

# Barracuda Aquatic Club R-W MEET

## METRO Committee Short Course Swim Meet

DATE OF MEET: July 11, 2009

Sanctioned by: Southern California Swimming

Meet Warm-up: 8:30 AM

ENTRIES DUE: June 29, 2009

Sanction #: 09-165

Meet Start: 10:00 AM

### Single Session Meet

Barracuda Aquatics Club will comply with the 4 HOUR RULE  
Swimmers may enter a maximum of 4 events

**POOL LOCATION:** BELLFLOWER AQUATIC CENTER, THOMPSON PARK, 14001 Bellflower Blvd., Bellflower, CA. From the 105 Fwy exit Bellflower Blvd. Traveling East bound turn right (traveling West bound, turn left). The pool is located in Thompson Park across from St. John Bosco High School.

**COURSE:** BELLFLOWER AQUATIC CENTER POOL: Competition will be held in the outdoor, 25-YD, 10-lane pool. The outdoor lane pool will have a large lane for warm-up and cool down. The competition course has not been certified in accordance with 104.2.2(C)

Based on entries BAC reserves the right to use the indoor pool for competition for the 10 & under events. A Colorado Timing System will be used.

**SPLASH COUNT:** SWIMMERS MAY COMPETE IN A MAXIMUM OF FOUR (4) INDIVIDUAL EVENTS PER DAY.

**WARM UP RULES:** Swimmers warming up or down before, during or after this swim meet must be under the direct supervision of a USA Swimming coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s).

**MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

**RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2009 SCS Swim Guide.) Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH**. Swimmers in the **first four events** of each session must check in **THIRTY MINUTES** prior to the start of the session. Swimmers must swim in their actual age group as determined by age on the first day of the meet.

**Swimsuits** worn in all Age Group competition (as defined by USA Swimming) shall not extend past the top of the shoulder (the acromial process [a triangular projection of the scapula]), and shall not extend further down each leg than the top of the kneecap (patella). Swimsuits worn in all Age Group competition shall not be constructed of any polyurethane or neoprene material, except post-manufacturing logos and decorations. All events at Committee level meets shall be considered Age Group competition under SCS Rules & Procedures, Part Four, I, E.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (may not attach or reattach) by notifying the Administrative Referee and paying the fee.

**ELIGIBILITY:** Open to ALL METRO COMMITTEE athletes who are 2009, USA Swimming registered. **NO ON-DECK ENTRIES**. The meet host or SCS office prior to the first day of the meet must receive the Registration application. **REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM**. There are substantial penalties to swimmer & Club (See 2009 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

**SUBMITTED TIMES:** Times submitted must be **BEST-RECORDED SHORT COURSE YARD TIMES** from this or preceding swim season (NOT workout times). If swimmer does not have a time, enter N.T. **DO NOT SUBMIT ET (Estimated Time)**. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

**AWARDS:**            **Red:** DIVISION      RIBBONS- 1<sup>st</sup> through 8<sup>th</sup>            **RELAYS:** RIBBONS 1<sup>st</sup>, 2nd and 3<sup>rd</sup> place  
                         **White:** DIVISION      RIBBONS- 1<sup>st</sup> through 8<sup>th</sup>            **13 and up will be awarded 13-14 and 15 and Up**

**SPONSOR NOTES:** Timers: Teams will be assigned lanes for timing, based proportionally upon the number of swimmers participating.

**ENTRY FEE:** \$2.75 for each INDIVIDUAL EVENT must accompany each individual entry card. \$5.00 surcharge per swimmer must be included in check for individual events. \$5.00 per Relay Team is due when entered on deck. **NO REFUNDS, RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY.**  
**Entries will be rejected if a check does not accompany the entry card.**

**ENTRY PROCEDURE:** Submit one Southern California Consolidated Entry Card ("White Card") for each swimmer. Card must be completely filled out including USA Swimming registration number. Entry forms bearing a postmark **LATER THAN 12:00 MIDNIGHT** on Monday June 29, 2009, **WILL BE REJECTED**. Entries will be accepted if hand delivered to the address below up to 8:00 PM on Tuesday, June 30, 2009. **NOTICE:** Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.** Please use a business size envelope. **Receipt of entry will not be verified by phone or E-Mail! NO certified, registered or special delivery mail will be accepted.**

**Electronic HY-TEK entries are to be sent to** ckushipena@hotmail.com

**SCS policy for electronic entry:** #1 E-mail entry (entry. zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). #2 Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. #3 Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. #4 DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING**  
**MAIL ENTRIES and WALK-IN ENTRIES: Carol Peña**  
**413 E. 212th Street, Carson, CA 90745-1523**

**MEET INFORMATION CALL:**  
**BAC Office: (562) 382-7749**  
**or E-mail: Swim4BAC2@aol.com**

# BARRACUDA AQUATIC CLUB

DATE: 0711/09

BAC will comply with the 4 Hour Rule  
Swimmers may enter a maximum of 4 events

Warm-up 8:30 AM/Start 10:00 AM

Entries Due: June 29, 2009

Girls	Max	Event	Age	Max	Boys
1	1:11.01	100 Fly	13 & Up	1:05.11	2
3	34.31	50 Fly	11-12	34.51	4
5	38.31	50 Fly	10 & Under	38.21	6
7	BRW	25 Fly	8 & Under	BRW	8
9	1:14.11	100 Back	13 & Up	1:08.21	10
11	36.21	50 Back	11-12	36.61	12
13	40.51	50 Back	10 & Under	40.41	14
15	BRW	25 Back	8 & Under	BRW	16
17	2:36.61	200 IM	13 & Up	2:21.71	18
19	1:17.71	100 IM	11-12	1:17.41	20
21	1:26.61	100 IM	10 & Under	1:26.91	22
23	BRW	100 IM	8 & Under	BRW	24
25	1:23.41	100 Breast	13 & Up	1:15.81	26
27	40.81	50 Breast	11-12	41.01	28
29	45.61	50 Breast	10 & Under	45.61	30
31	BRW	25 Breast	8 & Under	BRW	32
33	29.31	50 Free	13 & Up	26.51	34
35	30.71	50 Free	11-12	30.81	36
37	33.91	50 Free	10 & Under	34.11	38
39	BRW	25 Free	8 & Under	BRW	40
41	1:03.41	100 Free	13 & Up	59.61	42
43	1:06.71	100 Free	11-12	1:06.21	44
45	1:14.71	100 Free	10 & Under	1:11.91	46
47	200 mixed Free Relay		11-UP		
	200 mixed Free Relay		10 & Under		48
49	6:24.61	500 Free	11-12	5:48.61	50
51	5:59.61	500 Free	13 & Up	5:48.61	52

All age groups are limited to "R" Max time standards except 8 & Under B,R,W

8 & Under swimmers must choose to swim as 8 & under OR 10 & Under (not any combination).

Swimmers may enter a maximum of a maximum of 4 events

Relays will be run, time permitting

200 Free Mixed relays may be any combination of age or gender in that session.