## **LVSC Memorial Day Invite 2025**

Sanctioned by: USA Swimming & Southern California Swimming

Sponsored By: LVSC of Desert Committee

Date of Meet: Fri May 23, 2025 – Sun May 25, 2025 Warm-up Start Time: 2:30pm Friday, 7:30am Sat/Sun Sanction No. #S25-113 Received by deadline: 5pm, May 14. 2025 Start of Meet: 3:30pm Fri: 8:30am Sat/Sun



POOL: 101 S. Pavilion Center Drive, Las Vegas, NV 89144; DIRECTIONS: Corner of Alta Drive/Pavilion Center Drive next to Palo Verde High School

<u>COURSE</u>: Indoor 8 lane 50m course, 7 lanes designated for competition, one outside lane + additional space for warm-up/warm-down. 8 lanes may be used for competition depending on number of entries. 4 side lanes will still be available for warm-up/warm-down. The competition course has been certified in accordance with 104.3.2(C) on file with USA Swimming. Pool depth: start end 13.8 feet, turn end 4.6 feet.

<u>WARM-UP Procedures:</u> All lanes will be open for USA Swimming Member Coach supervised warm-up on Friday, Saturday, Sunday. *Depending on number of entries, warmup session may be split. Saturday and Sunday AM warmup session will move to begin at 7:15am in this case.* Team warmup lanes will be assigned and announced the week of the meet. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. The pool will close 10 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

<u>MEET REFEREE:</u> Ryan McCarthy will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the meet referee, email: rpm2@aol.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the "4 Hour" rule. All events will be PRE-SEEDED. Scratches must be submitted no later than 5pm the evening before the events (i.e. 5pm Friday for Saturday events). All events are timed finals. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on May 23, 2025 to enter this meet. Athletes 11 and over may enter Open events. Swimmers may only swim one session per day and cannot swim the same event multiple times during the meet. Timers are requested to be provided by each team. Swimmers in events 7,8, 9, and 10 must provide their own timers and counter. Events will be swum fastest to slowest. Swimmer may swim a maximum of 4 events per day. All coaches and officials on deck must complete CDC or NFHS Concussion course and must complete the CANRA Mandatory Reporting Course.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

<u>DRONES:</u> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

<u>SWIMWEAR:</u> Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with AQUA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed for 12&under swimmers. Please see the Tech Suit Policy on the SCS website: <a href="https://www.socalswim.org">www.socalswim.org</a>

**DECK CHANGES**: Deck Changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<u>DISABILITY:</u> Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (through email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

ELIGIBILITY: Open to athletes who hold 2025 USA Swimming Registration. Online registration in SWIMS 3.0 must be completed prior to meet entry deadline. No late or deck registration will be accepted. Outside of Desert Committee and Outside of LSC entries will be accepted space available and must be pre-approved. Please reach out to Meet Director (coachkateylvsc@gmail.com) to reserve space. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete.

<u>CHANGE OF AFFILIATION:</u> Club Transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached, but is responsible to complete the Club Transfer process online in SWIMS 3.0.

<u>SUBMITTED TIMES:</u> Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration may convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

**AWARDS:** 1<sup>st</sup> – 3<sup>rd</sup> medals, 4<sup>th</sup> – 16<sup>th</sup> ribbons given to Boys/Girls in the following age groups: 5-8, 7-10, 11-12, 1<sup>st</sup>-3<sup>rd</sup> medals; 4<sup>th</sup>-8<sup>th</sup> ribbons given to 13-14 Boys/Girls; No awards for Open Events.

ENTRY FEES: \$6.00 for each individual event along with a \$15.00 surcharge per swimmer must accompany each individual entry card. Outreach athletes are \$15 flat fee for the whole meet. Teams must provide proof of outreach athlete status by including a copy of their team roster when submitting entries. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file including electronic signature of coach and will be dated as official at that time.. Full payment (single team check) is due at the admin desk before warmup of the 1st session in which the team is competing. Failure to comply will be referred to the Board of Review. Team entry updates (added events) will be processed when received by the meet processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (including e-mail) ONLY. Prior to entry deadline new swimmers are accepted SPACE PERMITTING. DO NOT RE-SEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5PM, WEDNESDAY May 14, 2025. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).

Make Checks payable to Las Vegas Swim Club
Email for team electronic entries: joyvonne32@gmail.com
Questions: please contact the Meet Processor or the SCS office (310-684-1151)

Meet Director: Katey Carlson, <a href="mailto:coachkateylvsc@gmail.com">coachkateylvsc@gmail.com</a>

Meet Referee: Ryan McCarthy, rpm2@aol.com

Admin Referee/Meet Processor: Yvonne Jo, joyvonne32@gmail.com

#### **USA SWIMMING MEET 360:**

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming membership

During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.

Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.

Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <a href="https://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention policy, please visit <a href="https://www.usaswimming.org/report">www.usaswimming.org/report</a>.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 (MAAPP 2.0) govern this meet.



## LVSC Memorial Day Invite 2025 Order of Events

### **Day 1 – Friday May 23, 2025**

	Min Time	Min Time	Friday Session 1	Min Time	Min Time	
Girls	LCM	SCY	Warm Up 2:30pm	SCY	LCM	Boys
			Start of Meet 3:30pm			
1	6:44.69	5:54.99	Open 400 IM	5:22.19	6:14.69	2
3	3:43.99	3:22.79	7-10 400 Freestyle^	3:09.49	3:36.69	4
5	6:32.89	7:16.89	11-12 400 Freestyle	6:59.89	6:21.09	6
7	12:17.79	13:52.89	Open 800 Free*	12:51.79	11:33.99	8
9	23:33.49	23:15.89	Open 1500 Free*	21:26.59	22:08.29	10

### <u>Day 2 – Saturday May 24, 2025</u>

	Min Time	Saturday AM Session 2	Min Time	
Girls	LCM	Warm Up 7:30am,	LCM	Boys
		8:30am Start of Meet		
11		7-10 200 Freestyle		12
13		11-12 200 Freestyle		14
15		5-8 50 Breaststroke		16
17		7-10 50 Breaststroke		18
19		11-12 50 Breaststroke		20
21		7-10 100 Backstroke		22
23		11-12 100 Backstroke		24
25		5-8 50 Freestyle		26
27		7-10 50 Freestyle		28
29		11-12 50 Freestyle		30
31		7-10 100 Butterfly		32
33		11-12 100 Butterfly		34

	Min	Min	Saturday PM	Min	Min	
	Time	Time	Session 3	Time	Time	
Girls	LCM	SCY	Warm Up Immediately	SCY	LCM	Boys
			following AM Session			
35			13-14 100 Backstroke			36
37			Open 100 Backstroke			38
39			13-14 50 Breaststroke			40
41	3:32.49	3:05.99	Open 200 Breaststroke	2:47.09	3:14.49	42
43			13-14 200 Freestyle			44
45			Open 200 Freestyle			46
47			13-14 100 Butterfly			48
49			Open 100 Butterfly			50
51			13-14 200 IM			52
53			Open 200 IM			54
55			13-14 50 Freestyle			56
57			Open 50 Freestyle			58

# <u>Day 3 – Sunday, May 26, 2025</u>

	Min	Sunday AM	Min	
	Time	Session 4	Time	
Girls	LCM/	Warm Up 7:30am,	LCM/	Boy
	SCY	8:30am Start of Meet	SCY	s
59		5-8 100 Freestyle		60
61		7-10 100 Freestyle		62
63		11-12 100 Freestyle		64
65		5-8 50 Backstroke		66
67		7-10 50 Backstroke		68
69		11-12 50 Backstroke		70
71	3:48.49L	7-10 200 IM	3:43.69L	72
73	3:18.19Y	11-12 200 IM	3:15.99Y	74
75		7-10 100 Breaststroke		76
77		11-12 100 Breaststroke		78
79		5-8 50 Butterfly		80
81		7-10 50 Butterfly		82
83		11-12 50 Butterfly		84

	Min	Min	Sunday PM	Min	Min	
	Time	Time	Session 5	Time	Time	
Girls	LCM	SCY	Warm Up Immediately	SCY	LCM	Boys
			Following AM Session			
85			Open 100 Freestyle			86
87			13-14 100 Freestyle			88
89	3:06.79	2:42.19	Open 200 Backstroke	2:27.59	2:52.29	90
91			13-14 50 Backstroke			92
93			Open 100 Breaststroke			94
95			13-14 100 Breaststroke			96
97	3:07.79	2:45.79	Open 200 Butterfly	2:30.19	2:51.69	98
99			13-14 50 Butterfly			100
101	5:55.19	6:40.99	Open 400 Freestyle	6:08.39	5:34.09	102

#### Notes/ Rules:

- \* Use 7-10 200Free time to enter 400Free (Nat B time standard)
- Must be at least 11 years old to compete in Senior events
- Swimmers can swim only one session per day
- \*Events 7-10 (Senior 800Free and 1500Free) will be swum
  - o fastest to slowest,
  - o alternating Girls/Boys and alternating 2 heats of 800, 2 heats of 1500
    - i.e. Heat 1 Girls 800; Heat 2 Boys 800; Heat 3 Girls 1500; Heat 4 Boys 1500
  - o Swimmers provide their own timer and counter.
- Swimmers must meet listed time standard.
- Swimmers may not compete in the same event more than once (in multiple age groups and/or on multiple days)
- 8&under swimmers may compete in 5-8 and 7-10 events in any combination, but they may not swim the same event multiple times over the course of the meet

LVSC wants to send a huge THANK YOU to our sponsors for helping make this a great event!! Please support our sponsors:

