

ORANGE REGIONAL COMPETITIVE AQUATICS SHORT COURSE "BRW" AGE GROUP SWIM MEET

Sanctioned by: USA Swimming and SCS
Sanction Number: S19 - 350
Sponsored by: ORCA
Orange Committee

DATE OF MEET: December 7 & 8, 2019
ENTRIES RECEIVED BY 5:00PM: **November 27, 2019 (WEDNESDAY)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

****This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AAM, BGST, BREA, FAST, GSC, GWSC, JCCW, ORCA, RAYS, SCAC, STOP, SURF
PM session will begin no sooner than 11:30 am or 35 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee**

- POOL:** FULLERTON COLLEGE, 321 E. Chapman Avenue, Fullerton, CA 92832. **PARKING: Saturday: \$3.00 from 7am – 2pm, after 2pm and Sunday FREE.**
- COURSE:** FULLERTON COLLEGE POOL is an outdoor 25 yard by 50 meter pool with ten (10) swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurement at Start End: Lanes 1 – 10 = 7' – 13", Turn End: Lanes 1 – 10 = 7' – 13'.
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.
- MEET REFEREE:** Sandra Comer shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to SCOMER1@MAC.COM
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2019 Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on **December 7, 2019.** All coaches on deck must complete the CEC of NFHS Concussion course. All coaches and officials on deck must complete the CDC of NFHS Concussion course.
- SPECIAL NOTICE:** Swimmers may swim a maximum of THREE events per day. **ORCA will limit entries to meet the "4 Hour" rule for each session.** Each team is asked to provide timers. Swimmers in the 500 and 1650 Freestyle are asked to provide timers for three heats and provide your own lap counters. 7-8 swimmers may enter 5-8 or 7-10 events but not a combination. **Unattached swimmers not swimming with a USA Swimming registered team may ONLY ATTEND THIS MEET. Relays will be swum, time permitting. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.**
- RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices including cell phones are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGES:** Deck Changes are prohibited.
- SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech Suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet.** Please see the Tech Suit Policy on the SCS website.
- RACING START CERTIFICATION:** Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2019 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Registration application must be received by **Wednesday, NOVEMBER 27, 2019** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. All athletes 18 or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of their 18th birthday) in order to compete. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by the meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT" (see 2019 Swim Guide for exceptions). Discrepancy in the submitted times can lead to disciplinary action.
- AWARDS:** INDIVIDUAL EVENTS: "Blue" and "Red" and "White" Division: RIBBONS 1st through 8th
RELAYS: RIBBONS 1st through 3rd
Ribbons will be awarded by the following Age Groups: 5/6, 7/8, 7-10, 11/12
- ENTRY FEE:** **\$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card.** \$10.00 for each Deck Entered Relay. E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted by the due date if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
- ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00PM, WEDNESDAY, NOVEMBER 27, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL TO:	divanj@cox.net
And MAIL TO:	JUDI DIVAN
(Include Swimmer's name and SCS Number)	33561 Calle Miramar San Juan Capistrano, CA 92675

For further meet Information Email: Jerry Olszewski at orcaswim2020@gmail.com Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Date of Meet: December 7 & 8, 2019

Entries Must be Received by: November 27, 2019 (Wednesday)

ORCA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION
YOU MAY SWIM A MAXIMUM OF 3 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST
Times submitted must be Best Recorded Times short course or long course.

PM Session will begin no sooner than 11:30 am or a minimum of 35 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

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Girls Saturday, December 7, 2019 9:00 am Boys

No.	Division	Age	Event	Age	No.
1	BRW	7-10	200 Yard Freestyle	7-10	2
3	BRW	5-8	100 Yard Freestyle	5-8	4
5	BRW	7-10	50 Yard Backstroke	7-10	6
7	BRW	5-8	25 Yard Backstroke	5-8	8
9	BRW	7-10	100 Yard Breaststroke	7-10	10
11	BRW	5-8	50 Yard Breaststroke	5-8	12
13	BRW	7-10	50 Yard Butterfly	7-10	14
15	BRW	5-8	25 Yard Butterfly	5-8	16
17	BRW	7-10	50 Yard Freestyle	7-10	18
19	BRW	5-8	50 Yard Freestyle	5-8	20
21	BRW	7-10	100 Yard Individual Medley	7-10	22
23	Coach Entered	5-8	100 Yard Freestyle Relay	5-8	24
25	On Deck	7-10	200 Yard Freestyle Relay	7-10	26

