

EAST "BRW" "BACK TO SCHOOL" SHORT COURSE AGE GROUP SWIM MEET

DATE OF MEET: September 14 & 15, 2019

Sanctioned by: USA Swimming and SCS
Sanction Number: S19-252
Sponsored by: EAST Aquatics
Orange Committee

ENTRIES RECEIVED BY 5:00PM: **September 4, 2019 (WEDNESDAY)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

***The second session will begin no sooner than 12:00am or 45 minutes after the conclusion of the first session.**

MEET IS OPEN TO ALL ORANGE COMMITTEE TEAMS AND LKWD-CA

POOL: YORBA LINDA HIGH SCHOOL, 19900 Bastanchury Rd., Yorba Linda, CA 92886. From the 91 Fwy exit Yorba Linda Blvd/Weir Canyon Rd, Exit 39, head North on Weir Canyon Road which becomes Yorba Linda Blvd. Turn right onto Village Center Drive, turn Left on Bastanchury Rd. Yorba Linda High School is on the left.

COURSE: YORBA LINDA HIGH SCHOOL POOL is an outdoor 33 meter x 25 yard pool with up to ten (10) swimming lanes with warm-up space available. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurements at Start and Turn Ends Lane 1 = 13' slopes to Lane 10 = 7'

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). WARM-UP RULES WILL BE ANNOUNCED AND POSTED. All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

MEET REFEREE: Greg Wilson shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to gwilson0427@sbcglobal.net

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on September 14, 2019 to enter this meet. All coaches and officials on deck must complete the CDC of NFHS Concussion course.

SPECIAL NOTICE: SWIMMERS MAY SWIM A MAXIMUM OF FIVE (5) EVENTS PER DAY. SET will limit entries to meet the "4 Hour" rule for each session. Each Team is asked to provide timers. Swimmers in the 500 yard Freestyle are asked to provide timers for three heats. You must provide your own lap counters. THE FIRST SESSION WILL BE SWUM MIXED GENDER, THE SECOND SESSION WILL BE SWUM BY GENDER. 7/8 swimmers may enter 5-8 or 7-10 events but not a combination. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

RECORDING DEVICES

& MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is **not permitted** in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet.

DECK CHANGES: Deck Changes are prohibited.

RACING START

CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: **OPEN TO ATHLETES WHO ARE 2019 or 2020 USA SWIMMING MEMBERS.** SCS athletes must be members of the Orange Committee. NO ON-DECK ENTRIES. Registration application must be received by **SEPTEMBER 4, 2019** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. There are substantial penalties to swimmer and Club (See 2019 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of their 18th birthday) in order to compete

CHANGE OF

AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES short course or long course** from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum or NT.

AWARDS: INDIVIDUAL: 5/6, 7/8, 7-10, 11/12 RIBBONS 1st- 8th

ENTRY FEE: **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, SEPTEMBER 4, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING
EMAIL: DIVANJ@COX.NET
And MAIL TO: JUDI DIVAN
33561 Calle Miramar
San Juan Capistrano, CA 92675

For further meet information EASTPOLO@GMAIL.COM Receipt of entry will not be verified by phone or email.

ELITE AQUATICS SPORTS TEAM BRW "BACK-TO-SCHOOL" AGE GROUP SWIM MEET

Date of Meet: September 14 & 15, 2019

ENTRIES RECEIVED BY 5:00 PM: SEPTEMBER 4, 2019 (WEDNESDAY)

Swimmers are limited to a maximum of 5 events per day.

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

GIRLS		SATURDAY - September 14, 2019 9:00 am			BOYS	
No.	Min. Time	Age	Event	Min. Time	No.	
1	---	11/12	200 Yard Individual Medley	---	1	
2	---	7-10	100 Yard Freestyle	---	2	
3	---	5-8	25 Yard Freestyle	---	3	
4	---	11/12	100 Yard Freestyle	---	4	
5	---	7-10	50 Yard Breaststroke	---	5	
6	---	5-8	50 Yard Breaststroke	---	6	
7	---	11/12	50 Yard Backstroke	---	7	
8	---	7-10	100 Yard Backstroke	---	8	
9	---	5-8	25 Yard Backstroke	---	9	
10	---	11/12	100 Yard Butterfly	---	10	
11	---	7-10	50 Yard Butterfly	---	11	
12	---	5-8	50 Yard Butterfly	---	12	
13	---	11/12	50 Yard Freestyle	---	13	
14	---	7-10	200 Yard Freestyle	---	14	
15	1:46.10	5-8	100 Yard Freestyle	1:42.00	15	
16	---	11/12	100 Yard Breaststroke	---	16	

Second Session begins no sooner than 12:00pm

17	---	11 & Up	100 Yard Freestyle	---	18
19	3:08.80	11 & Up	200 Yard Breaststroke	3:09.00	20
21	---	11 & Up	100 Yard Butterfly	---	22
23	2:46.20	11 & Up	200 Yard Backstroke	2:51.40	24
25	---	11 & Up	500 Yard Mixed Freestyle	---	25

GIRLS		SUNDAY - September 15, 2019 9:00am			BOYS	
No.	Min. Time	Age	Event	Min. Time	No.	
26	---	11/12	100 Yard Individual Medley	---	26	
27	---	7-10	100 Yard IM	---	27	
28	2:01.40	5-8	100 Yard IM	1:58.20	28	
29	---	11/12	200 Yard Freestyle	---	29	
30	---	7-10	50 Yard Freestyle	---	30	
31	---	5-8	25 Yard Butterfly	---	31	
32	---	11/12	50 Yard Butterfly	---	32	
33	---	7-10	100 Yard Butterfly	---	33	
34	---	5-8	50 Yard Freestyle	---	34	
35	---	11/12	100 Yard Backstroke	---	35	
36	---	7-10	50 Yard Backstroke	---	36	
37	---	5-8	25 Yard Breaststroke	---	37	
38	---	11/12	50 Yard Breaststroke	---	38	
39	---	7-10	100 Yard Breaststroke	---	39	
40	---	5-8	50 Yard Backstroke	---	40	

Second Session begins no sooner than 12:00pm

41	---	11 & Up	200 Yard Individual Medley	---	42
43	---	11 & Up	50 Yard Freestyle	---	44
45	---	11 & Up	100 Yard Breaststroke	---	46
47	2:43.20	11 & Up	200 Yard Butterfly	2:47.40	48
49	---	11 & Up	100 Yard Backstroke	---	50
51	---	11 & Up	200 Yard Freestyle	---	52

7/8 swimmers may enter 5-8 or 7-10 events but not a combination.

11/12 swimmers may enter 11/12 or 11 & Up events but not a combination.

5-8, 7-10 and 11/12 EVENTS WILL BE SWUM MIXED BOYS AND GIRLS.

11 & UP EVENTS WILL BE SWUM SINGLE GENDER except the 500 Yard Freestyle

After entries close, non-conforming times will be converted by meet admin for seeding purposes only.