ORANGE REGIONAL COMPETITIVE AQUATICS SHORT COURSE "BRW" AGE GROUP SWIM MEET

Sanctioned by:	USA Swimming and SCS	DATE OF MEET: ENTRIES RECEIVED BY 5:00PM:	December 7 & 8, 2019 November 27, 2019 (WEDNESDAY)
Sanction Number:	S19 - 350		7:00 AN (0-4/0)
Sponsored by:	ORCA	WARM UP TIME:	7:30 AM (Sat/Sun)
	Orange Committee	MEET START TIME:	9:00 AM (Sat/Sun)

**This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AAM, BGST, BREA, FAST, GSC, GWSC, JCCW, ORCA, RAYS, SCAC, STOP, SURF PM session will begin no sooner than 11:30 am or 35 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

COURSE: Effective Council is an extender 25 year by 55 meters pool with ther (10) externing inware and a mumoup and. The connective of profile in an extender and the phil Measurement at Start End: Lanes 1 - 10 - 7 - 13°. Ture End of the extender 20 and 20					
certified in accordance with 104.22 (C) on the with USA Swimming. Phol Depth Measurement at Start End: Lanes 1 – 10 = 7 – 13°. Turn En = 7 – 13°. WARM UP RULES: USA Swimming warmup policies will be enforced by USA Swimming Officials. Swimmers warming up or due to the second under the direct supervision of USA Swimming meter canch. There will be ND DIVISE in the policy of the second under the direct supervision of USA Swimmers metal use 3 port, side in mines into the pol or warm u drifting. MEET REFEREE: Sandra Corter shall be in charge of the meet. Any question regarding the conduct of the meet should be made directly to SCIMERT (B) MARKUP NULES WILL BE ANNOUNCED AND POSTED. All swimmers must used acides by SCIMERT (B) MARKUP SWIME SWIME MARKUP SWIME (B) MARKUP SWIME SWI	POOL:	FULLERTON COLLEGE, 321 E. Chapman Avenue, Fullerton, CA 92832. PARKING: Saturday: \$3.00 from 7am – 2pm, after 2pm and Sunday FREE.			
Inder the dired supervision of a USA Swimming member coach. There will be ND DIVING into the point, slide in entities into the pool for warm to diring in. MEET REFEREE: Sunda Coner shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to SCOMERT@MAR RULES: USA Swimming rules will govern. Current SCS Meet proceedures will be enforced and take pre-enforce over any zeros or omissions on this 2019 Swimmers musch tack in with the Dick of Counce for each event the wink to awn. THE FIST FOUR EVENTS OF SULL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. After an event has been directly to SCOMERT@MAR SULL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. After an event has been directly to account on the start and provide to the method of the method on the source of the start of SCATCH AND SCA	COURSE:	ERTON COLLEGE POOL is an outdoor 25 yard by 50 meter pool with ten (10) swimming lanes and a warm-up area. This competition course has been ed in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth Measurement at Start End: Lanes 1 – 10 = 7' – 13'', Turn End: Lanes 1 – 10 13'.			
RULES: UCB Soluming network optimized metric with the Clear of course for cach network of the ICENTS for E SPECIAL NOTCE: UCB Soluming network optimized metric with the Clear of course for cach network optimized metric with the Clear of Course for cach network optimized metric with the Clear of Clear OF NET SCRTEFT STEPE (STEPE) (STEPE	WARM UP RULES:	Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be the direct supervision of a USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint s). WARM-UP RULES WILL BE ANNOUNCED AND POSTED. All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or g in.			
2019 Swim Guide, Swimbers must check in with the Clerk of Course for each event they wish to swim. ThE ² FIRST FOUR EVENTS OF FI SPECIAL NOTCE: Swimmers must swim in their actual Age Group as determined by their age on Decembers 7, 2019. All codects and difficults on deck must complete the COC MFRS Concussion course. SPECIAL NOTCE: Swimmers must swim in the actual Age Group as determined by their age on Decembers 7, 2019. All codects and difficults on deck must complete the COC MFRS Concussion course. SPECIAL NOTCE: Swimmers may swim a maximum of THREE events per day. ORCA will limit entries to meet the "4 hour" rule for each season. Each provide limits. Swimmers not swimming with a USE SWIM FARA Swimming registered team may ONLI MEET. Respect with a swimm, time permitting integers of the season season. Each provide limits. Swimmers must swim in the S00 and 1050 Freestyter an assister to SLOWEST. RECORDIN DEVENTS The use of audio-visual recording divides induing cell phones are not permitted in locker rooms, changing areas or restrooms. Recording the behind the starting sequence that the starting sequence the the media. Including per promotile to the rooms of abating any other flying appartuits, is prohilited over the venue (pools, alhele/coach areas, spectator areas and ope rooms) any time atheletes, coaches, officials and/or spectators are present. SWIMWEAR: Deck Changes are prohibited. SWIMWEAR: Deck Changes are prohibited. SWIMWEAR: Deve the base of provide flying appartuits, is prohibited over the venue (pools, alhele/coach areas, spectator areas and ope rooms) any time athieles, coaches SCI SWIMING RME 202 SWIMING RME 202 SWIMING RME 202	MEET REFEREE:	Sandra Comer shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to SCOMER1@MAC.COM			
