

**2013
Southern California Swimming
Winter Age Group
Championships**

December 13-15, 2013

Open to:

Coastal (CANY, CCAT), Desert (DSS), Eastern (BLSC, CCCC, CHA, CHS, CROC, HCOR, HILL, HVDA, LLF, MESA, MVAQ, PASS, PST, RAA, RST, STAR, TCC, YST), Metro (FROG, OAS, PASA, WAC) Orange (BREA, LRL, NGG, NOVA, RIPT, SOKA, SPLA), and Pacific (ECCA, MEGA, ROSE, TROJ, USC, ZAP)



**Palm Springs Swim Center
Palm Springs, CA**

Hosted by:

**Southern California Swimming
and Piranhas Swim Team**

2013 SOUTHERN CALIFORNIA SWIMMING

Winter Age Group Championship

Friday, Saturday, Sunday – December 13-15, 2013

Sanctioned By: USA-Swimming & Southern California Swimming
Sponsored By: Piranhas Swim Team

Sanction Number: 13-267
Entries Due: 5:00PM, Wed, Dec 4, 2013.

Eligibility: Open to 2013 or 2014 USA Swimming registered swimmers registered in Coastal (CANY, CCAT), Desert (DSS), Eastern (BLSC, CCCC, CHA, CHS, CROC, HCOR, HILL, HVDA, LLF, MESA, MVAQ, PASS, PST, RAA, RST, STAR, TCC, YST), Metro (FROG, OAS, PASA, WAC) Orange (BREA, LRL, NGG, NOVA, RIPT, SOKA, SPLA), and Pacific (ECCA, MEGA, ROSE, TROJ, USC, ZAP) who have met and can prove the posted "2013 Dec AG" time standards. No swimmers from outside SCS will be accepted. Swimmers who are unattached and not practicing with an SCS member club are assigned to the Palm Springs meet. Registration application must be received by **Wednesday, Dec 4 at 5pm** by meet processor, administrative official/referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

Pool: Palm Springs Swim Center, 405 S. Pavilion Way, Palm Springs, CA 92262. Outdoor 50m x 25yd pool with 10 competition lanes and 10 warm-up warm-down lanes. The competition course has been certified in accordance with 104.2.2(C). Pool Depth Measurements at Start End Lane 1 = 4'9" Lane 10=7'0", Turn End Lane 1 = 4'8", lane 10=7'8".

Directions: Take I-10 East, exit Highway 111, Left (east) on Ramon Rd. Turn left (south) on Sunrise to Baristo. Right (east) on Baristo to Pavilion Way. Pool is located at the end of the street.

Meet Start Times: Preliminary sessions will begin at 8:30 A.M. Finals sessions will begin no sooner than 1 hour after the completion of the final heat of the 12&under timed finals events each day. 12&under timed finals will begin 45 minutes after the last preliminary heat of the day (Sun after the 1650).

Warm-up times: Controlled warm-ups will begin each day at 7:00 a.m. in the competition pool. The competition pool will be closed at 8:15 a.m. with supervised warm-up/warm-down available in the adjoining pool. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warm ups.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first 2 events (prelims) or 4 events (timed finals) will close one-half hour prior to the start of the session. Swimmers must compete in their own age group. Age on Dec. 13, 2013 determines age for the meet. Prelims and timed finals sessions will be swum fast to slow. A swimmer may enter all events for which the time standard has been met and can be verified. Limit: a swimmer can swim no more than 6 individual events during the meet, nor more than 3 individual events per day.

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Distance Events: The 1000 / 1650 yard freestyle events (age groups combined) will be swum:

- Fastest to slowest alternating girls' & boys' heats.
 - Fastest heat of girls' 1000 and 1650 following event 102 and 126 on Friday and Sunday, respectively.
 - Fastest heat of boys' 1000 and 1650 following event 109 and 129 on Friday and Sunday, respectively.
 - All other heats of 1000 and 1650 at end of prelims on Friday and Sunday, respectively.
 - 1650 check in to swim by seeded time closes 5 PM Saturday; check in to swim closes 9:30AM Sunday
 - 1000 and 1650 swimmers may declare AM or PM at check in. Fastest 10 checking in for PM will swim in finals.
- Swimmers in the 1000 and 1650 freestyle should be prepared to supply their own timers and lap counters.

