



MEET NAME: 2026 SBSC January IMX Meet

SPONSORED BY:

Southern California Swimming

Team: Santa Barbara Swim Club

Committee: Coastal

Held under the sanction of USA Swimming.

Sanction Number: S26-002

MEET DATES: January 24, 2026 **Through** January 25, 2026.

Warmup Time: 7:30 AM **Meet Start Time:** 9:00 AM

Pool Address: Carpinteria Community Pool located at 5305 Carpinteria Ave, Carpinteria, CA 93013

Directions: Exit the 101 freeway at Exit 86A, Casitas Pass Road. Head south on Casitas Pass Road toward the beach, then turn right onto Carpinteria Avenue. Continue just a short distance; the Carpinteria Community Pool will be on your right at 5305 Carpinteria Avenue, near Palm Avenue.

Pool Dimensions: Outdoor 25 yard pool. The competition pool has been certified in accordance with 104.2.2(C) on file with USA Swimming.

Number of Competition Lanes: 8 **Number of Warm-up Lanes:** 2

Pool depth **Start End:** 10'6" **Turn End:** 3'6"

Medical Supervision: Lifeguards, First aid and AED device will be available on site throughout the meet for all participants. All swimmers must be under the supervision of a USA Swimming member coach at all times, especially during warmups.

Warm-Up Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30am to 8:50am and a minimum 45-minute warm-up for afternoon will start at end of morning sessions. Diving will be allowed in designated dive lanes only under the supervision of coaches and marshals. Dive lanes may be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 10 minutes before the start of each session. All swimmers must use 3-point, slide-in entries into the pool during warmup, no jumping or diving.

Rules: USA Swimming rules will govern this meet. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 hour rule" for 12-Under swimmers, unless a Championship meet.

Swimmers must check in with the Clerk of Course 30 minutes prior to the start of each session for the first 4 events of that session. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet.

Swimmers must be at least 5 years old on the start date of the meet to enter. Timers are required to be provided by each team. Swimmers competing in the 400 IM and 500 Free are requested to furnish their own timers for three heats and provide their own lap counters and counting devices.

Events will be swum FASTEST to SLOWEST.

Swimmers may swim a maximum of 4 individual events and N/A relays per day.

All coaches and officials on deck must complete the CDC or NFHS Concussion course and must complete the CANRA Mandatory Reporting course prior to the start of the meet. All persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.

Recording Devices and Media Notice: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms or obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with AQUA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted at this meet for 12-Under swimmers. Please see the Tech Suit Policy on the SCS website: www.socalswim.org

Deck Changes: Deck Changes are prohibited.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Disability: Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying SCS Meet Form Rev. 2025_D

their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

Eligibility: Open to Coastal Committee athletes who hold a 2026 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. No late or deck registration will be accepted. Out-of-LSC entries will be accepted, space available; please submit a copy of registration with entry. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (APT) prior to the start of the meet in order to compete. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 of the USA Swimming Rules and Regulations.

Change of Affiliation: Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

Submitted Times: Times submitted must be the best recorded times short course or long course from this or preceding swim season (NO WORK OUT TIMES). For seeding purposes only, after entries close, Meet Administration may convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

Awards: Ribbons for places 1st-6th.

Entry Fees: \$6.00 per individual event, N/A per relay, and \$15.50 surcharge per swimmer. Outreach athletes are \$15.00 flat fee for the meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries.

Entry Submissions: Entries must be received by the meet processor no later than **5PM, WEDNESDAY, January 14th, 2026**. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry at the designated address, enclose a self-addressed, stamped envelope or postcard. Receipt of entries will NOT be verified by phone, email or text message.

E-mailed team entry (entry .zip file) will be accepted ONLY when received together with an attached PDF file, including electronic signature of coach, and will be dated as official at that time (5pm postmark would queue before a 10pm electronic entry, etc.). Full payment (SINGLE TEAM CHECK) for an e-mailed zip file entry must be postmarked within 48 hours of the e-mailed zip file entry. Failure to comply will be referred to the Board of Review. Team entry updates (added events) will be processed when received by the meet processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (including e-mail) ONLY. Prior to entry deadline new swimmers will be accepted SPACE PERMITTING. Deletions will not be refunded.

If entering individually, emailed or texted entries are not accepted. Please enter using the SCS Individual Meet Entry Form. Entries will be accepted SPACE PERMITTING when the entry is received TOGETHER with a check, money order or cash, by the meet processor by the entry deadline.