provide times in the 500 and 1600 Freestyle are asked to provide times for three heats and provide your own lap counters. 7-6 enter 5-8 or 7-10 events but not a combination. Unatached events mining with a USA Swimming registered team may ONL MEET. Relays will be swum, time permitting. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST. The use of audo-visual incoming devises are into permitted in body for toos. The second s	RULES:	Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. THE FIRST FOUR EVENTS OF EACH SESSION CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION. After an event has been officially closed, swimmers MAY NOT CHECK IN OR TCH. Swimmers must swim in their actual Age Group as determined by their age on December 7, 2019. All coaches on deck must complete the CEC of Concussion course. All coaches and officials on deck must complete the CDC of NFHS Concussion course.			
a MEDIA NOTICE: The use of audio-visual recording devices including cell phones are not permitted in locker rooms, changing areas or restrooms. Recording permitted beind the staring block auting the staring sequence throughout the meet. This meet may be covered by the media, including phones and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to DRONES: Deck Changes: Deck Changes: Deck Changes: Deck Changes are prohibited. SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any sanctomed or approved competition. TeCh Sulfs with bonded seams, kinetic tape, or meshed seams affer not permitted a Piease see the Tech Sul Policy on the SCS website. Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member. ScS shifteds and the swimmer or legal guardian to ensure compliance with this requirement. ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2019 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be into this meet, Registration application must be received by Wednesday, NOVEMBER 27, 2019 by the meet processor, administrative effore Late application will be considered for a cold to skiwmining and papropriate for SCS Swim Caule, Part Den, Ill, B. All athletes 18 or of the meet assummer may change affiliation by submitting a Club Transfer form and the appropriate for the Swim Office. At the meet This meet, assummer may change affiliation by submitting a dia paproprise form and the appropriate for the Swim Office. At the meet This meet, assummer may change affiliation by submitting a dia paproprise for. A swimmer may out attact at the meet and swimmers should be prepared to we times. Swimmers must have achieved the time standard SLS Swim Caules and swimmers should be prepared to we time. Swimmers must change affiliation by submitting a dia paproprise for. A swimmer may out attact		mmers may swim a maximum of THREE events per day. ORCA will limit entries to meet the "4 Hour" rule for each session. Each team is asked to ride timers. Swimmers in the 500 and 1650 Freestyle are asked to provide timers for three heats and provide your own lap counters. 7-8 swimmers may er 5-8 or 7-10 events but not a combination. Unattached swimmers not swimming with a USA Swimming registered team may ONLY ATTEND THIS ET. Relays will be swum, time permitting. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.			
Tooms) any time athletes, coaches, officials and/or spectators are present. DECK CHANGES: Deck Changes are prohibited. Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any sanctioned or approved competition. TeCh Sults with bonded seams, kinetic tape, or meshed seams at e not perfmitted a Please see the Tech Sult Policy on the SCS website. Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member grade and the swimmer or legal guardian to ensure compliance with this requirement. ELIGIBILITY: CPFTIFICATION: ELIGIBILITY: CPFTIO ATHLETES WHO ARE 2010 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be into this meet. Registration application must be received by Wadnesday, NOVEMER 27, 2018 by the meet processor, administrative refere Late application will be considered in deck' and syleid to penalise in SCS Swim Guide, Part One, III. EALTER PROTECTION TRAINING (within 30 days of their 18 th birthday) in order to compete. Current USA Swimming Rules, inc Athlete Abuse Prevention Policy (MAAPP), will govern this meet. SUBMITTED TIMES: Times submitted must be <u>BEST RECORDED TIMES</u> short course or long course from this or preceding swimers and ot do disciplancy action. AWARDS: INDIVIDUAL EVENTS: "Blue" and "Red" and "White" Division: RIBBONS 1 th through 8 th RIB		The use of audio-visual recording devices including cell phones are not permitted in locker rooms, changing areas or restrooms. Recording devices are n permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, vide web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.			
SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any sanctioned or approved competition. Tech Suits with bonded seams, kinetic tape, or meshed seams are not permitted a Please see the Tech Suit Policy on the SCS website. RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach, must be certified by a USA Swimming member. ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2019 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be into this meet. Registration application must be received by Wednesday, NOVEMBER 27, 2019 by the meet processor, administrative refere Let application will be considered 'on deck' and 'on devia' and 'on the submitted times can lead to disciplinary action. CHANGE OF AFFILIATON: Times submitted must be <u>BEST RECORDED TIMES</u> short course form this or preceding swim season (NO WORK OUT TIME 'on devia''s may unattact at the meet. 'NT' (see 2019 Swim Guide for a evenai. If a swimmer devia devia disciplinary act	DRONES:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling lock rooms) any time athletes, coaches, officials and/or spectators are present.			
RACING START CERTIFICATION: sanctioned or approved competition. Tech Suits with bonded seams, kinetic tape, or meshed seams are not permitted a Please see the Tech Suit Policy on the SCS website. RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member legal guardian to ensure compliance with this requirement. ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2019 or 2020 USA Swimming members. SCS athletes must be members of the Orange Committee to be into this meet, Registration application must be received by Wodnesday, NOVEMBER 27, 2019 by the meet processor, administrative refere Late application will be considered 'on decX' and subject to penalties in SCS Swim Guide, Part One, III, B. All athletes 18 or older must to an into ATHLETE PROTECTION TRAINING (within 30 days of their 18 th birthday) in order to complet. Current USA Swimming Rules, inc Athlete Abuse Prevention Policy (MAAPP), will govern this meet. CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the m may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee son thave a recorded time but is otherwise may unter the meet at 'NT' (see 2019 Swim Guide for exceptions). Discrepancy in the submitted times can lead to disciplinary action. AWARDS: INDIVIDUAL EVENT: "Blue" and "Red" and "White" Division: RELAYS: RIBBONS 1" through 8" RELAYS: RIBBONS 1" through 3" Ribbons will be avarded by the following Age Groups: 5/6, 7/8, 7-10, 11/12 ENTRY FEE: S4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must acc	DECK CHANGES:	Deck Changes are prohibited.			
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RELAYS: RIBBONS 1st through 3rd Ribbons will be awarded by the following Age Groups: 5/6, 7/8, 7-10, 11/12 ENTRY FEE: \$4.00 for each INDIVIDUAL EVENT, plus \$10.00 SURCHARGE per swimmer must accompany each individual entry card. \$10.00 for each Relay. E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of cd dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) we when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-m swimmers accepted by the due date if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NO Deletions will NOT be refunded. ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00PM, WEDNESDAY, NO 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, s postcard or envelope for return when your entry is received. NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED. MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING MAKE CHECKS PAYABLE TO: MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING MAKE CHECKS PAYABLE TO:	SUBMITTED TIMES:	Times submitted must be <u>BEST RECORDED TIMES</u> short course or long course from this or preceding swim season (NO WORK OUT TIMES). After entries close, non-conforming times will be converted by the meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved the time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT" (see 2019 Swim Guide for exceptions).Discrepancy in the submitted times can lead to disciplinary action.			
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MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING EMAIL TO: divanj@cox.net	ENTRIES CLOSE:	ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00PM, WEDNESDAY, NOVEMBER 27 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED) To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed			
EMAIL TO: divanj@cox.net		NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.			
(Include Swimmer's name and SCS Number) 33561 Calle Miramar San Juan Capistrano, CA 92675		MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING EMAIL TO: divanj@cox.net And MAIL TO: JUDI DIVAN (Include Swimmer's name and SCS Number) 33561 Calle Miramar			