Submitted/Qualifying Times: This is a proof-of-time meet. **Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.** Submit ACTUAL times achieved for each event. If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". When entering electronically, "L" or "Y" must be specified and a proof of time report included. If using an individual entry form, time must be clearly marked with either "L" or "Y". Times must have been achieved on or after Sept. 1, 2012 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by SCS) - refer to SCS Swim Guide. Discrepancies in submitted times may lead to disciplinary action.

Entry Procedure: Team Electronic Entry is highly preferred.

- Electronic entry will be accepted ONLY when received with:
 1. Entry file (.zip or .sd3)
 2. Proof of time report showing meet and dates for each entry (.pdf or Word)
 3. Full payment (single team check or certified funds) for a team electronic entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review.
- Individual entry: Submit a completed individual entry form with payment.

Updates and Late Qualification:

- Entry updates (added events) will be processed when received by the processor by the entry deadline. Deletions will NOT be refunded.
- Entry of new events achieved between Dec. 4 and Dec. 8 can be made only by the administrative official/referee at the qualified meet. Entries must be e-mailed to the WAG meet processor by midnight, Dec. 8. No updated times or previously qualified events will be accepted. An event already entered with a qualifying meter time cannot be updated to a yard time.

Fees: Individual surcharge (including relay-only swimmers): \$12.00. Event fee: \$4.75 per event. Relays: \$12.00 per relay. Returned checks will incur a service fee per SCS policy

Scoring/Awards:

- Individual scoring: 1-16 (USA Swimming Rules); relay scoring: double individual points.
- Distinctive custom medals will be awarded for 1-10 places in individual events and 1-3 places in relay events.
- Certificates are available on request for places 11-16.
- Team awards to the top 6 teams in Men, Women and Combined Team scoring.
- Awards for the 11/12 age groups will be given for the Timed Finals events only.
- 19&over are not eligible for scoring or awards.

Relays: A club may enter one relay in an event without proof of time provided it enters only that one relay. A club entering more than one relay in an event must provide proof of time (meeting 2013 Dec AG time standard) for each relay entered. Coaches must pre-enter relays and relay only swimmers. Relays for 13-14, 15-18 will be swum as timed-final events in the finals' sessions following the individual events.

Finals: A single championship final (10 swimmers) will be offered for 11-12/13-14 events, 13-14 events, and 15-18 events. 11-12/13-14 events are combined finals; there are no 11-12 finals at the meet. **The national finals' scratch rule will be used.** A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet.

Hotel Information: Visit the Piranhas website at www.pirahnaswimteam.org.

Entries must be received by Wednesday, December 4, 2013

Make checks payable to: Southern California Swimming

Mail entries to: PSP "Winter Age Group Invite"
c/o Alina de Armas
PO Box 63
Simi Valley, CA 93062
alina@dearmas.co (not com)

Hand delivered to: 2724 N. Loraine Place, Simi Valley, CA 93065

FOR INFORMATION: Call Southern California Swimming at (805) 682-0135 or Alina de Armas (805) 444-0317.

SCS All Star Team: The combined results from all sites of the Winter Age Group Championships will be used to select the SCS All Star team competing January 4-5, 2014 in Washington. Eight girls and eight boys in the 11-12 and 13-14 age groups will be selected for the All Star meet. **In order for a swimmer to be considered, parents must complete an SCS All Star Team Application that is available online at <http://www.socalswim.org/> by clicking on the All Star Team logo. Deadline for applications is Dec. 16th**

