

## RW SC Spring Splash at FAC

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. S19-#S19-084

Sponsored By: FAC & Eastern Committee

Received by deadline: 5:00 pm, Wednesday April 3, 2019

Date of Meet: April 13-14, 2019

Warm-up: 7:00 am, Saturday & Sunday

Start of Meet: 8:30 am, Saturday & Sunday

**POOL:** Fontana Park Aquatics Center, 15556 Summit Ave. Fontana 92336. (at the corner of Knox Ave)

**DIRECTIONS:** From the 15 fwy, exit Summit Ave and go east. Turn north at Knox then left into the Aquatic Center parking. From the 210 fwy eastbound, turn north onto the 15 fwy and exit Summit as above; from the 210 westbound, exit Citrus and turn right, then left at Summit, right at Knox.

**COURSE:** Outdoor 25 yd x 44 meter pool with 8 competition lanes and 4 warm-up lanes. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end ln 1: 12' ln 8 7', turn end ln 1 12' in 8 7'.

**Warm-up Procedures:** All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Paul Szuszkiewicz [pszsz@hotmail.com](mailto:pszsz@hotmail.com)

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on April 13, 2019 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 and longer freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: [www.socialswim.org](http://www.socialswim.org)

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to all Eastern Committee teams athletes who hold 2019 USA Swimming Registration.. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season **(NO WORK OUT TIMES)**. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

**AWARDS:** Red Division: Ribbons 1<sup>st</sup> – 8<sup>th</sup> place      White Division: Ribbons: 1<sup>st</sup> – 8<sup>th</sup> place  
Relays: Ribbons 1 – 8<sup>th</sup> place

**ENTRY FEES:** \$4.00 for each individual event along with a \$10.00 surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, April 3, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO:

Darlys Ankeny

Email for team electronic entries only: [darlys.ankeney@gmail.com](mailto:darlys.ankeney@gmail.com)

2918 Laureltree Dr.

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

Ontario, CA 91761

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

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**April 13-14, 2019**

ENTRIES MUST BE RECEIVED BY 5:00 PM: Wednesday April 3, 2019

This meet is subject to the 4 hour rule per session.

Events will be swum fastest to slowest, starred events swum together awarded separately.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

400 and 500 yd events will be swum alternating girls and boys, swimmers are requested to provide own timers, and lap counters (500).