Girls Sunday, December 8, 2019 9:00am Boys

No.	Division	Age	Event	Age	No.
55	BRW	7-10	200 Yard Individual Medley	7-10	56
57	BRW	5-8	100 Yard Individual Medley	5-8	58
59	BRW	7-10	100 Yard Backstroke	7-10	60
61	BRW	5-8	50 Yard Backstroke	5-8	62
63	BRW	7-10	100 Yard Freestyle	7-10	64
65	BRW	5-8	25 Yard Freestyle	5-8	66
67	BRW	7-10	100 Yard Butterfly	7-10	68
69	BRW	5-8	50 Yard Butterfly	5-8	70
71	BRW	7-10	50 Yard Breaststroke	7-10	72
73	BRW	5-8	25 Yard Breaststroke	5-8	74
75	Coach Entered	7-10	200 Yard Medley Relay	7-10	76
77	On Deck	5-8	100 Yard Medley Relay	5-8	78

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27	BRW	11/12	200 Yard Freestyle	11/12	28
29	BRW	13 & Up	200 Yard Freestyle	13 & Up	30
31	BRW	11/12	50 Yard Backstroke	11/12	32
33	BRW	13 & Up	100 Yard Breaststroke	13 & Up	34
35	BRW	11/12	100 Yard Breaststroke	11/12	36
37	BRW	13 & Up	100 Yard Butterfly	13 & Up	38
39	BRW	11/12	100 Yard Butterfly	11/12	40
41	BRW	13 & Up	200 Yard Backstroke	13 & Up	42
41	BRW	11/12	200 Yard Backstroke	11/12	42
43	BRW	11/12	100 Yard Freestyle	11/12	44
45	BRW	13 & Up	100 Yard Freestyle	13 & Up	46
47	BRW	11/12	100 Yard Individual Medley	11/12	48
49	Coach Entered	13 & Up	400 Yard Freestyle Relay	13 & Up	50
51	On Deck	11/12	200 Yard Freestyle Relay	11/12	52
53	6:32.30	13 & Up	500 Yard Freestyle	6:20.30	54
	6:59.50	11/12	500 Yard Freestyle	7:05.30	

79	BRW	11/12	200 Yard Individual Medley	11/12	80
81	BRW	13 & Up	200 Yard Individual Medley	13 & Up	82
83	BRW	11/12	50 Yard Breaststroke	11/12	84
85	BRW	13 & Up	100 Yard Backstroke	13 & Up	86
87	BRW	11/12	100 Yard Backstroke	11/12	88
89	BRW	13 & Up	200 Yard Breaststroke	13 & Up	90
89	BRW	11/12	200 Yard Breaststroke	11/12	90
91	BRW	11/12	50 Yard Butterfly	11/12	92
93	BRW	13 & Up	200 Yard Butterfly	13 & Up	94
93	BRW	11/12	200 Yard Butterfly	11/12	94
95	BRW	13 & Up	50 Yard Freestyle	13 & Up	96
97	BRW	11/12	50 Yard Freestyle	11/12	98
99	Coach Entered	13 & Up	400 Yard Medley Relay	13 & Up	100
101	On Deck	11/12	200 Yard Medley Relay	11/12	102
103	13:45.80	13 & Up	1000 Yard Freestyle	13:30.70	104
	13:44.69	11/12	1000 Yard Freestyle	13:30.19	

7-8 Swimmers may enter 5-8 or 7-10 events but not a combination

*The 500 and 1650 Freestyle will be swum alternating girls and boys,
and are asked to provide timers for 3 heats and their own lap counters.

There will be two 45 minute warm-up periods per session. Teams will be notified as to which warm-up period they have been assigned prior to the first day of the meet

****Relays will be swum, time permitting**