



Pacific Committee Summer SCY Finale

SATURDAY, July 20, 2019

Sponsored by Pacific Committee and ZAP

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. #19-259

Sponsored By: ZAP & Pacific Committee

Received by deadline: 5:00 pm, Thursday, July 11, 2019

Date of Meet: Saturday, July 20, 2019

Warm-up: Ages 11-18: 7:00-7:40 am; Ages 5-10: 7:45-8:15 am Start of Meet: 8:30 am

POOL: Palos Verdes PENINSULA High School; 27118 Silver Spur Road, Rolling Hills Estates, CA 90274.

COURSE: Outdoor, 25-yard by 42-meter pool with 8 competition lanes and additional lanes for warm up/warm down throughout the meet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Pool depth: start end: 7"; turn end: 7".

WARM UP PROCEDURES: Lanes will be open for USA Swimming Member Coach supervised warm-up Ages 11-18: 7:00-7:40 am; Ages 5-10: 7:45-8:15 am; Diving will be allowed in designated lanes only under the supervision of certified coaches. The pool will close 15 min before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm-up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Judy Shim @ judyshim@cox.net.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form (See 2017 SCS Swim Guide). This meet will limit entries to meet the "4 Hour" rule. **SWIMMERS MUST CHECK IN with the clerk of course 30 MIN PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Age groups are 5-6, 7-8, 9-10, 11-12, 13-14 and 15 & over. Swimmers must be at least 5 years old on July 20, 2019 to enter this meet. Events will be seeded and swum combined, by time. Results and awards will be by age group. **Swimmers may swim a maximum of 4 individual events.** ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST. All coaches on deck must complete the CDC or NFHS Concussion course.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (Pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Pacific Committee athletes or unattached who hold 2019 USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet-processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted, space available; please submit a copy of registration with entry. There are no minimum time standards or other qualifying times for this meet, but swimmers may not enter events in which they have BLUE times. "No time" entries will be accepted. The 13/over 50s of strokes have no max times as there are no SCS standards. **Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All Athletes 18 years and older must complete the online Athlete Protection Training before the meet, in order to compete.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). "No Time" entries are accepted for this meet. For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: INDIVIDUAL EVENTS: 5-6, 7-8, 9-10, and 11-12 will be awarded medals places 1-3. No awards will be given for the 13/older events.

ENTRY FEES: \$4.50 for each individual event along with a \$10.50 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded. Relays are \$5/entry.**

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, THURSDAY, July 11, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO: Latha and Sathish Chandrasekaran

Attn: ZAP meet entries

1200 W Jasmine Walk, Torrance, CA 90502

Email for team electronic entries only: zapmeet.entries@gmail.com

Questions: SCS Office (310) 684-1151

IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASONS OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.

ORDER OF EVENTS

All individual events will be swum mixed ages and gender but awarded separately.

Event #	Age	Event
1	9-up	200 Freestyle
2	5-up	100 Freestyle
3	9-up	100 Breaststroke
4	5-up	50 Breaststroke
5	5-8	25 Breaststroke
6	9-up	100 Backstroke
7	5-up	50 Backstroke
8	5-8	25 Backstroke
9	9-up	100 Butterfly
10	5-up	50 Butterfly
11	5-8	25 Butterfly
12	9-up	200 Individual Medley
13	5-12	100 Individual Medley
14	5-up	50 Freestyle
15	5-8	25 Freestyle
16	15/up girls	200 Freestyle Relay
17	15/up boys	200 Freestyle Relay
18	13-14 girls	200 Freestyle Relay
19	13-14 boys	200 Freestyle Relay
20	11-12 girls	200 Freestyle Relay
21	11-12 boys	200 Freestyle Relay
22	5-10 girls	200 Freestyle Relay
23	5-10 boys	200 Freestyle Relay
24	11-18	500 Freestyle

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