete the day's tasks with a personal work desk and free Hilton Stay Connected™ high speed wireless internet.

### DOUBLE ROOMS

With plenty of natural light and either scenic Lake Las Vegas or the surrounding mountains out the window, our 468ft<sup>2</sup> Double rooms encourage relaxation with two double Hilton Serenity beds and a 42" flat-screen TV, as well as complimentary online newspaper and fresh brewed coffee. Get the job done with free Hilton Stay Connected™ high speed wireless internet and a personal work desk.

### EXECUTIVE SUITES

Executive suites combine convenience and comfort in 960ft<sup>2</sup> of space with spectacular views. Stay productive with free high speed wireless internet with Hilton Stay Connected™ and a personal work desk. A separate living area allows you to gather with friends. Or, just relax with your favorite show on the 42" flat-screen TV and order from the In-Room Dining menu before curling up on a plush king-sized Hilton Serenity bed. Start the day with a hot bath, a comfy Hilton robe, fresh coffee and the online morning paper, to prepare you for another unforgettable day in Las Vegas.

### PRESIDENTIAL SUITES

Presidential suites offer an impressive 2,400ft<sup>2</sup> of stylish comfort. Lake Las Vegas provides a stunning backdrop while you meet with colleagues in the extra living space or unwind watching your 42" flat-screen TV. A separate dining room is the perfect spot to enjoy a gourmet meal before sinking into your king-size Hilton Serenity bed. Start the day with a hot bath and a comfy Hilton robe before reaching the outside world with a complimentary online newspaper, personal workstation and free Hilton Stay Connected™ high speed wireless internet.

## ENTERTAINMENT

Hilton Team Members aim to ensure your stay is a truly memorable one and are ready to assist you in planning creative activities during your stay. Whether it be golf, spa, helicopter tours, or a Lake Mead Cruise, our Concierge team can assist in making this vacation exciting and most enjoyable for everyone.

## OUR FACILITIES

### HILTON FITNESS

Outfitted with the latest generation of cardio and strength training equipment, Hilton Fitness takes a personalized approach to help you feel your best during your stay.

### THE RAVELLA SPA & SALON

Our 30,000ft<sup>2</sup> Ravella Spa offers treatments designed to smooth stressed skin, relax fatigued muscles and re-energize the spirit. The spa offers a full-service salon, 24 treatment rooms, sauna, steam room, healing water and movement studio.

### POOL

Cool off in our large resort pool, or linger in the shade of your own private cabana with a refreshing cocktail from the Lagoon Bar & Grill. Each private cabana features ceiling fans, refrigerators, flat screen televisions and misters to keep the temperature low as the sun climbs in the sky.

### SOUTHSHORE AND REFLECTION BAY GOLF CLUBS

As a Hilton Lake Las Vegas Guest you can experience access to SouthShore and Reflection Bay Golf Courses. Both Jack Nicklaus Signature Courses, SouthShore and Reflection Bay each offer something unique to the round of golf you are looking for. At SouthShore, one of *Golf Digest's* Top 25 Las Vegas Courses in 2011, you'll find elevation changes, superb conditioning and nuanced greens rising upwards of 350 feet above the serene waters allowing for challenging and competitive play with jaw-dropping views of the rugged Lake Las Vegas terrain. Reflection Bay, voted one of America's 100 Greatest Public Golf Courses in 2003-2004 by *Golf Digest*, offers a par 72 course, with holes stretching along almost 2 miles of peaceful waters and a peninsula jutting into the lake offering the perfect setting for group play and tournaments.



## **WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19**

**Whereas** Southern Nevada Sandpipers Swimming Booster Club, Inc. and RMA Swim Team Services, LLC (“Sandpipers”) has established itself as a premier youth sports program in the Las Vegas area and one of the top club swim teams in the United States. The Sandpipers, along with being recognized amongst the few Gold Medal Swim Clubs in the country, offers a comprehensive program that satisfies the needs of novice swimmers to Olympic hopeful athletes.

