

# LVSC Memorial Day Invite 2023



Sanctioned by: USA Swimming & Southern California Swimming  
Sponsored By: LVSC of Desert Committee  
Date of Meet: Fri May 26, 2023 – Sun May 28, 2023  
Warm-up Start Time: 12pm Friday, 7:30am Sat/Sun

Sanction No. : #S23-126  
Received by deadline: 5pm, May 17, 2023  
Start of Meet: 1pm Fri; 8:30am Sat/Sun

**POOL:** 101 S. Pavilion Center Drive, Las Vegas, NV 89144; DIRECTIONS: Corner of Alta Drive/Pavilion Center Drive next to Palo Verde High School

**COURSE:** Indoor 8 lane 50m course, 7 lanes designated for competition, one outside lane + additional space for warm-up/warm-down. The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming. Pool depth: start end 13.8 feet, turn end 4.6 feet.

**WARM-UP Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up on Friday, Saturday, Sunday. *Depending on number of entries, warmup session may be split. AM warmup session will move to begin at 7am in this case.* Team warmup lanes will be assigned and announced the week of the meet. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. The pool will close 10 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee: Cheryl Pearson

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. Positive check in will be used for ALL EVENTS.** Swimmers must check in with clerk of course 30 minutes prior to the start of each session for the first four events of that session. After the event has officially been closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. All events are timed finals. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on May 26, 2023 to enter this meet. Athletes 11 and over may enter Senior events. **Swimmers may only swim one session per day and cannot swim the same event multiple times during the meet.** Timers are requested to be provided by each team. Swimmers in events 25, 26, 27, 28 must provide their own timers and counter. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day (including relays). All coaches and officials on deck must complete CDC or NFHS Concussion course. Coaches and Officials must complete the CANRA Mandatory Reporting Course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed for 12&under swimmers. **Tech suits are only permitted in 13-14 and Senior events.** Please see the Tech Suit Policy on the SCS website: [www.socalswim.org](http://www.socalswim.org)

**DECK CHANGES:** Deck Changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to athletes who hold 2023 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to meet entry deadline. No late or deck registration will be accepted. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out-of-LSC entries will be accepted, space available; please submit a copy of registration with entry. Registration application **must be received by the meet entry deadline** by meet processor. **All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete.**

**CHANGE OF AFFILIATION:** Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course (**NO WORK OUT TIMES**) from this or the preceding swim season. For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event, scy/scm times must meet LCM conversion. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** 12&under Events: A (A times or faster): 1<sup>st</sup>-3<sup>rd</sup> medals; 4<sup>th</sup>-8<sup>th</sup> ribbons; B (B and BB times): 1-8<sup>th</sup> ribbons; C (slower than B): 1<sup>st</sup>-8<sup>th</sup> ribbons  
13-14 Events: No divisions: 1<sup>st</sup>-3<sup>rd</sup> medals; 4<sup>th</sup>-8<sup>th</sup> ribbons; Senior Events: No awards for Senior events (exception: Relays)  
Relays: All relays award medals 1<sup>st</sup>-3<sup>rd</sup> place

**ENTRY FEES:** \$5.50 for each individual event along with a **\$15.00 surcharge per swimmer AND \$10.00 facility fee per swimmer** must accompany each individual entry card. **Relays are \$10 per relay.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached. PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted space available. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

**RELAYS:** 12&under relays will swim at the end of Session 1; 13&over relays at the beginning of session 2. 5 minute break may be added before or after relays at the discretion of the meet ref. Swimmers cannot swim the same relay in multiple age groups. **Relay entries are due with entries by the entry due date.** No deck entries will be allowed.

**ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY May 17, 2023. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding

receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

**Make Checks payable to Las Vegas Swim Club. MAIL ENTRIES TO: Kathy Guerrero 9572 Grapeland Ave, Las Vegas, NV 89148**

Email for team electronic entries only: swimmermom05@gmail.com

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

**Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) govern this meet.**

**Meet Director: Rene Carlsen; rene Carlson@yahoo.com**

**Meet Referee: Cheryl Pearson; cherylpearson.lv@gmail.com**

**Admin Referee/Meet Processor: Kathy Guerrero; swimmermom05@gmail.com**

### **Additional Requirements and Procedures Due to Covid-19**

**Las Vegas Swim Club will work closely with City of Las Vegas, in conjunction with Clark County, to determine all Covid protocols for the event. Procedures may be added or adjusted as protocols change. Participating teams will be sent any required procedures the week of the meet. This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19.**

*We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.*

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



## LVSC Memorial Day Invite 2023 Order of Events

### Day 1 – Friday May 26, 2023

	Min Time	Min Time	Friday Session #1	Min Time	Min Time	
Girls	(LCM)	(SCY)	Warm Up 12pm, 1pm Start of Meet	(SCY)	(LCM)	Boys
1			7-10 200 IM			2
3			11-12 200 IM			4
5	3:45.79	3:18.99	7-10 400 Freestyle^	3:06.69	3:33.49	6
7	6:23.89	7:08.79	11-12 400 Freestyle	6:57.29	6:15.49	8
9			12&Under 400 Med Relay			10
11			12&under 400 Free Relay			12

	Min Time	Min Time	Friday Session #2	Min Time	Min Time	
Girls	(LCM)	(SCY)	Warm Up Immediately Following Session #1	(SCY)	(LCM)	Boys
13			Senior 400 Med Relay			14
15			13-14 400 Med Relay			16
17			Senior 400 Free Relay			18
19			13-14 400 Free Relay			20
21	6:47.89	5:55.89	Senior 400 IM	5:41.49	6:14.09	22
23	6:55.49	6:03.59	13-14 400 IM	5:26.99	6:32.69	24
25	12:21.29	13:49.19	Senior 800 Free*	12:52.99	11:40.09	26
27	22:02.19	23:05.19	Senior 1500 Free*	21:35.39	20:33.99	28