Friday – Dec 13, 2013 - Preliminary Session, Start Time 8:30 AM							
Event No.	GIRLS		EVENT	AGE	BOYS		Event No.
	YARDS	METERS			YARDS	METERS	
101	5.08.90	5.49.30	400 IM	15/UP	4.52.00	5.30.60	102
	5.15.00	5.56.10	400 IM	11-12/13-14	5.06.20	5.46.30	
103	11.47.80	10.31.80	1000 FREESTYLE*	15/UP			
	12.06.30	10.48.30	1000 FREESTYLE*	11-12/13-14			
104	2.28.90	2.47.70	200 BACKSTROKE	15/UP	2.17.70	2.35.30	105
	2.28.90	2.47.70	200 BACKSTROKE	11-12/13-14	2.25.00	2.43.40	
106	1.17.50	1.28.10	100 BREASTSTROKE	15/UP	1.09.50	1.19.20	107
	1.18.30	1.29.00	100 BREASTSTROKE	13-14	1.14.80	1.25.10	
108	58.40	1.06.50	100 FREESTYLE	15/UP	52.70	1.00.10	109
	59.50	1.07.70	100 FREESTYLE	13-14	56.30	1.04.10	
			1000 FREESTYLE*	15/UP	11.20.20	10.07.10	110
			1000 FREESTYLE*	11-12/13-14	11.53.00	10.36.40	
111	9.05.60	10.18.80	800 FREE RELAY	15-18	8.26.80	9.27.20	112
	9.04.40	10.16.40	800 FREE RELAY	13-14	8.43.60	9.54.00	
Friday – Dec 13, 2013 - Timed Finals Session							
1	6.05.40	5.26.20	500 FREESTYLE	11-12	6.19.00	5.38.30	2
3	1.35.40	1.47.90	100 BREASTSTROKE	7-10	1.40.20	1.53.30	4
5	1.22.10	1.33.20	100 BREASTSTROKE	11-12	1.25.00	1.36.40	6
7	32.90	37.40	50 FREESTYLE	7-10	33.40	37.90	8
9	29.10	33.10	50 FREESTYLE	11-12	29.30	33.40	10
11	1.28.50	1.39.70	100 BUTTERFLY	7-10	1.31.00	1.42.50	12
13	1.12.40	1.21.80	100 BUTTERFLY	11-12	1.14.70	1.24.40	14
15	4.26.80	5.02.40	400 FREE RELAY	11-12	4.24.80	5.00.40	16

*All heats of the 1000 Freestyle except the fastest 8 girls and boys will be swum at the **end** of the prelims session

Saturday – Dec 14, 2013 - Preliminary Session, Start Time 8:30 AM							
113	5.33.50	4.57.70	500 FREESTYLE	15/UP	5.16.50	4.42.50	114
	5.43.70	5.06.80	500 FREESTYLE	13-14	5.32.80	4.57.10	
115	1.07.70	1.16.40	100 BACKSTROKE	15/UP	1.01.00	1.09.00	116
	1.08.40	1.17.20	100 BACKSTROKE	13-14	1.06.30	1.14.80	
117	2.33.60	2.53.30	200 BUTTERFLY	15/UP	2.18.80	2.36.90	118
	2.34.80	2.54.70	200 BUTTERFLY	11-12/13-14	2.29.20	2.48.50	
119	2.23.30	2.42.30	200 IM	15/UP	2.11.20	2.28.90	120
	2.25.60	2.44.90	200 IM	13-14	2.19.10	2.37.60	
121	1.58.80	2.15.60	200 FREE RELAY	15-18	1.46.00	2.00.80	122
	1.57.20	2.13.20	200 FREE RELAY	13-14	1.50.00	2.00.80	
123	4.56.30	5.35.10	400 MEDLEY RELAY	15-18	4.29.40	5.05.30	124
	4.53.70	5.31.80	400 MEDLEY RELAY	13-14	4.39.50	5.16.50	
Saturday – Dec 14, 2013 - Timed Finals Session							
17	2.16.60	2.34.90	200 FREESTYLE	11-12	2.18.20	2.36.60	18
19	2.40.80	3.01.70	200 FREESTYLE	7-10	2.41.00	3.02.00	20
21	34.00	38.40	50 BACKSTROKE	11-12	34.90	39.40	22
23	39.40	44.50	50 BACKSTROKE	7-10	40.30	45.40	24
25	1.12.20	-----	100 IM	11-12	1.13.60	-----	26
27	1.22.90	-----	100 IM	7-10	1.24.50	-----	28

