

Rio Mesa Swim Club JO Qualifier -Updated

DATE OF MEET:	Jan 15-17, 2011
SANCTIONED BY:	Southern California Swimming, USA Swimming
STARTING TIME:	9:00 a.m. (Check-in/Warm-up at 7:30 a.m.)
SANCTION NUMBER:	11-012
ENTRY DEADLINE: HAND DELIVER TO:	Postmarked by Wed, Jan 5, 2011. Entries will be limited to meet the 4-hour rule. 2724 Lorraine Pl., Simi Valley, CA 93065 by 8pm Thursday, Jan 6 th , will be accepted
LOCATION:	Rio Mesa High School Pool, 545 Central Ave., Oxnard, CA 93036 101 fwy to Central Ave. Turn north onto Central. Proceed to Rio Mesa High School.
COURSE:	Short Course--Pool is an outdoor 25-yard pool with up to 10 competition lanes and 4 warm-up lanes. The competition pool is 12ft. deep in Lane 1 and 7ft. deep in Lane 10 The Competition course has been certified in accordance with 104.2.2 Glass containers are not allowed in pool area.
WARM-UP:	Swimmers warming up or down before, during, and after the meet must be under the direct supervision of a current 2011 USA Swimming coach. Warm up rules will be announced and enforced. No diving into the pool except for the sprint lanes as directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.
CHECK-IN:	Swimmers must check-in with the Clerk of Course for each they wish to swim. After an event has been officially closed, swimmers <u>MAY NOT CHECK IN OR SCRATCH</u> . Swimmers in the first 4 events, each session, must check-in at least 30 minutes prior to the start of the meet. Swimmers who check-in and fail to swim an event will be scratched from their next individual event. Swimmers must swim in their actual age group as determined by age on the first day of the meet.
RULES:	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy. All events at committee level meets shall be considered Age Group competition under SCS Rules & Procedures, part Four, I, E. 5-8 swimmers may swim as an 5-8 OR as a 5-10, not any combination.
ELIGIBILITY:	Open to athletes who are 2011 USA Swimming registered in the Coastal committee and swimmers from outside of SCS on a space-available basis. Clubs must be 2011 registered to be represented at this meet. Registration application must be received by Monday prior to first day of the meet by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age Group meets, swimmers 18 & younger must prove birth date prior to competition. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and Club (see SCS Swim Guide, Part One, III, 8) if registration is completed at meet.
CHANGE OF AFFILIATION:	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.
SUBMITTED TIMES:	Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (NO WORKOUT TIMES). All non conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. Do not submit (NT) (no time) or ET (estimated time) except for White division entries. If a swimmer does not have a recorded time but is otherwise qualified, swimmer may enter at minimum (see Swim Guide for exceptions). Please make sure your entry times are correct. We reserve the right to refuse to make adjustments the day of the meet.
UNACCOMPANIED SWIMMER:	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start each race from within the water. It is the responsibility of the swimmer or the swimmer's Legal guardian to ensure compliance with this requirement.
ENTRY PROCEDURE:	Submit one SCS consolidated entry card per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. SWIMMERS ARE LIMITED TO 5 EVENTS PER DAY.
ELECTRONIC ENTRIES:	#1 – E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). #2 Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. #3 Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. #4 DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
FEES:	\$3.25 per INDIVIDUAL EVENT plus a \$7.50 surcharge PER SWIMMER. A check for the total amount must accompany each entry to the address below (NOT THE SWIM OFFICE). You should enclose a self-addressed stamped envelope or postcard to confirm receipt of your entry. NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY.
AWARDS:	Ribbons 1st thru 8th places for the following Age Groups: 5-8, 5-10, 11-12, 13/up, OPEN.
CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
MAIL ENTRIES TO:	Alina de Armas PO Box 63, Simi Valley, CA 93062 dearmas1@gmail.com
EMAIL & Entry questions:	(805) 522-4134
FOR FURTHER INFO:	Bill Oliver 805 701-2038 Receipt of entry will not be verified by phone or email. Recommend Postal Service Proof of Mailing. Do NOT use certified, registered or special delivery mail services.

