

Southern California Senior Challenge Meet

Sanctioned by USA Swimming & Southern California Swimming

Sanction No: 19-043

Sponsored by: SCS Sr Committee & MVN

Received by Entry Deadline: 5:00 PM, February 4, 2019

Dates of Meet: Friday-Sunday, February 15-17, 2019

Start Times: 5:00 PM Friday Prelims 9:00 AM

Warm Up: 3:30 Friday, 7:30 AM Prelims Sat/Sun, Finals begin no sooner than 2 hours after the end of Prelims

Saturday, Sunday; Finals TBA

POOL: Marguerite Recreation Center, 27474 Casta Del Sol, Mission Viejo, CA 92692. Take I-5 to La Paz exit.

Turn east on La Paz, left on Marguerite, right on Casta Del Sol. Turn right at first driveway.

Swim parking lot is across from the tennis courts with the exit being at upper level. Do not park in tennis lot.

COURSE: Competition pool is outdoors, 50 meters x 25 yards with adjacent eight-lane 25 yard warm-up pool. The competition courses have been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Pool Depth Measurement at South End 2M, North End 3.5M. Colorado Timing will be used.

Warm-up Procedure/Times: Prelims - Assigned warm-ups will begin each day at 7:30 AM in the competition pool. The competition pool will be closed at 8:50 AM with supervised warm-up/warm-down available in the adjoining pool. There will be assigned warm up times and lanes; two warm-up sessions may be used. Finals – warm-ups 3:00 PM. Warm-up procedures will be posted at the pool. Swimmers must be under the supervision of a USA Swimming member coach during warm ups. All swimmers must use a 3-point slide in entry into the pool for warm up, no jumping or diving.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Mary Jo Swalley at mj64bear@earthlink.net.

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event; after each event is closed, a swimmer may not check-in or scratch. The first 2 events (prelims) will close one-half hour prior to the start of the session. Prelims sessions will be swum fast to slow. Limit: a swimmer can swim no more than 3 individual events per day. In order there will be a Consolation and Championship Final for all events except 800 & 1500 freestyle. All coaches and officials on deck must have completed the online CDC or NFHS Concussion course.

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changes: Deck Changes are prohibited.

Eligibility: Open to 2019 SCS member athletes who: 1. Have Winter Junior National or faster times or 2. Are selected by the SCS Senior Committee through the Geographic Committee January Senior Qualifying Meets and Procedures. Selected Swimmers must be entered by their coach. All entries are due by 5:00 PM, Monday, February 4.

Submitted/Qualifying Times: All entry times shall be times achieved at the January qualifying meets or shall be times faster than the Winter Junior National time standard by event. Times will be verified through SWIMS.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may **UNATTACH** (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Entry Fees: \$14 individual surcharge, \$7.50 per event. Returned checks will incur a service fee per SCS policy. Make checks payable to: **Southern California Swimming**

Mail entries to:

SCS Senior Challenge
c/o Judi Divan
33561 Calle Miramar
San Juan Capistrano, CA 92675

Email entries to: divanj@cox.net

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Entry Deadline 5:00 PM, Monday, February 4, 2019
 Selected Swimmers must be entered by their coach by entry deadline

QUALIFYING TIMES:

1. Events entered through January Selection Meets must be entered at the time achieved at the Selection Meet.
2. Events entered with previous Jr National or faster times must have been achieved between January 1, 2018 and February 4, 2019.

Women Event #	Friday, February 15, 2019	Men Event #
1	Women 800 Free – Men 1500 Free	2
	Saturday, February 16, 2019	
3	200 Meter Freestyle	4
5	100 Meter Breaststroke	6
7	200 Meter Butterfly	8
9	50 Meter Freestyle	10
11	Women 200 IM – Men 400 IM	12
13	100 Meter Backstroke	14
15	Women 400 Meter Freestyle	
	Timed Final Men 800	16
	Sunday, February 17, 2019	
17	100 Meter Butterfly	18
19	200 Meter Breaststroke	20
21	100 Meter Freestyle	22
23	Women 400 IM – Men 200 IM	24
25	200 Backstroke	26
	Men 400 Meter Freestyle	27
28	Timed Final Women 1500 Free	

ENTER SHORT COURSE YARD TIMES

Meet will be swum LONG COURSE METERS
 Swimmers entering times faster than Winter Junior National
 standard MAY enter long course Meter times
 BUT will be seeded after Yard entry times

Friday warm ups 3:30 PM. Meet starts 5:00 PM
 Saturday and Sunday Prelim warm ups 7:30-8:50 AM . Meet starts 9:00 AM
 Finals warm ups 3:00 PM. Finals start 4:00 PM

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.