

## FAC "Boo, Red, and White" SC Meet

Sanctioned by: USA Swimming & Southern California Swimming      Sanction No. S18-261  
Sponsored By: FAC & Eastern Committee      Received by deadline: 5:00 pm, Wednesday October 3, 2018  
Date of Meet: October 12-14, 2018      Friday night session warm-up at 4:00 pm, start of meet 5:00 pm  
Warm-up: 7:00 am, Saturday & Sunday      Start of Meet: 8:30 am, Saturday & Sunday

**POOL:** Fontana Park Aquatics Center, 15556 Summit Ave. Fontana 92336. (at the corner of Knox Ave)

**DIRECTIONS:** From the 15 fwy, exit Summit Ave and go east. Turn north at Knox then left into the Aquatic Center parking. From the 210 fwy eastbound, turn north onto the 15 fwy and exit Summit as above; from the 210 westbound, exit Citrus and turn right, then left at Summit, right at Knox.

**COURSE:** Outdoor 25 yd x 44 meter pool with 8 competition lanes and 4 warm-up lanes. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming. Pool depth: start end In 1: 12' In 8 7', turn end In1 12' in 8 7'.

**Warm-up Procedures:** All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving. The pool will close 15 minutes before the start of each session.

**MEET REFEREE:** Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, Lisa Frederick charlignirl88@yahoo.com

**RULES:** USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on October 12, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 and longer freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day. All coaches and officials must complete the CDC or NFHS concussion course.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: [www.socalswim.org](http://www.socalswim.org)

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** Open to the following Eastern Committee teams athletes who hold 2018 or 2019 USA Swimming Registration: **FAC**, CCCC, CHWP, CROC, HILL, HVDA, IEAQ, MMST, MVAQ, PASS, PDSC, PST, SRSC, STAR, TMEC, TPST, USMA, YST. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.** Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

**SUBMITTED TIMES:** Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

**AWARDS:** Blue Division: Medals 1<sup>st</sup> - 3<sup>rd</sup> place, Ribbons 4<sup>th</sup> - 6<sup>th</sup> place      Red Division: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place  
White Division Ribbons: 1<sup>st</sup> - 6<sup>th</sup> place      Relays: Medals 1<sup>st</sup> place, Ribbons 2<sup>nd</sup> - 3<sup>rd</sup> place

**ENTRY FEES:** \$4.00 for each individual event along with a **\$10.00** surcharge **per swimmer** *must accompany each individual entry card.* NO

REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file **including electronic signature** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will not be processed. **Deletions will not be refunded.** Relays will be deck-entered at \$10.00 each, payable on entry.

**ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, October 3, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Southern California Swimming

Email for team electronic entries only: [darlys.ankeny@gmail.com](mailto:darlys.ankeny@gmail.com)

Questions: please contact the Meet Processor or the SCS office (310-684-1151)

MAIL ENTRIES TO:

Darlys Ankeny

2918 Laureltree Dr.

Ontario, CA 91761

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

## FAC "Boo, Red, & White" SC Meet October 12-14

ENTRIES MUST BE RECEIVED BY 5:00 PM: October 3, 2018 (Wednesday)

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

10/Under events swum mixed gender.

\*\*\*400 IM and 500, 1000, and 1650 frees will be swum alternating girls and boys heats and swimmers provide own timers and/or lap counters.

### FRIDAY - at Fontana Aquatics Center only for both October meet sites

GIRLS	min/max	age	distance	stroke	min/max	BOYS
1	2:46.20/	OPEN	200 yd	Backstroke	2:51.40/	2
3	3:23.50/	7-10 MIXED	BR 200 yd	IM	3:24.50/	3
4	3:08.80/	OPEN	200 yd	Breaststroke	3:09.00/	5
6	**2:42.00/	7-10 MIXED	B 500 yd	Freestyle	**2:56.50/	6
7	6:24.60/	11-12	B 500 yd	Freestyle	6:29.80/	8
9	21:32.10/	OPEN	1650 yd	Freestyle	21:51.50/	10

### SATURDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
11		11-12	BRW 100 yd	Backstroke		12
13		7-10 MIXED	BRW 100 yd	Backstroke		13
14		11-12	BRW 50 yd	Butterfly		15
16		7-10 MIXED	BRW 50 yd	Butterfly		16
17	55.60/	5-8 MIXED	BR 50 yd	Butterfly	56.40/	17
18		5-8 MIXED	BRW 25 yd	Butterfly		18
19		11-12	BRW 50 yd	Freestyle		20
21		7-10 MIXED	BRW 50 yd	Freestyle		21
22	48.60/	5-8 MIXED	BR 50 yd	Freestyle	47.30/	22
23		11-12	BRW 200 yd	IM		24
25		7-10 MIXED	BRW 100 yd	IM		25
26		5-8 MIXED	BR 100 yd	IM		26
27		11-12	BRW 100 yd	Breaststroke		28
29		7-10 MIXED	BRW 100 yd	Breaststroke		29
30		5-8 MIXED	BRW 25 yd	Breaststroke		30
31		11-12	BRW 100 yd	Butterfly		32
33	Deck	5-8 MIXED	BRW 100 yd	Medley Relay	Deck	33
34	Entered	7-10 MIXED	BRW 200 yd	Medley Relay	Entered	34
35		11-12	BRW 200 yd	Medley Relay		36

### \*\*\*\*\*Minimum 45 Minute break\*\*\*\*\*

37	2:43.20/	OPEN	200 yd	Butterfly	2:47.40/	38
39		13-14	BRW 50 yd	Freestyle		40
41		15-up	BRW 50 yd	Freestyle		42
43		13-14	BRW 100 yd	Backstroke		44
45		15-up	BRW 100 yd	Backstroke		46
47		13-14	BRW 200 yd	IM		48
49		15-up	BRW 200 yd	IM		50
51		13-14	BRW 100 yd	Freestyle		52
53		15-up	BRW 100 yd	Freestyle		54
55	Deck	13-14	BRW 200 yd	Medley Relay	Deck	56
57	Entered	15-up	BRW 200 yd	Medley Relay	Entered	58
59	6:32.30/	13/up	BR 500 yd	Freestyle	6:20.30/	60

Events will be swum fastest to slowest.

Relays swum time permitting.

This meet is subject to the 4 hour rule per session.

Must be at least 11 for open events with 11-12 blue minimum time.

\*\* 7-10 Use 200 Free Time to enter 500 Free

No awards for open events.

### SUNDAY

GIRLS	min/max	age	distance	stroke	min/max	BOYS
61		11-12	BRW 200 yd	Freestyle		62
63		7-10 MIXED	BRW 100 yd	Butterfly		63
64		11-12	BRW 50 yd	Breaststroke		65
66		7-10 MIXED	BRW 50 yd	Breaststroke		66
67	1:02.80/	5-8 MIXED	BR 50 yd	Breaststroke	1:01.20/	67
68		11-12	BRW 100 yd	Freestyle		69
70		7-10 MIXED	BRW 100 yd	Freestyle		70
71	1:46.10/	5-8 MIXED	BR 100 yd	Freestyle	1:42.00/	71
72		11-12	BRW 100 yd	IM		73
74		5-8 MIXED	BRW 25 yd	Freestyle		74
75		11-12	BRW 50 yd	Backstroke		76
77		7-10 MIXED	BRW 50 yd	Backstroke		77
78	57.80/	5-8 MIXED	BR 50 yd	Backstroke	56.30/	78
79		5-8 MIXED	BRW 25 yd	Backstroke		79
80	Deck	11-12	BRW 200 yd	Freestyle Relay	Deck	81
82	Entered	7-10 MIXED	BRW 200 yd	Freestyle Relay	Entered	82
83		5-8 MIXED	BRW 100 yd	Freestyle Relay		83
84	2:56.80/	7-10 MIXED	BR 200 yd	Freestyle	2:56.50/	84

### \*\*\*\*\*Minimum 45 Minute break\*\*\*\*\*

85	5:48.20/	OPEN	400 yd	IM	5:48.90/	86
87		13-14	BRW 100 yd	Breaststroke		88
89		15-up	BRW 100 yd	Breaststroke		90
91		13-14	BRW 100 yd	Butterfly		92
93		15-up	BRW 100 yd	Butterfly		94
95		13-14	BRW 200 yd	Freestyle		96
97		15-up	BRW 200 yd	Freestyle		98
99	Deck	13-14	BRW 200 yd	Freestyle Relay	Deck	100
101	Entered	15-up	BRW 200 yd	Freestyle Relay	Entered	102
103	12:58.60/	OPEN	1000 yd	Freestyle	13:09.80/	104

If meet timeline exceeds the 4 hour rule each day will be broken up into two sessions (sessions listed below)

Sat 1a: 13, 16, 17, 18, 21, 22, 25, 26, 29, 30, 33, 34

Sun 1a: 63, 66, 67, 70, 71, 74, 77, 78, 79, 82, 83

Sat 1b: 11, 12, 14, 15, 19, 20, 23, 24, 27, 28, 31, 32, 35, 36

Sun 1b: 61, 62, 64, 65, 68, 69, 72, 73, 75, 76, 80, 81, 84, 85