

TMEC Salute to Veterans BRW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming

Sanction No. S18-320

Sponsored By: TMEC & Eastern Committee

Received by deadline: 5:00 pm, Wednesday, October 31, 2018

Date of Meet: November 9-11, 2018

Start of Meet: Friday at 5:00 pm, Saturday & Sunday at 8:30 am

Warm-up: Friday night at 400 pm, Saturday & Sunday at 7:00 am

FRIDAY NIGHT ONLY - POOL: Murrieta Mesa High School 24801 Monroe Ave. Murrieta, CA 92562

DIRECTIONS: I-15 S, exit California Oaks Rd. Make left onto Cal Oaks Rd., Right onto Monroe Ave. School is on right side.

COURSE: Outdoor 25 yard pool with 8 competition lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 7'0", turn end 7'0".

SATURDAY AND SUNDAY POOL: Great Oaks High School 32555 Deer Hollow Way, Temecula, CA 92592

DIRECTIONS: I-15 S, Exit Temecula Pkwy. Right on Temecula Pkwy, right onto Pechanga Pkwy, left onto Deer Hollow Way. Make a left into the first entrance and follow to the back parking lot.

COURSE: Outdoor 25 yard pool with 8 competition lanes, warm up/cool down 6 lane 25 yard pool. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end 7'0", turn end 7'0".

WARM-UP Procedures: 11 lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Jason Rothlein jtrothlein@gmail.com.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on November 9, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the event number or description are requested to furnish their own timers for three heats and lap counters in event number or description. Events will be swum **fastest to slowest. Swimmer may swim a maximum of 4 individual events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website:

www.socalswim.org.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes from the following teams who hold 2018 or 2019 USA Swimming Registration: **TMEC, BLSC, CCCC, CCAQ, CHWP, CROC, DSRT, HDA, HILL, JET, MBA, MESA, MMST, SCOR and STAR.**

Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place Red Division: Ribbons 1st - 6th place
White Division: Ribbons 1st - 6th place Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: \$4.00 for each individual event along with a \$10.00 surcharge per swimmer *must accompany each individual entry card.*

NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry, zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed.

Deletions will not be refunded. Relays will be deck-entered at \$10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 31, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

MAIL ENTRIES TO: Susie Sheppard

Email for team electronic entries only: suzshep@roadrunner.com

11110 Davis Street

Questions: SCS Office (310-684-1151) or meet processor

Moreno Valley, CA 92557

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

November 9-11, 2018

For Friday Night Session ONLY hosted by TMEC at Murrieta Mesa High School.

ENTRIES MUST BE RECEIVED BY 5:00 PM: October 31, 2018 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

***400 IM and 500/1000/1650 free will be swum alternating girls and boys. Swimmers should provide their own timers and/or lap counters.

FRIDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1	2:43.20/	OPEN	200 yd	Butterfly	2:47.40/	2
3	3:23.50/	7-10 MIXED BR	200 yd	IM	3:24.50/	3
4	2:46.20/	OPEN	200 yd	Backstroke	2:51.40/	5
6	**2:56.80/	7-10 MIXED B	500 yd	Freestyle	**2:56.50/	6
7	6:24.60/	11-12 B	500 yd	Freestyle	6:29.80/	8
9	21:32.10/	OPEN	1650 yd	Freestyle	20:51.50/	10

SATURDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12 BRW	100 yd	Freestyle		11
12		7-10 MIXED BRW	100 yd	Freestyle		12
13	1:46.10/	5-8 MIXED BR	100 yd	Freestyle	1:42.00/	13
14		5-8 MIXED BRW	25 yd	Freestyle		14
		11-12 BRW	50 yd	Butterfly		15
16		7-10 MIXED BRW	50 yd	Butterfly		16
17	55.60/	5-8 MIXED BR	50 yd	Butterfly	56.40/	17
		11-12 BRW	100 yd	Breaststroke		18
19		7-10 MIXED BRW	100 yd	Breaststroke		19
		11-12 BRW	50 yd	Backstroke		20
21		7-10 MIXED BRW	50 yd	Backstroke		21
22	57.80/	5-8 MIXED BR	50 yd	Backstroke	56.30/	22
23		5-8 MIXED BRW	25 yd	Backstroke		23
		11-12 BR	200 yd	IM	3:01.70/	24
25		5-8 MIXED BRW	100 yd	IM		25
26	Deck Entered	7-10 MIXED BRW	200 yd	Freestyle Relay	Deck Entered	26
		11-12 BRW	200 yd	Freestyle Relay	Entered	27
28		5-8 MIXED BRW	100 yd	Freestyle Relay		28

