

GOLDEN WEST SWIM CLUB FREAKY HALLOWEEN SPRINT MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S16-248
Sponsored by: GOLDEN WEST SWIM CLUB
Orange Committee

DATE OF MEET: October 29 & 30, 2016
ENTRIES RECEIVED BY 5:00PM: **October 19, 2016 (WEDNESDAY)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

The afternoon Session will begin no sooner than 12:00 pm or 45 minutes after the conclusion of the Morning Session.

POOL: GOLDEN WEST COLLEGE POOL, 15744 GOLDEN WEST AVENUE, HUNTINGTON BEACH, CA. Take 405 freeway north or south to Golden West Avenue. Go south on Golden West past McFadden to Golden West College. Park near the tennis courts for quick access to the pool. Additional parking available on Gothard, 1 block east of Golden West Avenue.

COURSE: GOLDEN WEST COLLEGE POOL is an outdoor 50 meter pool; 25 yard competition area with eight (8) swimming lanes, and a warm-up area. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Dimensions at Start end = 9', Turn end = 8.5'.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

SPECIAL NOTICE: SWIMMERS MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY. RELAYS WILL BE SWUM TIME PERMITTING. Golden West Swim Club will limit entries to meet the "4 hour" rule for each session. THIS MEET IS OPEN TO ALL SCS ORANGE COMMITTEE MEMBERS and LBSH. Relays will be swum time permitting. 7-8 swimmers may enter 5-8 or 7-10 events but not a combination. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2014 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on **October 29, 2016.**

RECORDING DEVICES

& MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, IS NOT PERMITTED in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. The meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

DECK CHANGES: Deck changes are prohibited.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

RACING START CERTIFICATION:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2016 or 2017 USA Swimming members. SCS athletes must be members of the Orange Committee or LBSH to be eligible for entry into this meet. Registration application must be received by **OCTOBER 19, 2016** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in the SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.

CHANGE OF AFFILIATION:

Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

SUBMITTED TIMES:

Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

AWARDS: All age groups will be broken into two groups by entered times. The dividing point will be determined after all entries are submitted.

GOBLINS (Group 1 – Faster times)
GHOSTS (Group 2 – Slower Times)
HEAT WINNERS

RIBBONS 1st through 6th
RIBBONS 1st through 6th
PUMPKINS

ENTRY FEE: **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry.** Relays are \$10.00 per relay team entered and is due and payable on deck at the meet. E-mail entry (entry zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 PM, WEDNESDAY, OCTOBER 19, 2016. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	JULSONLL@AOL.COM
MAIL TO:	LYNDA JULSON
	25552 Loganberry Lane
	Lake Forest, CA 92630

For further meet information email: Tracymaurer60@gmail.com Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GOLDEN WEST SWIM CLUB FREAKY HALLOWEEN SPRINT MEET

Date of Meet: October 29 & 30, 20163

ENTRIES RECEIVED BY 5:00 PM: **October 19, 2016 (Wednesday)**

Times submitted must be Best Recorded Times short course or long course.

After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

GWSC WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

The afternoon session will begin no sooner than 12:00PM or 45 minutes after the conclusion of the Morning Session

Girls		Saturday, October 29, 2016 9:00 am			Boys	
No.		Age	Event	No		
1		7-10	100 Yard Backstroke	2		
3		7-10	25 Yard Freestyle	4		
5		5-8	25 Yard Freestyle	6		
7		7-10	50 Yard Butterfly	8		
9		5-8	50 Yard Butterfly	10		
11		7-10	100 Yard Freestyle	12		
13		5-8	100 Yard Freestyle	14		
15		7-10	25 Yard Breaststroke	16		
17		5-8	25 Yard Breaststroke	18		
19		7-10	50 Yard Backstroke	20		
21		5-8	50 Yard Backstroke	22		
23		7-10	200 Yard Individual Medley	24		
25	Relays	5-8	100 Yard Freestyle Relay	26		
27	Deck	7-10	100 Yard Freestyle Relay	28		
29	Entered by	5-8	200 Yard Medley Relay	30		
31	Coaches	7-10	200 Yard Medley Relay	32		

Girls		Sunday, October 30, 2016 9:00 am			Boys	
No.		Age	Event	No		
69		7-10	50 Yard Freestyle	70		
71		5-8	50 Yard Freestyle	72		
73		7-10	100 Yard Breaststroke	74		
75		7-10	25 Yard Butterfly	76		
77		5-8	25 Yard Butterfly	78		
79		7-10	50 Yard Breaststroke	80		
81		5-8	50 Yard Breaststroke	82		
83		7-10	100 Yard Butterfly	84		
85		7-10	25 Yard Backstroke	86		
87		5-8	25 Yard Backstroke	88		
89		5-8	100 Yard Individual Medley	90		
91		7-10	100 Yard Individual Medley	92		
93	Relays	5-8	100 Yard Medley Relay	94		
95	Deck	7-10	100 Yard Medley Relay	96		
97	Entered by	5-8	200 Yard Freestyle Relay	98		
99	Coaches	7-10	200 Yard Freestyle Relay	100		

PM Sessions will begin no sooner than 12:00pm or 45 min. after the conclusion of the AM Sessions or at the discretion of the meet Referee

33		13 & Up	100 Yard Backstroke	34		
35		11/12	100 Yard Backstroke	36		
37		13 & Up	25 Yard Freestyle	38		
39		11/12	25 Yard Freestyle	40		
41		13 & Up	25 Yard Breaststroke	42		
43		11/12	25 Yard Breaststroke	44		
45		13 & Up	50 Yard Butterfly	46		
47		11/12	50 Yard Butterfly	48		
49		13 & Up	100 Yard Freestyle	50		
51		11/12	100 Yard Freestyle	52		
53		13 & Up	50 Yard Backstroke	54		
55		11/12	50 Yard Backstroke	56		
57		13 & Up	200 Yard Individual Medley	58		
59		11/12	200 Yard Individual Medley	60		
61	Relays	13 & Up	100 Yard Freestyle Relay	62		
63	Deck	11/12	100 Yard Freestyle Relay	64		
65	Entered by	13 & Up	200 Yard Medley Relay	66		
67	Coaches	11/12	200 Yard Medley Relay	68		

101		13 & Up	50 Yard Freestyle	102		
103		11/12	50 Yard Freestyle	104		
105		13 & Up	100 Yard Breaststroke	106		
107		11/12	100 Yard Breaststroke	108		
109		13 & Up	25 Yard Butterfly	110		
111		11/12	25 Yard Butterfly	112		
113		13 & Up	25 Yard Backstroke	114		
115		11/12	25 Yard Backstroke	116		
117		13 & Up	50 Yard Breaststroke	118		
119		11/12	50 Yard Breaststroke	120		
121		13 & Up	100 Yard Butterfly	122		
123		11/12	100 Yard Butterfly	124		
125		13 & Up	100 Yard Individual Medley	126		
127		11/12	100 Yard Individual Medley	128		
129	Relays	13 & Up	100 Yard Medley Relay	130		
131	Deck	11/12	100 Yard Medley Relay	132		
133	Entered by	13 & Up	200 Yard Freestyle Relay	134		
135	Coaches	11/12	200 Yard Freestyle Relay	136		

***Relays will be swum time permitting. LBSH may attend this meet.

7-8 swimmers may enter 5-8 or 7-10 events but not a combination.