

45th ANNUAL SEMANA NAUTICA SWIM MEET

Sponsored by: Santa Barbara Swim Club

SCS Sanction #13-165

GIRLS FRIDAY, July 5 - 1:30PM[START]

BOYS

Event	Time Std	Age	Stroke	Time Std	Event
1	6:31.20L 5.48.20Y	OPEN	400M IM	6:32.30L 5.48.90Y	2
3	BRW	5-8*,9-10	200M IM	BRW	4
5	BRW	11-12	200M IM	BRW	6
7	BRW	5-8*,9-10	200M Free	BRW	8
9	BRW	11-12	200M Free	BRW	10
11	22:11.60L 21.32.10Y	OPEN	1500M Free	22:10.90L 21.51.50Y	12

SATURDAY, JULY 6 - 8:30 AM[START]

GIRLS

BOYS

Evt	Time Std	Age	Stroke	Time Std	Evt
13	BRW	11-12	100M Free		
14	BRW	5-8,9-10	100M Free	BRW	15
16	BRW	11-12	50M Breast		
17	BRW	5-8,9-10	50M Breast	BRW	18
19	BRW	11-12	50M Back		
20	BRW	5-8,9-10	50M Back	BRW	21
22	BRW	11-12	100M Fly		
23	BRW	5-8*,9-10	100M Fly	BRW	24

SATURDAY, JULY 6 - 12:00 PM[START]

Evt	Time Std	Age	Stroke	Time Std	Evt
		11-12	100M Free	BRW	25
26	BRW	13&Up	50M Free	BRW	27
		11-12	50M Breast	BRW	28
29	3:31.00L 3.08.80Y	OPEN	200M Breast	3:31.20L 3.09.00Y	30
29	BRW	13&Up	200M Breast	BRW	30
		11-12	100M Fly	BRW	31
32	BRW	13&Up	100M Back	BRW	33
		11-12	50M Back	BRW	34
35	BRW	13&Up	200M Free	BRW	36
37	BRW	13&UP	100M Fly	BRW	38
39	11:44.20L 12.58.60Y	OPEN	800M Free	11:43.70L 13.09.80Y	40

SUNDAY, JULY 7 - 8:30 AM[START]

GIRLS

BOYS

Evt	Time Std	Age	Stroke	Time Std	Evt
41	BRW	11-12	100M Back		
42	BRW	5-8*,9-10	100M Back	BRW	43
44	BRW	11-12	50M Free		
45	BRW	5-8,9-10	50M Free	BRW	46
47	BRW	11-12	50M Fly		
48	BRW	5-8,9-10	50M Fly	BRW	49
50	BRW	11-12	100M Breast		
51	BRW	5-8*,9-10	100M Breast	BRW	52

SUNDAY, JULY 7 - 12:00 PM[START]

Evt	Time Std	Age	Stroke	Time Std	Evt
		11-12	100M Back	BRW	53
54	3:09.20L 2.46.20Y	OPEN	200M Back	3:11.80L 2.51.40Y	55
54	BRW	13&Up	200M Back	BRW	55
		11-12	100M Breast	BRW	56
57	BRW	13&Up	100M Breast	BRW	58
		11-12	50M Fly	BRW	59
60	3:05.70L 2.43.20Y	OPEN	200M Fly	3:07.20L 2.47.40Y	61
60	BRW	13&Up	200M Fly	BRW	61
		11-12	50 M Free	BRW	62
63	BRW	13&Up	100M Free	BRW	64
65	BRW	13&UP	200M IM	BRW	66
67	5:47.30L 6.24.60Y	OPEN	400M Free	5:46.60L 6.29.80Y	68

The 400 IM and 400, 800, & 1500 Freestyle will alternate girl's and boy's heats.

Swimmers in the 400IM, 400, 800 and 1500 free are requested to provide their own timers and counters.

