



Meet Name

2019 PST Thanksgiving Invite

Sanctioned by USA Swimming & Southern California Swimming

Sanction No. **S19-340**

SPONSORED BY:	Team	Committee	Entries Received by 5:00 pm on Date:
	Piranhas Swim Team	Eastern	Thursday Nov 14, 2019

MEET DATES:	Start Date of Meet:	End Date of Meet	No of Days	Start Time of Meet:	Start Time of Warm-up:
	11/22/19	11/24/19	2.5	Fri. 4:00 PM, Sat & Sun. 8:30AM	Fri. 2:30PM, Sat & Sun. 7:00AM

POOL ADDRESS:	Palm Springs Swim Center, 405 S. Pavilion Way	City	Palm Springs	Zip Code	92262
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DIRECTIONS: Take I-10 East, exit Highway 111, Left (read) on Ramon Rd. Turn left (south) on Sunrise to Baristo. Right (east) on Baristo to Pavilion Way. Pool is located at the end of the street

COURSE:	Pool Dimensions	No. of competition lanes	No. of warm up lanes	The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming.	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Pool depth:	
	50M X 25yd	10	20			Start end	Turn end
						4'9" - 7'	4'8" - 7'8"

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between **2:30 – 3:45pm, 7:00 – 8:15am**. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule, unless Championship meet.** Swimmers must check in with the clerk of course **60** Minutes prior to the start of each session For the first **10** events of that session.

RULES: After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least **5** years old on Start Date of the meet to enter. Timers are requested to be provided by each team. Swimmers competing in event **400IM, 500 & 1650 FR** are requested to furnish their own timers for three heats and lap counters. Events will be swum fast to slow slow to fast Swimmer may swim a maximum of **4** events per day.

All coaches and officials on deck must complete the CDC or NFHS Concussion course.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are NOT permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to **ALL ATHLETES** Athletes who hold **2019 / 2020** USA Swimming Registration. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry. **All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS:	RIBBONS – 1 st to 8 th place. OPEN events will not be awarded					
ENTRY FEES:	Each individual event	\$4.00	Surcharge per swimmer	\$10.50	Relays (if offered)	\$

Must accompany each individual entry card. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached PDF file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays may be pre-entered or deck-entered, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN **Thursday, November 14, 2019** **IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

E-MAIL ENTRIES TO:	meetprocessor@gmail.com	Mail checks and entries to: Make Checks payable to Southern California Swimming	Mailing Address:	Hand Deliver:
			Alina de Armas PO Box 63 Simi Valley, CA 93062	2724 Loraine Place Simi Valley, CA 93065

Meet Processor Phone Number

Meet Director (Name and phone number)

QUESTIONS:	Alina de Armas – (805) 444-0317		Jeff Conwell – admin@piranhaswimteam.org	
	Alina de Armas – (805) 444-0317			
	Meet Referee	Paul Szuskiewicz	Admin. Referee	Alina de Armas
Meet Referee e-mail	pszs@hotmai.com	Admin Referee e-mail	alina@dearmas.co	

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP) govern this meet.



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	GIRLS		FRIDAY AFTERNOON 4:00 PM		BOYS	
	Minimum	Age	Event		Minimum	
1	5:48.20	Open	400 Yard Individual Medley		5:48.90	2
3	3:23.50	7-8/9-10	200 Yard Individual Medley		3:24.50	3
4	3:01.30	11 - 12	200 Yard Individual Medley		3:01.70	5
6	12:58.60	Open	1000 Yard Freestyle		13:09.80	7

ALL 5 - 6, 7 - 8 and 9-10 EVENTS ARE COMBINED BOYS AND GIRLS, SCORED BY GENDER.

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

	GIRLS		SATURDAY MORNING 9:00 AM		BOYS	
	Minimum	Age	Event		Minimum	
8		11 - 12	200 Yard Freestyle			
9		7-8/9-10	200 Yard Freestyle			9
10		11 - 12	50 Yard Breaststroke			
11		7-8/9-10 5-6	50 Yard Breaststroke			11
12		11 - 12	100 Yard Backstroke			
13		7-8/9-10	100 Yard Backstroke			13
14		5-6/7-8	25 Yard Backstroke			14
15		11 - 12	100 Yard Butterfly			
16		7-8/9-10	100 Yard Butterfly			16
17		5 - 6	50 Yard Butterfly			17
18		11 - 12	50 Yard Freestyle			
19		7-8/9-10	50 Yard Freestyle			19
20		5-6/7-8	25 Yard Freestyle			20
21	6:24.60	Open	500 Yard Freestyle		6:29.80	22

	GIRLS		SUNDAY MORNING 9:00 AM		BOYS	
	Minimum	Age	Event		Minimum	
38		11 - 12	100 Yard Individual Medley			
39		7-8/9-10	100 Yard Individual Medley			39
40		11 - 12	50 Yard Backstroke			
41		7-8/9-10 5 - 6	50 Yard Backstroke			41
42		11 - 12	100 Yard Freestyle			
43		7-8/9-10	100 Yard Freestyle			43
44		5 - 6	50 Yard Freestyle			44
45		11 - 12	50 Yard Butterfly			
46		7-8/9-10	50 Yard Butterfly			46
47		5-6/7-8	25 Yard Butterfly			47
48		11 - 12	100 Yard Breaststroke			
49		7-8/9-10	100 Yard Breaststroke			49
50		5-6/7-8	25 Yard Breaststroke			50

AFTERNOON SESSION WILL BEGIN NO SOONER THAN 12:00 PM OR 45 MINUTES AFTER THE COMPLETION OF THE MORNING SESSION.

	GIRLS		SATURDAY AFTERNOON		BOYS	
	Minimum	Age	Event		Minimum	
		11 - 12	200 Yard Freestyle			23
24		13 & Over	200 Yard Freestyle			25
		11 - 12	100 Yard Backstroke			26
27		13 & Over	100 Yard Backstroke			28
		11 - 12	50 Yard Breaststroke			29
30	3:08.80	Open	200 Yard Breaststroke		3:09.00	31
		11 - 12	50 Yard Freestyle			32
33		13 & Over	50 Yard Freestyle			34
		11 - 12	100 Yard Butterfly			35
36		13 & Over	100 Yard Butterfly			37

	Minimum	GIRLS		SUNDAY AFTERNOON		BOYS	
		Age	Event		Minimum		
		11 - 12	100 Yard Individual Medley				51
52		13 & Over	200 Yard Individual Medley				53
		11 - 12	100 Yard Freestyle				54
55		13 & Over	100 Yard Freestyle				56
		11 - 12	50 Yard Backstroke				57
58	2:46.20	Open	200 Yard Backstroke		2:51.50		59
		11 - 12	50 Yard Butterfly				60
61	2:43.20	Open	200 Yard Butterfly		2:47.40		62
		11 - 12	100 Yard Breaststroke				63
64		13 & Over	100 Yard Breaststroke				65
66	21:32.10	Open	1650 Yard Freestyle		21:51.50		67