*****Minimum 45 Minute break*****

29	5:48.20/	OPEN	400 yd	IM	5:48.90/	30
31	3:01.30/	11-12 BR	200 yd	IM		
32	3:08.80/	OPEN	200 yd	Breaststroke	3:09.00/	33
34		11-12 BRW	100 yd	Freestyle		
35		13-14 BRW	200 yd	Freestyle		36
37		15-up BRW	200 yd	Freestyle		38
39		11-12 BRW	50 yd	Backstroke		
40		13-14 BRW	100 yd	Backstroke		41
42		15-up BRW	100 yd	Backstroke		43
44		11-12 BRW	50 yd	Butterfly		
45		13-14 BRW	50 yd	Freestyle		46
47		15-up BRW	50 yd	Freestyle		48
49		11-12 BRW	100 yd	Breaststroke		
50	Deck Entered	13-14 BRW	200 yd	Freestyle Relay	Deck Entered	51
52		11-12 BRW	200 yd	Freestyle Relay	Entered	
53		15-up BRW	200 yd	Freestyle Relay		54
55	12:58.60/	OPEN	1000 yd	Freestyle	13:09.80/	56

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

** 7-10 Use 200 Free Time to enter 500 Free

No awards for open events.

SUNDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
		11-12 BRW	200 yd	Freestyle		57
58	2:56.80/	7-10 MIXED BR	200 yd	Freestyle	2:56.50/	58
		11-12 BRW	50 yd	Breaststroke		59
60		7-10 MIXED BRW	50 yd	Breaststroke		60
61	1:02.80/	5-8 MIXED BR	50 yd	Breaststroke	1:01.20/	61
62		5-8 MIXED BRW	25 yd	Breaststroke		62
		11-12 BRW	50 yd	Freestyle		63
64		7-10 MIXED BRW	50 yd	Freestyle		64
65	48.60/	5-8 MIXED BR	50 yd	Freestyle	47.30/	65
		11-12 BRW	100 yd	Butterfly		66
67		7-10 MIXED BRW	100 yd	Butterfly		67
68		5-8 MIXED BRW	25 yd	Butterfly		68
		11-12 BRW	100 yd	Backstroke		69
70		7-10 MIXED BRW	100 yd	Backstroke		70
		11-12 BRW	100 yd	IM		71
72		7-10 MIXED BRW	100 yd	IM		72
	Deck Entered	11-12 BRW	200 yd	Medley Relay	Deck Entered	73
74		7-10 MIXED BRW	200 yd	Medley Relay	Entered	74
75		5-8 MIXED BRW	100 yd	Medley Relay		75

*****Minimum 45 Minute break*****

76		11-12 BRW	200 yd	Freestyle		
77		13-14 BRW	200 yd	IM		78
79		15-up BRW	200 yd	IM		80
81		11-12 BRW	100 yd	IM		
82		13-14 BRW	100 yd	Freestyle		83
84		15-up BRW	100 yd	Freestyle		85
86		11-12 BRW	50 yd	Freestyle		
87		13-14 BRW	100 yd	Breaststroke		88
89		11-12 BRW	50 yd	Breaststroke		
90		15-up BRW	100 yd	Breaststroke		91
92		11-12 BRW	100 yd	Butterfly		
93		13-14 BRW	100 yd	Butterfly		94
95		15-up BRW	100 yd	Butterfly		96
97		11-12 BRW	100 yd	Backstroke		
98	Deck Entered	13-14 BRW	200 yd	Medley Relay	Deck Entered	99
100		15-up BRW	200 yd	Medley Relay	Entered	101
102		11-12 BRW	200 yd	Medley Relay		
103	6:24.60/	OPEN	500 yd	Freestyle	6:29.80/	104