For further meet Information Email: Jerry Olszewski at orcaswim2020@gmail.com Receipt of entry will not be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ORANGE REGIONAL COMPETITIVE AQUATICS "BRW" SHORT COURSE AGE GROUP MEET

Date of Meet: December 7 & 8, 2019

Entries Must be Received by: November 27, 2019 (Wednesday)

ORCA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION YOU MAY SWIM A MAXIMUM OF 3 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST Times submitted must be Best Recorded Times short course or long course.

PM Session will begin no sooner than 11:30 am or a minimum of 35 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee This is an Orange Committee "TRI" meet, the following teams are eligible to enter: AAM, BGST, BREA, FAST, GSC, GWSC, JCCW, ORCA, RAYS SCAC, STOP, SURF

No. Division Age Event Age No. 1 BRW 7-10 200 Yard Freestyle 7-10 2 3 BRW 5-8 100 Yard Freestyle 5-8 4 5 BRW 7-10 50 Yard Backstroke 7-10 6 7 BRW 5-8 25 Yard Backstroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 5-8 100 Yard Backstroke 11 BRW 5-8 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Breaststroke 5-8 16 15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 5-8 25 Yard Butterfly 5-8 16 19 BRW 5-8 50 Yard Freestyle 5-8 20 17 BRW 5-8 50 Yard Freestyle 5-8	Age No. ey 7-10 56 ey 5-8 58 7-10 60
3 BRW 5-8 100 Yard Freestyle 5-8 4 5 BRW 7-10 50 Yard Backstroke 7-10 6 7 BRW 5-8 25 Yard Backstroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 7-10 10 11 BRW 5-8 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Butterfly 7-10 14 15 BRW 7-10 50 Yard Butterfly 5-8 16 17 BRW 5-8 50 Yard Freestyle 7-10 18 19 BRW 5-8 50 Yard Freestyle 5-8 20	ey 7-10 56 ey 5-8 58 7-10 60
5 BRW 7-10 50 Yard Backstroke 7-10 6 7 BRW 5-8 25 Yard Backstroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 7-10 100 Yard Backstroke 11 BRW 5-8 50 Yard Breaststroke 7-10 10 11 BRW 5-8 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Butterfly 7-10 14 15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 5-8 50 Yard Freestyle 7-10 18 19 BRW 5-8 50 Yard Freestyle 5-8 20	ey 5-8 58 7-10 60
7 BRW 5-8 25 Yard Backstroke 5-8 8 9 BRW 7-10 100 Yard Breaststroke 7-10 10 Yard Backstroke 11 BRW 5-8 50 Yard Breaststroke 5-8 12 61 BRW 5-8 50 Yard Backstroke 13 BRW 7-10 50 Yard Breaststroke 5-8 12 63 BRW 7-10 100 Yard Backstroke 13 BRW 7-10 50 Yard Butterfly 7-10 14 65 BRW 5-8 25 Yard Freestyle 15 BRW 5-8 25 Yard Butterfly 5-8 16 67 BRW 7-10 100 Yard Butterfly 17 BRW 7-10 50 Yard Freestyle 7-10 18 69 BRW 5-8 50 Yard Butterfly 19 BRW 5-8 50 Yard Freestyle 5-8 20 71 BRW 7-10 50 Yard Breaststroke	7-10 60
9 BRW 7-10 100 Yard Breaststroke 7-10 10 11 BRW 5-8 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Butterfly 7-10 14 15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 7-10 50 Yard Freestyle 7-10 18 19 BRW 5-8 50 Yard Freestyle 5-8 20	
11 BRW 5-8 50 Yard Breaststroke 5-8 12 13 BRW 7-10 50 Yard Butterfly 7-10 14 15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 7-10 50 Yard Freestyle 7-10 18 19 BRW 5-8 50 Yard Freestyle 5-8 20	
