



# Pacific Committee June Age Group Qualifier

Hosted by – Penguin Aquatic Club

June 1 – 2, 2019

Sanctioned by: Southern California Swimming  
Sanction No: S19-204

Warm Up Times: 7:00 a.m. (Saturday / Sunday)  
Meet Start Time: 8:30 a.m. (Saturday / Sunday)  
Afternoon Session will start 45 minutes after the morning session ends

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, May 22, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). **MEET ENTRY AND REJECTIONS ARE SUBJECT TO PACIFIC COMMITTEE ENTRY PROCEDURE (See Pacific Committee Resolution dated October 25, 2012).**

**POOL:** CASTAIC Aquatics Center – 31350 Castaic Road, Castaic, CA. From Hwy 5, exit at Parker Road, turn East, at stop sign turn right on Castaic Road, Pool is on left, additional parking in back, turn down road to Castaic Recreational Center.

**COURSE:** Pool is an outdoor, all deep 50 meter pool with 8 or 10 competition lanes; separate 25 yard warm up pool; Colorado scoreboard. Course is 7' ft. deep at start and turn ends. This competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming.

**WARM-UP Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:20 am. **If meet entries require allotted team warm-up times, times will be assigned based on meet entries. All teams will be notified of team warm-up times on or before 5/30/19.** Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 15 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. The pool will close no earlier than 10 minutes before the start of the meet. **All swimmers must use 3-point, slide in entries, into the pool during warm up period and in designated warm up and warm down lane(s) throughout the meet. NO JUMPING OR DIVING.**

**MEET REFEREE:** The Meet Referee John Stipanov (jstipanov@sbcglobal.net) will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the Meet Referee.

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Timers are requested to be provided by each team. Swimmers competing in the 800 and 1500 Freestyle are requested to furnish their own timers for three heats and lap counters. All events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day plus relays.** All individual events must be check-in by participant only. Deck entered relays may be entered by team coach or designated representative. **All coaches on deck must complete the CDC or NFHS concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. **Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "TECH" SUITS ARE NOT PERMITTED AT THIS MEET.**

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to Pacific Committee athletes who hold 2019 USA Swimming Registration. Registration application must be received on or before the meet entry due date by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space permitting; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All entered times must have been achieved on or after 09/01/2017. **This is a proof of time meet and all submitted times will be verified through the Swims database.** Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** Blue Division: Medals 1<sup>st</sup> - 3<sup>rd</sup> place, Ribbons 4<sup>th</sup> - 6<sup>th</sup> place - Red Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place - Relays: Medals 1st place, Ribbons 2nd - 3rd place.

**ENTRY FEES:** \$4.00 for each individual event along with a **\$10.50** surcharge **per swimmer must accompany each individual entry card.** NO

**REFUNDS. \$10.00 per relay team is due when the relay is entered on deck.** Returned checks will incur a service fee.

**ELECTRONIC E-MAIL ENTRY PROCEDURE:** Electronic entry is the preferred method of entry. Entry zip file will be accepted **ONLY** when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. **Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY.** New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Electronic entries are to be sent to – [xpgarcia@cox.net](mailto:xpgarcia@cox.net). **Entry on an SCS consolidated entry card will be accepted. Card must be completely filled out completely including USA Swimming registration number. No individual meet entry accepted via email.** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard.

**Receipt of entries will not be verified by phone or e-mail.**

**MAKE CHECKS PAYABLE TO – SOUTHERN CALIFORNIA SWIMMING**

Mail entries: Patty Garcia  
2046 Azure Cove Unit 2  
Chula Vista, CA 91915

For Information contact: Nick Orozco—323-304-2155 (onicolas5@aol.com)  
Patty Garcia – [xpgarcia@cox.net](mailto:xpgarcia@cox.net)  
Meet Hand Delivery – 2724 Loraine Place, Simi Valley, CA 93065

**NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED.**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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Warm-up 7:00 AM ~ Meet Start time 8:30 AM

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM WEDNESDAY, May 22, 2019. Entries will be limited to comply with 4-hour rule. Please enter best recorded short course or long course times from this or the preceding swim season

YOU MAY SWIM A TOTAL OF 4 INDIVIDUAL EVENTS PER DAY PLUS RELAYS

All events will be contested fastest to slowest.

