

# 2025 GWSC PUMPKIN SPRINT MEET

Sanctioned by: USA Swimming and SCS  
Sanction Number: **S25-220**  
Sponsored by: GOLDEN WEST SWIM CLUB

DATE OF MEET: Saturday-Sunday October 18-19, 2025  
ENTRIES RECEIVED: **October 8, 2025 (WEDNESDAY)-5 PM**

WARM UP TIME: 7:30 AM (Saturday/Sunday)  
MEET START TIME: 9:00 AM (Saturday/Sunday)

## THIS MEET IS OPEN TO ALL CLUBS IN ORANGE COMMITTEE

The 2<sup>nd</sup> Session daily will begin no sooner than 11:00 AM or 45 minutes after the conclusion of the 1<sup>st</sup> session.

**POOL:** GOLDEN WEST COLLEGE POOL, 15744 GOLDENWEST STREET, HUNTINGTON BEACH, CA.

**COURSE:** GOLDEN WEST COLLEGE POOL is an outdoor 50 meter pool; 25 yard competition area with eight (8) swimming lanes, and a warm-up area. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Dimensions at Start end = 9', Turn end = 8.5'.

**WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

**MEET REFEREE:** Jason Rothlein shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to [jtrothlein@gmail.com](mailto:jtrothlein@gmail.com).

**SPECIAL NOTICE:** SWIMMERS MAY SWIM A MAXIMUM OF 4 INDIVIDUAL EVENTS PER DAY. Golden West Swim Club will limit entries to meet the "4 hour" rule for each session. THIS MEET IS OPEN TO ALL SCS ORANGE COMMITTEE MEMBERS. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

**RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2023 SCS Swim Guide). Swimmers must swim in their actual Age Group as determined by their age on **October 18, 2025**. All coaches and officials on deck must complete the CDC or NFHS Concussion course, CAT and CANRA. Swimmers must check in with the Clerk of Course 30 minutes prior to the start of each session for the first 4 events of that session. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet

### RECORDING DEVICES

**& MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, IS NOT PERMITTED in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. The meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**DECK CHANGES:** Deck changes are prohibited.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet for 12-Un Swimmers. Please see the Tech Suit Policy on the SCS Website.

### RACING START

**CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** **OPEN TO ATHLETES WHO ARE 2025 or 2026 USA Swimming members. Athletes must be members of the Orange Committee to be eligible for entry into this meet. Online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. NO late or deck registration will be accepted. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING prior to the start of the meet.**

### CHANGE OF AFFILIATION:

Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible for completing the Club Transfer process online in SWIMS 3.0.

### SUBMITTED

**TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

**AWARDS:** **RIBBONS: INDIVIDUAL EVENTS 1<sup>st</sup> thru 8<sup>th</sup>, RELAYS 1<sup>st</sup> thru 3rd**

**ENTRY FEE:** **\$6.50 for each INDIVIDUAL EVENT, plus \$15.00 SURCHARGE per swimmer must accompany each individual entry. Relays are \$10.00 per relay team entered and are due and payable on deck at the meet. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.**

**ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 PM, WEDNESDAY, OCTOBER 8, 2025. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.**

EMAIL ENTRIES TO: [madisonmcho@gmail.com](mailto:madisonmcho@gmail.com)  
MAKE CHECKS PAYABLE TO: GOLDEN WEST SWIM CLUB AND  
**BRING CHECKS TO THE MEET**

**For further meet Information email: [coach.tracy@goldenwestswimclub.org](mailto:coach.tracy@goldenwestswimclub.org)  
Receipt of entry will not be verified by phone or email.**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0), govern this meet**

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Girls		Saturday, October 14, 2023 – 9:00 AM		Boys	
No.		Age	Event	No.	
1		7-10	100 Yd Back	2	
3		7-10	25 Yd Free	4	
5		5-8	25 Yd Free	6	
7		7-10	50 Yd Fly	8	
9		5-8	50 Yd Fly	10	
11		7-10	100 Yd Free	12	
13		5-8	100 Yd Free	14	
15		7-10	25 Yd Breast	16	
17		5-8	25 Yd Breast	18	
19		7-10	50 Yd Back	20	
21		5-8	50 Yd Back	22	
23		7-10	200 Yd IM	24	
25	Relays	5-8	100 Yd Free Relay	26	
27	Deck	7-10	100 Yd Free Relay	28	
29	Entered by	5-8	200 Yd Medley Relay	30	
31	Coaches	7-10	200 Yd Medley Relay	32	

Girls		Sunday, October 15, 2023 – 9:00 AM		Boys	
No.		Age	Event	No.	
69		7-10	50 Yd Free	70	
71		5-8	50 Yd Free	72	
73		7-10	100 Yd Breast	74	
75		7-10	25 Yd Fly	76	
77		5-8	25 Yd Fly	78	
79		7-10	50 Yd Breast	80	
81		5-8	50 Yd Breast	82	
83		7-10	100 Yd Fly	84	
85		7-10	25 Yd Back	86	
87		5-8	25 Yd Back	88	
89		5-8	100 Yd IM	90	
91		7-10	100 Yd IM	92	
93	Relays	5-8	100 Yd Medley Relay	94	
95	Deck	7-10	100 Yd Medley Relay	96	
97	Entered by	5-8	200 Yd Free Relay	98	
99	Coaches	7-10	200 Yd Free Relay	100	

2nd Session daily will begin no sooner than 11 AM or 45 min after the 1st Session finishes or at the discretion of the Meet Referee

33		13-Up	100 Yd Back	34	
35		11-12	100 Yd Back	36	
37		13-Up	25 Yd Free	38	
39		11-12	25 Yd Free	40	
41		13-Up	25 Yd Breast	42	
43		11-12	25 Yd Breast	44	
45		13-Up	50 Yd Fly	46	
47		11-12	50 Yd Fly	48	
49		13-Up	100 Yd Free	50	
51		11-12	100 Yd Free	52	
53		13-Up	50 Yd Back	54	
55		11-12	50 Yd Back	56	
57		13-Up	200 Yd IM	58	
59		11-12	200 Yd IM	60	
61	Relays	13-Up	100 Yd Free Relay	62	
63	Deck	11-12	100 Yd Free Relay	64	
65	Entered by	13-Up	200 Yd Medley Relay	66	
67	Coaches	11-12	200 Yd Medley Relay	68	

101		13-Up	50 Yd Free	102	
103		11-12	50 Yd Free	104	
105		13-Up	100 Yd Breast	106	
107		11-12	100 Yd Breast	108	
109		13-Up	25 Yd Fly	110	
111		11-12	25 Yd Fly	112	
113		13-Up	25 Yd Back	114	
115		11-12	25 Yd Back	116	
117		13-Up	50 Yd Breast	118	
119		11-12	50 Yd Breast	120	
121		13-Up	100 Yd Fly	122	
123		11-12	100 Yd Fly	124	
125		13-Up	100 Yd IM	126	
127		11-12	100 Yd IM	128	
129	Relays	13-Up	100 Yd Medley Relay	130	
131	Deck	11-12	100 Yd Medley Relay	132	
133	Entered by	13-Up	200 Yd Free Relay	134	
135	Coaches	11-12	200 Yd Free Relay	136	

\*\*\* Relays will be swum time permitting \*\*\*