



TSM Season Opener

Sanctioned by: Southern California Swimming
Sponsored by: TSM and Pacific Committee
Date of Meet: September 24-25, 2022

Sanction No. **S22-197**
Entry deadline: 5:00 pm, September 14, 2022
Start of Meet: 9:00 AM (Sat/Sun) / Warm-up: 7:30 AM (Sat/Sun)

POOL: Santa Monica Swim Center. 2225 16th St, Santa Monica, CA 90405.

DIRECTIONS: West on the 10 FWY to Santa Monica. Exit Cloverfield and turn left. Go to Pico Blvd and turn right (west). Go west to 17th Street and turn left into the parking structure. There are two parking structures adjacent to the pool. Be careful to observe all campus parking restrictions.

COURSE: Outdoor 50-meter x 25 yard with up to 12 competition lanes and up to 13 continuous warm-up and warm-down pool lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 13' to 7', turn end 13' to 7'. Colorado Scoreboard

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:30 – 8:45 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3- point, slide-in entries into the pool during warm-up, no jumping or diving

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Omar De Armas. omar.dearmas@gmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on 9/24/22 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 Free are requested to furnish their own timers for three heats and lap counters in 500 Free. Events will be swum fastest to slowest. **Swimmers may swim a maximum of 4 events per day. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), will govern this meet.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas, or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits may be worn by 13-year-olds and older.

DECK CHANGING: changing into or out of swimsuits other than in locker rooms is prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Concussion Protocol: All coaches and officials on deck must have completed the CDC or NFHS Concussion course.

ELIGIBILITY: Open to Pacific Committee athletes who hold 2022 or 2023 USA Swimming Registration. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP 2.0") will govern this meet. All athletes 18 years and older must complete the online Athlete Protection Training (APT) prior to the meet to compete.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Individual Events: Ribbons for 1st – 8th for each age group for sessions 1 and 2 of each day.

ENTRY FEES: **\$5.50** for each individual event, **\$10.00** for each relay event, and a **\$15.50** surcharge **per swimmer must accompany each individual entry card.** NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached. PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**



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ENTRIES CLOSE: ENTRIES MUST BE **RECEIVED BY THE MEET PROCESSOR** NO LATER THAN 5 PM, WEDNESDAY, SEPTEMBER 14, 2022. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).

SPECIAL NOTICE: IF THE MEET FILLS PRIOR TO THE DEADLINE, MEET ENTRY AND REJECTIONS ARE SUBJECT TO THE PACIFIC COMMITTEE ENTRY PROCEDURE.

Make Checks payable to **Swimming Patrons of Santa Monica de Armas**

MAIL ENTRIES TO: **Alina**

Email for team electronic entries only: Alina de Armas (meetprocessor@gmail.com)
PO Box 63, Simi Valley, CA 93062

For further meet information call Alina de Armas (805) 444-0317 or email meetprocessor@gmail.com, receipt of entry *will not* be verified by phone or email.

USA SWIMMING DISCLAIMER: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Covid-19 Rules and Restrictions:

1. All participating athletes and clubs are registered only with Southern California Swimming.
2. This meet will be pre-seeded, and no deck entries will be allowed.
3. Masks are required for all attendees.
4. Spectators are not allowed at this event. A Livestream will be provided.
5. **We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.**
6. **An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.**
7. **USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.**
8. **BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.**

Date of Meet: September 24-25, 2022

Entries deadline BY 5:00 PM: SEPTEMBER 14, 2022 (WEDNESDAY)

Swimmers are limited to a maximum of 4 events per day.

All events will be swum fastest to slowest.

Offered Events:

Age	Individual events offered on Saturday	Individual events offered on Sunday
5-7	200 Free, 50 Breast, 100 Fly, 50 Free, 100 Back	100 IM, 50 Back, 100 Breast, 50 Fly, 100 Free
8-10	200 Free, 50 Breast, 100 IM, 50 Free, 100 Back, 100 Fly	200 IM, 50 Free, 100 Breast, 50 Fly, 100 Free, 50 Back
11-12	200 Free, 50 Fly, 100 IM, 100 Breast, 50 Free, 100 Back	200 IM, 50 Back, 100 Fly, 50 Breast, 100 Free
13-14	200 Free, 50 Fly, 100 IM, 100 Breast, 50 Free	200 IM, 50 Back, 100 Fly, 50 Breast, 100 Free, 100 Back
11&up	500 Free, 100 Fly, 200 Breast, 100 Back, 200 IM, 100 Free	400 IM, 200 Free, 100 Breast, 200 Fly, 50 Free, 200 Back