***SPECIAL NOTE: REQUIREMENTS FOR 5-8 EVENTS**

5-6 swimmers meeting the listed time standard or the following conditions may enter *5-8 events:

A swimmer may swim "up" (not down) one distance:

- (a) If swimmer's time meets the 5-8 Red standard for 50 of stroke, may enter 100 of stroke
- (b) If swimmer's time meets the 5-8 Blue standard for 100 free or 100 IM, may enter 200 free or 200 IM
- (c) If swimmer has equaled or bettered the 5-8 Red standard in three events may enter 100 back, breast and or fly
- (d) If swimmer has equaled or bettered the 5-8 Blue standard in three events may enter 200 free or 200 IM

45th Annual Semana Nautica Swim Meet

July 5-7, 2013

Sanctioned by: Southern California Swimming
Sponsored by: Santa Barbara Swim Club & Coastal Committee
Start of Meet: Fri: 1:30PM; Sat-Sun: 8:30AM

Sanction #13-165
Entries Due Date: **5:00pm, Wednesday, June 26, 2013**
Warm-up: Fri: 12:00 noon, Sat-Sun: 7:30AM

POOL: Los Banos del Mar Municipal Pool. 401 Shoreline Dr., Santa Barbara, CA

DIRECTIONS: NORTHBOUND: Take Hwy 101 north to Garden St., exit left, follow to the beach, at Carrillo Blvd., turn right and follow for 1 mile. At first light past Castillo St, go left into harbor parking lot then first left back to pool. SOUTHBOUND: Take Hwy 101 south to Castillo St, exit right, continue to the end of Castillo St. Right at light, left at next light into harbor parking lot and double back to pool. **There is a beach area parking fee. There is free parking at Pershing Park, approx. 2 blocks away from the pool off of Castillo St. Please read signs for street parking.**

COURSE: Outdoor 50 meter x 18 yard pool with up to 7 competition swimming lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end: 10 feet, turn end: 3.5 feet.

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up starting at 7:30 (AM session) and at end of AM session for PM session. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. If required based on entries, a separate warm-up will be available for swimmers in the OPEN events at the end of each AM session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form.

This meet will limit entries to meet the "4-hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 minutes prior to the start of each session for the first 4 events of that session. After the event has been officially closed, swimmers may not check in or scratch. Swimmers who check in and fail to swim an event will be disqualified from their next individual event. Swimmers must swim in their actual age group as determined by their age on the first day of the meet. Timers are requested to be provided by each team. Swimmers competing in the 400/800/1500 free and 400IM are requested to furnish their own timers for 3 heats. Swimmers in the 800 & 1500 free are requested to provide their own lap counters. Events will be swum fastest to slowest. Swimmers may swim a maximum of 4 events per day on Saturday/Sunday and 2 events on Friday.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to athletes who hold 2013 USA Swimming registration. Registration application must be received by the meet entry deadline by meet processor, administrative referee, or SCS office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer form to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (No workout times). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: 1ST-6TH place individual high point plaque for Boys & Girls Age Group as follows; 15 -18, 14 , 13, 12, 11, 10, 9, 8, 7-5 yr. old; (19 & over are not scored) 1st-3rd place Team Trophy [Host club forfeits eligibility for Trophy]. Scoring: 9,7,6,5,4,3,2,1 by age groups. ****CAPPS FAMILY '400' PLAQUE WILL BE AWARDED TO THE WINNER OF THE OPEN MALE & FEMALE 400 FREE.** James and Ruth Johannsen Memorial Team awards for total Top 16 finishes (female & male 13 & over top 8) in the 50 Meter Freestyle: \$3000 to team with most swimmers, \$1500 second and \$500 third. In case of ties, award will be divided between teams.

ENTRY FEES: \$3.25 for each **individual event** along with a \$7.50 surcharge **per swimmer** must accompany each individual entry card. Relays will be deck-entered at \$7.00 each, payable on entry. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry.zip file) will be accepted only when received with an attached .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic) Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY, June 26. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard. **Receipt of entries will not be verified by phone or e-mail.**

Make Checks payable to Southern California Swimming
E-mail for team electronic entries only: Beverly.pierson@gmail.com
Questions: 805-402-3309

Mail Entries to:
Semana Nautica Meet
Beverly Pierson
935 Calle Collado
Thousand Oaks, CA 91360