### Day 2 – Saturday May 27, 2023

	Min Time	Saturday AM Session #3	Min Time	
Girls	(LCM)	Warm Up 7:30am, 8:30am Start of Meet	(LCM)	Boys
29		7-10 200 Freestyle		30
31		11-12 200 Freestyle		32
33		5-8 50 Breaststroke		34
35		7-10 50 Breaststroke		36
37		11-12 50 Breaststroke		38
39		7-10 100 Backstroke		40
41		11-12 100 Backstroke		42
43		5-8 50 Freestyle		44
45		7-10 50 Freestyle		46
47		11-12 50 Freestyle		48
49		7-10 100 Butterfly		50
51		11-12 100 Butterfly		52

Day 2 continued...

	Min Time	Min Time	Saturday PM Session #4	Min Time	Min Time	
Girls	(LCM)	(SCY)	Warm Up Immediately following AM Session	(SCY)	(LCM)	Boys
53			13-14 100 Backstroke			54
55			Senior 100 Backstroke			56
57			13-14 50 Breaststroke			58
59	3:35.89	3:05.99	Senior 200 Breaststroke	2:48.19	3:15.39	60
61			13-14 200 Freestyle			62
63			Senior 200 Freestyle			64
65			13-14 100 Butterfly			66
67			Senior 100 Butterfly			68
69			13-14 200 IM			70
71			Senior 200 IM			72
73			13-14 50 Freestyle			74
75			Senior 50 Freestyle			76

## Day 3 – Sunday, May 28

	Min Time	Sunday AM Session #5	Min Time	
Girls	(LCM)	Warm Up 7:30am, 8:30am Start of Meet	(LCM)	Boys
77		5-8 100 Freestyle		78
79		7-10 100 Freestyle		80
81		11-12 100 Freestyle		82
83		5-8 50 Backstroke		84
85		7-10 50 Backstroke		86
87		11-12 50 Backstroke		88
89		7-10 100 Breaststroke		90
91		11-12 100 Breaststroke		92
93		5-8 50 Butterfly		94
95		7-10 50 Butterfly		96
97		11-12 50 Butterfly		98

	Min Time	Min Time	Sunday PM Session #6	Min Time	Min Time	
Girls	(LCM)	(SCY)	Warm Up Immediately Following AM Session	(SCY)	(LCM)	Boys
99			Senior 100 Freestyle			100
101			13-14 100 Freestyle			102
103	3:08.39	2:42.99	Senior 200 Backstroke	2:27.99	2:53.79	104
105			13-14 50 Backstroke			106
107			Senior 100 Breaststroke			108
109			13-14 100 Breaststroke			110
111	3:07.29	2:45.29	Senior 200 Butterfly	2:31.29	2:52.29	112
113			13-14 50 Butterfly			114
115	5:58.49	6:40.59	Senior 400 Freestyle	6:10.59	5:33.69	116

### Notes/ Rules:

- ^Use 7-10 200Free time to enter 400Free (Nat B time standard)
- 12&under relays open to swimmers aged 5-12
- Must be at least 11 years old to compete in Senior events

- Swimmers can swim only one session per day
- Relay heats may be combined depending on number of entries
- 5 Minute break may be added before or after relays at the discretion of meet referee
- \*Events 25-28 (Senior 800Free and 1500Free) will be swum fastest to slowest, alternating Grils/Boys and alternating 2 heats of 800, 2 heats of 1500 (i.e. Heat 1 Girls 800; Heat 2 Boys 800; Heat 3 Girls 1500; Heat 4 Boys 1500). Swimmers provide their own timer and counter.
- 8&under swimmers may compete in 5-8 and 7-10 events in any combination, but they may not swim the same event multiple times over the course of the meet
- Swimmers must meet listed time standard.
- Swimmers may not compete in the same event more than once (in multiple age groups and/or on multiple days)

LVSC wants to send a huge THANK YOU to our sponsors for helping make this a great event!! Please support our sponsors:



# HOTEL INFORMATION

A room block with a discounted room rate has been set up specifically for **Las Vegas Swim Club** at the **Suncoast Hotel & Casino** (located just 3 miles from Pavilion Center Pool). The following advice/reminders will assist you in making your room reservation:

- For the fastest connection, please click: [LV Swim Club-LVSE23C](#)
- Guests are encouraged to make their reservation online, so you may want to visit the Hotel's website at <http://www.suncoastcasino.com/groups>. Within the website you will be required to enter the assigned Reservation ID: **LVSE23C** to retrieve special rates.
- Toll free reservations: Individuals may also call Hotel's Room Reservations Department direct at 866-636-7111 and identify themselves as members of a group or convention with Reservation ID: **LVSE23C**. Without this Reservation ID, you will not receive the special rate as noted in this courtesy letter, and may be advised that Hotel is sold out.
- First night's room and tax will be required when making reservation.
- Daily Rates:
  - Friday May 26, 2023: \$159
  - Saturday May 27, 2023: \$159
  - Sunday May 28, 2023: \$84
- All rates are subject to a Clark County room tax, currently thirteen-percent (13%) and subject to increase without prior notice. Resort fee (\$29.99) is already included in the inclusive totals.
- *The cut-off date for room reservations will be **April 26, 2023**. At the close of business on this date, all unsold rooms will return to inventory and group rate will no longer be valid.*
- Hotel Amenities (on site):
  - Resort Pool, Fitness Center
  - Restaurants (Casual and Fine Dining)
  - Movie Theatre, Bowling Alley and Arcade
  - Casino (Note: Minors may not loiter in, or near any gaming area)
  - Free Parking surface or garage



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