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GIRLS SATURDAY – September 24 -9:00 am					BOYS SUNDAY – September 25 - 9:00 am					
No.	Min Time	Age	Event	Min Time	No.	No.	Min Time	Age	Event	Min Time
1*	---	8-10	200 SCY Free Relay	---	1*	40*	---	8-10	200 SCY Medley Relay	---
2*	---	5-7	200 SCY Free Relay	---	2*	41*	---	5-7	200 SCY Medley Relay	---
3	---	8-10	200 SCY Free	---	3	42	3:38.49Y	8-10	200 SCY IM	3:35.49Y
4	3:18.99Y	5-7	200 SCY Free	3:06.69Y	4	43	---	5-7	100 SCY IM	---
5	---	8-10	50 SCY Breast	---	5	44	---	8-10	50 SCY Free	---
6	---	5-7	50 SCY Breast	---	6	45	---	5-7	50 SCY Back	---
7	---	8-10	100 SCY IM	---	7	46	---	8-10	100 SCY Breast	---
8	1:53.99Y	5-7	100 SCY Fly	1:51.39Y	8	47	1:58.09Y	5-7	100 SCY Breast	1:53.39Y
9	---	8-10	50 SCY Free	---	9	48	---	8-10	50 SCY Fly	---
10	---	5-7	50 SCY Free	---	10	49	---	5-7	50 SCY Fly	---
11	---	8-10	100 SCY Back	---	11	50	---	8-10	100 SCY Free	---
12	1:41.99Y	5-7	100 SCY Back	1:39.79Y	12	51	---	5-7	100 SCY Free	---
13	---	8-10	100 SCY Fly	---	13	52	---	8-10	50 SCY Back	---

Second Session begins no sooner than 10:00 am

Second Session begins no sooner than 10:00 am

GIRLS SATURDAY – September 24 -9:00 am					BOYS SUNDAY – September 25 - 9:00 am					
No.	Min Time	Age	Event	Min Time	No.	No.	Min Time	Age	Event	Min Time
14*	---	11-12	200 SCY Freestyle Relay	---	14*	53*	---	13-14	200 SCY Medley Relay	---
15*	---	13-14	200 SCY Freestyle Relay	---	15*	54*	---	11-12	200 SCY Medley Relay	---
16	---	11-12	200 SCY Freestyle	---	16	55	---	13-14	200 SCY IM	---
17	---	13-14	200 SCY Freestyle	---	17	56	---	11-12	200 SCY IM	---
18	---	11-12	50 SCY Fly	---	18	57	---	13-14	50 SCY Back	---
19	---	13-14	50 SCY Fly	---	19	58	---	11-12	50 SCY Back	---
20	---	11-12	100 SCY IM	---	20	59	---	13-14	100 SCY Fly	---
21	---	13-14	100 SCY IM	---	21	60	---	11-12	100 SCY Fly	---
22	---	11-12	100 SCY Breast	---	22	61	---	13-14	50 SCY Breast	---
23	---	13-14	100 SCY Breast	---	23	62	---	11-12	50 SCY Breast	---
24	---	11-12	50 SCY Free	---	24	63	---	13-14	100 SCY Free	---
25	---	13-14	50 SCY Free	---	25	64	---	11-12	100 SCY Free	---
26	---	11-12	100 SCY Back	---	26	65	---	13-14	100 SCY Back	---

Third Session begins no sooner than 12:30 pm

Third Session begins no sooner than 12:30 pm

GIRLS SATURDAY – September 24 -9:00 am					BOYS SUNDAY – September 25 - 9:00 am					
No.	Min Time	Age	Event	Min Time	No.	No.	Min Time	Age	Event	Min Time
27	---	11 & Up	200 SCY Freestyle Relay	---	28	66	---	11 & Up	200 SCY Medley Relay	---
29	6:38.19Y	11 & Up	500 SCY Mixed Free	6:27.49Y	29	68	5:56.79Y	11 & Up	400 SCY Mixed IM	5:46.39Y
30	---	11 & Up	100 SCY Fly	---	31	69	---	11 & Up	200 SCY Free	---
32	3:20.89Y	11 & Up	200 SCY Breast	3:14.09Y	33	71	---	11 & Up	100 SCY Breast	---
34	---	11 & Up	100 SCY Back	---	35	73	2:59.99Y	11 & Up	200 SCY Fly	2:53.19Y
36	---	11 & Up	200 SCY IM	---	37	75	---	11 & Up	50 SCY Free	---
38	---	11 & Up	100 SCY Free	---	39	77	2:56.59Y	11 & Up	200 SCY Bk	2:51.99Y

Events offered twice for an age group may only be swum once.

11-12 swimmers may enter 11-12 or 11 & Up events but not a combination.

5-7, 8-10, 11-12, and 13-14 EVENTS WILL BE SWUM MIXED BOYS AND GIRLS.

11 & Up events will be swum single gender except the 400 IM and 500 Freestyle.

*Please enter only Girls or only Boys relays and not mixed. (Ignore the "C" options)

13-14 swimmers may enter 13-14 or 11 & Up events but not a combination.