TMEC WINTER FUN RW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming

Sponsored By: & Eastern Committee

Date of Meet: December 17, 2016

Start of Meet: 8:30 am Saturday

Sanction No. S16-343

Received by deadline: 5:00 pm, Wednesday, December 7, 2016

Warm-up: 7:00 am, Saturday

POOL: Murrieta Mesa High School 24801 Monroe Ave. Murrieta, CA 92562

DIRECTIONS: I-15 S, exit California Oaks Rd. Make left onto Cal Oaks Rd., Right onto Monroe Ave. School is on right side.

<u>COURSE</u>: Outdoor 25 yard pool with 8 competition lanes. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end 7'0". turn end 7'0".

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on December 17, 2016 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 and longer freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events per day.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

<u>DRONES:</u> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to all Eastern Committee athletes who hold 2016 or 2017 USA Swimming Registration. Registration application must be received by the meet entry deadline by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

<u>CHANGE OF AFFILIATION</u>: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

<u>SUBMITTED TIMES</u>: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Red Division: Ribbons 1st - 6th place White Division: Ribbons: 1st - 6th place Relays: Ribbons 1st - 3rd place **ENTRY FEES:** \$3.50 for each individual event along with a \$8.00 surcharge **per swimmer** *must accompany each individual entry card.* NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file *including electronic signature* of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$5.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, December 7, 2016. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail.)

Make Checks payable to Southern California Swimming Email for team electronic entries only: ruszim@hotmail.com

Questions: SCS Office (800) 824-6206

MAIL ENTRIES TO:

Jan Szuszkiewicz 23283 Sonnet Dr. Moreno Valley, CA 92557

TMEC WINTER FUN RW SC Meet December 17, 2016

ENTRIES MUST BE RECEIVED BY 5:00 PM: Wednesday December 7, 2016

This meet is subject to the 4 hour rule per session.

Events will be swum fastest to slowest, starred events swum together awarded separately.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

500 yd events will be swum alternating girls and boys, swimmers are requested to provide own timers, and lap counters.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

GIRLS	MAX/MIN	AGE		Distan	nce	STROKE	MAX/MIN	BOYS
1	1:14.71/	7-10	RW	100		Freestyle		
2	1:28.41/1:46.10	5-8	R	100	yd	Freestyle	1:25.01/1:42.00	3
4	38.31/	7-10	RW	50		Butterfly		
5	46.31/55.60	5-8	R	50	yd	Butterfly	47.01/56.40	6
7*	21.31/	5-8	RW	25	yd	Butterfly	21.31/	8*
9	1:26.61/	7-10	RW	100	yd	IM		
10	1:41.21/	5-8	RW	100		IM	1:38.51/	11
12	45.61/	7-10	RW	50	-	Breaststroke		
13	52.31/1:02.80	5-8	R	50	yd	Breaststroke	51.01/1:01.20	14
15*	24.01/	5-8	RW	25	yd	Breaststroke	23.31/	16*
17	33.91/	7-10	RW	50	yd	Freestyle		
18	40.51	5-8	RW	50	yd	Freestyle	39.41	19
20*	18.11/	5-8	RW	25	yd	Freestyle	17.61/	21*
22	40.51/	7-10	RW	50	yd	Backstroke		
23	48.11/57.80	5-8	R	50		Backstroke	46.81/56.30	24
25*	22.21/	5-8	RW	25	yd	Backstroke	21.61/	26*
27	2:42.01/2:56.80	7-10	R	200	yd	Freestyle		
28	Deck Entered	5-8	RW	100		Free Relay	Deck Entered	29
30		5-8	RW	100	_	Mixed Free Relay	1	30
31		7-10	RW	200	_	Free Relay	1	
	*****	****45 N	linute	Break	befo	re second session***	*****	
		7-10	R	200		Freestyle	2:41.81/2:56.50	32
33	2:24.11/2:37.20	11-12	R	200	_	Freestyle	2:24.61/2:37.80	34
			RW	50		Butterfly	38.21/	35
36	34.31/	11-12	_	50	-	Butterfly	34.51/	37
		7-10	RW	100	_	IM	1:26.91/	38
39	1:17.71/		RW	100		IM	1:17.71/	40
		7-10	RW	50	-	Breaststroke	45.61/	41
42	40.81/	11-12	RW	50	,	Breaststroke	41.01/	43
		7-10	RW	100	yd	Freestyle	1:14.31/	44
45	1:06.71/	11-12	RW	100	yd	Freestyle	1:06.21/	46
		7-10	RW	50	yd	Backstroke	40.41/	47
48	30.71/	11-12	RW	50	yd	Backstroke	30.81/	49
		7-10	RW	50	yd	Freestyle	34.11/	50
51	36.21/	11-12	RW	50	yd	Freestyle	36.61/	52
		7-10	RW	200	yd	Free Relay		53
54		11-12	RW	200	yd	Free Relay		55
56		11-12	RW	200	yd	Mixed Free Relay		56
************45 Minute Break before third session**********								
57*	1:03.41/	13-14				Freestyle	59.61/	58*
	1:02.81/	15-up	RW	100	yd	Freestyle	57.41/	
59*	1:11.01/	13-14	RW	100	yd	Butterfly	1:07.71/	60*
	1:11.01/	15-up	RW	100	yd	Butterfly	1:05.11/	
61*	2:36.61/	13-14	RW	200	yd	IM	2:29.01/	62*
	2:37.71/	15-up	RW	200	yd	IM	2:21.71/	
63*	1:23.41/	13-14	RW	100	yd	Breaststroke	1:19.11/	64*
	1:23.91/	15-up	RW	100	yd	Breaststroke	1:15.81/	
65*	2:16.11/	13-14	RW	200	yd	Freestyle	2:10.91/	66*
	2:16.41/	15-up	RW	200	yd	Freestyle	2:04.81/	
67*	29.31/	13-14	RW	50	yd	Freestyle	27.51/	68*
	29.31/	15-up	RW	50	yd	Freestyle	26.51/	<u> </u>
69*	1:14.11/	13-14	RW	100	yd	Backstroke	1:11.31/	70*
	1:14.51/	15-up	RW	100	yd	Backstroke	1:08.21/	
71	Deck Entered		RW	200		Mixed Free Relay	Deck Entered	71
72	=======	13-up		200		Free Relay	5 40 5 4	73
74*	5:59.61/	13-14		500	_	Freestyle	5:48.61/	75*
	5:57.41/	15-up	RW	500	ya	Freestyle	5:34.81/	