E-Mail Entries to: pam.jam24@gmail.com

Or Regular Mail or Hand Deliver to: Pam Nguyen; 237 Spruce Drive, Goleta, CA 93117

Make Checks Payable to: Santa Barbara Swim Club

The Meet Referee will be in charge of this meet, any questions regarding the conduct of the meet should be directed to the Meet Referee.

Meet Director: Gerry Tallman - gtallmansb@gmail.com

Meet Referee: Mary Jo Swalley – mj64bear@earthlink.net

Meet Processor: Pam Nguyen – pam.jam24@gmail.com

USA SWIMMING MEET 360:

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area.

A subsequent report should also be made to USA Swimming. A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit www.usaswimming.org/report.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including the current Minor Athlete Abuse Prevention Policy govern this meet.

Saturday January 24, 2026
Session Starts 9:00 AM - Warm-up 7:30 AM

GIRLS EVENT	AGE	LC MIN	SC MIN	EVENT	LC MIN	SC MIN	BOYS EVENT
1	13+			200 Individual Medley			2
3	13+			50 Breaststroke			4
5	13+			100 Breaststroke			6
7	13+	3:13.29	2:46.39	200 Backstroke	3:01.79	2:34.69	8
9	13+			100 Freestyle			10
11	13+	3:15.69	2:51.19	200 Butterfly	2:59.69	2:36.79	12
*13	13+	6:08.09	6:52.19	500 Freestyle	5:48.39	6:25.69	*14

*** Athletes in Events 13-14 must supply their own timers/lap counters.**

Saturday afternoon session starts a minimum 45 minutes after the conclusion of the morning session

GIRLS EVENT	AGE	LC MIN	SC MIN	EVENT	LC MIN	SC MIN	BOYS EVENT
15	11-12			200 Individual Medley			16
17	9-10	4:15.69	3:42.09	200 Individual Medley	4:09.49	3:38.59	18
19	11-12			50 Breaststroke			20
21	9-10			50 Breaststroke			22
23	8 & U			50 Breaststroke			24
25	11-12			100 Freestyle			26
27	8 & U			25 Freestyle			28
29	9-10			100 Freestyle			30
31	11-12			50 Backstroke			32
33	9-10			50 Backstroke			34
35	8 & U			50 Backstroke			36
37	11-12			100 Butterfly			38
39	9-10	2:12.79	1:56.69	100 Butterfly	2:09.49	1:53.49	40
41	8 & U			25 Butterfly			42
*43	11-12	6:32.89	7:16.89	500 Freestyle	6:21.09	6:59.89	*44

*** Athletes in Event 43-44 must supply their own timers/lap counters.**

Sunday January 25, 2026

Session Starts 9:00 AM - Warm-up 7:30 AM

GIRLS EVENT	AGE	LC MIN	SC MIN	EVENT	LC MIN	SC MIN	BOYS EVENT
45	13+			200 Freestyle			46
47	13+			50 Backstroke			48
49	13+			100 Backstroke			50
51	13+	3:40.29	3:10.99	200 Breaststroke	3:22.79	2:54.89	52
53	13+			50 Butterfly			54
55	13+			100 Butterfly			56
57	13+			50 Freestyle			58
*59	13+	6:57.99	6:05.79	400 Individual Medley	6:30.69	5:37.69	*60

*** Athletes in Event 59 and 60 must provide their own timers.**

Sunday afternoon session starts a minimum 45 minutes after the conclusion of the morning session

GIRLS EVENT	AGE	LC MIN	SC MIN	EVENT	LC MIN	SC MIN	BOYS EVENT
61	11-12			200 Freestyle			62
63	9-10	3:50.99	3:22.79	200 Freestyle	3:36.69	3:09.49	64
65	8 & U	1:44.09	1:30.79	100 Freestyle	1:40.99	1:27.99	66
67	11-12			50 Butterfly			68
69	9-10			50 Butterfly			70
71	8 & U			50 Butterfly			72
73	11-12			100 Backstroke			74
75	9-10	2:01.59	1:45.79	100 Backstroke	1:56.69	1:40.69	76
77	8 & U			25 Backstroke			78
79	11-12			50 Freestyle			80
81	9-10			50 Freestyle			82
83	8 & U			50 Freestyle			84
85	11-12			100 Breaststroke			86
87	9-10	2:19.39	2:00.29	100 Breaststroke	2:12.89	1:54.09	88
89	8 & U			25 Breaststroke			90
91	11-12			100 Individual Medley			92
93	9-10			100 Individual Medley			94
95	8 & U			100 Individual Medley			96