13 BRW 7-10 50 Yard Butterfly 7-10 14 15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 7-10 50 Yard Freestyle 7-10 18 19 BRW 5-8 50 Yard Freestyle 5-8 20	5-8 62
15 BRW 5-8 25 Yard Butterfly 5-8 16 17 BRW 7-10 50 Yard Freestyle 7-10 18 69 BRW 5-8 50 Yard Butterfly 19 BRW 5-8 50 Yard Freestyle 5-8 20 71 BRW 7-10 50 Yard Butterfly	7-10 64
17 BRW 7-10 50 Yard Freestyle 7-10 18 69 BRW 5-8 50 Yard Butterfly 19 BRW 5-8 50 Yard Freestyle 5-8 20 71 BRW 7-10 50 Yard Breaststroke	5-8 66
19 BRW 5-8 50 Yard Freestyle 5-8 20 71 BRW 7-10 50 Yard Breaststroke	7-10 68
	5-8 70
	7-10 72
21 BRW 7-10 100 Yard Individual Medley 7-10 22 73 BRW 5-8 25 Yard Breaststroke	5-8 74
23 Coach Entered 5-8 100 Yard Freestyle Relay 5-8 24 75 Coach Entered 7-10 200 Yard Medley Relay	<i>י</i> 7-10 76
25 On Deck 7-10 200 Yard Freestyle Relay 7-10 26 77 On Deck 5-8 100 Yard Medley Relay	, 5-8 78
PM Session will begin no sooner than 11:30 am or a minimum of 30 minutes (per session) after the conclusion of the AM session or at the discretion of	f the meet Referee
27 BRW 11/12 200 Yard Freestyle 11/12 28 79 BRW 11/12 200 Yard Individual Medi	,
29 BRW 13 & Up 200 Yard Freestyle 13 & Up 30 81 BRW 13 & Up 200 Yard Individual Medi	/
31 BRW 11/12 50 Yard Backstroke 11/12 32 83 BRW 11/12 50 Yard Breaststroke	11/12 84
33 BRW 13 & Up 100 Yard Breaststroke 13 & Up 34 85 BRW 13 & Up 100 Yard Backstroke	13 & Up 86
35 BRW 11/12 100 Yard Breaststroke 11/12 36 87 BRW 11/12 100 Yard Backstroke	11/12 88
37 BRW 13 & Up 100 Yard Butterfly 13 & Up 38 89 BRW 13 & Up 200 Yard Breaststroke	
39 BRW 11/12 100 Yard Butterfly 11/12 40 89 BRW 11/12 200 Yard Breaststroke	11/12 90
41 BRW 13 & Up 200 Yard Backstroke 13 & Up 42 91 BRW 11/12 50 Yard Butterfly	11/12 92
41 BRW 11/12 200 Yard Backstroke 11/12 42 93 BRW 13 & Up 200 Yard Butterfly	13 & Up 94
43 BRW 11/12 100 Yard Freestyle 11/12 44 93 BRW 11/12 200 Yard Butterfly	11/12 94
45 BRW 13 & Up 100 Yard Freestyle 13 & Up 46 95 BRW 13 & Up 50 Yard Freestyle	13 & Up 96
47 BRW 11/12 100 Yard Individual Medley 11/12 48 97 BRW 11/12 50 Yard Freestyle	11/12 98
49 Coach Entered 13 & Up 400 Yard Freestyle Relay 13 & Up 50 99 Coach Entered 13 & Up 400 Yard Medley Relay	/ 13 & Up 100
51 On Deck 11/12 200 Yard Freestyle Relay 11/12 52 101 On Deck 11/12 200 Yard Medley Relay	/ 11/12 102
53 6:32.30 13 & Up 500 Yard Freestyle 6:20.30 54 103 13:45.80 13 & Up 1000 Yard Freestyle	13:30.70 104
6:59.50 11/12 500 Yard Freestyle 7:05.30 13:44.69 11/12 1000 Yard Freestyle	13:30.19

7-8 Swimmers may enter 5-8 or 7-10 events but not a combination

*The 500 and 1650 Freestyle will be swum alternating girls and boys,

and are asked to provide timers for 3 heats and their own lap counters.

There will be tw o 45 minute w arm-up periods per session. Teams will be notified as to which w arm-up period they have been assigned prior to the first day of the meet

**Relays will be swum, time permitting