RMSC Last Chance JO Qualifier-Updated

SATURDAY Jan 15, AM Session 9:00am start, 7:30am warm-up

GIRLS	AGE	TIME STANDARD	EVENT	STANDARD	BOYS
1A	5 - 10	2:42.00*	500 FREE	2:41.80*	2A
1	11 - 12	6:59.50	500 FREE	7:05.30	2
3	5 - 10	BRW	100 BREAST	BRW	4
5	11 - 12	BRW	100 BREAST	BRW	6
7	5 - 8	BRW	50 BREAST	BRW	8
9	5 - 10	BRW	50 FREE	BRW	10
11	11 - 12	BRW	50 FREE	BRW	12
13	5 - 8	BRW	25 FREE	BRW	14
15	5 - 10	BRW	100 FLY	BRW	16
17	11 - 12	BRW	100 FLY	BRW	18
19	5 - 8	BRW	100 IM	BRW	20
21	11 - 12		200 FR		22
23	5 - 10		200 FR		24
25	5 - 8		100 FR		26

***200 Free qualifying Time**

SATURDAY Jan 15 no sooner than 12:00pm start

27	OPEN	5:48.20	400 IM	5:48.90	28
29	OPEN	2:46.20	200 BACK	2:51.40	30
31	13 & UP	BRW	100 BREAST	BRW	32
33	13 & UP	BRW	100 FREE	BRW	34
35	OPEN		400 FR		36
37	OPEN	12:58.60	1000 FREE	13:09.80	38

SUNDAY Jan 16, AM Session 9:00am start, 7:30am warm-up

GIRLS	AGE	TIME STANDARD	EVENT	STANDARD	BOYS
39	11 - 12	BRW	200 FREE	BRW	40
41	5 - 10	2:56.80	200 FREE	2:56.50	42
43	5 - 8	BRW	100 FREE	BRW	44
45	11 - 12	BRW	50 BACK	BRW	46
47	5 - 10	BRW	50 BACK	BRW	48
49	5 - 8	BRW	25 BACK	BRW	50
51	11 - 12	BRW	100 IM	BRW	52
53	5 - 10	1:34.40	100 IM	1:34.80	54
55	11 - 12	BRW	50 FLY	BRW	56
57	5 - 10	BRW	50 FLY	BRW	58
59	5 - 8	BRW	25 FLY	BRW	60
61	11 - 12		200 MR		62
63	5 - 10		200 MR		64
65	5 - 8		100 MR		66

SUNDAY Jan 16 no sooner than 12:00pm start

67	OPEN	6:24.60	500 FREE	6:29.80	68
69	13 & UP	BRW	100 BACK	BRW	70
71	OPEN	2:43.20	200 FLY	2:47.40	72
73	13 & UP	BRW	200 IM	BRW	74
75	OPEN		400 MR		76

MONDAY Jan 17, AM Session 9:00am start, 7:30am warm-up

GIRLS	AGE	TIME STANDARD	EVENT	STANDARD	BOYS
77	11 - 12	BRW	200 IM	BRW	78
79	5 - 10	3:23.50	200 IM	3:24.50	80
81	5 - 8	BRW	50 FLY	BRW	82
83	11 - 12	BRW	100 BACK	BRW	84
85	5 - 10	BRW	100 BACK	BRW	86
87	5 - 8	BRW	50 BACK	BRW	88
89	11 - 12	BRW	50 BREAST	BRW	90
91	5 - 10	BRW	50 BREAST	BRW	92
93	5 - 8	BRW	25 BREAST	BRW	94
95	11 - 12	BRW	100 FREE	BRW	96
97	5 - 10	BRW	100 FREE	BRW	98
99	5 - 8	BRW	50 FREE	BRW	100
101	11 - 12		400 FR		102
103	5 - 10		400 FR		104
105	5 - 8		200 FR		106

MONDAY Jan 17 no sooner than 12:00pm start

107	13 & UP	BRW	200 FREE	BRW	108
109	OPEN	3:08.80	200 BREAST	3:09.00	110
111	13 & UP	BRW	50 FREE	BRW	112
113	13 & UP	BRW	100 FLY	BRW	114
115	OPEN		200 FR		116
117	OPEN	21:32.10	1650 FREE	21:51.50	118

ENTRIES WILL BE LIMITED TO MEET THE 4-HOUR RULE

5-8 swimmers may swim as an 5-8 or as a 5-10, not any combination

SWIMMERS ARE LIMITED TO FIVE (5) INDIVIDUAL EVENTS PER DAY

1000 FREE, & 1650 FREE SWIMMERS MUST PROVIDE THEIR OWN TIMERS FOR 3 HEATS

500 FREE, 1000 FREE, & 1650 FREE SWIMMERS MUST PROVIDE THEIR OWN LAP COUNTERS

1000 FREE & 1650 FREE WILL BE SWUM FASTEST TO SLOWEST, ALTERNATING GIRLS AND BOYS