PDSC Veterans Day Weekend Red, White, & Blue SC Meet

Sanctioned by: USA Swimming & Southern California Swimming   Sanction No. S18-319

Sponsored By: PDSC & Eastern Committee   Received by deadline: 5:00 pm, Wednesday, October 31, 2018

Date of Meet: November 9-11, 2018   Start of Meet: Friday at 5:00 pm, Saturday & Sunday at 8:30 am

Warm-up: Friday night at 400 pm, Saturday & Sunday at 7:00 am

FRIDAY NIGHT ONLY POOL: POOL: Murrieta Mesa High School 24801 Monroe Ave. Murrieta, CA 92562

DIRECTIONS: I-15 S, exit California Oaks Rd. Make left onto Cal Oaks Rd., Right onto Monroe Ave. School is on right side.

COURSE: Outdoor 25 yard pool with 8 competition lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end 7'0", turn end 7'0".

SATURDAY AND SUNDAY: POOL: Palm Desert Aquatic Center 73751 Magnesia Falls Drive, Palm Desert, CA 92260

DIRECTIONS: From the I-10 Freeway, exit south on Monterey to Magnesia Falls Drive. Aquatic center is on right.

COURSE: Outdoor 50 meter x 25 yard with 8 competition lanes and 8 additional warm up lanes. The competition course has **not** been certified in accordance with 104.2.2(C) on file with USA Swimming. Pool depth: start end 6'8", turn end 12'8".

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Paul Szuszkiewicz pszsz@hotmail.com

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed**,** SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on November 9, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the event number or description are requested to furnish their own timers for three heats and lap counters in event number or description. Events will be swum <u>fastest to slowest</u>. **Swimmer may swim a maximum of 4 individual events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not (or are) permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org .

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Eastern Committee athletes from the following teams who hold 2018 or 2019 USA Swimming Registration.:
PDSC, CHS, FAC, FSON, HVDA, IEAQ, MVAQ, PASS, PST, RAA, RIVR, RST, SRSC, TCC, TPST, USMA, YST.

Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to** competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season **(NO WORK OUT TIMES)**. For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place   Red Division: Ribbons 1st - 6th place
     White Division: Ribbons 1st - 6th place   Relays: Medals 1st place, Ribbons 2nd - 3rd place

ENTRY FEES: $4.00 for each individual event along with a **$10.00** surcharge **per swimmer** *must accompany each individual entry card.* NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file *__including electronic signature__* of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review.   Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed**. Deletions will not be refunded.** Relays will be deck-entered at $10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 31, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. *(Receipt of entries will not be verified by phone or e-mail.)*

Make Checks payable to Southern California Swimming   **MAIL ENTRIES TO: Julie Fredricks**

Email for team electronic entries only:fredies6@hotmail.com   P O Box 624

Questions: please contact the Meet Processor or the SCS office (310-684-1151)   Yucaipa, CA 92399

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PDSC Red White & Blue BRW SC Meet
November 9-11, 2018

ENTRIES MUST BE RECEIVED BY 5:00 PM: October 31, 2018 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

10/under events will be swum mixed gender.

***400 IM and 500/1000/1650 free will be swum alternating girls and boys. Swimmers should provide their own timers and/or lap counters.

FRIDAY night session for both sites will be hosted at Murrieta Mesa High School.

GIRLS	min/max	age		distance	stroke	min/max	BOYS
1	2:43.20/	OPEN		200 yd	Butterfly	2:47.40/	2
3	3:23.50/	7-10	BR	200 yd	IM	3:24.50/	3
4	2:46.20/	OPEN		200 yd	Backstroke	2:51.40/	5
6	**2:56.80/	7-10	B	500 yd	Freestyle	**2:56.50/	6
7	6:24.60/	11-12	B	500 yd	Freestyle	6:29.80/	8
9	21:32.10/	OPEN		1650 yd	Freestyle	21:51.50/	10

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

** 7-10 Use 200 Free Time to enter 500 Free

11-12s may swim either event 9-10 or 129-130, not both

No awards for open events.

SATURDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
11		11-12	BRW	100 yd	Freestyle		12
13		7-10	BRW	100 yd	Freestyle		13
14	1:46.10/	5-8	BR	100 yd	Freestyle	1:42.00/	14
15		5-8	BRW	25 yd	Freestyle		15
16		11-12	BRW	50 yd	Butterfly		17
18		7-10	BRW	50 yd	Butterfly		18
19	55.60/	5-8	BR	50 yd	Butterfly	56.40/	19
20		11-12	BRW	100 yd	Breaststroke		21
22		7-10	BRW	100 yd	Breaststroke		22
23		11-12	BRW	50 yd	Backstroke		24
25		7-10	BRW	50 yd	Backstroke		25
26	57.80/	5-8	BR	50 yd	Backstroke	56.30/	26
27		5-8	BRW	25 yd	Backstroke		27
28	3:01.30/	11-12	BR	200 yd	IM	3:01.70/	29
30		5-8	BRW	100 yd	IM		30
31	Deck	7-10	BRW	200 yd	Freestyle Relay	Deck	31
32	Entered	11-12	BRW	200 yd	Freestyle Relay	Entered	33
34		5-8	BRW	100 yd	Freestyle Relay		34

***************Minimum 45 Minute break ***********

GIRLS	min/max	age		distance	stroke	min/max	BOYS
35	5:48.20/	OPEN		400 yd	IM	5:48.90/	36
37		13-14	BRW	200 yd	Freestyle		38
39		15-up	BRW	200 yd	Freestyle		40
41		13-14	BRW	100 yd	Backstroke		42
43		15-up	BRW	100 yd	Backstroke		44
45		13-14	BRW	50 yd	Freestyle		46
47		15-up	BRW	50 yd	Freestyle		48
49	3:08.80/	OPEN		200 yd	Breaststroke	3:09.00/	50
51	Deck	13-14	BRW	200 yd	Freestyle Relay	Deck	52
53	Entered	15-up	BRW	200 yd	Freestyle Relay	Entered	54
55	12:58.60/	OPEN		1000 yd	Freestyle	13:09.80/	56

SUNDAY

GIRLS	min/max	age		distance	stroke	min/max	BOYS
57		11-12	BRW	200 yd	Freestyle		58
59	2:56.80/	7-10	BR	200 yd	Freestyle	2:56.50/	59
60		11-12	BRW	50 yd	Breaststroke		61
62		7-10	BRW	50 yd	Breaststroke		62
63	1:02.80/	5-8	BR	50 yd	Breaststroke	1:01.20/	63
64		5-8	BRW	25 yd	Breaststroke		64
65		11-12	BRW	50 yd	Freestyle		66
67		7-10	BRW	50 yd	Freestyle		67
68	48.60/	5-8	BR	50 yd	Freestyle	47.30/	68
69		11-12	BRW	100 yd	Butterfly		70
71		7-10	BRW	100 yd	Butterfly		71
72		5-8	BRW	25 yd	Butterfly		72
73		11-12	BRW	100 yd	Backstoke		74
75		7-10	BRW	100 yd	Backstroke		75
76		11-12	BRW	100 yd	IM		77
78		7-10	BRW	100 yd	IM		78
79	Deck	11-12	BRW	200 yd	Medley Relay	Deck	80
81	Entered	7-10	BRW	200 yd	Medley Relay	Entered	81
82		5-8	BRW	100 yd	Medley Relay		82

***************Minimum 45 Minute break ***********

GIRLS	min/max	age		distance	stroke	min/max	BOYS
83		13-14	BRW	200 yd	IM		84
85		15-up	BRW	200 yd	IM		86
87		13-14	BRW	100 yd	Freestyle		88
89		15-up	BRW	100 yd	Freestyle		90
91		13-14	BRW	100 yd	Breaststroke		92
93		15-up	BRW	100 yd	Breaststroke		94
95		13-14	BRW	100 yd	Butterfly		96
97		15-up	BRW	100 yd	Butterfly		98
99	Deck	13-14	BRW	200 yd	Medley Relay	Deck	100
101	Entered	15-up	BRW	200 yd	Medley Relay	Entered	102
103	6:24.60/	OPEN		500 yd	Freestyle	6:29.80/	104

If morning meet timeline exceeds the 4 hour rule each day will be broken up into two sessions (sessions listed below)

Sat 1a: 13, 14, 15, 18, 19, 22, 25, 26, 27, 30, 31, 34

Sat 1b: 11, 12, 16,17, 20, 21, 23, 24, 28, 29, 32, 33.

Sun 1a: 59, 63, 64, 67, 68, 71, 72, 75, 78, 81, 82

Sun 1b: 57, 58, 60, 61, 62, 65, 66, 69, 70, 73, 74, 76, 77, 79, 80.