ALL EVENTS HAVE A MINIMUM “RED” TIME STANDARD AND A MAXIMUM SUMMER JO OR JAG TIME STANDARD (WHICHEVER IS FASTER). This is a proof of time meet and all submitted times will be verified thru the SWIMS database.

Warm-Up 7:00 AM								Meet starts 8:30 AM															
Girls				Saturday - Morning Session				Boys				Girls				Sunday - Morning Session				Boys			
	Min Time	Max Time	Event	Age	Min Time	Max Time			Min Time	Max Time	Event	Age	Min Time	Max Time			Min Time	Max Time					
1	6:37.70	5:43.20	400 M IM	15&UP	6:12.80	5:18.80	2	55	5:47.60	4:52.20	400 M Freestyle	15&UP	5:26.40	4:31.00	56								
3	3:49.30	3:17.10	200 M IM	7-10	3:50.40	3:17.30	4	57	3:19.30	2:54.90	200 M Freestyle	7-10	3:19.00	2:55.20	58								
5	3:12.00	2:39.00	200 M IM	15&UP	2:55.70	2:25.30	6	59	2:46.20	2:19.20	200 M Freestyle	15&UP	2:34.70	2:07.30	60								
7	3:13.00	2:47.20	200 M Butterfly	15&UP	2:54.80	2:30.40	8	61		1:33.90	100 M Backstroke	7-10		1:34.90	62								
9		1:20.10	100 M Freestyle	7-10		1:19.30	10	63		1:14.90	100 M Backstroke	15&UP		1:08.80	64								
11		1:03.50	100 M Freestyle	15&UP		57.99	12	65		36.30	50 M Freestyle	7-10		36.50	66								
13		41.20	50 M Butterfly	7-10		41.00	14	67		29.50	50 M Freestyle	15&UP		26.80	68								
15	3:12.70	2:42.80	200 M Backstroke	15&UP	3:00.70	2:30.50	16	69		49.10	50 M Breaststroke	7-10		50.40	70								
17		43.60	50 M Backstroke	7-10		43.60	18	71	3:41.90	3:06.00	200 M Breaststroke	15&UP	3:20.40	2:51.60	72								
19		1:25.20	100 M Breaststroke	15&UP		1:17.00	20	73		1:38.30	100 M Butterfly	7-10		1:38.70	74								
21		1:46.50	100 M Breaststroke	7-10		1:48.40	22	75		1:12.00	100 M Butterfly	15&UP		1:04.50	76								
23	Deck Entered		400 Freestyle Relay	15&UP	Deck Entered		24	77	Deck Entered		200 Medley Relay	7-10	Deck Entered		78								
25	Deck Entered		200 Freestyle Relay	7-10	Deck Entered		26	79	Deck Entered		400 Medley Relay	15&UP	Deck Entered		80								
27	11:44.20	10:31.70	800 M Freestyle	OPEN	11:43.70	9:51.40	28	81	22:11.60	19:46.70	1500 M Freestyle	OPEN	22:10.90	19:08.00	82								

AFTERNOON SESSION, BOTH DAYS, WILL BEGIN 45 MINUTES AFTER THE END OF THE MORNING SESSION  
AFTERNOON WARM-UP BEGINS IMMEDIATELY FOLLOWING MORNING SESSION

Saturday - Afternoon Session								Sunday - Afternoon Session							
Girls				Boys				Girls				Boys			
	Min Time	Max Time	Event	Age	Min Time	Max Time			Min Time	Max Time	Event	Age	Min Time	Max Time	
29		38.40	50 M Backstroke	11-12		38.60	30	83	6:18.80	5:20.10	400 M Freestyle *	11-12	6:18.10	5:07.60	84
31	6:55.10	5:49.50	400 M IM *	13-14	6:33.00	5:39.50	32		5:55.80	4:51.10	400 M Freestyle *	13-14	5:44.30	4:40.70	
	6:31.20		400 M IM *	11-12	6:32.30			85	3:22.60		200 M Butterfly *	11-12	3:24.20		86
33	2:57.70	2:32.30	200 M Freestyle	11-12	2:58.40	2:32.00	34		3:17.40	2:51.70	200 M Butterfly *	13-14	3:08.90	2:47.00	
35	2:48.10	2:24.00	200 M Freestyle	13-14	2:42.00	2:18.30	36	87		35.60	50 M Butterfly	11-12		36.50	88
37		1:20.50	100 M Butterfly	11-12		1:21.40	38	89		30.50	50 M Freestyle	13-14		29.10	90
39		1:13.30	100 M Butterfly	13-14		1:11.40	40	91		32.30	50 M Freestyle	11-12		32.10	92
41		1:10.20	100 M Freestyle	11-12		1:10.20	42	93	3:13.40	2:43.70	200 M IM	13-14	3:04.30	2:36.80	94
43		1:05.90	100 M Freestyle	13-14		1:03.00	44	95	3:25.00	2:52.80	200 M IM	11-12	3:25.30	2:52.60	96
45		1:33.00	100 M Breaststroke	11-12		1:33.60	46	97		1:17.20	100 M Backstroke	13-14		1:15.20	98
47		1:27.80	100 M Breaststroke	13-14		1:23.60	48	99		1:22.60	100 M Backstroke	11-12		1:23.20	100
49	3:26.50		200 M Backstroke *	11-12	3:29.40		50	101	3:43.00	3:08.80	200 M Breaststroke	13-14	3:33.00	3:01.00	102
	3:19.60	2:46.70	200 M Backstroke *	13-14	3:09.20	2:42.60			3:50.20		200 M Breaststroke *	11-12	3:50.40		
51	Deck Entered		400 Freestyle Relay	11-12	Deck Entered		52	103		42.70	50 M Breaststroke	11-12		43.40	104
53	Deck Entered		400 Freestyle Relay	13-14	Deck Entered		54	105	Deck Entered		400 Medley Relay	13-14	Deck Entered		106
	Deck Entered		400 Freestyle Relay	13-14	Deck Entered		54	107	Deck Entered		400 Medley Relay	11-12	Deck Entered		108

\* = Will swim combined, but awards will be given 11-12 and 13-14 age groups.

- (1) Swimmers in the 800 and 1500 Freestyle events are requested to provide timers and lap counters. The 800 and 1500 Freestyle events will be swum alternating girls and boys.
- (2) 400 IM, 800 Freestyle and 1500 Freestyle events will be swum combined, but awarded per age group.
- (3) All relays are deck entered and time permitting.
- (4) All attending clubs will be responsible for timing in their assigned lanes for the entire sessions with the exception of the 800 and 1500 Freestyle events.

### Event Recap:

7-10	11-12	13-14	15 & UP	7-10	11-12	13-14	15 & UP
200 IM	50 Back	400 IM	400 IM	200 Free	400 Free	400 Free	400 Free
100 Free	400 IM	200 Free	200 IM	100 Back	200 Fly	200 Fly	200 Free
50 Butterfly	200 Free	100 Fly	200 Butterfly	50 Free	50 Fly	50 Free	100 Back
50 Back	100 Fly	100 Free	100 Freestyle	50 Breast	50 Free	200 IM	50 Free
100 Breast	100 Free	100 Breast	200 Back	100 Fly	200 IM	100 Back	200 Breast
200 Free RI	100 Breast	200 Back	100 Breast	200 Med RI	100 Back	200 Breast	100 Fly
	200 Back	400 Relay	400 Free RI		200 Breast	400 Med RI	400 Med RI
	400 Relay	800 Free	800 Free		50 Breast	1500 Free	1500 Free
	800 Free				400 Med RI		