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

Saturday									Sunday								
Girls	Min/Max					Min/Max	Boys		Girls	Min/Max					Min/Max	Boys	
1	/1:26.61	7-10	100	yd	RW	IM	/1:26.91	2	60	/1:41.21	5-8	100	yd	RW	IM	1:38.51	61
	/1:17.71	11-12	100	yd	RW	IM	/1:17.71	3	62	23.50/3:06	7-10	200	yd	R	IM	24.50/3:07	63
4	/18.11	5-8	25	yd	RW	Freestyle	/17.61	5		/2:46.21	11-12	200	yd	RW	IM	/2:46.51	64
6	56.80/2:42	7-10	200	yd	R	Freestyle	2:56.50/2:	7	65	57.80/48.11	5-8	50	yd	R	Backstro	56.30/46.81	66
		11-12	200	yd	RW	Freestyle	/2:24.61	8	67	/40.51	7-10	50	yd	RW	Backstro	/40.41	68
9	55.60/46.31	5-8	50	yd	R	Butterfly	56.41/47.01	10		/36.21	11-12	50	yd	RW	Backstro	/36.61	69
11	/1:29.31	7-10	100	yd	RW	Butterfly	1:29.41	12	70	/24.01	5-8	25	yd	RW	Breastro	/23.31	71
		11-12	100	yd	RW	Butterfly	/1:18.21	13	72	/1:40.01	7-10	100	yd	RW	Breastro	1:40.51	73
14	/40.51	5-8	50	yd	RW	Freestyle	/39.41	15		/1:28.91	11-12	100	yd	RW	Breastro	1:29.01	74
16	/33.91	7-10	50	yd	RW	Freestyle	/34.11	17	75	6.10/1:28	5-8	100	yd	R	Freestyle	00/1:25.01	76
		11-12	50	yd	RW	Freestyle	/30.81	18	77	/1:14.71	7-10	100	yd	RW	Freestyle	/1:14.31	78
19	/22.21	5-8	25	yd	RW	Backstro	/21.61	20		/1:06.71	11-12	100	yd	RW	Freestyle	1:06.21	79
21	/1:28.61	7-10	100	yd	RW	Backstro	1:28.71	22	80	/21.30	5-8	25	yd	RW	Butterfly	/21.31	81
		11-12	100	yd	RW	Backstro	1:20.51	23	82	/38.31	7-10	50	yd	RW	Butterfly	/38.21	83
24	02.80/52.3	5-8	50	yd	R	Breastro	01.20/51.0	25		/34.31	11-12	50	yd	RW	Butterfly	/34.51	84
26	/:45.61	7-10	50	yd	RW	Breastro	:45.61	27	85		5-8	100	yd	Mixed	Medley Relay		85
		11-12	50	yd	RW	Breastro	:41.01	28		DECK	11-12	200	yd		Medley Re	DECK	86
29		5-8	100	yd	Mixed	Freestyle Relay		29	87	ENTERED	7-10	200	yd	Mixed	Medley Re	ENTERED	87
30	DECK	5-10	200	yd	Mixed	Freestyle	DECK	30	*****Break Will Be Determined by Meet Referee*****								
	ENTERED	11-12	200	yd		Freestyle	ENTERED	31		59.50/6:24	11-12	500	yd	RW	Freestyle	/6:29.81	88
Minimum 45 minute break between sessions									Minimum 45 minute break between sessions								
32	/2:24.11	11-12	200	yd	RW	Freestyle	/2:24.60		89	/1:17.71	11-12	100	yd	RW	IM	/1:17.71	
33	/2:16.11	13-14	200	yd	RW	Freestyle	/2:10.91	34	90	/2:36.61	13-14	200	yd	RW	IM	/2:29.01	91
35	/2:16.41	15-up	200	yd	RW	Freestyle	/2:04.81	36	92	/2:37.71	15-up	200	yd	RW	IM	/2:21.71	93
37	/1:17.91	11-12	100	yd	RW	Backstro	/1:20.51		94	/34.31	11-12	50	yd	RW	Butterfly	/34.51	
38	/1:14.11	13-14	100	yd	RW	Backstro	/1:11.31	39	95	/1:11.01	13-14	100	yd	RW	Butterfly	/1:07.71	96
40	/1:14.51	15-up	100	yd	RW	Backstro	/1:08.21	41	97	/1:11.01	15-up	100	yd	RW	Butterfly	/1:05.11	98
42	/30.71	11-12	50	yd	RW	Freestyle	/30.81		99	/1:28.91	11-12	100	yd	RW	Breastro	/1:29.01	
43	/29.31	13-14	50	yd	RW	Freestyle	/27.51	44	100*	/3:01.71	13-14	200	yd	RW	Breastro	/2:50.81	101*
45	/29.31	15-up	50	yd	RW	Freestyle	/26.51	46	100*	/3:00.81	15-up	200	yd	RW	Breastro	/2:43.01	101*
47	/1:16.11	11-12	100	yd	RW	Butterfly	/1:18.21		102	/36.21	11-12	50	yd	RW	Backstro	/36.61	
48*	/2:40.51	13-14	200	yd	RW	Butterfly	/2:33.31	49*	103*	/2:39.61	13-14	200	yd	RW	Backstro	/2:31.01	104*
48*	/2:36.61	15-up	200	yd	RW	Butterfly	/2:21.61	49*	103*	/2:33.81	15-up	200	yd	RW	Backstro	/2:23.91	104*
50	/:40.81	11-12	50	yd	RW	Breastro	:41.01		105	/1:06.71	11-12	100	yd	RW	Freestyle	1:06.21	
51	/1:23.41	13-14	100	yd	RW	Breastro	/1:19.11	52	106	/1:03.41	13-14	100	yd	RW	Freestyle	/59.61	107
53	/1:23.91	15-up	100	yd	RW	Breastro	/1:15.81	54	108	/1:02.81	15-up	100	yd	RW	Freestyle	/57.41	109
55	DECK	11-12	200	yd		Freestyle	DECK		110	DECK	11-12	200	yd		Medley Re	DECK	
56	ENTERED	13-up	200	yd	Mixed	Freestyle	ENTERED	56	111	ENTERED	13-up	200	yd	Mixed	Medley Re	ENTERED	111
57	/2:46.21	11-12	200	yd	RW	IM	/2:46.51		*****Break Will Be Determined by Meet Referee*****								
58*	/5:36.61	13-14	400	yd	RW	IM	/5:18.21	59*	112*	/5:59.61	13-14	500	yd	RW	Freestyle	/5:48.61	113*
58*	/5:22.01	15-up	400	yd	RW	IM	/5:01.21	59*	112*	/5:57.41	15-up	500	yd	RW	Freestyle	/5:34.81	113*
									112*	/6:24.61	11-12	500	yd	RW	Freestyle		