**Whereas** the Sandpipers are of such value to Parents, Guardians and Swimmers that they desire to join, or to resume swimming, competing, training and traveling with the Sandpipers even given the risks posed from COVID-19 as set forth herein.

**Whereas** in order to accomplish the goals of Sandpipers, Parents, Guardians, and Swimmers, it requires a major commitment of numerous volunteers, including but not limited to, parents, guardians, family members, friends, third parties, and any other volunteers from the swimming community (“Volunteers”). The Volunteers recognize the great benefits created by the Sandpipers and they are willing to assume the risks posed from COVID-19 as set forth herein.

**Whereas** in order to accomplish the goals of the Sandpipers, the Coaches, paid and unpaid, are required to spend numerous hours with the Swimmers, Parents, Guardians, and Volunteers which itself represents a risk to the Coaches themselves. The Coaches recognize the great benefits of Sandpipers and are willing to assume the risks posed from COVID-19 as set forth herein.

**Whereas** the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death.

**Whereas** the Sandpipers cannot prevent its Swimmers, Parents or Guardians of Swimmers, Coaches, or Volunteers from becoming exposed to, contracting, or spreading COVID-19 while training, swimming, coaching, traveling or volunteering with the Sandpipers or on the premises where Sandpipers swim, train and compete. It is not possible to prevent against the presence of the disease. Therefore, if you choose to resume swimming, training, coaching, traveling or volunteering with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete, you may be exposing yourself and your children to, and/or increasing your risk of contracting or spreading COVID-19.

ASSUMPTION OF RISK  
Swimmers and Parents or Guardians

\_\_\_\_\_ and \_\_\_\_\_, the parents or guardians (“Parents or Guardians”) of \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ (“Swimmer” or “Swimmers”) have read and understand the above warning concerning COVID-19. Parents or Guardians and Swimmer(s) hereby choose to accept the risk of contracting COVID-19 in order to resume swimming, training, competing and traveling with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete. The Sandpipers are of such value to Parents or Guardians and Swimmer(s) that they accept the risk of being exposed to, contracting, and/or spreading COVID-19 in order to resume swimming, training, competing, and traveling with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete.

ASSUMPTION OF RISK  
Coaches

\_\_\_\_\_ (“Coach”) has read and understands the above warning concerning COVID-19. Coach hereby chooses to accept the risk of contracting COVID-19 in order to coach, train, compete and travel with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete. The Sandpipers are of such value to Coach that he or she accepts the risk of being exposed to, contracting, and/or spreading COVID-19 in order to coach and train with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete.

ASSUMPTION OF RISK  
Volunteers

\_\_\_\_\_ (“Volunteer”) has read and understands the above warning concerning COVID-19. Volunteer hereby chooses to accept the risk of contracting COVID-19 in order to volunteer with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete or traveling with the Sandpipers. The Sandpipers are of such value to Volunteer that they accept the risk of being exposed to, contracting, and/or spreading COVID-19 in order to volunteer with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete.

WAIVER OF LAWSUIT/LIABILITY

Further, Parents, Guardians, Swimmers, Coaches, and Volunteers hereby forever release and waive their right to bring suit against the Sandpipers, its officials, employees, coaches, members and/or volunteers in connection with exposure, infection, and/or spread of COVID-19 related to resuming swimming, training, competing and traveling with the Sandpipers and/or entering onto the premises where Sandpipers swim, train and compete. Parents or Guardians and Swimmer(s) understand that this waiver means they waive their rights to bring any claims, including without limitation, any claim for personal injuries, death, disease or property losses, or any other loss.

This includes, but is not limited to, claims of negligence, or for any damages whatsoever, whether known or unknown, foreseen or unforeseen.

### CHOICE OF LAW

Parents or Guardians, Swimmers, Volunteers and Coaches understand and agree that the law of the State of Nevada will apply to this contract and that the Nevada District Court for Clark County shall be the venue for any such claim.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent to the terms and conditions of this Release.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

(Parent, Guardian, Swimmer, Volunteer, Coach) circle one