29	32.10	36.40	50 BUTTERFLY	11-12	32.90	37.30	30
31	37.80	42.60	50 BUTTERFLY	7-10	38.40	43.40	32
33	2.22.60	2.40.90	200 MEDLEY RELAY	11-12	2.23.50	2.41.20	34
35	2.15.60	2.33.60	200 FREE RELAY	7-10	2.16.40	2.32.40	36
37	2.02.80	2.19.60	200 FREE RELAY	11-12	2.03.20	2.17.60	38

Sunday – Dec 15, 2013 - Preliminary Session, Start Time 8:30 AM							
Event No.	GIRLS		EVENT	AGE	BOYS		Event No.
	YARDS	METERS			YARDS	METERS	
125	2.06.30	2.23.40	200 FREESTYLE	15/UP	1.55.50	2.11.40	126
	2.08.10	2.25.40	200 FREESTYLE	13-14	2.02.20	2.18.90	
127	19.37.00	20.00.60	1650 FREESTYLE**	15/UP			
	20.11.60	20.35.90	1650 FREESTYLE**	11-12/13-14			
128	2.48.20	3.10.70	200 BREASTSTROKE	15/UP	2.33.80	2.54.80	129
	2.48.20	3.10.70	200 BREASTSTROKE	11-12/13-14	2.41.90	3.03.80	
			1650 FREESTYLE**	15/UP	18.56.20	19.19.00	130
			1650 FREESTYLE**	11-12/13-14	19.52.30	20.16.20	
131	27.00	30.80	50 FREESTYLE	15/UP	24.20	27.70	132
	27.60	31.50	50 FREESTYLE	13-14	26.00	29.70	
133	1.05.80	1.14.50	100 BUTTERFLY	15/UP	58.50	1.06.40	134
	1.07.20	1.16.00	100 BUTTERFLY	13-14	1.04.20	1.12.70	
135	4.56.30	5.35.10	200 MED RELAY***	15-18	4.29.40	5.05.30	136
	4.53.70	5.31.80	200 MED RELAY***	13-14	4.39.50	5.16.50	
137	4.15.20	4.49.60	400 FREE RELAY	15-18	3.49.60	4.21.60	138
	4.13.60	4.47.60	400 FREE RELAY	13-14	3.58.40	4.31.60	
Sunday – Dec 15, 2013 - Timed Finals Session							
39	2.34.30	2.54.50	200 IM	11-12	2.37.80	2.58.40	40
41	3.00.90	3.24.00	200 IM	7-10	3.03.60	3.27.00	42
43	1.12.70	1.21.90	100 BACKSTROKE	11-12	1.14.70	1.24.20	44
45	1.25.40	1.36.00	100 BACKSTROKE	7-10	1.27.80	1.38.70	46
47	38.20	43.40	50 BREASTSTROKE	11-12	39.40	44.80	48
49	44.20	50.10	50 BREASTSTROKE	7-10	45.80	51.90	50
51	1.02.10	1.10.60	100 FREESTYLE	11-12	1.03.00	1.11.60	52
53	1.13.30	1.23.00	100 FREESTYLE	7-10	1.13.80	1.23.60	54
55	5.11.40	5.52.90	400 MEDLEY RELAY	11-12	5.15.70	5.54.60	56
57	2.38.90	2.59.40	200 MED RELAY	7-10	2.38.90	2.58.90	58

**All heats of the 1650 Freestyle except the fastest 10 girls and boys
will be swum at the **end** of the prelims session

*** Events 135-136: enter with qualifying 400 medley relay times

THERE ARE NO TIME TRIALS AT THIS MEET